



COUNTY OF YOLO

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Winters Community Library Partners with Family Hui

(Woodland, CA) – In partnership with Family Hui, a non-profit organization, the Yolo County Library is offering a new mindful parenting program on Thursdays starting on January 12 from 9:30 to 11:00 a.m. at the Winters Community Library, located at 708 Railroad Avenue in Winters. The January 12 program will be facilitated by former participant, Martha Lopez.

In traditional Hawaiian culture, families support each other and share experiences in a cooperative group, known as a Hui, which is a valuable way for families and communities to unite and work together for a shared purpose. The new Family Hui program will run for a limited time from January to April and is geared towards families with children ages 0-5. Participants will celebrate the joys of parenting and learn how to address stress in healthy ways while building healthy families and communities in their area. There will also be opportunities to share positive parenting and early learning or child development experiences with each other.

“It’s about not being alone in this parenting experience,” says Family Hui Program Director Lucy Morse Roberts. “The unique nature of this program helps parents to better understand themselves so they can better understand their children and to help prepare their little ones for a successful school experience.”

“We are excited to work with Family Hui,” says Yolo County Librarian Patty Wong. “By supporting each other and sharing experiences we are building connections and strengthening our communities.”

The Yolo County Library supports families of all shapes and sizes in our communities and partnerships with organizations such as Family Hui and First 5 Yolo. This program is made possible by a First 5 Yolo community grant. For more information or to register for this program, contact Toni Mendieta at (530) 795-4955 or visit the branch’s information desk. Space is limited. Visit the Yolo County Library at: www.yolocountylibrary.org (see calendar for Winters Community Library-specific events) or connect with the Yolo County Library on Facebook at: www.facebook.com/yolocountylibrary.org.

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