



COUNTY OF YOLO

Health and Human Services Agency

Healthy Yolo: Healthy Aging Work Group

Minutes

Date & Time: January 19, 2017 9:00 - 11:00 a.m.
Location: Gonzalez Building, Community Room, 25 N. Cottonwood St, Woodland
Organizer: Emily Vaden
Attendees: Betsy Campbell, Partnership HealthPlan of California; Ron Chapman, HHS; Amy Dyer, HHS;
 Jessica Hackwell, Partnership HealthPlan of California; Ashley Logins-Miller, HHS;
 Teresa Ogan, Multipurpose Senior Services; Valerie Olson, Yolo Health Aging Alliance;
 John Troidl, Yolo Health Aging Alliance; Emily Vaden, HHS

1) Welcome & Introductions

- Emily welcomed the group and around the table introductions were performed.
- Emily reviewed the CHIP process to date:
 - In 2014 the Community Health Assessment (CHA) was completed. From that, priority areas were identified.
 - Workgroups were assembled around the priority areas, assembled, CHIP was written with goals for each workgroup. Of partners that attended, strategies were developed to address those five year goals.
 - Programs and partners report out data based on the strategies on a quarterly basis

2) Data Sharing

- See Dashboard at www.HealthyYolo.org for updated data.

GOAL & STRATEGY	RESPONSIBLE PERSON	MEASURES	DATE RANGE OF DATA
1A		% of (workshop) participants who reported planning to apply fall prevention strategies	Jan – Dec 2016
1B	Sheila Allen	# of cities with universal design in their housing code	Jan – Dec 2016
1B	Sheila Allen	# of cities with affordable housing policies	Jan – Dec 2016
2A	Kim Heuvelhorst	# of hits on 211 site/database for older adult services	Oct – Dec 2016
3A	Janeen Thorp	# of one way rides redeemed by voucher	July – Sept 2016 Oct – Dec 2016
4A		% of (workshop) participants who reported planning to apply chronic disease management skills	Quarterly

- The **Healthy Living for Older Adults Program** was previously run by Lisa Musser. Amy Dyer will be taking over the program and there will be some changes in the structure of the program. There will no longer be a home visiting portion; instead the focus will be on workshops around chronic disease self-management. There is no data to report out currently and the measures will be adjusted. There is partial data available for both at the moment.
- Due to organizational and staffing changes, there is no representative for **211 Yolo**. Emily is working to identify a new contact.

3) Annual Review and Report

- Emily shared that this has wrapped up the first year of data reporting for CHIP. This has been an amazing first year that included the implementation of the web based dashboard system. This

Dashboard has been shared with the Board of Supervisors and in many other meetings. It is great to see both the successes and challenges in the measures.

- The team discussed the draft 2016 CHIP Annual Report that was sent out via email earlier this week. The Annual Report serves multiple purposes:
 - Reflect on what has and has not worked for each strategy.
 - A communication tool for the community
- The following feedback was given in regards to the Annual Report
 - The Call to Action should be more specific and apparent. May move to the front. It was suggested to put the cross cutting verbiage outside of the boxes.
 - Have a more printer friendly version.
 - For more space, put the quotes on the back.
 - Fix the name – It is Yolo Healthy Aging Alliance.
 - It is nice that it shows the strengths and vulnerabilities.
 - If going to highlight one section, highlight the falls section.
- Brainstorming of distribution list
 - Website
 - Facebook
 - Distribution lists
 - Meals on wheels and/or Elder Nutrition, possible distribute to the seniors who receive services.
 - Senior Centers
 - Churches
 - Schools
 - Dr. Offices/Providers
 - Senior Housing
 - City Government
 - 211 – have it distributed to those listed in senior services
 - Adult Day Health
 - Service clubs
 - Veterans
 - Melinda Ruger (harm reduction services)
 - Multipurpose senior services
 - Paratransit
 - Care cars
 - Health plans
 - IHSS & several private agencies that provide those services
- Valerie will forward the Resource Guide that was developed regarding services for seniors.
- John will communicate to Sheila Allen to follow up from the meeting and request for participation for other agencies and entities that have data.

4) Health Outcome Targets

- Health Outcomes are the community level indicators that the workgroups are keeping an eye on; they are the “why” of the strategies.
- When the Health Outcome measures were entered into the Dashboard system, the State data was entered as the target. At the October Joint Workgroup meeting, Emily led the group in an activity to identify more appropriate targets for the measures where Yolo County is already doing better than the State. Additional areas that we could look for targets include Healthy People 2020, or program targets.
- Today, we are going to work on identify targets for the remaining Health Outcomes where Yolo County is performing better than the State and Healthy People 2020.

HEALTH OUTCOME	TARGET	METHOD	NOTES
Rate of Hospitalizations Due to Falls	5% decline each year	Average of decrease between 2008-2014	
Rate of colon cancer hospitalizations	2% decline per year	The State averaged a decrease of 2-3% per year	

- Emily shared that the health outcomes under “Increase Access to Services” are from the Health Care Access Survey. This survey was completed through the County and was originally planned to be repeated ever two years. Due to workload and staffing capacity, it has not been feasible to repeat this survey yet and having this single data point does not add to the strength of the CHIP. For now, it was decided that those measures would be hid from the Dashboard, to be added back when the survey is able to be completed again.
- It was shared that there could be additional data points found at CMS.gov, which is the hospital data for the Medi-Cal population.

5) Program Updates

- Teresa Ogan shared about Multipurpose Senior Services. They serve Sacramento, Yolo, and Placer Counties by providing case manager and care advocacy for low income seniors with a goal to connect them to services to enable them to stay in their homes.

6) Questions and Next Steps

- As a reminder, the Annual Report will be edited then shared with the Mental Health work group next week. After that final review, it will be finalized. Once it is finalized, an email will go out with the final report at which point, please feel free to share it.
- April will be a joint workgroup meeting, which will include more discussion on the plan for 2017.
- Please continue to invite other partners to attend and join the workgroups.

Next meeting is a Joint Work Group meeting
 April 26, 2017
 9:00 – 11:00 A.M.
 Gonzalez Building, Community Rooms
 25 N. Cottonwood Street, Woodland