

# Suicide Prevention of Yolo County

Diane Sommers, Executive Director



SUICIDE  
PREVENTION  
AND CRISIS SERVICES

[SuicidePreventionYoloCounty.org](http://SuicidePreventionYoloCounty.org)

# Best Practices

## AAS Accreditation

- ▶ Validates service delivery programs that are performing according to nationally recognized standards
- ▶ Evidence-based suicide prevention practices
- ▶ Access to criteria for systematic, ongoing self-evaluation
- ▶ People in life-threatening and other crises who obtain services from AAS-accredited programs are assured that staff has seriously examined their commitment to provide service according to recognized standards

## National Suicide Prevention Lifeline

- ▶ Following SAMHSA-funded evaluations that indicated the need for more consistent, uniform suicide risk assessment practices for crisis call centers, the Standards, Training & Practices Subcommittee (STPS) developed evidence-informed Suicide Risk Assessment Standards in 2006.
- ▶ The Suicide Risk Assessment Standards focus on four core principles: Suicidal Desire, Suicidal Capability, Suicidal Intent, and Buffers along with the subcomponents for each.



# American Association of Suicidology

Achievement of Accreditation

## **Suicide Prevention & Crisis Services of Yolo County**

**Davis, CA**

Has been evaluated and found to meet all the criteria  
established by this Association for Accreditation as an  
approved Crisis Intervention Programs.

In witness whereof, the Board of Directors  
has issued this Accreditation for a three-year period.

**February 2016 to February 2019**

**Joan Wright, Director of Accreditation Programs**

*J. Wright*

**David Miller, AAS President**

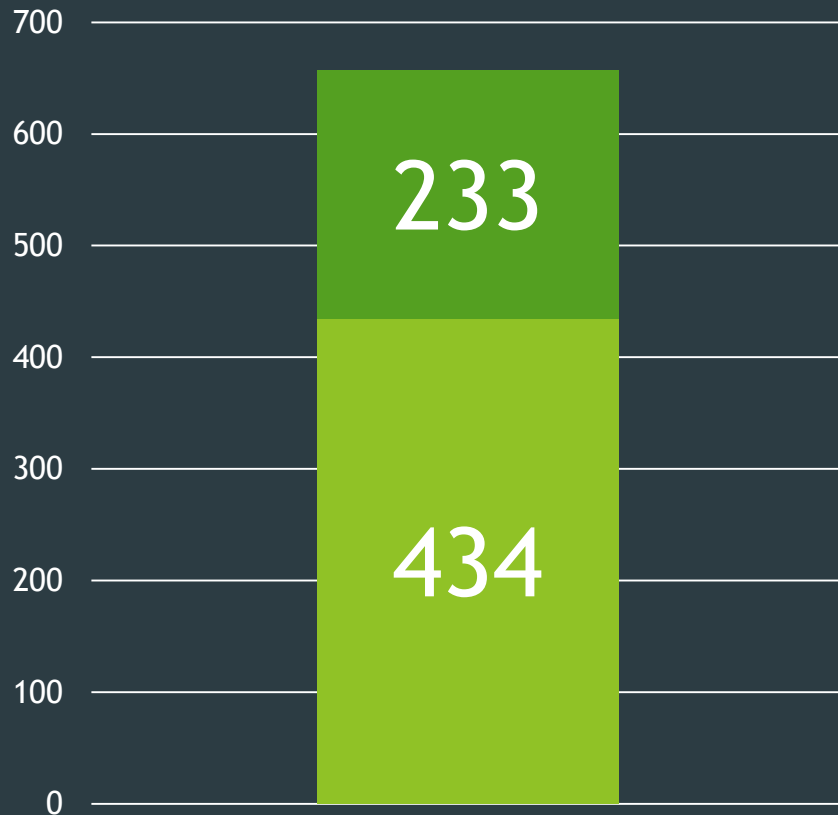
*David N. Miller*

# California Suicide Prevention Network

A cross-section of Crisis Centers in the state of California who collaborate in the identification and development of common set of call metrics.

