



COUNTY OF YOLO

Office of the County Administrator

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FOR IMMEDIATE RELEASE
November 23, 2016

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December Programs at the West Sacramento Branch Library

(Woodland, CA) – All are welcome to participate in the following special programs held during the month of December at Yolo County's Arthur F. Turner Community Library, located at 1212 Merkley Avenue in West Sacramento:

- **December 2, 9, 16, 23 & 30: I SEE YOU, 1:00 p.m.** People who are experiencing homelessness are welcome to attend free art classes through the I SEE YOU YoloArts project that is aimed to increase community engagement through the arts. Weekly art classes will be led by professionals on topics such as photography, drawing, painting, printmaking, collage and creative writing. Project is funded by the James Irvine Foundation's Exploring Engagement Fund grant.
- **December 5: FREE Hearing Screening and Phone, 1:00 p.m.** Come for a hearing screening and get your free phone the same day! Hearing screenings performed by Deborah R. Powell, M.S. of University Audiologic Associates. This program is provided by the Deaf and Disabled Telecommunications Program of the California Public Utilities Commission. For more information, please call Marina at (916) 265-0025.
- **December 7: Brown Bag Series by AARP: Investing for Retirement, 12:30 p.m.** Join us for this new series by AARP. This month's meeting will discuss investing for retirement through 401(k)-type plans and IRAs, types of investments and some useful investment concepts. Participants are welcome to bring a brown bag lunch. No registration required.
- **December 10: Gingerbread Man and House Decorating, 2:00 p.m.** Have fun decorating your very own gingerbread man and house made out of cardboard.
- **December 12: Tales for Tails, 4:00 p.m.** Children ages 6-12 are invited to meet up to four special dogs, who love listening to stories, and build their own confidence in reading out loud. After ten visits children can pick one free book. Parents or caregivers are asked to stay with their child and help with reading.
- **December 13: Monthly Computer Class: Create and Upload your Own Videos, 9:00 a.m.** Learn how to record and share a video, whether on a smart phone, computer or tablet. A library card and PIN are required. Register in person at the information desk or by phone at (916) 375-6465. Space is limited to 20 people.

- **December 17: Tai Chi and Qigong Part XIV, 11:00 a.m.** Learn a series of movements and breathing exercises for general wellness, stress relief, physical balance, flexibility and fall prevention. In part XIV, we shall further practice Cardio Tai Chi exercises and incorporate modern cardiovascular fitness methods to exercise the heart and lungs. Rhythmic music will be played. Expect to perspire more as we work on our aerobic energy.
- **December 19 - 24: Self-Directed Activity: Winter Holiday Crafts.** Everyone is invited to come and create special holiday crafts. Materials are provided by the library.
- **December 21: What's Happening Seniors? 12:00 p.m.** Are you looking to get together with active seniors and make new friends? Come share stories, learn from one another and find out 'What's Happening' in West Sacramento and beyond.
- **December 21: Evening Book Club, 6:00 p.m.** This month's reading selection will be *State of Wonder* by Ann Patchett. Please contact Cindy at 916-731-5504 for more information.
- **December 22, 2016: All Things String, 6:00 p.m.** This crafting circle is for anyone who knits, crochets, embroiders or enjoys fiber art. Bring a project or start something new.

The following ongoing programs continue in December:

- **Buddy Reading:** Mondays at 4:30 p.m.
- **Mother Goose on the Loose:** Tuesdays at 11:00 a.m.
- **Bilingual Russian Story Time:** Tuesdays at 6:30 p.m.
- **Hora de Cuentos/Bilingual Spanish Story Time:** Saturdays at 11:00 a.m.
- **Preschool Story Time:** Wednesdays at 11:00 a.m.
- **Tales for Tails:** Fourth Monday of the month at 4:00 p.m.
- **Hug-a-Bye Baby:** Thursdays at 11:00 a.m.
- **English Conversation Group:** Wednesdays at 4:00 p.m. and Fridays at 10:00 a.m.
- **Homework Center:** Tuesdays and Thursdays at 3:30 p.m. Pre-registration is required and free at the Information Desk. For additional info contact the Homework Center Assistant at (916) 375-6469.

NOTICE: The Yolo County Library's branches will be closed all day on December 25 and 26 in observance of Christmas and January 1 and 2 for New Year's Day.

The West Sacramento Friends of the Library will not be meeting in December.

Ongoing programs will be suspended from December 28 – 31, except for English Conversation Group.

All programs are sponsored by the West Sacramento Friends of the Library, are free to attend and, with some exceptions, do not require registration. For more information about events at the Arthur F. Turner Community Library, contact library staff at (916) 375-6465, visit the Yolo County Library at: www.yolocountylibrary.org (see calendar for Arthur F. Turner Community Library-specific events) or connect with the Yolo County Library on Facebook at: www.facebook.com/yolocountylibrary.org.

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