

## **COUNTY OF YOLO**

Office of the County Administrator

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## **Healthy Food Taste Test Event October 10**

(West Sacramento, CA) – The Yolo County Health and Human Services Agency's Nutrition Education Obesity Prevention Program (NEOP) invites the community to stop by Lighthouse Market in West Sacramento on Monday, October 10, between 12:00 - 1:30 p.m. for some healthy food samples and healthy recipe cookbook giveaways.

The NEOP program has worked with Lighthouse Market, located at 500 C Street in West Sacramento, over the past year to increase the availability of healthy food options. This event is a way to showcase those changes and invite the community to sample a healthy recipe using foods sold at the store.

All are welcome to attend.

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