

COUNTY OF YOLO

Health and Human Services Agency

Karen Larsen, LMFT
Director

137 N. Cottonwood Street • Woodland, CA 95695
(530) 666-8940 • www.yolocounty.org

Local Mental Health Board Meeting Minutes

Monday, September 26, 2016, 7:00 PM – 8:00 PM*
Bauer Building, Thomson Conference Room
137 N. Cottonwood, Woodland, CA 95695

**This was an abridged regular meeting which began at 7:00 PM, followed by a Board Committee Workshop.
These minutes reflect the regular meeting agenda items.*

Members Present: Brad Anderson; Bret Bandley; Juliet Crites; James Glica-Hernandez; June Forbes; Lisa Cherubini; Martha Guerrero; Nicki King; Richard Bellows; Sally Mandujan; Tawny Yambrovich; Reed Walker; Tom Waltz

Members Excused: Juliet Crites; Supervisor Don Saylor; Robert Schelen; Ajay Singh;

Staff Present: Karen Larsen, HHS Director, Mental Health Director, and Alcohol and Drug Administrator
Makayle Neuvert, Administrative Services Analyst, LMHB
Administrative Support
Emily Vaden, Health and Human Services Agency Accreditation and Quality Improvement Program Coordinator

Community Members: Laurie Ferns; Caren Livingston; Nancy Schaezlein-Zipse

CALL TO ORDER

1. Welcome and Introductions: The September 26, 2016 meeting of the Local Mental Health Board (LMHB) was called to order at 7:04 PM; introductions were made.
2. Public Comment:
 - Community member and former LMHB member Caren Livingstone shared her concerns around the hospitalization and care of loved ones. She expressed support of increased services in the City of Davis. Specifically she believes more crisis services and daily triage is needed to increase access to mental health services.
 - Community member Nancy Schaezlein-Zipse shared concerns over the limited access to services available for UC Davis students, stating that the student health insurance does not adequately cover psychiatrist services for long term issues. As a separate comment, Nancy also noted concern that supplemental security income (SSI) clients with serious mental illness diagnosis are eligible for CalFresh however those with dual diagnosis may not be eligible for this same support.
 - Joan Beesley, Yolo County's Mental Health Services Act (MHSA) Manager sent a written comment and [handout](#) regarding the MHSA stakeholder process that was read by Karen Larsen.

“This afternoon marked the MHSA Stakeholder Meeting for the kick-off of the Community Planning Process for the new 3-year Program and Expenditure Plan for Fiscal Years 17-18, 18-19 and 19-20. The stakeholder meeting was well-attended and participants provided plenty of input. The first phase of community planning is to complete a needs assessment by gathering as much data and community input as possible in order to inform decisions with regard to the existing and future MHSA programs. The [handout](#) shows a list of focus groups to be held in the community, many of which have already been scheduled. In the next few days, this schedule will be finalized, distributed to stakeholders and posted on the MHSA web page. Also on the [handout](#) is a slide from RDA’s intro PowerPoint, with a graphic on the MHSA Planning Activities and Timeline. Our goal is to complete the planning, drafting, review and approval process by April of 2017, to allow for RFP and contracting processes to be completed by the beginning of the new fiscal year.

Next month, on October 24, RDA and MHSA Staff will hold a group for NAMI Members from 5:00 to 6:30, at the Community Room at 600 A Street--before the regularly scheduled LMHB meeting. Also, we are trying to schedule a focus group for Davis Consumers earlier that same afternoon (more information to come on this). At the October 24 LMHB meeting, RDA will be on the agenda to provide an up-to-the-minute report on the status of the MHSA community planning process.”

3. Approval of Agenda: **Motion:** Bret Bandley, **Second:** Tom Waltz, **Discussion:** None, **Vote:** Unanimous
4. Approval of Minutes from July 25, 2016: **Motion:** Richard Bellows, **Second:** Martha Guerrero, **Discussion:** Minor corrections were shared that will be incorporated into the final version. **Vote:** Passes, 1 Abstention (Bret Bandley)
5. Member Announcements:
 - Sally Mandujan announced that she attended the open house for Harbor Oaks Behavioral Health Outpatient Center in West Sacramento. Noting it was an impressive facility, this center provides both partial hospitalization and intensive outpatient services.
 - June Forbes reminded the group that the first week of October is designated as Mental Illness Awareness Week. NAMI flyers were shared.
6. Correspondence
 - A final version of the letter dated September 12, 2016 that was sent to the BOS regarding the reorganization of the Office of the Public Guardian was shared. (See original agenda packet)
 - A draft letter to the BOS regarding the recommendation to approve 2016-17 mental health budget was shared for review and approved.

