

Yolo County MCAH Advisory Board

January 18, 2017
Retreat Minutes

STEPHEN NOWICKI, CHAIR
CAROLYN CAMPOS, VICE-CHAIR

YOLO COUNTY HEALTH AND HUMAN SERVICES AGENCY

YOLO COUNTY ERWIN W. MEIER ADMINISTRATIVE BUILDING
625 COURT STREET
#B02 ATRIUM TRAINING ROOM
WOODLAND, CA 95695

The Yolo County MCAH Advisory Board met on the 18th Day of January 2017 in the Atrium Training room at the Yolo County Erwin W. Meier Administrative Building at 625 Court Street, Woodland, CA at 8:30 a.m.

VOTING MEMBERS PRESENT: Cheryl Boney, MPH, RD, UC Davis; Carolyn Campos RN, Sutter Davis Hospital; Jessica Cerniak, Psy.D., The Chicago School of Professional Psychology; John McKean, MD; Kathleen Middings, RN, Woodland Joint Unified School District; Stephen Nowicki, MD, PhD, FAAP; Dignity Health Woodland Health Care; Nichole Sturmfels, Community Member

VOTING MEMBERS ABSENT: Barbara Boehler, CNM, CommuniCare Health Centers; Jenifer Newell, RN, Sutter Davis Hospital; Willy Onate, Yolo County Children’s Alliance; Tia Will, MD, Kaiser Permanente

STAFF & GUESTS PRESENT: Jan Babb, MSN, RN, PNP, HHSA Branch Director, Community Health; Katherine Barresi, Partnership HealthPlans of California; Lizeth Betancourt, HHSA; Tony Buffington, UC Davis School of Veterinary Medicine; Bambi Eagle, Northern Valley Indian Health; Sarah Edson, First 5 Yolo; Sarah Favila, Sutter Davis Pediatrics; Sara Gavin, CommuniCare Health Centers; Jessica Hackwell, Partnership HealthPlan of California; Ramy Hussein, HHSA; Monica Koenig, HHSA; Ashley Logins-Miller, Secretary, HHSA; Cindy Martin, HHSA; Laura Martinez, Community Medical Centers; Jaime Ordonez, HHSA; Laurie Somerhausen, HHSA; Anna Sutton, RN, PHN, MSN, HHSA; Susan Torres, Community Medical Centers;

8:30 A.M. CALL TO ORDER

1. **WELCOME AND INTRODUCTIONS** – *Stephen Nowicki, Chair*
The January 18, 2017 MCAH Advisory Board Retreat was called to order at 8:40 a.m., at which time around the table introductions occurred and quorum was confirmed.
2. **CONSIDER APPROVAL OF AGENDA** – *Stephen Nowicki, Chair*
Motion: **Second:** **Discussion:** None **Vote:** Unanimous
3. **APPROVE THE [NOVEMBER 16, 2016 MINUTES](#)** – *Stephen Nowicki, Chair*
Motion: Jessica Cerniak **Second:** John McKean **Discussion:** Correct the date in the header on the minutes. **Vote:** Unanimous
4. **PUBLIC COMMENT**
None at this time
5. **REVIEW PACKET – JAN BABB**
Packet included copies of:
 - [Membership Rosters](#)
 - Roles & Responsibilities
 - Mission & Vision
 - [Platform statement](#)
 - Ordinance
 - HHSA Org Chart
 - [Board of Supervisors calendar](#)
 - [Board of Supervisors Assignments](#)
6. **ELECTION OF OFFICERS AND HEALTH COUNCIL REPRESENTATIVE – JAN BABB**
Stephen Nowicki & Carolyn Campos are willing to continue to be chair and vice-chair. Kathleen Middings will stay as the Health Council representative.

Motion: **Second:** **Discussion:** None **Vote:** Unanimous

7. APPROVE 2017 CALENDAR – STEPHEN NOWICKI

HANDOUT: PROPOSED [2017 MCAH ADVISORY BOARD CALENDAR](#)

- The topics listed in February are actually for Health Council. It is proposed that February’s meeting be a continuation of today’s discussions.

