

Yolo County ZIKA TESTING PROCEDURES FOR HEALTHCARE PROVIDERS

9.14.16

- 1) Screen clients for Zika exposure by doing the following:
 - a. Ask about travel to areas of active transmission. You can use these links...
[COUNTRIES](#) [Florida](#) (* note* while news reports indicate that Cabo does not have the mosquitos, ALL of Mexico is considered an area of active transmission).
 - b. Ask about [symptoms](#). **They must have at least ONE of these symptoms, UNLESS they are pregnant. Pregnant women without symptoms who have travelled to an area of active transmission may be tested.**
 - i. ***** when possible, collect maternal serum/specimens 30 days before EDD so that results are available before the delivery.**
 - ii. **If testing a partner only, inquire if there has been unprotected sexual contact. If yes, consider testing the pregnant woman.**
 - c. Check to see if the patient is within the testing window using this [testing quicksheet](#).
 - d. Call Yolo County [Communicable Disease](#) to request Zika testing approval
- 2) Fill out a [CMR](#) (e-CMR if you are set up for it is even better)
- 3) Fill out the [CDPH – VRDL lab form](#)
 - a. Include TRAVEL HISTORY and DATES, PREGNANCY STATUS and EDD/EDC
- 4) Order lab draw using your own lab process; make sure the VRDL lab form goes with the specimen.
- 5) Fax BOTH forms (or submit e-CMR via CalRedie) to Yolo County Infectious Disease @ **(530) 669-1549**
- 6) To help route faxes, title the fax “Zika testing request”
- 7) Call Yolo County [Communicable Disease](#) to let them know the specimen is ready. We will then facilitate specimen pick up. Specimens are good in lab fridges for about 1 week. If you think it will be longer than that, the lab recommends specimens be frozen. Try to avoid a pick up on Friday.

Turnaround for the testing results is about 3-4 wks. All results are being sent to the local health departments per our public health labs based on CDC guidance. Negative results will be automatically faxed to the ordering physicians. Positive or equivocal results: You will receive a phone call from our Communicable Disease team to the ordering physician and faxed results will follow.

** where Zika virus carrying mosquitos (Aedes Aegypti) are located in California can be found [HERE](#)

This document is meant as a procedural document to guide and clarify the workflow between healthcare providers and Yolo County Infectious Disease. Contents of this document have been reviewed by the Napa-Solano-Yolo-Marin County Public Health Lab.