



# Certification of Health Care Provider Employee's Serious Health Condition

Human Resources Office – County of Yolo  
Phone (530) 666-8055 – Fax (530) 666-8049

## FAMILY AND MEDICAL LEAVE ACT (FMLA) CALIFORNIA FAMILY RIGHTS ACT (CFRA)

### Part A: For Completion by the EMPLOYEE

**Instructions to the Employee:** Complete Part A before giving this form to your medical provider. The law permits us to require that you submit a timely, complete, and sufficient medical certification to support your request for FMLA/CFRA protections. Failure to provide a complete and sufficient medical certification may result in denial of your leave request. **This form must be returned within 15 days of your FMLA/CFRA Notice of Eligibility.**

Employee Last Name	Employee First Name	Employee Middle Name	Last Day Worked
Department/Unit	Daytime Telephone Number	Regular Work Schedule: <input type="checkbox"/> Days <input type="checkbox"/> Nights <input type="checkbox"/> Full Time <input type="checkbox"/> Part Time <input type="checkbox"/> 9/80 <input type="checkbox"/> 4/10 <input type="checkbox"/> Other _____	

### Part B: For Completion by the HEALTH CARE PROVIDER

**INSTRUCTIONS for the HEALTH CARE PROVIDER:** Your patient has requested leave under FMLA/CFRA. Please answer fully and completely all applicable parts. Several questions seek a response as to the frequency or duration of a condition, treatment, etc. Your answers should be your best estimate based upon your medical knowledge, experience and examination of the patient. Please be as specific as you can; terms such as "lifetime," "unknown" or "indeterminate" may not be sufficient to determine FMLA/CFRA coverage.

**THE GENETIC INFORMATION NONDISCRIMINATION ACT OF 2008 (GINA):** To comply with this law, we are asking that you not provide any genetic information as defined by GINA when responding to this request for medical information.

**Please do not disclose the underlying diagnosis without the consent of your patient, and limit responses to the condition for which the employee is seeking leave.**

Provider Name (You may attach a business card in lieu of completing this section)

Business Address	City	State	Zip Code
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Type of Practice/Medical Specialty

Telephone

Fax

**Signature below verifies that the information provided within is true and accurate.**

Printed Name of Health Care Provider

Health Care Provider Signature

Date

Employee Last Name	Employee First Name	Employee Middle Name
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**Part C: Medical Facts**

- Does the patient have a serious health condition that qualifies under the categories described on page 3 of this document?  Yes  No *If no, sign and date Page 1 and return to patient.*  
**If yes, please answer the following questions:**
- What is the approximate date that the condition commenced? \_\_\_\_\_
- Was the patient admitted for an overnight stay in a hospital, hospice, or residential medical care facility?  
 Yes  No If yes, date of admission: \_\_\_\_\_
- Dates treated for condition: \_\_\_\_\_
- Was the patient referred to other health care provider(s) for evaluation or treatment (e.g., physical therapist)?  
 Yes  No If yes, state the frequency and expected duration of such treatments: \_\_\_\_\_
- Is the employee unable to perform any of the job functions due to his/her medical condition?  
(Essential Job Functions and/or attached Job Description may be attached):  Yes  No  
If yes, identify the job functions the employee is unable to perform, work restrictions and probable duration:
- Can the patient perform modified duty?  Yes  No  
If yes, state the type of modified duty the employee is able to perform and probable duration:

**Part D: Amount of Time Needed**

- Will the employee be incapacitated for a **single continuous period** of time due to his/her medical condition, including any time for treatment and recovery?  Yes  No  
If yes, estimate the period of incapacity. Begin Date: \_\_\_\_\_ End Date: \_\_\_\_\_
- Will the employee need to attend follow-up treatment appointments because of the employee's medical condition?  Yes  No  
If yes, estimate the schedule, if any, including dates of any scheduled appointments and the time required for each appointment, including any recovery period \_\_\_\_\_
- Will the employee need to work part time or on a reduced schedule because of the employee's medical condition?  
 Yes  No  
If yes, estimate the part-time or reduced work schedule the employee needs  
\_\_\_\_\_ hour(s) per day; \_\_\_\_\_ days per week from \_\_\_\_\_ through \_\_\_\_\_
- Will the condition cause episodic flare-ups periodically preventing the employee from performing his/her job functions?  Yes  No  
If yes, estimate the frequency of flare-ups and the duration of related incapacity that the patient may have over the next 6 months (e.g., 1 episode every 3 months lasting 1-2 days):  
Frequency: \_\_\_\_\_ times per \_\_\_\_\_ week (s) \_\_\_\_\_ month(s)  
Duration: \_\_\_\_\_ hours \_\_\_\_\_ day(s) per event

**Definition of a Serious Health Condition:**

Serious health condition is any illness, injury, impairment, physical or mental condition that involves:

1. Any period of incapacity or treatment in connection with or consequent to an overnight stay in a hospital, hospice, or residential medical care facility; or
2. Continuing treatment by a health care provider for one or more of the following:
  - a. Any period of incapacity due to pregnancy, for prenatal care (FMLA).
  - b. Any period of incapacity due to a chronic serious health condition that:
    - i. Requires periodic ( at least two visit per year) visits for treatment
    - ii. Continues over an extended period of time; and
    - iii. May cause episodic rather than a continuing period of incapacity (e.g., asthma, diabetes, epilepsy, etc.)
3. Any period of incapacity which is long-term due to a condition for which treatment may not be effective (e.g., Alzheimer's disease)
4. Any period of absence required to receive multiple treatments (including the period of recovery) either for restorative surgery after an accident or other injury, or for a chronic condition that would likely result in a period of incapacity of more than three consecutive calendar days in the absence or medical intervention such as cancer (chemotherapy, radiation, etc., or kidney disease (dialysis) or severe arthritis (physical therapy).

**A Serious Health Condition Is Generally Not:**

1. Allergies, stress, or substance abuse unless inpatient hospital care is provided, or the patient is incapacitated for more than three calendar days and is under the continuing care of a health care provider, or the patient has a serious long-term health conditions; or
2. Voluntary treatment or surgery; inpatient hospital care is required.

**A Health Care Provider Is:**

Department of Labor regulations for the Family and Medical Leave Act define a "health care provider" as a

1. doctor of medicine or osteopathy, podiatrist, dentist, chiropractor, clinical psychologist, optometrist, nurse practitioner, nurse-midwife, or clinical social worker, physicians assistant, who is authorized to practice by the State and performing within the scope of their practice as defined by State law, or a Christian Science practitioner.
2. any provider the County's group health plan that the benefit manager will accept certification of a serious health condition to substantiate a claim for benefits.