8. 2016 MCAH ADVISORY BOARD HIGHLIGHTS – STEPHEN NOWICKI

- 2016 Blue Dot Photo
- Welcomed new members, Carolyn Campos, Cheryl Boney, Nichole Sturmfels; Ron Greenwood, and Willy Onante

Received the following presentations:

- Community Health Branch Strategic Map; Jan Babb, Yolo HHSA
- MCAH Data; Jan Babb, Yolo HHSA
- ACEs and Maternal Health; Anna Sutton, Yolo HHSA
- Help Me Grow; Jennifer Travis, Help Me Grow
- Overview of Yolo County Mortality Report Highlighting MCAH Implications; Haydee Dabritz, Yolo HHSA
- Childhood Vaccination and SB 277 Briefing; Katie Kelsch and Shauna Michaud, Yolo HHSA
- Child Abuse Prevention Work; Natalie Audage, Child Abuse Prevention Coordinator
- HHSA Sugar Sweetened Beverages Consumption Reduction; Laurie Somerhausen, Yolo HHSA
- Perinatal Mental Health Collaborative Annual Report; Anna Sutton, Yolo HHSA
- Community Health Improvement Plan (CHIP) Update; Emily Vaden, Yolo HHSA
- Yolo County Accreditation Update; Emily Vaden, Yolo HHSA
- Follow-up on Protective Factors and Resiliency Promotion; Stephen Nowicki
- Communities of Excellence in Tobacco Control: Partnering to Conduct the 2017-2010 Community Needs Assessment; Steve Jensen, Yolo HHSA
- Autism Services; Katherine Barresi, Partnership HealthPlan of California
- Help Me Grow; Jennifer Travis, Help Me Grow

PRESENTATIONS

9. COMMUNITY HEALTH ASSESSMENT/MCAH DATA REFRESH – Jan Babb

HANDOUTS

[JANUARY 2017 COMMUNITY HEALTH BRANCH REPORT](#)

POWERPOINT: [COMMUNITY HEALTH ASSESSMENT/MCAH DATA REFRESH](#)

- Today’s data presentation focuses specifically on the social determinants of health. If MCAH Advisory Board would be interested in other data, Jan can provide additional information in February.

10. BEHAVIORAL HEALTH CONTINUUM OVERVIEW: LEVELS OF NEED AND SYSTEM OF SERVICES – Stephen Nowicki

HANDOUT

POWERPOINT: [SYSTEMS OF CARE TO ACCESS BEHAVIORAL AND DEVELOPMENTAL HEALTH SERVICES](#)

- One of the biggest effects of ACA has been access to behavioral health; 63 million people gained access to behavioral health services.
- Jessica Cerniak encouraged the Board to consider sexual orientation when discussing stigma, as well as the lifespan and make up of a family.

11. BEHAVIORAL HEALTH SERVICES FOR PARTNERSHIP MEMBERS – Katherine Barresi**HANDOUT**POWERPOINT: [MENTAL HEALTH BENEFIT OVERVIEW](#)

- Currently the Northern regions of California are piloting tele-health, which is being accessed regularly. There does have to be an agreement with an FQHC for these tele-psyc visits to occur. In addition, there has to be a licensed staff on hand in case of a crisis.
- Beacon also provides translation services.

ACTION ITEM:

- Katherine Barresi to provide data on the number of providers and wait times for Yolo County.

12. MOVING BEYOND DEPRESSION REPORT OUT – Anna Sutton & Therapy Team**HANDOUT**POWERPOINT: [MOVING BEYOND DEPRESSION](#)

- Anna Sutton shared that CommuniCare will be the therapy team for Moving Beyond Depression.
- In August, the therapy team traveled to Ohio for training. Then in November, the three home visiting programs (AFLP, Nurse Home Visiting, and Step by Step) were trained. Now the Moving Beyond Depression leadership team, made up of supervisors from the home visiting teams, the treatment team, and Anna and Monica) have started their quarterly meetings.
- As a reminder, Moving Beyond Depression is a two year evidence-based pilot program. Data will be collected from both the home visiting teams as well as the therapy teams. Data will be used to document outcomes and to help make the case for continuance of the program.
- The therapy team has received their first referral, and some processes are being finalized. It is important to note that the clients must be referred from one of the three home visiting programs.
- There are other counties in California that have also implemented this program and Yolo County will continue to work with those counties to see what challenges and successes arise.

