

**ARE YOU OR SOMEONE
YOU KNOW
EXPERIENCING A
MENTAL HEALTH
CRISIS?**

HELP IS AVAILABLE.

Yolo County
Toll Free 24/7 Crisis Helpline
Health and Human Services Agency
(888) 965-6647

Suicide Prevention of Yolo County
(888) 233-0228

Emergency Assistance: Dial 9-1-1

**YOLO COUNTY
CRISIS HELPLINES & RESOURCES**

Yolo 211 Information.....*Dial 211*

EMPOWER YOLO
Sexual Assault / Domestic Violence Crisis Line
Woodland (530) 662-1133
West Sacramento (916) 371-1907

Yolo Family Service Agency
Davis • Woodland (530) 662-2211
West Sacramento (916) 375-1254

CommuniCare
Mental Health & Substance Abuse Programs
Woodland (530) 405-2815
West Sacramento (916) 403-2970

UCD Counseling & Psychological Services
(530) 752-0871

NAMI - Yolo Message Line
(530) 756-8181

Mental Health Patient Rights Advocate
(877) 965-6772

United Christian Center (Homeless Services)
West Sacramento (916) 372-0200

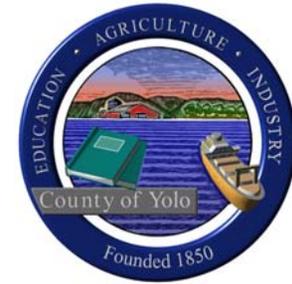
Davis Community Meals (Shelter)
(530) 753-9204

Fourth & Hope (Shelter)
Woodland (530) 661-1218

ASK-Teen/Runaway Line
Davis (530) 753-0797
Woodland (530) 668-8445
West Sacramento (916) 371-3779

Woodland Memorial Hospital
(530) 662-3961

Sutter Davis Hospital
(530) 756-6440



**Yolo County
Health and Human Services Agency**

Mental Health, Substance Abuse
and Co-occurring Disorder Services

**Adult & Aging Branch
Screening and Triage
Process**

137 N. Cottonwood, Suite 1500
Woodland, CA 95695

500 B Jefferson Blvd., Suite 150
W.Sacramento, CA 95605

The Screening Process for obtaining mental health services, referred to as "Triage", begins by contacting Yolo County Health and Human Services Agency (YCHHSA):

Call (888) 965-6647,

Monday through Friday, 8:00am 5:00pm to schedule a Triage appointment.

Walk-in to either the Woodland or West Sacramento offices to request services in-person.

- Woodland office hours are 8:00am – 5:00pm, Monday through Friday.
- West Sacramento office hours are 8:00am – 5:00pm, Tuesday, Thursday, & Friday (Closed at this location 12:00pm – 1:00pm)

You may also call Beacon Health Strategies, at (800) 414-2820 to complete a telephone screening with a trained Clinician.

WHAT TO EXPECT

When you call or come in for your confidential Mental Health and Substance Use Disorder Screening, you will be asked to provide your Name, Address and Insurance. You will also be asked to discuss your current and past Mental Health and Substance Use issues.

The Clinician may determine your Mental Health condition is *mild to moderate* and refer you to:

- Primary Health Care
- Beacon Health Strategies
- Community-based Mental Health services.
- Support services for needs such as enrolling in MediCal, obtaining shelter, or obtaining benefits

OR

The Clinician may also determine that your Substance Use Disorder is primary, regardless of whether it is Co-occurring with a *mild to moderate*

Mental Health Condition. In this case, he or she may refer you to:

- Community-based or Inpatient Substance Use Disorder services and treatment

OR

The Clinician may determine your Mental Health condition, or Co-occurring Mental Health condition and Substance Use Disorder, is *severe and persistent*, and that your service needs can best be met at YCHHSA. In this case, an in-depth assessment appointment will be scheduled, typically within one week of the Triage screening.

A Clinician may also refer you out to another provider of service if you have private insurance, or MediCare and Medi-Cal insurances combined ("Medi-Medi").