



COUNTY OF YOLO

Health and Human Services Agency

Karen Larsen, LMFT
Director

137 N. Cottonwood Street • Woodland, CA 95695
(530) 666-8940 • www.yolocounty.org

Local Mental Health Board

November & December *Combined Regular Meeting: Monday, December 5, 2016, 7:00 – 9:00 PM

Arthur F. Turner Community Library Meeting Room
1212 Merkley Avenue, West Sacramento, CA 95691

All items on this agenda may be considered for action.

**In observance of the holiday season, this meeting occurrence has been adjusted to combine the November and December regular monthly meetings.*

James Glica-Hernandez
Chair

Nicki King
Vice-Chair

Sally Mandujan
Secretary

District 1

Bret Bandley
Martha Guerrero
Sally Mandujan

District 2

Juliet Crites
Nicki King
Tom Waltz

District 3

Richard Bellows
James Glica-Hernandez
Tawny Yambrovich

District 4

June Forbes
Robert Schelen
Ajay Singh

District 5

Brad Anderson
Lisa Cherubini
Reed Walker

Board of Supervisors Liaison

Don Saylor

Alternate

Jim Provenza

CALL TO ORDER ----- 7:00 PM – 7:10 PM

1. Welcome and Introductions
2. Public Comment
3. Approval of Agenda
4. Approval of Minutes from October 24, 2016
5. Member Announcements

CONSENT AGENDA ----- 7:10 PM – 7:30 PM

6. Mental Health Director’s Report – Karen Larsen
 - a. Mental Health Services Act 3 Year Planning Process / Research Development Associates
 - b. Public Guardian
 - c. Child Welfare Services
 - d. 5150s
 - e. Homelessness
 - f. Stepping Up Initiative
 - g. Drug Medi-Cal Organized Delivery System
 - h. Mental Health Wellness Center

TIME SET AGENDA ----- 7:30 PM – 8:00 PM

7. LMHB Strategic Plan Update – Bob Schelen

REGULAR AGENDA ----- 8:00 PM – 8:50 PM

8. Board of Supervisors Report – Supervisor Don Saylor
9. Chair Report – James Glica-Hernandez
 - a. Approval of Draft 2017 Meeting Calendar
 - b. Continued Discussion of Board Committee Responsibilities, Assignments, and Ad Hoc Committee Topics
 - c. Legislative Ad Hoc Committee Report

If requested, this agenda can be made available in appropriate alternative formats to persons with a disability, as required by Section 202 of the American with Disabilities Act of 1990 and the Federal Rules and regulations adopted implementation thereof. Persons seeking an alternative format should contact the Local Mental Health Board Staff Support Liaison at the Yolo County Health and Human Services Agency, LMHB@yolocounty.org or 137 N. Cottonwood Street, Woodland, CA 95695 or 530-666-8516. In addition, a person with a disability who requires a modification or accommodation, including auxiliary aids of services, in order to participate in a public meeting should contact the Staff Support Liaison as soon as possible and preferably at least twenty-four hours prior to the meeting.

d. Board Committee Reports

- Communication and Education Committee
- Program Committee
- Budget and Finance Committee

PLANNING AND ADJOURNMENT -----8:50 PM – 9:00 PM

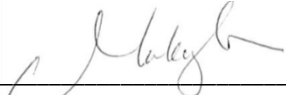
10. Future Meeting Planning and Adjournment – James Glica-Hernandez

a. Long Range Planning Calendar Discussion and Review

- LMHB Budget and Training

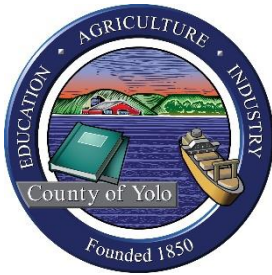
b. Next Meeting Date and Location – Monday, January 23, 2017, 7:00 – 9:00 PM in the in the Community Conference Room at 600 A Street, Davis, CA 95616.

I certify that the foregoing was posted on the bulletin board at 625 Court Street, Woodland CA 95695 on or before Friday, December 2, 2016.



