

COUNTY OF YOLO

Health and Human Services Agency

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Director

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Local Mental Health Board Meeting Minutes

Monday, July 25, 2016, 7:00 PM - 9:00 PM 600 A Street, Davis, CA, 95616 - Conference Room

Members Present: Brad Anderson; James Glica-Hernandez; June Forbes; Lisa Cherubini;

Martha Guerrero; Nicki King; Sally Mandujan; Supervisor Don Saylor;

Supervisor Jim Provenza; Reed Walker; Vacant; Vacant;

Members Excused: Bret Bandley: Richard Bellows: Robert Schelen: Tawny Yambrovich:

Tom Waltz;

Staff Present: Patrick Blacklock, CAO, Yolo County Administrator's Office

Carolyn West, Management Analyst, Yolo County Administrator's Office

Karen Larsen, HHSA Director, Mental Health Director, &

Alcohol and Drug Administrator

Makayle Neuvert, HHSA Administrative Services Analyst &

LMHB Administrative Support

Community Members: Juliet Crites; Nancy Schaezlein-Zipse

7:00 PM CALL TO ORDER

1. Call to Order and Introductions: The July 25, 2016 meeting of the Local Mental Health Board (LMHB) was called to order at 7:00 PM; introductions were made and each members was asked to share a bit about themselves and why they participate on the Board.

2. Public Comment:

- Community Member Nancy Schaezlein-Zipse stated concern that some of the Mental Health Court lawyers may not be familiar with <u>anosognosia</u> (described as a deficit of self-awareness, a condition in which a person who suffers some disability seems unaware of the existence of his or her disability). She would like increased awareness and training.
- **3.** Approval of Agenda: Motion: Martha Guerrero, Second: Nicki King, Discussion: None, Vote: Unanimous
- 4. Approval of Minutes from June 27, 2016: Motion: Lisa Cherubini, Second: Sally Mandujan, Discussion: Member Nicki King clarified statements regarding the County and the Public Guardian, stating that the use of the word "travesties" to describe prior situations and quality of care were not directed to Yolo County but rather situations in other jurisdictions. Additional minor corrections were addressed and the corrections will be made. Vote: Passes, 2 abstentions (Richard Bellows and June Forbes)

5. Member Announcements:

 In response to the public comment received regarding training for Mental Health Court Lawyers, June Forbes requested that the LMHB respond to this public comment at a future meeting and work on setting-up a training. She echoed concerns and a desire to have everyone involved in the administration of Mental Health Court be trained in relevant issues. After soliciting ideas from the group, June requested that the LMHB Program Committee review NAMI training materials, the Mental Health Court training and implementation, and also consider options for sensitivity training, and return to the LMHB with a recommendation.

- A NAMI sponsored "Basics" training course is being offered in Woodland and is geared toward teachers and other school professions, helping them navigate how to support a young person through emotional changes. This course is offered free and paid for with funds raised by NAMI to support these programs.
- **6. Correspondence**: See relative discussion under the Chair's Report.

TIME SET AGENDA

7. Public Guardian and Public Administrator Organizational Structure: The LMHB has decided to send a letter to the BOS regarding topic. Carolyn West, Management Analyst with the Yolo County Administrator's Office addressed the Board and provided an overview of the County's approach to considering the restructuring of the Public Guardian and Public Administrator, the research and review that has been done to consider separating the these two positions, the potential of consolidating them under a larger department, and the current planning phase underway. This additional information was meant to help the Board finalize the content of the letter they plan to send. The topic will be brought before the BOS on September 13 for consideration.

