

# County of Yolo Health and Human Services Agency



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SPECIALTY MENTAL HEALTH SERVICES  
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## HHSA- Specialty Mental Health Services

- **Children and Adult Specialty Mental Health Services** are provided to consumers who are severely mentally ill (SMI) or severely emotionally disturbed (SED) based on their diagnosis, their medical necessity and their level of functioning
- These services are provided to Yolo County residents who have Medi-Cal and/or Medicare benefits, or who are indigent

## How Clients Access Services

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- Clients/Families call the Access Line
- Clients/Families are referred by their outside provider
- Clients are referred by Beacon
- Other Access points within HHSA: Walk-in, Crisis Clinician, Discharge Planning, Homeless Team, Probation, APS and CWS

## Triage Services

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- Initial screening to ensure that individuals are linked to the correct level of care and support
- First point of contact for individuals seeking mental health services
- Allows for timely access to appropriate mental health care
- During a triage clients are screened to determine the severity of mental health symptoms:
  - History of risk indicators
  - History of psychiatric symptoms and behaviors
  - Changes in mood or activity, or a significant deterioration in basis functioning
  - Psychiatric hospitalization history
  - History of substance abuse

# Triage Services

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- Clients whose needs can be met by a lower level of care will be referred to an outside provider
- Clients who meet criteria for Specialty Mental Health Services will be referred for an assessment through Yolo County HHSA / Alcohol Drug and Mental Health for further evaluation on diagnosis, significant impairments, and specific interventions required to improve the condition
- Based on the outcome/ recommendation of the assessment the client will be referred to the appropriate team or contracted provider

# Teams

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## Adult Moderate Intensity Team

- Clinic based specialty mental health services for SMI adults, but can also include intermittent field based case management services to maintain linkage to psychiatric care and community resources.

## Adult Full Service Partnership Team

- An intensive and comprehensive clinic or field-based mental health service for individuals experiencing significant serious mental illness (SMI).

## Older Adult Team

- Provides both Moderate Intensity services and Full Service Partnership for clients 60 and older

# Teams

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## Adult Forensic Team

- Forensic Services include Mental Health Court, mental health and substance use disorder assessments of individuals in custody/incarcerated, and misdemeanor competency restoration services.

## Homeless Services Team

- A wide array of collaborations and interventions for individuals experiencing homelessness in Yolo County. Services also include outreach, addressing immediate/critical needs, and assuring linkage to an appropriate system of care.

# Teams

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## Transitional Age Youth Services

- Provides both Moderate Intensity services and Full Service Partnership for clients (ages 18-24)

## Wellness Center

- Designed for both transition-age youth and adults. Offers a variety of rehabilitative services, skill-building groups, and a computer labs with internet access. Consumers are encouraged to engage in wellness and recovery activities. The Wellness Centers are drug- and alcohol-free environment.

## Children's Mental Health Team

- Provides both Moderate to Severe Intensity services for clients (ages 0-25) involved with Child Welfare Services.

## Contracted Providers

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### Turning Point Community Programs

1. Therapeutic Behavioral Services
2. Community Based Services
3. Bridges- Family Advocates and case management
4. Portal- Transitional Age Youth and/or youth who identify as LGBTQ
5. \*Assertive Community Treatment- Adults Full Service Partnership

## Contracted Providers

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### CommuniCare

1. Wraparound
2. School Based
3. Youth Services (EPSDT)

### Yolo Family Services Agency

1. Youth Services (EPSDT)
2. School Based

# Other Services

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## Crisis

- Individuals may receive: crisis risk assessment, referrals to County services including contract and/or community resources, education, and when necessary, evaluations for hospitalization.

The toll free CRISIS and ACCESS line is available 24/7: (888) 965-6647 / TDD (800) 735-2929