Makayle Neuvert, Administrative Services Analyst
Local Mental Health Board Administrative Support Liaison
Yolo County Health and Human Services Agency

Item 4.
Approval of Minutes
from October 24, 2016



COUNTY OF YOLO

Health and Human Services Agency

Karen Larsen, LMFT
Director

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Local Mental Health Board Meeting Minutes

Monday, October 24, 2016, 7:00 PM – 9:00 PM
600 A Street, Davis, CA, 95616 – Conference Room

Members Present: Brad Anderson; Bret Bandley; James Glica-Hernandez; June Forbes; Martha Guerrero; Nicki King; Robert Schelen; Sally Mandujan; Supervisor Don Saylor; Ajay Singh; Tawny Yambrovich; Reed Walker; Tom Waltz

Members Excused: Richard Bellows; Juliet Crites; Lisa Cherubini

Staff Present: Karen Larsen, HHS Director, Mental Health Director, and Alcohol and Drug Administrator
Makayle Neuvert, HHS Administrative Services Analyst, and LMHB Administrative Support
Adele Markey, Assistant Deputy to Supervisor Don Saylor

CALL TO ORDER

1. Call to Order and Introductions: The October 24, 2016 meeting of the Local Mental Health Board (LMHB) was called to order at 7:00 PM; introductions were made.

2. Public Comment:

- A community member introduced as Antonia addressed the Board sharing that she would like to see universal healthcare include dual diagnosis treatment options are seemingly not available in Yolo County.
- Chris Maldoza commented that the Davis City Council rezoning of the Families First property is sending a strong message to the mental health community.
- Nancy Temple addressed the Board regarding the conservatorship of her son, noting her concern about the move of the Public Guardian's office into HHS. She expressed concern about how the process will go forward and how the Agency with support all the existing conservatee medical and care needs.

3. Approval of Agenda

Motion: Bob Schelen, **Second:** Bret Bandley, **Discussion:** Bob Schelen tabled his strategic plan update for a future meeting. James Glica-Hernandez retained the agenda topic for general discussion. **Vote:** Unanimous

4. Approval of Minutes from September 26, 2016

Motion: Nicki King, **Second:** Bret Bandley, **Discussion:** None, **Vote:** Unanimous

5. Member Announcements

- June Forbes shared a NAMI Yolo handout inviting all to the November 2, 2016 meeting featuring a presentation on Planned Lifetime Assistance Network.
- Karen Larsen spoke on behalf of MHSA Program Manager Joan Beesley, sharing that they are building Board and Care Residential as part of the MHSA Community Planning Process Work Group.

6. Correspondence

- A copy of the September 26, 2016 LMHB Letter to BOS Regarding the Recommendation to Approve 2016-17 Mental Health Budget was shared as part of the agenda packet.

TIME SET AGENDA

7. Mental Health Services Act (MHSA) Three-Year Program and Expenditure Plan for Fiscal Years 2017-2020, Community Planning Process Kick-off Presentation:

Roberta Chambers of Resource Development Associates (RDA) share a presentation with the group.

The following comments/proposal were captured:

- A focus group in West Sacramento was requested
- Dual diagnosis treatment was requested.
- Increased outreach to schools (K-12) was proposed in order to ensure access to services.
- Support for veterans who are not eligible for VA healthcare
- Refugees who will increasingly need services;
- Transportation for low income consumers
- A service navigator was proposed

7:45 PM CONSENT AGENDA

8. Mental Health Director's Report: The following item(s) were pulled from Karen Larsen's Mental Health Director's Report for additional discussion.

- Stepping Up Initiative: Locally this initiative has gained lots of attention and a multidisciplinary stakeholder discussion group has formed.
- MHSA 3 Year Plan: Nicki King shared concern over RDA's wide interaction in doing MHSA plans statewide, citing they were hired by the Mental Health Services Oversight and Accountability Committee (MHSOAC) to evaluate the community services portion at the State level. The concerned about the perception of potential conflict of interest with RDA both evaluating the statewide community planning process and doing work at the county level in certain jurisdictions. Supervisor Saylor acknowledged the concern over a conflict of interest and noted there is value in RDA's approach and work, with their wide experience. Discussion continued regarding the MHSOAC's rubric for quality and the rules surrounding the designated MHSA funding pots. Karen will follow-up to gather details and report back to the group.

