



COUNTY OF YOLO

Health and Human Services Agency

COMMUNITY HEALTH BRANCH REPORT

November 2016

AGENCY UPDATES

ENROLLMENT

PROGRAM	OCTOBER 2016	NOVEMBER 2016
Medi-Cal/PHC	53,221	53,200
CMSP	0	0

COMMUNITY HEALTH BRANCH UPDATES

HEALTH PROMOTION PROGRAMS

- HANNA AND HERBERT BAUER MEMORIAL GARDEN**

Do you like to play in the dirt? Come join us at 12pm on **Wednesday, November 30th** for a free gardening class called "The Magic of Soil". This class will focus on techniques, such as cover cropping and composting, to boost soil vitality, and you will learn ways that you can improve your soil now for spring/summer planting. There will also be brief discussion about how soil health translates into healthy nutrients found in fruits and veggies. All are welcome, no garden experience necessary. Please see the [FLYER](#) for details.

- FRIDAY NIGHT LIVE**

On September 22, Aminah Choudhry and Carolina Reyes, two Yolo County Friday Night Live Youth Mentors from Pioneer High School, presented their 2015/16 Office of Traffic Safety grant activities to the Woodland Joint Unified School District Board. This grant provided funding for school activities designed to change social norms regarding underage drinking. The students summarized several activities including participation in "Casey's Pledge" which took place during prom week and involved PHS students pledging not to drink and drive and to not ride in a car with someone who has been drinking. Students also conducted a school-wide social norm survey from which educational messages were developed and posted around campus and on t-shirts for participants. The School Board had many positive things to say about the students, their presentation, and their grant activities.



- **NUTRITION EDUCATION AND OBESITY PREVENTION**



The Yolo County Nutrition Education Obesity Prevention Program celebrated National Food Day on October 24th in several ways. First, a social media campaign for the 5 days leading up to Food Day highlighted various ways that residents to access local produce and garden-based resources. Second, in partnership with the UC Master Gardeners of Yolo County, the Hanna and Herbert Bauer (HHB) Memorial Community garden hosted a winter gardening class, attended by 22 people on Food Day. Finally, the Yolo County West Sacramento Service Center was visited by NEOP staff where over 30 pounds of produce grown in the HHB garden was shared with clients along with healthy food samples featuring seasonal produce grown in the region.

- **SAFE ROUTES TO SCHOOL**

The Woodland Safe Routes to School program hosted two events in October to celebrate National Walking Month. First, in partnership with the Woodland Police Department, staff visited three elementary schools to give safety-related goodies to all the youth who walked, biked, or scooted to school. Second, the program hosted a friendly competition among three elementary school after-school programs. The school with the highest percentage of kids who walked, biked, or scooted to school won a healthy handmade pizza party, catered by the Woodland Joint Unified School District Food Service department. Congratulations to Woodland Prairie Elementary school for having the most students who walked/biked/scooted on the day we visited, and congratulations to Maxwell Elementary school for having the highest percentage of kids in the after-school program who walked/biked/scooted during competition week.



- **TOBACCO PREVENTION**

On Tuesday, October 25, 2016, the Yolo County Board of Supervisors conducted the second reading and official adoption of amendments to their Tobacco Retailer Licensing (TRL) policy that bans the sale of all flavored tobacco products, including menthol flavors, and caps the number of tobacco retailers that can operate in the unincorporated area. Members of the community representing local physicians, teachers, youth, the Health Council, and the American Cancer Society expressed their support for the amendments to the Board during public comments and through emails and phone messages.