

Yolo County MCAH Advisory Board

March 15, 2017

Minutes

STEPHEN NOWICKI, CHAIR
CAROLYN CAMPOS, VICE-CHAIR

YOLO COUNTY HEALTH AND HUMAN SERVICES AGENCY

GONZALEZ BUILDING
25 NORTH COTTONWOOD STREET,
#177 CLARKSBURG ROOM
WOODLAND, CA 95695

The Yolo County MCAH Advisory Board met on the 15th Day of March 2017 in the Clarksburg room at the Gonzalez Building at 25 North Cottonwood Street, Woodland, CA at 8:30 a.m.

- VOTING MEMBERS PRESENT:** Carolyn Campos RN, Sutter Davis Hospital; Jessica Cerniak, Psy.D., The Chicago School of Professional Psychology; John McKean, MD; Kathleen Middings, RN, Woodland Joint Unified School District; Stephen Nowicki, MD, PhD, FAAP; Dignity Health Woodland Health Care; Willy Onate, Yolo County Children’s Alliance; Nichole Sturfels, Community Member;
- VOTING MEMBERS ABSENT:** Barbara Boehler, CNM, CommuniCare Health Centers; Cheryl Boney, MPH, RD, UC Davis; Tia Will, MD, Kaiser Permanente
- STAFF & GUESTS PRESENT:** Jan Babb, MSN, RN, PNP, HHSA; Lizeth Betancourt, HHSA; Gina Daleiden, First 5 Yolo; Sarah Favila, Sutter Health; Jessica Hackwell, Partnership HealthPlans of California; Ramy Hussein, HHSA; Steve Jensen, HHSA; Monica Koenig, HHSA; Ashley Logins-Miller, Secretary, HHSA; Cindy Martin, HHSA; Jaime Ordonez, HHSA; Laurie Somerhausen, HHSA; Anna Sutton, RN, PHN, MSN, HHSA, Community Health

9:00 A.M. CALL TO ORDER

1. **WELCOME AND INTRODUCTIONS** – *Stephen Nowicki, Chair*
The March 15, 2017 MCAH Advisory Board meeting was called to order at 8:40 a.m., at which time around the table introductions occurred and quorum was confirmed.
2. **CONSIDER APPROVAL OF AGENDA** – *Stephen Nowicki, Chair*
3. **APPROVE THE [JANUARY 18, 2017](#) AND [FEBRUARY 15, 2017 MINUTES](#)** – *Stephen Nowicki, Chair*
Motion: John McKean **Second:** Carolyn Campos **Discussion:** None **Vote:** Unanimous
4. **PUBLIC COMMENT**
None at this time
5. **[MCAH DIRECTOR’S REPORT](#)** – *Jan Babb*
 - **Safety Net Services:** Service Center staff are working on open enrollment applications and have not noted a decline in applications. However, CCHC has noted a decrease in women scheduling prenatal appointments. In addition, WIC clients have voiced concerns about receiving services and risk for deportation. In Step by Step, there has been an increase in clients specifically seeking legal services around immigration, as well as an uptick in counseling and anxiety resources.
 - **Budget:** There is some discussion around State cuts to Title 19 funds, which are for linking clients to Medi-Cal services but it is still too early to know the outcome of that. Tobacco Prevention program is looking at an increase in funding due to Prop 56. Later during the FY year, there may also be Prop 56 funds available for oral health work. Most of the other programs in the Community Health Branch are looking at flat allocations.
 - **MCAH:** On March 1st, the California Task Force on the Status of Maternal Mental Health Care unveiled their White Paper. Anna was included on that Task Force and presented at the State Capitol on the community level recommendations. The White Paper will be available on 2020mom.org. The Task Force is now developing a steering committee to identify ways to implement and measure these recommendations.
 - **Mental Health Services Act:** The Mental Health Services Act Three-Year Plan draft was posted for public comment. Please review [the plan](#) and provide any comments.
 - **Zika:** The numbers of Zika testing requests are staying steady. The CD Team just received a grant and are hoping to hire a part-time person to help with Zika response to providers.