- **Continuum of Care Reform:** This is a statewide initiative to have every county provide access to mental health services by January 1, 2017 for every child in foster care. Though there are some challenging aspects, all agree that 100 percent penetration and assessment for this population. Some steps include providing training for parents to provide in-home behavioral interventions. We have embedded 2 clinicians and 2 case managers in our CWS units. The spirit of the reform is to try to take these kids out of group homes and get services in the community. In Yolo County we have approximately 12 kids in group homes.
- **Budget:** June shared concerns about funding for Psychiatric Health Facility (PHF) and Institution for Mental Diseases (IMD) and frail elders being moved from facilities in order to be served by HHSA's In Home Support Services program. Karen assured the group that HHSA does not intend to pull out elders out of facilities but we need a good step down system in order to provide appropriate levels of care for all our patients.
- **Public Guardian:** Regarding the proposed consolidation of the Public Guardian's Office under HHSA, June inquired about the care plan for non-mental ill, frail elders currently under the care of the Public Guardian. Karen stated that there is no plan to do business any differently than it is currently done and HHSA additionally has the support of Adult Protective Services and In Home Support Services to augment the Public Guardian efforts. Under HHSA, the Public Guardian will have the ability to share administrative support and other resources. Karen also confirmed that there is currently one Public Guardian Officer and an additional Officer has been approved. Additional discussion continued citing individual member opinions around proposed staffing, economic impacts of the consolidation, and the position the LMHB has taken on the subject. Karen clarified certain communication plan details and reference the conflict resolution process. The draft Memorandum of Understanding (MOU) and conflict resolution process was shared with the LMHB's September meeting materials for review and feedback. Supervisor Saylor reminded the group that the topic was to be considered by the BOS on October 25 and mentioned a committee review that might be similar to what the LMHB suggested originally in their letter. Though the LMHB Program Committee Chair, Martha, noted that they previous considered the topic and felt comfortable with the transition under Karen's leadership, they would like to review the topic further and will report back.

REGULAR AGENDA

- 9. Board of Supervisors Report:** Supervisor Don Saylor shared the following updates:
- Supervisor Saylor thanked the group and shared appreciation for the effort and interest the Board takes. He applauded June and James for their participation in the recent Mental Illness Awareness week events.
 - In relationship to his participation on the BOS facilities Subcommittee he noted the approval of the tax credit for the MHSA housing project on Cottonwood and Beamer, citing that demolition is nearly complete.
 - With Emily Henderson's departure from the District 2 BOS offices, Supervisor Saylor introduced Adele Markey his new Assistant Deputy followed by details on her background and experience. See Adele's contact information below:

Assistant Deputy Adele Markey
530-757-5556
adele.markey@yolocounty.org

10. Chair Report – James Glica-Hernandez

- a. LMHB Strategic Plan Update and Deadline: Board members were asked to consider finalizing the Strategic Plan in January. Hearing no disagreement, James and Bob invited other interested members of the Board to support the Strategic Plan effort. Tawny expressed interest and an update will be shared in December.
- b. Review of Draft 2017 Meeting Calendar: The Board reviewed the proposed 2017 meeting calendar, specifically discussing the recess proposed for July.
Motion: Sally Mandujan, **Second:** Ajay Singh, **Discussion:** In some past years, the August regular meeting has been cancelled due to vacation schedules and quorum issues. Members of the Board noted the importance of meeting at this time point related to the County budget adoption process and the LMHB's ability to weigh in on related matters. With support of a July recess, the proposal of a LMHB Budget and Finance Committee special meeting in July was made. **Vote:** Passes with two abstentions (Bob Schelen and Tawny Yambrovich).
The final 2017 Meeting Calendar will return at the next meeting for approval.
- c. Discussion of Board Committee Responsibilities and Assignments: All members were asked to review the LMHB committees and consider the assignments.
- d. Legislative Ad Hoc Committee Report: The agenda packet attachments (click [here](#) and scroll to page 37) were referenced and all were encouraged to review and read through bills directed at juveniles and psychotropic medications.
- e. Board Committee Reports
 - Communication and Education Committee: None
 - Program Committee: Next meeting to be scheduled on December 5.
 - Budget and Finance Committee: None

PLANNING AND ADJOURNMENT

11. Future Meeting Planning and Adjournment – James Glica-Hernandez

- Long Range Planning Calendar Discussion and Review: The LMHB's Long Range Planning Calendar was discussed and will be reviewed at each meeting as part of the future meeting planning topic.
- 2016 LMHB Annual Report to the BOS: A proposal was supported to move the Annual Report to the BOS to April, to occur just prior to the annual election of LMHB officers.
- The next regular LMHB meeting will be held on Monday, December 5, 2016* 7:00 – 9:00 PM in the Arthur F. Turner Community Library Meeting Room, 1212 Merkley Avenue, West Sacramento, CA 95691.

**In observance of the holiday season, this meeting occurrence has been adjusted to combine the November and December regular monthly meetings.*

- The meeting was adjourned at 9:10 PM.

