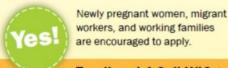
You Work Hard to Raise a Healthy Family: Let WIC Help

WIC is a nutrition program for Women, Infants, and Children.

You may qualify if you: WIC provides:

- Are pregnant, breastfeeding, or just had a baby;
- · Have a child under age 5; and
- Have a low to medium income; and/or
- Receive Medi-Cal, CalWORKs, or CalFresh benefits; and
- · Live in California



- Nutrition education and health information
- · Breastfeeding support
- · Checks for healthy foods
- Referrals to medical providers and community services

You may qualify if your family's income meets WIC guidelines.

To find out more, go to www.wicworks.ca.gov

Enroll early! Call WIC today to see if you qualify:

Yolo County WIC Program (530) 666-8445 or (916) 375-6390

25 N. Cottonwood Street Woodland, CA 95695

> 600 A Street Davis, CA 95616

17065 Yolo Ave Esparto, CA 95627 500 Jefferson Blvd., Bldg. A West Sac., CA 95605

> 111 E. Grant Ave. Winters,, CA 95694

42351 Third Street Knights Landing, CA 95645



This institution is an equal opportunity provider.