



# COUNTY OF YOLO

Health and Human Services Agency

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## Local Mental Health Board Meeting Minutes

**Monday, January 23, 2017, 7:00 – 9:00 PM**  
**600 A Street, Davis, CA, 95616 – Conference Room**

**Members Present:** Brad Anderson; Bret Bandley; Juliet Crites; James Glica-Hernandez; June Forbes; Martha Guerrero; Richard Bellows; Robert Schelen; Sally Mandujan; Supervisor Don Saylor; Ajay Singh; Tawny Yambrovich; Reed Walker; Tom Waltz

**Members Excused:** Lisa Cherubini; Nicki King

**Staff Present:** Karen Larsen, HHSA Director, Mental Health Director, and Alcohol and Drug Administrator  
Makayle Neuvert, HHSA Administrative Services Analyst, LMHB Administrative Support  
Laurie Haas, HHSA Chief Deputy Public Guardian

### CALL TO ORDER

1. **Welcome and Introductions:** The January 23, 2017 meeting of the Local Mental Health Board was called to order at 7:00 PM. Introductions were made. Karen Larsen took this opportunity to introduce Laurie Haas the new Chief Deputy Public Guardian.
2. **Approval of Agenda**  
**Motion:** Richard Bellows, **Second:** Bret Bandley, **Discussion:** None, **Vote:** Unanimous
3. **Public Comment**
  - On behalf of Jill Cook, Deputy County Administrator, Karen Larsen shared a flyer inviting the group to participate in an upcoming community conversation about cannabis.
4. **Approval of Minutes from December 5, 2016**  
**Motion:** Ajay Singh, **Second:** Richard Bellows, **Discussion:** None, **Vote:** Unanimous
5. **Member Announcements**
  - Tawny Yambrovich shared discontent with her participation in the recently held Strategic Plan Ad Hoc Committee Meeting. She stated that it was a negative experience and she was not allowed input on the document to be shared later this evening.
  - June Forbes invited the group to the February 1, 7:00 PM, "First Wednesday," Forum coordinated by NAMI Yolo featuring Speaker Christina (Tina) Moylan, LMFT who will present "Psychosis Is a Treatable Condition" in the Community Room of St. Martin's Episcopal Church at 640 Hawthorn in Davis.

- June Forbes also invited all to save the date for the February 22 NAMI Yolo annual Pat Williams Mental Health Dinner. James Glica-Hernandez will be the master of ceremonies for this event.
- Supervisor Don Saylor invited all to the January 26 13<sup>th</sup> annual Soup's On event benefitting Empower Yolo.

## 6. Correspondence

- a. Yolo County 2016 Data Notebook Email and Attachments: These documents were shared as part of the agenda packet. Karen noted that that this is an annual report that the LMHB is asked to complete. A motion was made to create an Ad Hoc Committee to complete the 2016 Yolo County 2016 Data Notebook. **Motion:** June Forbes, **Second:** Reed Walker, **Discussion:** The members of the committee include James Glica-Hernandez, Sally Mandujan, Nicki King, and Brad Anderson, **Vote:** Unanimous

## CONSENT AGENDA

7. **Mental Health Director's Report:** The following item(s) were pulled from Karen Larsen's Mental Health Director's Report for additional discussion.
  - a. Public Guardian: A status report on the Public Guardian's office change-over under HHSa was requested. Laurie Hass, the new Chief Deputy Public Guardian, was introduced again and staffing updates share per the Mental Health Director's Report. An update about the transition is being shared at the next BOS. Karen shared that notifications on the changes have been shared with all conservatees, dispatch has been notified, and the 24/7 coverage is in place. Laurie noted that lots of outreach is underway and the Public Guardians' Office is connecting with collaborative partners to hear concerns and introduce/reintroduce themselves. Staff resources including the HHSa Adult and Aging Branch Director Sandra Sigrist, a fiscal staff member and the Secretary to the Director, are offering additional support as needed. In response to a member inquiry Laurie clarified that the criteria for conservatorship has not changed and there is no cap to the number that are conserved, however staff resources may be limiting, e.g. referral response time may be impacted. Karen noted that HHSa would advocate for additional staff support if needed. Additionally, Karen noted that residential placements have increased over levels form three years ago.

Supervisor Saylor asked for details on the proposed Ombudsman function. Karen followed that there are two options that will be brought to the BOS for consideration. Option 1 would have the Public Guardian utilize Consumer Self-Help, the County's existing patient advocate in the hospital setting. This agency would be used through the end of the fiscal year to gage volume of work and need. Option 2 would be to use the Yolo County Public Defender's Office who already represents many of the clients and could be used on an as needed hourly basis to gage need. Either way, a communication strategy would be implemented to share the information with stakeholders.