Item 6.
Mental Health Director's Report

Yolo County Health and Human Services Agency

BEHAVIORAL HEALTH SERVICES

Local Mental Health Board Mental Health Director's Report December 5, 2016

Mental Health Services Act 3 Year Planning Process / Research Development Associates

On November 22, Karen Larsen presented to the Board of Supervisors about the Mental Health Services Act (MHSA) 3 Year Plan process and asked for their feedback and participation in the upcoming community forums. The Board of Supervisors seemed very interested in seeing data before approving the next plan. Additionally, HHSA has looked into the concerns regarding the plan consultants, Research Development Associates (RDA) and a potential conflict. RDA's Roberta Chambers clarified that RDA did in fact enter into a contract with the Mental Health Services Oversight and Accountability Commission (MHSOAC) to evaluate community planning processes, but this work was completed prior to Yolo MHSA's last 3 year planning process. At the time of the evaluation, RDA was not performing community planning for counties, but had earlier worked with one county. The issue of conflict of interest was discussed with the MHSOAC before the contract was finalized. In the end, RDA did research for the MHSOAC on best practices in community planning, which was included in their report, and of course, potentially benefits all counties (including those who work with RDA). RDA facilitated community planning with 3 counties last year, but only one this year—Yolo. The MHSOAC evaluation in question was completed well over 3 years ago and did not evaluate work RDA had done for Yolo County.

Public Guardian

On November 22, the Board of Supervisors heard the first reading of the ordinance transferring Public Guardian to HHSA. Karen Larsen, Carolyn West, and Julie Barga presented to the Board of Supervisors in terms of next steps, what we are doing to ease the transition, and ways to mitigate potential conflicts. We will be returning to the Board of Supervisors on December 13 to discuss options for an Ombudsman for Public Guardian as well as other HHSA services. ([Click here to view the meeting video](#))

Child Welfare Services

On November 22, Karen Larsen, staff, and consultants from Child and Family Policy Institute of California presented the final workshop on Child Welfare Services to the Board of Supervisors. The presentation covered 8 key focus areas included in our action plan and requested additional resources to support these efforts. Some of the resources requested were to support increased mental health access for children in the Child Welfare system.

5150s

The County is in the midst of resolving issues associated with 5150s and West Sacramento Police Department (WSPD). In August 100% of all WSPD 5150s began going to Sutter Davis Hospital due to the fact that WSPD must transport to nearest hospital. Sutter Davis Hospital has seen a 30% increase in volume since August and are struggling to keep up with the pace and keep all patients and staff safe. As a temporary fix we have allowed Sutter to go on diversion as well as to alternate odd and even days with Woodland Memorial with 5150s coming from WSPD. We are attempting to resolve this issue, support Sutter and ensure the best possible care for our residents in crisis. Sutter hopes to have increased staffing support by March 1, 2017.

Homelessness

We have several exciting opportunities to assist us in reducing homelessness in Yolo County. Partnership Healthplan, Sutter Health, Proposition 47, and Board of State Community Corrections all have initiatives aimed at supporting housing for persons experiencing homelessness or involved in the criminal justice system. These opportunities, in addition to our work with the cities within Yolo County may very well result in a significant increase in housing options locally.

Stepping Up Initiative

Our County workgroup continues to meet regarding the strategic plan goal of “Creating a Continuum of Care from Prevention through Intensive Services.” A Yolo County delegation will be attending the California Stepping Up Summit in Sacramento, January 18-19. We have identified key participants for each of the intercepts within the criminal justice system. These sub-committees will begin to meet and develop strategies for reducing the numbers of mentally ill in custody in Yolo County.

Drug Medi-Cal Organized Delivery System

We are putting the final touches on our implementation plan for the Drug Medi-Cal Organized Delivery System. This plan will be submitted to the California Department of Health Care Services within the week.

Mental Health Wellness Center

Construction has begun on the Wellness Center remodel at the Bauer Building.

Item 9-a.

Approval of Draft 2017 Meeting Calendar

Year

2017

Yolo County Local Mental Health Board

January						
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Regular Meeting
 Committee Workshops
 Public Forum
 County Holiday

JANUARY 23, 2017 - DAVIS
 Community Conference Room, 600 A Street
 7:00 – 9:00 PM Regular Meeting

FEBRUARY 27, 2017 - WEST SACRAMENTO
 AFT Library Community Meeting Room, 1212 Merkley Avenue
 7:00 – 9:00 PM Regular Meeting

MARCH 27, 2017 - WOODLAND
 Bauer Building, Thomson Conference Room, 137 N. Cottonwood Street
 7:00 – 8:00 PM Regular Meeting / 8:00 – 9:00 PM Committee Workshops