The following are responses and comments captured during the discussion:

- In addition to the estate, the Public Guardian serves as the conservator.
- For senior citizens that become incompetent, the Public Guardian can be appointed by the Court but may also fall under the support of Adult Protective Services
- The proposed restructuring has been prompted by the current Public Guardian's
 retirement plans. After looking at the national best practices form wrap around
 services, the original recommendation to the BOS was for these roles to restructure
 under larger departments; Public Guardian under HHSA and Public Administrator
 under the Sheriff/ Coroner's office. The LMHB was encouraged to participate in the
 planning phase and share perspective.
- For quality care and accountability it was suggested that a client level multidisciplinary team (MDT) be created to ensure the best services are being provided.
- Addressing concerns that the program would be absorbed and consumed by the
 other programs, Karen reiterated that the goal is to1-always to take care of the most
 vulnerable residents of Yolo County. The Public Guardian enhances our ability to
 serve and the MDT approach also allows for more linkages and better resources to
 take care of conserved clients.
- Personal concern over future care was shared by those with mentally ill family members. Value in having an elected champion was noted as was the perception that the County has in the past had an adversarial relationship between Public Guardian and HHSA. The nature and intensity of services was discussed. The feeling is that it is a budget and a philosophical conflict with the County providing voluntary services and encouraging independence and the Public Guardian's authority to mandate participation and be protective. Though Karen as the HHSA Director is highly supported, the

¹ This and all subsequent redline correction were noted at the 09/26/16 Regular LMHB Meeting at approval of the minutes.

- A suggestion was made to have Public Guardian parallel to HHSA not underneath.
 Another suggestion was made to have Public Administrator under the District Attorney's office.
- One member reports that the Public Guardian says they have been continually defunded over the last few years. Patrick Blacklock clarified that they have not been defunded though some positions have remained vacant.
- A desire to see the expansion of services on paper was shared.
- Concern was shared that without the independence of the Public Guardian, issues would not ever be brought to light.
- Karen supported having a monthly meeting between now and December with a
 subcommittee of the program committee, or a standing agenda item on the monthly
 Mental Health Director's Report to reports out on the status and updates of this topic.
 Some mechanism for sharing LMHB feedback on the topic and the planning of a
 structure that will create accountability for the role.
- The desire and expectation is that the Public Guardian team of individuals would wrap around the client and offer 24/7 accessibility.

Two versions of the LMHB letter to the BOS on this topic were shared for Board review. Letter version A was supported because it outlines the need for an independent champion which trumps the risk of electing a charlatan or someone not focused on the core aspects of the job. Letter version B asks how to avoid a conflict of interest and maintain autonomy. The concept of an internal Memorandum of Understanding (MOU) outlining roles and responsibilities and a mechanism for mediating conflict was discussed. An independent grievance process was supported.

A motion was made to support version B of the letter options shared. **Motion:** Richard Bellows, **Second:** Martha Guerrero, **Discussion:** The group referenced the original motion, citing that new information was received and they believe that the opportunity has passed to impact a change from the original motion. It was suggested that an amendment be made to the original motion to have letter version B replace the original motion made at the last meeting. It was discussed and decided to include in letter version B, that though we want to keep a the Public Guardian an elected position we understand that the decision has already been made to restructure and want to go forward with a structure like the one listed in the letter. **Vote:** Passes, 1 No (James Glica-Hernandez), 2 Abstention (Reed Walker & Nicki King)

James will send the letter for emailing to the BOS.

CONSENT AGENDA

- **8. Mental Health Director's Report:** The following item(s) were pulled from Karen Larsen's Mental Health Director's Report for additional discussion.
 - Drug Medi-Cal Organized Delivery System (DMC-ODS): Martha inquired about the substance abuse treatment resources available to CIP Officers who may interact with those who seem to have mental health issues but in fact are abusing substances. Karen noted that the law behind 5150 is you have to be a danger to yourself due to a mental disorder and though officers have valid concerns, there is not a clear solution right now, such as a sobering center which are found in other counties. One of the things DMC-ODS efforts are looking at is regionalizing services and considering a detox center which may offer officers another level of intervention besides hospital or jail. Yolo County does not have the resources to support this however we have a huge continuum of care for treatment services.