June Forbes made a motion to recommend the Public Defender's Office for the Ombudsman role. **Motion:** June Forbes, **Second:** Julia Crites **Discussion:**, June commented that the Public Defender posses the appropriate qualifications for the position but noted concerns about possible conflicts of interest if the Public Defender was part of the complaint. Karen responded that a CAO representative, potentially Deputy CAO Jill Cook, could support such instance. **Vote:** Passes with 3 abstentions (Richard Bellows, James Glica-Hernandez, Bret Bandley)

- b. **Mental Health Services Act 3 Year Plan:** Supervisor Saylor shared that he is aware of a desire to have 0-5 years old developmental screenings included in the plan programming. Karen confirmed that this will show up in the plan. Sally Mandujan commented on the lack of resources in West Sacramento and supported the concept of navigation centers to reduce stigma and provide another front door.
- c. **Stepping Up Summit:** In response to a request for clarification, Karen shared that this was an inspirational event well attended.
- d. **Community Intervention Program:** Karen noted that with this program, peer support workers are available however not being utilized by the clients. Karen queried the group to see if they supported increasing clinician coverage in lieu of the peer support component of the program. In the end, a motion was made to support 24/7 clinician coverage. **Motion:** Juliet Crites, **Second:** Richard Bellows, **Discussion:** Discussion on the process and inquiries about the potential reason not taking advantage of the resources were entertained. **Vote:** Unanimous

#### TIME SET AGENDA

8. **LMHB Strategic Plan Ad Hoc Committee Update:** Committee Lead Bob Schelen introduced the Strategic Plan by reviewing the progress to date and sharing a proposed version of the plan resulting from the recent Ad Hoc Committee meeting. After acknowledging committee member Tawny's strong feelings on the subject, June Forbes followed that she had taken additional liberties to edit the version that Bob was sharing tonight and this revised version was also shared with the members for review. Juliet applauded June for collaborating well and supporting the Ad Hoc Committee efforts.

A motion was made that all edits from members are to be submitted by February 6, 2017 and will be sent to the Ad Hoc Committee to be combined for sharing and final vote of approval at the in February LMHB meeting.

**Motion:** Juliet Crites, **Second:** June Forbes, **Discussion:** June commented that the strategic plan goals were not written as smart goals but rather as strategies. The Program and Budget Committees should be asked to develop smart goals to measure the success of these strategies. A recommendation was made to have the committees work on creating their own SMART goals around each strategy. Karen offered to have HHS staff participate to help create the performance measures. **Vote:** Passes, 1 Nay (Tawny Yambrovich)

9. **LMHB Trainings:** Member Richard Bellows presented his research on training options to the group per the request made at the December LMHB meeting. He shared that:

- There is currently no dedicated LMHB funding from HHS
- A sample of new member training from Napa County Mental Health Board
- A proposal form LMHB training by Susan Morris Wilson

Other training suggestions from members included:

- Have other Boards participate in coordinated training and share cost.
- Request for funding through the mental Health budget
- Training on basic understanding of realignment,

- Using Sandra Naylor Goodwin as a trainer/speaker
- Regular site visits to mental health facilities
- Utilizing the second Thursday resources offered by NAMI-Yolo

A final proposal on LMHB member training to be presented by Richard for vote/approval at the February LMHB meeting.

## REGULAR AGENDA

**10. Board of Supervisors Report:** Supervisor Don Saylor shared the following updates and information.

- HHS Mental Health Crisis Cards were requested
- A representative, Alison Tam, from the Associated Students, University of California, Davis (ASUCD) was introduced and addressed the group. She highlighted the group's interest in student wellness and student mental health and the struggles students have in navigating their own care to get the support they need. She said they are looking for assistance in finding resources in community, including cultural communities, specifically focused on gender and sexuality issues. A follow-up meeting with the ASUCD interested Senators was proposed to include Karen and James.

**11. Chair Report:** Chair James Glica-Hernandez led the group on the following topics.

- a. Member Resignations, Appointments, and Re-Appointments: James reminded the group that many members are up for reappointment this month.
- b. Legislative Ad Hoc Committee Report: None

## PLANNING AND ADJOURNMENT

**12. Future Meeting Planning and Adjournment**

- a. Long Range Planning Calendar Discussion and Review: this document was included for review in the agenda packet.
  - Board Name Change Discussion and Vote
  - Approval of Strategic Plan
  - LMHB Trainings Proposal
- b. Next Meeting Date and Location – Monday, February 27, 2017, 7:00 – 9:00 PM in the in the River City Conference Room at 500 Jefferson Boulevard, West Sacramento, 95691

The meeting was adjourned at 9:01 PM.