



COUNTY OF YOLO

Office of the County Administrator

Patrick S. Blacklock
County Administrator

Beth Gabor
Manager of Operations & Strategy

625 Court Street, Room 202 ▪ Woodland, CA 95695
(530) 666-8042 ▪ FAX (530) 668-4029
www.yolocounty.org

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Contact: Beth Gabor, Public Information Officer
(530) 666-8042 [w] ▪ (530) 219-8464 [c]

Arthur F. Turner Community Library Welcomes New Family Hui Program

(Woodland, CA) – The Yolo County Library is again partnering with Family Hui, a nonprofit organization, to bring mindful parenting on Fridays starting February 24 from 12:30 p.m. to 2:00 p.m. at the Arthur F. Turner Community Library, located at 1212 Merkley Avenue in West Sacramento.

In traditional Hawaiian culture, families support each other and share experiences in a cooperative group, known as a Hui, which is a valuable way for families and communities to unite and work together for a shared purpose.

For 12 weeks families with children ages 0-5 are welcome to attend this free program that supports, encourages and celebrates the joys of parenting while also teaching how to address parenting stress in healthy ways. There will also be opportunities to share positive parenting and early learning or child development experiences with each other. In addition, participants will receive a tour of the branch, learn about available resources, and be able to sign up for a library card.

The Yolo County Library supports families of all shapes and sizes in our communities and partnerships with organizations such as Family Hui and First 5 Yolo. This program is made possible by a First 5 Yolo community grant. For more information about this program, contact Regan Overholt at: (530) 867-1426. Visit the Yolo County Library at: www.yolocountylibrary.org (see calendar for Arthur F. Turner Community Library-specific events) or connect with the Yolo County Library on Facebook at: www.facebook.com/yolocountylibrary.org.

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