# California Suicide Prevention Network

September 2016 Calls



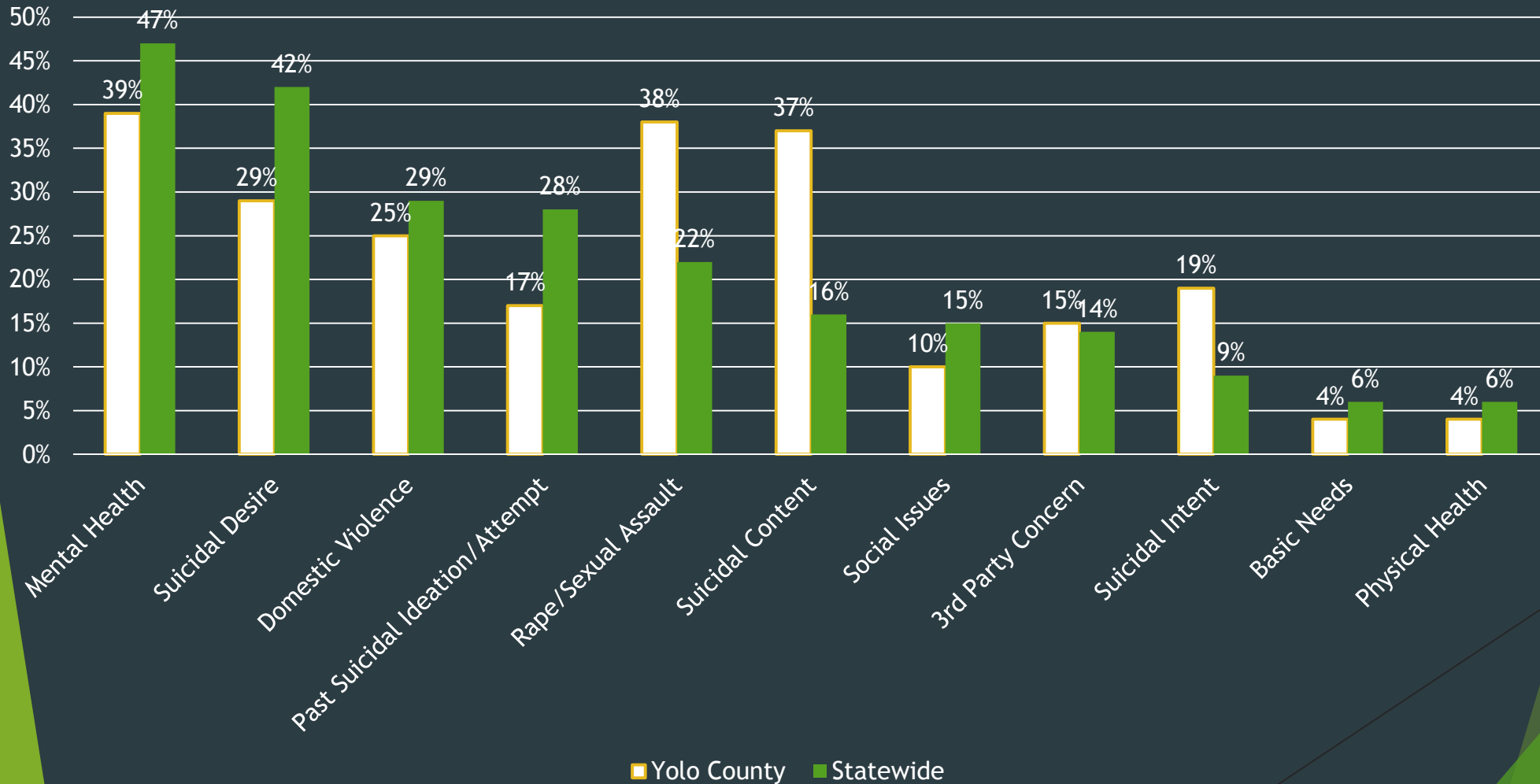
- Suicide Related Call Volume
- Overall Call Volume

## Suicidal Intent Reduction

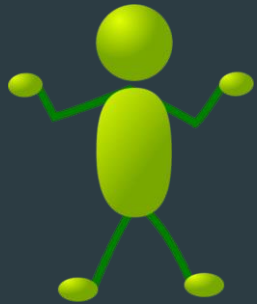
- ▶ Of callers who identified as having the highest suicidal intent at the start of the call,
  - ▶ 44% of them report lower suicidal intent by the end of the call. That is, of callers who rated their suicidal intent at 4 or 5 (high or imminent risk) at the start of the call),
  - ▶ 44% of them report a suicidal intent rating of 3 or below (low risk) at the end of the call.

# California Suicide Prevention Network

## Call Content



# Suicide Prevention of Yolo County



45 Volunteers



24-hours a day



365 days a year



Donated services at minimum wage,  
a savings of \$87,600 a year

# Crisis Lines

## ▶ Suicide Prevention

- ▶ Davis: 530-756-5000
- ▶ Woodland: 530-666-7778
- ▶ West Sacramento: 916-372-6565
- ▶ Toll-Free: 1-888-233-0228

## ▶ ASK Teen Lines

- ▶ Davis: 530-753-0797
- ▶ Woodland: 530-668-8445
- ▶ West Sacramento: 916-371-3779

## ▶ School Safety & Violence Reporting Lines

- ▶ Davis: 530-758-7233 (SAFE)
- ▶ Woodland: 530-668-4357 (HELP)

## ▶ National Suicide Prevention Lifeline

- ▶ 1-800-273-8255 (TALK)

## ▶ Veterans Crisis Line

- ▶ 1-800-273-8255 (then press 1)