



COUNTY OF YOLO

Health and Human Services Agency

COMMUNITY HEALTH BRANCH REPORT

October 2016

AGENCY UPDATES

HHSA SUPPORTS MENTAL ILLNESS AWARENESS WEEK: OCTOBER 2, 2016 – OCTOBER 8, 2016

Support Mental Illness Awareness week by proudly wearing a green ribbon to help reduce stigma. Ribbons are available in all Yolo County Mental Health Clinics (West Sacramento, Davis, and Woodland) and Bauer Building Lobby.

ENROLLMENT

PROGRAM	SEPTEMBER 2016	OCTOBER 2016
Medi-Cal/PHC	52,985	53,221
Healthy Kids	10	0
CMSP	0	0

HEALTH OFFICER REPORT

ZIKA

We continue to monitor the Zika virus with very low numbers of cases in Yolo and no local transmission in California. Florida has confirmed local transmission and a large effort has been mounted to eradicate the virus carrying mosquitos.

FLU

In the meantime, Flu season is rapidly approaching. As always, it is difficult to predict the severity of the upcoming flu season. Vaccine is widely available and we need to encourage family and friends to be vaccinated to protect themselves and their loved ones. Flu mist will not be available this season.

ORAL HEALTH

A Yolo County Oral Health Strategic Plan Steering Committee has been formed and their first meeting is November 7th with Bobbi Wunsch, a consultant from Pacific Health Consulting. The steering committee will kick off a 6 month planning process to develop a three year oral health strategic plan.

COMMUNITY HEALTH BRANCH UPDATES

EMERGENCY SERVICES

- **EP**

The Statewide Medical Health Exercise gives Yolo County the opportunity to bring all the key players together to discuss relevant issues, plans in place, and any gaps in response in order to better serve the residents of Yolo County in the event of an Emergency. The Statewide Medical Health Tabletop Exercise on October 12th is based on the scenario of an Active Shooter event. We have over 40 people registered representing over 20 organizations and external partners throughout Yolo County gathering together to discuss how their facilities would partner with one another and Yolo County agencies in the event of an Active Shooter situation at their facilities. The information gathered from this tabletop exercise will drive Improvement plans and corrective actions documented in an After Action Report to further evaluate and improve our current capabilities to respond to emergencies. This exercise will then be further tested in an Functional Exercise on November 17th in which some facilities will drill their staff on an actual Active Shooter event and Yolo County HHSA will serve as evaluators at their facilities.

- **YEMSA**

Emergency Medical Care Committee (EMCC) By-laws have been drafted and will be going to the board for final approval in the first of the year.

YEMSA continues to work closely with Woodland Memorial and Sutter Davis Hospitals to analysis the impact of 5150 patient transports to the Emergency Departments.

INFECTIOUS DISEASE

Immunizations is 1/3 the way through of the scheduled flu clinics in Yolo County, and we have already given over 350 vaccinations.

HEALTH PROMOTION PROGRAMS

- **FNL**

On September 22, Aaminah Choudhry and Carolina Reyes, two Yolo County Friday Night Live Youth Mentors from Pioneer High School, presented their 2015/16 Office of Traffic Safety grant activities to the Woodland Joint Unified School District Board. This grant provided funding for school activities designed to change social norms regarding underage drinking. The students summarized several activities including participation in "Casey's Pledge" which took place during prom week and involved PHS students pledging not to drink and drive and to not ride in a car with someone who has been drinking. Students also conducted a school-wide social norm survey from which educational messages were developed and posted around campus and on t-shirts for participants. The School Board had many positive things to say about the students, their presentation, and their grant activities.

The October/November issue of the Prevention Works Newsletter is now [available online](#).

- **HANNA & HERBERT BAUER COMMUNITY GARDEN**

Food Day inspires Americans to change their diets and our food policies. The Hanna and Herbert Bauer memorial garden will be celebrating [Food Day on Monday, October 24th](#), with a noon time class entitled "Mini greenhouses for winter gardening" that teaches participants how to use simple things like plastic sandwich boxes to easily start plants at home. We will also feature

produce give-aways in the Woodland and West Sacramento service center buildings that day. If you'd like to know more about Food Day, please visit <http://www.foodday.org>.

- **NUTRITION EDUCATION AND OBESITY PREVENTION**

NEOP hosted a healthy food demo at Lighthouse Market in West Sacramento on October 10. About 75 patrons received a tasty bite that featured produce sold at the market. The event was part of the NEOP retail program, and Lighthouse Market was chosen because it has recently made some changes to offer a variety of healthy foods and became a WIC vendor recently as well.

- **SAFE ROUTES TO SCHOOL**

- October is National Walking Month! The Woodland Safe Routes to School program has put together a [flyer to encourage walking during October](#). If you partner with schools in the WJUSD, please check in with us about doing some promotional activities for youth during this month.



- The Woodland Safe Routes to School team is working with three schools next week, to "Celebrate Walktober". Activities will include the schools being visited by the Foot Power Fairies to offer encouragement and small incentives to kids who walk and bike to school next week. Two after school programs are also participating in the Walktober challenges to see which school has the most students walking and biking to school the week of October 17-21. The winner will get a healthy pizza and smoothie party. The SRTS team is partnering with the Woodland Police Department and the Woodland Joint Unified School District Food and Nutrition department to host these activities.

