



Applied Behavior Analysis & Behavioral Health Therapy

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ASD Treatment Types

There are many different treatments for ASD. In general they can be broken down into *4 categories*:

- 1. Behavior and Communication Approaches (ABA/BHT)**
- 2. Dietary Approaches**
- 3. Medication** ([http://www.nichd.nih.gov/health/topics/autism/condition info/Pages/medication-treatment.aspx#2](http://www.nichd.nih.gov/health/topics/autism/condition%20info/Pages/medication-treatment.aspx#2))
- 4. Complementary/Alternative Medicine**

CDC, 2015.



ABA / BHT History of Service

California
Regional
Centers
provide BHT
Services

Sept. 15, 2014

DHCS issues APL 14-011 to
include BHT services as
covered by Medi-Cal
benefit for <21 y/o when
medically necessary

July 7, 2014
CMS issues
guidance
regarding BHT
under EPSDT

**Feb. 1, 2015 –
Current:** PHC
works with
Regional Center to
Transition Services
to PHC providers

PHC Criteria for BHT Services



- Under 21 yrs old; and
- Have a diagnosis of ASD based upon a comprehensive diagnostic evaluation (CDE) by a licensed evaluator who determines that ABA/BHT treatment are medically appropriate.
- Have behaviors that interfere with home or community life. Some examples include anger, violence, self-injury, running away, etc.

Do Not Qualify for BHT If..

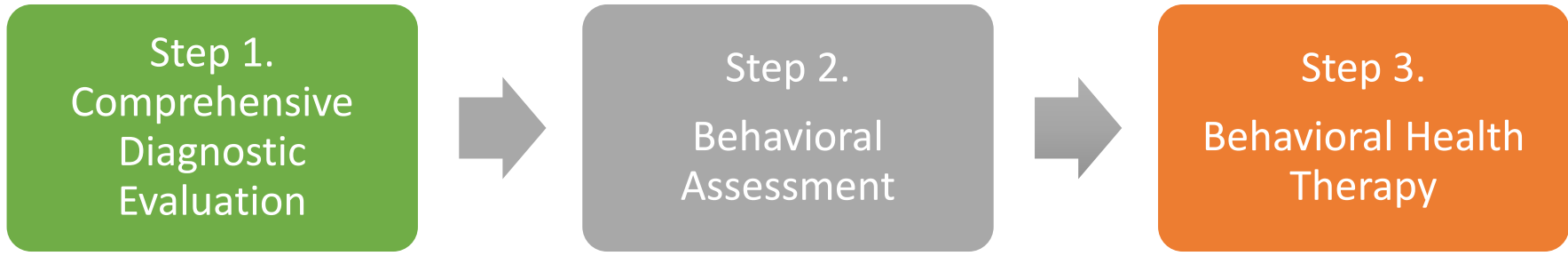
- Not medically stable, or
- Need 24-hr medical or nursing services, or
- Have an intellectual disability and need procedures done in a hospital or an intermediate care facility

PHC Policy:

PHC Policy MPUP3126 Autism Spectrum Disorder (ASD) Behavioral Health Therapy (BHT)

DHCS APL 14-011, 2014.

Steps to Treatment



Who Can Provide ABA Services?

Providers may vary in training, experience and/or certification

Board certification available through Behavior Analyst Certification Board (BACB). If board certified will have at least a Master's Degree and will have BACB[®] after their name

BCABA credentials means education in ABA at a Bachelor's level

Uncertified ABA therapists may provide individual ABA skill instruction, they are required to be supervised by someone with a certification/license

U.S. Department of Health and Human
Services, 2014.



PHC Yolo County BHT Providers

- Applied Family Solutions*
- ABC
- Autism Spectrum Therapies*
- CARD (Center for Autism & Related Disorders)
- Central Valley Autism Project Learning Arts*
- Learning Kids Solutions
- Positive Behavior Supports Corp.
- Terry Psylutions

* Denotes BHT services only; no CDEs

Barriers in Steps to Treatment

- CDE is lengthy, 8hr + evaluation
- Parent / family / caregiver participation
- Language
- Medical stability of child
- Availability of qualified providers

PHC Care Coordination Dept. available to assist providers, families, and Regional Center Partners in navigating barriers

Regional Centers

Department of Developmental Services Regional Centers

(Colors correspond to areas served by each Regional Center)



- Department of Developmental Services (DDS)
- 21 Regional Centers now serve approximately 300,000 people
- Alta Regional Center:
2241 Harvard Street, Suite 100
Sacramento, CA 95815
916-978-6400
<http://www.altaregional.org/>