TIME SET AGENDA

7. Community Health Improvement Plan – Emily Vaden, Health and Human Services Agency Accreditation and Quality Improvement Program Coordinator: A [presentation](#) was shared.

CONSENT AGENDA

8. Mental Health Director's Report: The following item(s) were pulled from Karen Larsen's Mental Health Director's Report for additional discussion.
 - Homelessness: Expanded detail on the Tiny Homes site visit was requests. Karen shared that the homes are a very innovative concept but may not be an implementable solution for Yolo County. The visit was however a great opportunity to share information on relocating and addressing issues surrounding homelessness.
 - Fiscal Update: HHSA is investing resources to draw down more revenue including the addition of a Nurse Navigator position for helping clients step down from inpatient units or Institutions for Mental Diseases (IMD). Also, by building up HHSA's Quality Management Team, ensuring records are accurate.
 - Recruitment: Karen clarified that the Nurse Navigator position is an HHSA internal transfer.
 - MHSA Housing: Karen shared that there is a strong expectation that we will be receiving the tax credit allowing the project to move forward.
 - Public Guardian: A Memorandum of Understanding (MOU) draft was shared as part of this report. In response to an inquiry, Karen shared that a lack of resources is always a struggle but a strength is being a part of a larger department is being able to utilize existing administrative support.

REGULAR AGENDA

9. Board of Supervisors Report: No report was shared. Supervisor Don Saylor's office notified the LMHB in advance that they would not be able to attend this meeting.
10. LMHB Strategic Plan Update: This topic was moved to the October regular meeting agenda.
11. Chair Report: Chair James Glica-Hernandez guided the group through the following agenda items:
 - a. Member Resignations, Appointments, and Re-Appointments: New member Juliet Crites and Ajay Singh were welcomed.
 - b. Legislative Ad Hoc Committee Report: Martha Guerrero shared that the Governor is currently signing bills and she will provide an end of session report next month. June Forbes specifically requested review of SB1157.
 - c. Consideration of LMHB Scope and Name Change to Include All Behavioral Health Services: The Program committee was assigned this topic for discussion and a recommendation to the LMHB. Karen shared that Nevada County is currently considering this same topic and may be an information source.
 - d. Jail and Juvenile Detention Facility Behavioral Health Services Contract Discussion: It was shared that the existing contract with CFMG was extended for an additional three month while negotiations are underway. A draft letter was shared for the Board to review. This topic is also included on the Budget and Finance Committee meeting being held later this evening with a recommendation expected at the next meeting. A review of

periodicals was proposed. Karen offered to ask what points she can share in the October meeting.

e. Board Committee Reports

- Communication and Education Committee: This committee met following the adjournment of the regular meeting.
- Budget and Finance Committee: This committee met following the adjournment of the regular meeting.
- Program Committee: No meeting was held during the scheduled committee workshop.

8:00 PM ADJOURNMENT

12. Future Meeting Planning and Adjournment – James Glica-Hernandez

- The next regular LMHB meeting will be held on Monday, October 24, 2016, 7:00 – 9:00 PM in the Community Conference Room at 600 A Street, Davis, CA 95616. Planned agenda topics include:
 - 2017 Review Meeting Calendar Draft
 - Committee Assignments
 - Strategic Plan Update
- The meeting was adjourned at 8:17 PM.

Mental Health Services Act (MHSA)
Three-Year Program and Expenditure Plan FY 2017 – 2020
Focus Group Schedule for Community Stakeholder Planning Process