- Community Intervention Program (CIP): In response to an inquiry, Karen said it is her understanding is that there is a clinician recruitment underway—for the vacant position.
- Jail and Juvenile Detention Facility Behavioral Health Services Contract: Richard Bellows shared reservations about renewing this contract with provider CFMG due to the interaction and poor outcomes experienced by his family member. With the LMHB's role to review and approve mental health related contracts, Richard proposed a LMHB stance of non-support for this contract. This topic will be agendized for the September LMHB meeting for expanded discussion.
- Cooperative Agreements Benefitting Homeless Individuals: Karen confirmed that this is a County-wide project and in addition to the Partnership Health Plan grant funded project. This new grant does not pay for any housing but the cities will hopefully partner to provide housing and the County can provide all the services.

REGULAR AGENDA

- **9.** Board of Supervisors Report: Supervisor Don Saylor shared the following updates and information.
 - There will be no BOS meetings in August, resuming on September 13.
 - Supervisor Saylor attended the National Association of Counties annual conference recently. Topics of interest included:
 - The Stepping Up project which Yolo County is participating in and aims to increase mental health services for incarcerated individuals and those released into the community.
 - Human trafficking and the multi-disciplinary team redefining the paradigm around the true victims of these crimes.
 - The interesting history and pharmaceutical background and cost related to opioid and heroin use. As noted last month, this is something Supervisor Saylor is hearing is an issue of concern in Yolo County.
 - Supervisor Saylor recommended approval of Juliet Crites to the LMHB.
- **10.** Chair Report: James Glica-Hernandez addressed the Board, noting that they are active and moving forward with many things. He acknowledged that members of the Board have good intentions and do respect each other in their efforts to serve the residents of Yolo County.
 - a. Member Resignations, Appointments, and Re-Appointments: Reed Walker, Juliet Crites, Dr. Ajay Singh are all new or soon to be new members.
 - b. Request for Recommendation of Support for the Yolo County HHSA Behavioral Health Services Fiscal Year 2016-2017 Budget: A motion supporting the Yolo County HHSA Behavioral Health Services Fiscal Year 2016-2017 Budget was made by Martha Guerrero; Second: Nicki King; Discussion: The Budget and Finance Committee did not meet to prepare a recommendation so no action was proposed, however, given that the August LMHB meeting is cancelled, the next LMHB meeting would not allow sufficient time to lag a recommendation prior to BOS hearing of the adopted budget. The Committee agreed to still meet and gather details on the budget changes. Vote: Passes, 1 Abstention (Reed. Walker)
 - c. Long Range Planning Calendar: Copies of the planning calendar were shared with the group and the responsibility for follow-up was introduced. This topic will be added to the October LMHB agenda for discussion.
 - d. Legislative Ad Hoc Committee Report: No report due to current Senate recess

- e. Board Committee Updates:
 - Communication and Education Committee: No Report
 - Program Committee: No Report
 - Budget and Finance Committee: No Report

ADJOURNMENT

- 11. Future Meeting Planning and Adjournment James Glica-Hernandez
 - The August 22, 2016 LMHB meeting is cancelled.
 - Next Meeting Date and Location Monday, September 26, 2016, 7:00 8:00 PM in the Bauer Building, Thomson Conference Room at 137 N. Cottonwood, Woodland, CA 95695
 - Community Health Improvement Plan presentation by Emily Vaden of the HHSA Community Health Branch
 - Strategic Plan Update by Bob Schelen
 - Consideration of LMHB scope and name change to include all Behavioral Health Services
 - Proposed Facebook Community Page for the LMHB
 - LMHB Resource Pamphlet
 - Member Tours of Local Provider Facilities
 - o Jail and Juvenile Detention Facility Behavioral Health Services Contract Discussion
 - This meeting was adjourned at 9:27 PM in memory of "Dillon" from West Sacramento who died from depression and suicide.