Updated: July 1, 2003

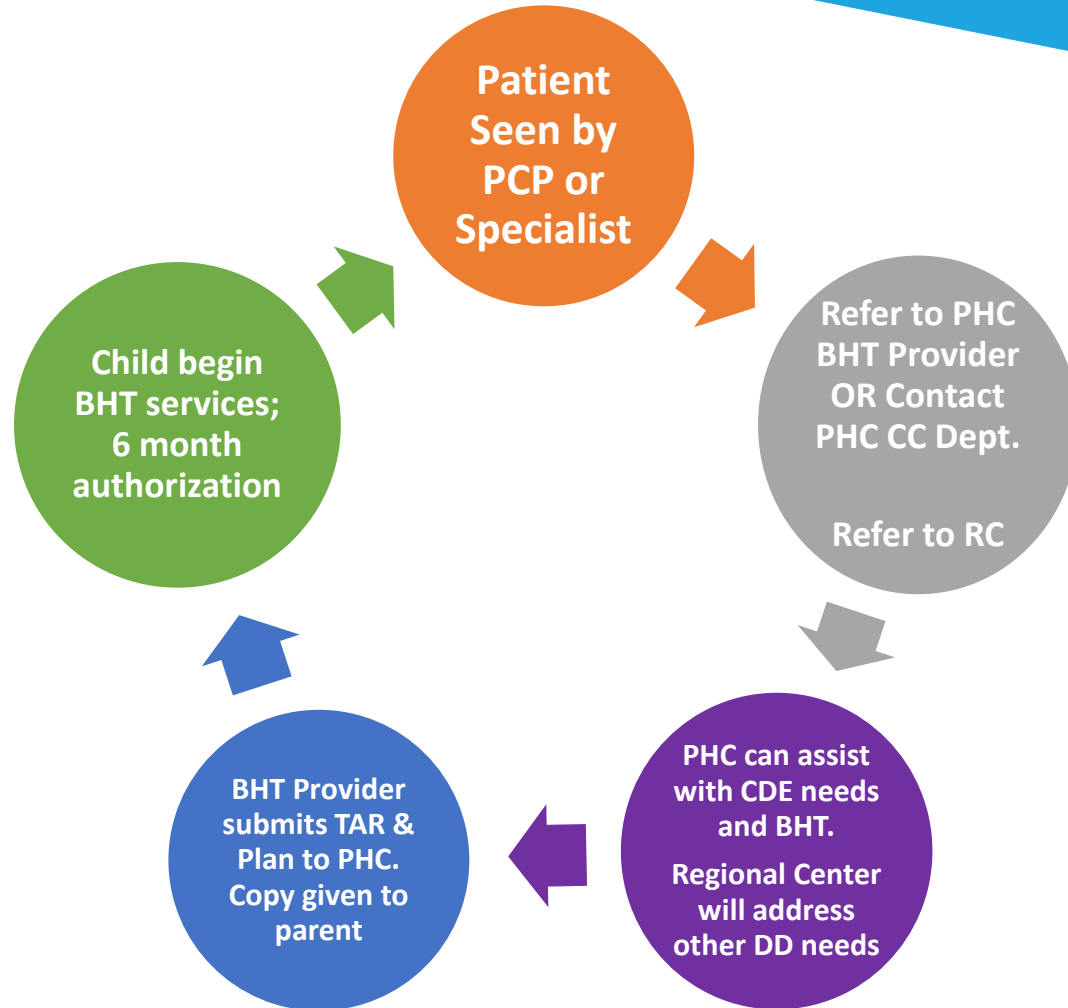
Who's eligible for Regional Center?

Early Start: 0 – 35 months	Lanterman Developmental Disabilities Services Act: 3yrs +
<p>Developmental Delay: 33% or greater delay in 1+ developmental area</p> <p>Established Risk: has condition which has high probability of resulting in DD or has sole low incidence disability</p> <p>High Risk: 2+ High Risk Factors (e.g. prematurity <32 weeks, low birth weight <1500gms, CNS lesion/abnormality, Prenatal substance exposure, neonatal seizures, assisted ventilation for >49 hrs in first 28 days of life, +neonatal toxicology screen/withdrawal, child of parent with DD)</p> <p>Evaluation Process: Family Interview, Medical Review, Developmental Assessment completed within 45 days from date of referral</p>	<p>DD originates before age 18</p> <p>AND</p> <p>Continues/expected to continue indefinitely</p> <p>AND</p> <p>Constitutes a substantial disability for that person: Intellectual Disability (IQ <70) Cerebral Palsy, Epilepsy, Autism, and/or Disabling condition found to be closely related to ID or to require treatment similar to that required for ID</p>

Regional Center Services

Early Start:	3yrs - Adult
<p>Early Intervention Services Behavioral Services Therapy Services Nutritional Consultation Evaluation & Assessment Parent Support Vision Services Case Management</p>	<p>Educational Advocacy Respite Behavioral Services Adaptive Skills Training Out-of-home placement Nutritional consultation Sexuality/Social Skills Training Specialized Medical/Dental Referrals Day Programs Independent/Supported Living Training Medical consents Vocational Training Money Management (SSI Payeeship) Community Integration Hospice referrals & End of Life support</p>

Requesting New Services



**Care Coordination
Department:
1-800-809-1350**

**CareCoordination@
partnershiphp.org**

Continuity of Care

- If a diagnosis is confirmed and a member is currently in the middle of treatment, both Providers and/or Members have the right to request continuity of care from PHC to continue with their current BHT provider for up to 12 months.
- In order to continue with their current BHT, the request must be sent to PHC and **all** of the following 4 criteria are met:
 - BHT Provider willing to continue care
 - BHT Provider willing to accept PHC or Medi-Cal Rates
 - BHT Provider does not have any documented quality of care issues
 - BHT Provider willing to Bill PHC

**Contact PHC Care Coordination Dept. to request Continuity of Care
1-800-809-1350**

Collaboration with PHC & Programs Liaisons

- PHC Special Programs Liaisons can assist members and providers in coordination of care for BHT therapy by collaborating with the interdisciplinary team & Regional Centers to coordinate benefits and assist with questions.
- Outreach to community agencies and clinics to provide guidance on benefit.
- Can assist with researching submitted TARs.
- Experienced in coordinating and collaborating with CCS, GHPP, Regional Centers, Foster Care, etc.
- Research, provide guidance, and refer to available community resources.

Questions?