PRESENTATIONS

6. **TOBACCO AND ALCOHOL & OTHER DRUG PREVENTION PROGRAM WORK PLANS** – *Steve Jensen*

- Steve provided a follow up to his presentation in August. The Communities of Excellence Community Assessment has been completed and the three-year work plan has been developed. Part of the community assessment included a survey of the 100 tobacco retailers in Yolo County. This survey addressed areas such as advertising, accessibility, availability of healthy food options, etc.
 - E-cigarette sales are still increasing.
 - Tobacco use in general is still decreasing
 - More youth are using e-devices and flavored tobacco
 - In Yolo County, the sale of flavored tobacco and e-cigarettes increased by 60% since 2013.
 - In 2013, Woodland had four smoke shops (stores that only sale tobacco or e-cigarettes); the seventh is about to open.
- Traditionally, alcohol and other drug prevention has been funded under mental health, with a focus on positive youth engagement, leadership, etc. Tobacco prevention has traditionally been funded under public health with a focus on youth driven policy changes. This year, there will be some crossover between the types of work the programs do.
- **Tobacco Prevention:** with the coming year being a “gap” year between plans, the Tobacco program will be focusing on finalizing efforts from the prior three-year plan as well as laying the foundation for the next three-year plan. The priority areas for tobacco continue to be second hand smoke, making tobacco less accessible to youth, and countering pro-tobacco influences. The strategies for this work plan include:
 - **Flavored Tobacco:** Work with one or more city that is interested in adopting a policy that bans the sale of flavored tobacco. In November, the Board of Supervisors adopted the first policy that completely bans the sale of flavored tobacco, including menthol, in the unincorporated areas of Yolo County. There are many variations this policy could take for the cities, so the “gap” year will include time to identify which cities are interested in such a policy.
 - **Smoke-free Properties:** Work will be continuing around making County owned properties smoke free. The Tobacco Prevention program, along with the Health Officer, have been meeting with the labor unions, department heads, and law enforcement to discuss this. The proposal includes a grace period prior to implementation in order to inform staff and community, and post appropriate signage. In addition, the City of West Sacramento just passed an ordinance declaring city owned properties smoke free.
- **Alcohol and Other Drug:** Alcohol and Other Drug prevention does include some crossover into Tobacco Prevention and the collaboration between the two programs continues to be strengthened.
 - **Marijuana:** The hot topic right now is marijuana, due to the passing of Prop 64. In this next three-year work plan, Friday Night Live youth will be invited to work on marijuana policy development. Cities and the County can still adopt their own ordinances around marijuana and youth advocating for policy development can be very beneficial. In addition, an education campaign is also included in the work plan.
 - **“Alc-o-pops”:** One of the areas of concern noted in the retailer surveys was the increase in “alc-o-pops”, which are large cans of alcohol that mimic the look of energy drinks. In addition, they are sold next to and promoted as energy drinks, which makes them very attractive to youth. The Alcohol and Other Drug program is looking to propose some new policies, possibly having to do with placement and advertising, in regards to these products.
- In addition, the retail survey showed other possible areas of improvement for healthy retail environments. The Tobacco Prevention Program and Alcohol & Other Drug program will be partnering with the Nutrition division to develop a retailer education and incentive program. This will focus on recognizing retailers who are willing to offer more healthy products, better advertisement of healthy products, etc.
- If you are interested in being involved in any of these efforts, please be alert for when policy items are before your local City Council. In addition, there is the opportunity to get involved with the Tobacco Prevention Coalition. A coalition around marijuana prevention may also be started soon.

7. MCAH ANNUAL REPORT TO BOARD OF SUPERVISORS – Stephen Nowicki

- The Advisory Board reviewed and provided feedback on the draft presentation to the Board of Supervisors that was developed by Stephen Nowicki, Kathleen Middings, and Jessica Cerniak. Feedback included adding content on:
 - Immigration status and the risk for clients
 - MHSA plan including 0-5 mental health
 - Help Me Grow, Moving Beyond Depression, and early mental health intervention
- The subcommittee will be presenting to the Board of Supervisors on March 21, 2017 at 9:30.

8. MEMBER ANNOUNCEMENTS/SHARING

- **Stephen Nowicki:** Working to hire two adolescent psychiatrists and one adult psychiatrist at Woodland Clinic.
- **Jessica Hackwell:** Partnership HealthPlans of California will be hosting a conference in May on Substance Abuse Disorder during Pregnancy. Save the date information will be sent out soon.
- **Ashley Logins-Miller:** Registration for the 2017 Health & Wellness Fair is now open. Please contact Ashley Logins-Miller if you are interested in participating.

ADJOURNMENT

9. Next Meeting, April 19, 2017

- LGBTQ Services

10:07 A.M. ADJOURNMENT

Respectfully submitted by:



Ashley Logins-Miller, Secretary
Yolo County MCAH Advisory Board