- September 26th:**
MHSA Quarterly Community Stakeholder Meeting & Three-Year Program and Expenditure
FY 2017-2020 Kick-off 3:30 p.m. – 5:00 p.m. Walker-Thomson Room, Bauer Building
- October 20:**
MHSA CBO Kids Focus Group - 9:00 a.m. – 10:30 a.m. Williams Conference Room, Bauer Building
MHSA CBO Adult Focus Group - 11:30 a.m. – 1:00 p.m. Williams Conference Room, Bauer Building
- October 24:**
NAMI Family Member Focus Group – 5:00 p.m. – 6:30 p.m. Community Room, 600 A Street Davis
Davis Client Focus Group –
- November 1:**
MHSA Staff Focus Group 8:30 a.m. – 10:00 a.m. Clarksburg Conference Room, Gonzales Building
MHSA Executive Leadership Focus Group - 10:30 a.m. – 12:00 p.m. Clarksburg Conference Room,
Gonzales Building
- November 2:** *Location – West Sacramento Wellness Center, Tentative: Times and Locations TBD*
Adult & Older Adult Client Focus Group
TAY Focus Group
Russian Outreach Focus Group
- November 4:**
Peer Support Worker Client Focus Group – 11:00 a.m. – 12:30 p.m. – Room 2404, Bauer Building
MHSA Wellness Center Client Focus Group – 11:00 a.m. – 12:30 p.m. – Walker Room, Bauer Building
Adult Client Focus Group (open to all clients over age 18) TENT: 1:00 – 2:30 p.m., room TBA
- TBD:** Date, Location and Times: TBD
Homeless Client Focus Group – *4th and Hope*
Older Adult and Senior Peer Counselors – *Citizens Who Care*
LGBTQ Client Focus Group
Latino Client Focus Group
Office of Education Focus Group - TBD
Law Enforcement Focus Group - TBD

Other Key Dates for Community Stakeholder Planning Process

- January 2017:** Community Stakeholder Report Back Meeting
- Mid-March 2017, exact date TBD:** Local MH Board to hold Public Hearing
- March 28, 2017:** Present Final Draft of 3-Year Program & Expenditure Plan to Local MH Board
- April 5, 2017:** Finalize 3-Year Program & Expenditure Plan and present to Board of Supervisors

Community Health Improvement Plan

EMILY VADEN, MPH
ACCREDITATION COORDINATOR
YOLO COUNTY HHSA



Community Health Assessment (CHA)

- Initiated in 2013, included collaboration with many community leaders, residents and agency partners
- Primary and secondary data collection
- Finalized in August 2014
- Presented to BOS, community health fairs, community events and electronically
- Community partners convened to select priority health issues

[Yolo County Community Health Assessment](#)

Community Themes and Strengths Assessment Survey

- Available in English and Spanish and Russian
- Distributed at 20 community events from July-Nov 2013, county libraries, senior centers, and community based organizations and available online
- 723 paper and 177 online surveys were returned
- Respondents were aged 15 and up

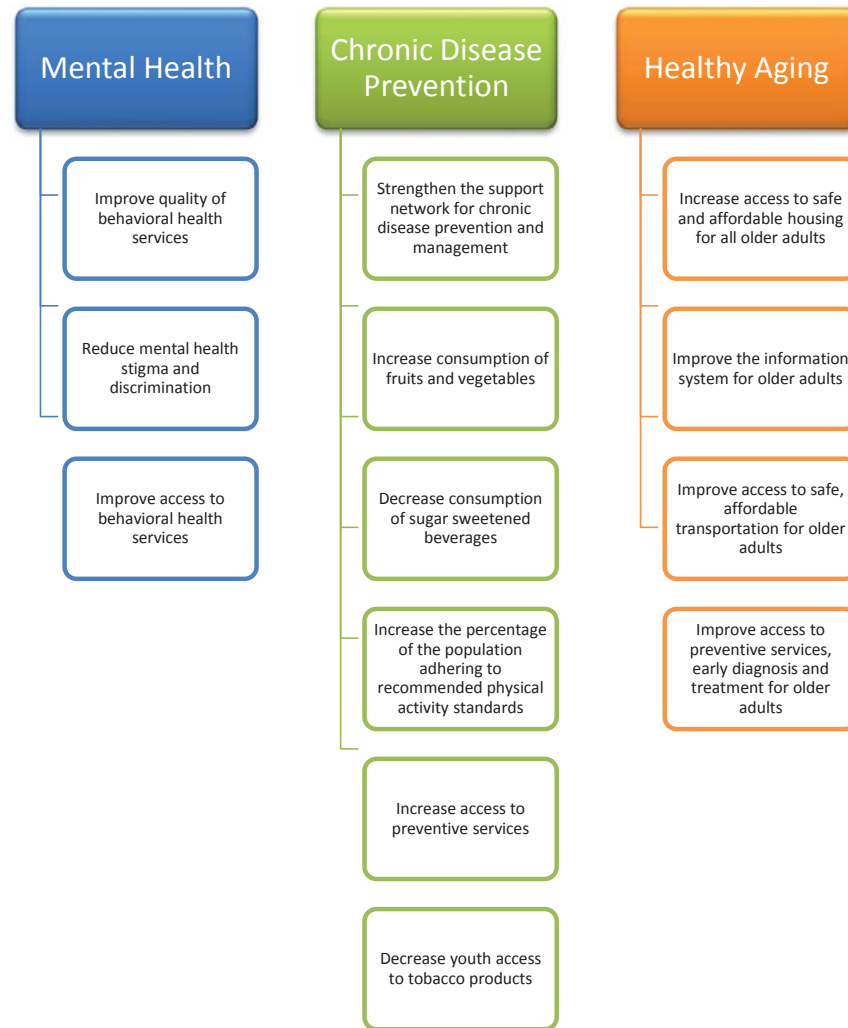
Top 5 Health Issues of Concern, by Age Group