- **COMMIT2FIT**

November is just around the corner, which means it's once again time for the City of Woodland's Commit2Fit month-long program. This free program is available, whether you live in Woodland or not. The program includes opportunities to attend a variety of fitness and wellness classes in Woodland throughout the month. Even if you don't attend classes, you can still participate by logging your fitness and wellness activities, which can be redeemed for raffle tickets toward winning prizes at the end of the competition. Best of all, this is an opportunity to have fun while elevating your commitment to health and wellness as we enter the holiday season.

This time around registration for Commit2Fit is even easier than before, and can be done simply by visiting this site: <http://www.C2FWoodland.org>. Once registered, you'll receive access to the calendar of free activities and the log sheet to document your activities. Don't forget to mark your calendar for the raffle event on Thursday, December 1, from 6-7 pm, at the Woodland Senior and Community center. There will be healthy food samples, an opportunity to network with Commit2Fit partners and participants, and a chance to win some great prizes.

The Yolo County Health and Human Services Agency's (HHSA) Health Education unit has been a proud partner of the Commit2Fit program, and will be hosting two activities for registered participants in November, so we hope to see you there too!

HEALTHY YOLO



The next CHIP Joint workgroup meeting will take place on 10/27 from 1:30-3pm at 137 N. Cottonwood St. All three workgroups (Chronic Disease, Healthy Aging and Mental Health) will be meeting to discuss setting targets for some of the health outcomes in the dashboard as well as planning for our Annual Report. Please join us!

We've been hard at work preparing for Public Health Accreditation and are only 4 months from submitting all of our documents. We've been hard at work completing a Community Health Branch QI Plan, developing a Workforce Development Plan and continuing to further our performance management efforts.

For more information on any of these topics, please contact [Emily Vaden](#).

MATERNAL, CHILD AND ADOLESCENT HEALTH (MCAH)

Please welcome Monica Koenig, SrPHN to our Yolo County MCAH team. She is our new CPSP, FIMR/SIDS Coordinator and will be working closely with Anna Sutton, MCAH Coordinator/Assit Dir of Nursing on the Moving Beyond Depression Pilot Project. Monica's email is monica.koenig@yolocounty.org.

The State of California launched its 2nd phase of the California Pregnancy-Associated Mortality Review, aka CA-PAMR 2.0 (focused on reviewing obstetric deaths occurring between 2002-2007) last month. Anna Sutton was appointed to the review team which includes clinicians and subject matter experts from around the State of California. The project is funded by the California Department of Public Health and lead by the Public Health Institute in partnership with the California Maternal Quality Care Collaborative. The next meeting will be on November 10, 2016 at the California Endowment in LA. For more information contact [Anna Sutton](#).

- **ADOLESCENT SEXUAL HEALTH**

- The **California Healthy Youth Act**, which took effect in January 2016, requires school districts to provide students with integrated, comprehensive, accurate, and unbiased comprehensive sexual health and HIV prevention education at least once in middle school and once in high school.

The law is intended to ensure that students develop the knowledge and skills necessary to

- 1) protect their sexual and reproductive health from HIV, other sexually transmitted infections, and unintended pregnancy;
- 2) develop healthy attitudes concerning adolescent growth and development, body image, gender, sexual orientation, relationships, marriage, and family; and
- 3) have healthy, positive, and safe relationships and behaviors. It promotes understanding of sexuality as a normal part of human development.

The ACLU has put together a [Fast-Facts Guide](#) about the new law that outlines some of its requirements.

School districts the process of determining if their current curriculum meets the standards of this new law may use a [compliance evaluation checklist](#).

For technical assistance on this subject, please contact Ramy Husseini at Ramy.Husseini@yolocounty.org or by calling 530-666-8341. You may also contact the California Department of Education Coordinated School Health and Safety Office Directly at 916-319-0914 or by visiting [their website](#).

- The California Department of Social Services has recently released guidelines for [Prevention of Unintended Pregnancy for Youth and Non-Minor Dependents](#).

This plan has been posted on the CDSS website at <http://www.childsworld.ca.gov/> (you may view the Plan by clicking into the *Foster Care Main Menu* link located on the left side of the screen and then click into the *Independent Living Program*).

An All County Letter that introduces “California’s Plan for the Prevention of Unintended Pregnancy for Youth and Non-Minor Dependents” will be released soon.

- **FIMR/SIDS**

October is Pregnancy and Infant Loss Awareness month, as well as SIDS Awareness Month. Education materials for SIDS is available for free from NICHD. Please contact our new SIDS Coordinator, [Monica Koenig](#) for more information.

- **MOVING BEYOND DEPRESSION**

Therapy team members from CommuniCare Health Centers completed therapist training at Moving Beyond Depression headquarters (Ohio) on October 13-14, 2016. Moving Beyond Depression leads Michelle Rummel and Dr. Ammerman will be coming to California to train Sonoma, Yolo and Nevada County home visitors on November 2nd (Sonoma County) and 3rd (Yolo County). The Moving Beyond Depression home visitor training is limited to home visitation program staff and guests of the MBD program, including State MCAH staff (California Home Visiting Staff), Project Launch Coordinator Sarah Rock, and Partnership Health plan of California Perinatal program coordinators. For more information, contact [Anna Sutton](#).

WIC/CALFRESH OUTREACH

Yolo 211 has been updating the [FreshText flyer](#) and consolidated all the key words onto one page for simplicity. Spanish flyers coming soon!



There is also now a [MarketText](#) that lets people know about the CalFresh Market Match program whereby CalFresh recipients can double their money up to \$10 when using CalFresh benefits to buy produce at Farmers’ Market. Spanish flyers coming soon!