APRIL 24, 2017 - DAVIS
 Community Conference Room, 600 A Street
 6:00 – 7:00 PM Public Forum / 7:00 – 9:00 PM Regular Meeting

MAY 22, 2017 - WEST SACRAMENTO
 AFT Library Community Meeting Room, 1212 Merkley Avenue
 6:00 – 7:00 PM Public Forum / 7:00 – 9:00 PM Regular Meeting

JUNE 26, 2017 - WOODLAND
 Bauer Building, Thomson Conference Room, 137 N. Cottonwood Street
 6:00 – 7:00 PM Public Forum / 7:00 – 8:00 PM Regular Meeting
 8:00 – 9:00 PM Committee Workshops

JULY - BOARD RECESS

AUGUST 28, 2017 - WEST SACRAMENTO
 AFT Library Community Meeting Room, 1212 Merkley Avenue
 7:00 – 9:00 PM Regular Meeting

SEPTEMBER 25, 2017 - WOODLAND
 Bauer Building, Thomson Conference Room, 137 N. Cottonwood Street
 7:00 – 8:00 PM Regular Meeting / 8:00 – 9:00 PM Committee Workshops

OCTOBER 23, 2017 - DAVIS
 Community Conference Room, 600 A Street
 7:00 – 9:00 PM Regular Meeting

DECEMBER 4, 2017 - WEST SACRAMENTO
 AFT Library Community Meeting Room, 1212 Merkley Avenue
 7:00 – 9:00 PM Regular Meeting

Item 10-a.
Long Range Planning Calendar
Discussion and Review

Yolo County Local Mental Health Board

Meeting Date	Agenda Item	Agency / Presenter	Category 1: Timing	Category 2: Type	Category 3: Action
10/24/16	Long Range Planning Calendar: Discussion of responsibility for follow-up	James Glica-Hernandez	Past	Discussion	Supported
10/24/16	Presentation by Resource Development Associates (RDA) to kick-off of the Community Planning Process for the MHSA Three-Year Program and Expenditure Plan for Fiscal Years 2017-2020	RDA	Past	Presentation	Received
12/05/16	Strategic Plan Update	Bob Schelen / Tawny Yambrovich	Planned	Update	
12/05/16	2017 LMHB Meeting Calendar Approval	James Glica-Hernandez	Planned	Adoption	
12/05/16	Continued Discussion of Board Committee Responsibilities, Assignments, and Ad Hoc Committee Topics	James Glica-Hernandez	Planned	Discussion	
01/23/17	Final Strategic Plan Presentation	Bob Schelen / Tawny Yambrovich	Planned	Presentation	
02/27/17	TBD				
03/27/17	COMMITTEE WORKSHOP	All	Planned	Committee Meetings	
04/24/17	Annual Report Approval	Executive Committee	Planned	Recommendation	
04/24/17	Public Forum	CEC	Planned	Public Forum	
05/22/17	Behavioral Health Services Budget Presentation	HHSA	Proposed	Presentation	
05/22/17	Public Forum	CEC	Planned	Public Forum	
05/22/17	Election of Officers: BYLAWS SECTION X: OFFICERS <i>The officers shall be a chairperson and a vice-chairperson who shall be Mental Health Board members and who shall serve on a yearly basis and be subject to election by a majority of the Board present and voting by a majority of the Board present and voting in May of each year. A secretary may be elected, unless secretarial staff is otherwise provided.</i>	All	Planned	Adoption	
06/26/17	Public Forum	CEC	Planned	Public Forum	

Yolo County Local Mental Health Board

Meeting Date	Agenda Item	Agency / Presenter	Category 1: Timing	Category 2: Type	Category 3: Action
06/26/17	COMMITTEE WORKSHOP	All	Planned	Committee Meetings	
08/28/17	Approval of LMHB Recommendation on the BHS Recommended Budget	All	Planned	Recommendation	
09/25/17	COMMITTEE WORKSHOP	All	Planned	Committee Meetings	
10/23/17	TBD				
12/04/17	2018 LMHB Meeting Calendar Approval	James Glica-Hernandez	Planned	Adoption	
TBD	YCCC Presentation	Suggestion	Proposed		
TBD	TBD	Suggestion	Proposed		
TBD	Rose King, Mental Health Activist	Suggestion	Proposed		
TBD	CSOC overview including contracted services (CCHC, YFSA, TPCP)	Suggestion	Proposed		
TBD	AOT Update	TPCP: Diana White; Al Rowlett	Suggested		
TBD	Mike Summers, CIT Training Presentation	Suggestion	Proposed		