Rank	< 25 Years (n=88)	25 - 44 Years (n=222)	45 - 64 Years (n=238)	65 + Years (n=165)
1	Obesity 48% (42)	Obesity 45% (101)	Mental Health issues 39% (92)	Health Problems assoc. with Aging 61% (100)
2	Heart Disease 32% (28)	Diabetes 37% (83)	Obesity 39% (92)	Mental Health Issues 38% (62)
3	Diabetes 28% (25)	Mental Health Issues 35% (77)	Health Problems assoc. with Aging 32% (77)	Obesity 36% (60)
4	Mental Health Issues 27% (24)	Cancer 32% (70)	Diabetes 29% (68)	Diabetes 28% (47)
5	Alcoholism 32% (60)	Alcoholism 27% (61)	Alcoholism 25% (59)	Cancer 27% (44)



[Yolo County Community Health Improvement Plan](#)

CHIP Goals



CHIP Dashboard

[Healthy Aging Dashboard](#)

[Chronic Disease Prevention Dashboard](#)

[Mental Health Dashboard](#)

For more information, check out healthyyolo.org

Or contact me at emily.vaden@yolocounty.org
530 666-8504

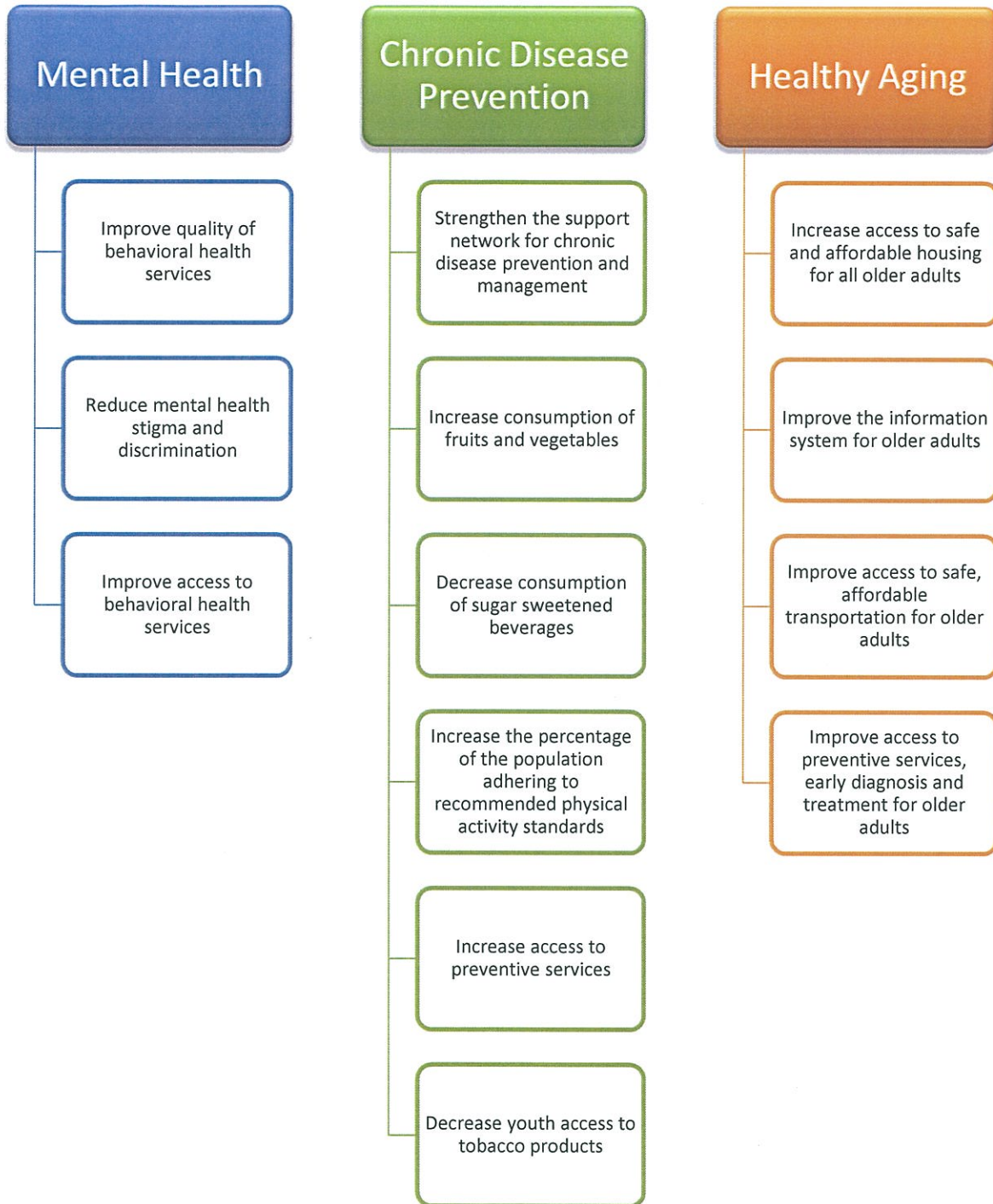
Or join as at our next joint workgroup meeting:

Oct 27th from 1:30-3pm

137 N. Cottonwood, Thomson Room



YOLO COUNTY COMMUNITY HEALTH IMPROVEMENT PLAN GOALS





COUNTY OF YOLO

Health and Human Services Agency

Healthy Yolo CHIP Work Group Calendar

CHRONIC DISEASE PREVENTION

Date	Time	Location
August 3, 2016	1:30 – 3:00	Bauer Building, Thomson Room
October 27, 2016*	1:30 – 3:00	Bauer Building, Thomson/Walker Rooms
Tuesday, January 10, 2017	1:30 – 3:00	Gonzalez Bldg, Community Room
Wednesday, April 26, 2017*	9:00 – 11:00	Gonzalez Bldg, Community Room
Thursday, July 27, 2017	1:30 – 3:30	Gonzalez Bldg, Community Room
Wednesday, October 25, 2017*	9:00 – 11:00	Gonzalez Bldg, Community Room

HEALTHY AGING

Date	Time	Location
July 13, 2016	1:30 – 3:00	Bauer Building, Thomson Room
October 27, 2016*	1:30 – 3:00	Bauer Building, Thomson/Walker Rooms
Thursday, January 19, 2017	9:00 – 11:00	Gonzalez Bldg, Community Room
Wednesday, April 26, 2017*	9:00 – 11:00	Gonzalez Bldg, Community Room
Tuesday, July 11, 2017	9:00 – 11:00	Gonzalez Bldg, Community Room
Wednesday, October 25, 2017*	9:00 – 11:00	Gonzalez Bldg, Community Room

MENTAL HEALTH

Date	Time	Location
July 28, 2016	2:00 – 3:30	Bauer Building, Thomson Room
October 27, 2016*	1:30 – 3:00	Bauer Building, Thomson/Walker Rooms
Tuesday, January 24, 2017	9:00 – 11:00	Gonzalez Bldg, Community Room
Wednesday, April 26, 2017*	9:00 – 11:00	Gonzalez Bldg, Community Room
Tuesday, July 18, 2017	9:00 – 11:00	Gonzalez Bldg, Community Room
Wednesday, October 25, 2017*	9:00 – 11:00	Gonzalez Bldg, Community Room

**joint meetings with all three workgroups.*

Bauer Building: 137 N. Cottonwood Street, Woodland
Gonzalez Building: 25 N. Cottonwood Street, Woodland