13. DISCUSSION OF PRIORITY AREAS FOR MCAH ADVISORY BOARD IN 2017 – Stephen Nowicki

- The Board discussed what topics may be of interest in 2017 including:
 - LGBTQ Cultural Competency
 - Cheryl could provide a presentation about the services offered at the UCD campus.
 - Mental Health Services for Moderate to Severe
 - MHSA Plan

14. SUBCOMMITTEE FOR MCAH REPORT TO BOARD OF SUPERVISORS – Stephen Nowicki

- In November, Kathleen and Jessica volunteered to work on the Board of Supervisors report with Dr. Nowicki. It is proposed that the presentation will be in March. The February agenda will include a review of the draft report.

ANNOUNCEMENTS**15. ANNOUNCEMENTS**

- **Stephen Nowicki:** Dignity Health recently lost out on hiring two developmental pediatricians. In addition, working on getting the Beacon contract nailed down. Looking to hire two adult psychiatrists. There is also great interested in the perinatal mental health work.
- **Jaime Ordenez:** Just last week it was announced that the CCS redesigned will be delayed. Phase one will be taking place in July 2018. Phase two, which includes Yolo County, will take place in January 2019.

- **Monica Koenig:** The next CPSP Roundtable will be April 20, 2017 from 11:30 – 1 at Dignity Health. The focus will be on Zika Material and Pediatric issues. The next FIMR meeting is February 9th.
- **Laura Martinez-Chavez:** reminded the group that Esparto Family Practice, Community Medical Centers has expanded to 30 hours a week. In addition, Susan, who is a LCSW, will be in Esparto weekly now.
- **Laurie Somerhausen:** WIC is settling into the new Woodland space. Over the holidays, there was an expected decline in services and outreach work is continuing. Please continue to refer to WIC. Over the next year there will be adjustments to processes spearheaded by the State. Laurie is also part of the Statewide team that review e-WIC services. The pilot for a new electronic system including electronic benefits will be starting in Solano in 2018.
- **Lizeth Betancourt:** The Breastfeeding Peer Counselor program works to enroll moms during pregnancy to build report and support for the mom around breastfeeding. In addition, the Peer Counselor also helps facilitate a connection to resources. The program has been expanded to include all WIC moms, not just first time moms.

Last week was the Breastfeeding Coalition meeting. Partnership will be providing pumps to moms on Partnership. In addition WIC still has pumps to provide as well.

- **Katherine Barresi:** It is HEDIS season, which is a quality assurance process. Partnership is actively engaged in getting the data from providers.
- **Sarah Edson:** Champions for Children has great community partners that have expressed a desire to utilize donations with partners and agencies. If there are programs that need additional funding, please bring it to the attention of First 5 so that they can help pair funding sources with need. One program that has already been funded is Family Violence Prevention through the DA's office. There will be a funded partner roundtable that will forecast where programs are going and making plans for future funding efforts. The State First 5 Association has hired one person to facilitate Help Me Grow across all counties.
- **Anna Sutton:** Influenza season has started but it is not too late to get your flu shot. Please remember it takes two weeks to get immunity. In addition, referrals for Zika testing continue to come in.

ADJOURNMENT

Next Meeting, February 15, 2017

- Review proposed Board of Supervisors Presentation
- Presentation covering Mental Health Services for Moderate to Severe

11:40 A.M. ADJOURNMENT

Respectfully submitted by:



Ashley Logins-Miller, Secretary
Yolo County MCAH Advisory Board