

# YOLO COUNTY: MHSA THREE-YEAR PROGRAM AND EXPENDITURE PLAN 2017— 2020

#### PUBLIC HEARING

March 22, 2017 Roberta Chambers, PsyD Kelechi Ubozoh



### Agenda

Introductions and Meeting Objectives

MHSA and CPP Overview

Needs Assessment Key Findings

Overview of Proposed Programs

**Public Comment** 



#### MHSA and CPP Overview



#### MHSA Overview

- Mental Health Services
   Act (Proposition 63)
   passed November 2,
   2004
- □ 1% income tax on income over \$1 million
- Purpose of MHSA: to expand and transform mental health services in California





### Community Planning Process

The MHSA intends that there be a **meaningful** stakeholder process to provide subject matter expertise to the development of plans focused on utilizing the MHSA funds at the local level, including participation from:

- Adults and seniors with severe mental illness
- Families of children, adults, and seniors with severe mental illness
- Providers of mental health services
- Law enforcement agencies
- Education agencies

- Social services agencies
- Veterans and representatives from veterans organizations
- Providers of alcohol and drug services
- Health care organizations
- Other important interests



### Roles and Responsibilities

#### Community Stakeholders: Collaborator

- Contribute to the shared understanding of community mental health needs
- Develop proposed programs and services for the 3-year MHSA plan

#### Yolo HHSA: Administrator

- Outreach and convene stakeholders for the CPP
- Contribute to plan development
- Implement the 3-year MHSA plan

#### Board of Supervisors: Approver

Approve the MHSA plan prior to MHSOAC submission

#### RDA: Planner/Facilitator

- Engage stakeholders in a participatory CPP process that aligns with MHSA Values
- Develop a needs assessment and MHSA plan that is grounded in the needs of un, under, and inappropriately served populations
- Draft a technically compliant MHSA Plan to best serve mental health needs of the community

### MHSA Planning Activities and Timeline

- Kickoff
   Meetings
   w/HHSA,
   Stakeholders,
   LMHB
- Document and Regulatory Review
- MaterialsDevelopment

Phase I - Kickoff

#### Phase II – Needs Assessment

- Focus Groups and Interviews
- Board and Community Meetings
- Stakeholder Surveys
- Service Utilization Data Analysis
- Regulatory Compliance Assessment

- System of Care Planning Summits
- WET, CFTN, INN Planning Meetings
- Feasibility Analysis
- Community Report Back Meetings (Jan)

Phase III – Program Planning

#### Phase IV — Plan Development

- Develop MHSA Plan (Jan)
- Post for public comment (Feb)
- Hold Public Hearing (Mar)
- Present Three Year Plan to LMHB (Mar)
- Finalize Three Year Plan & present to BOS (Apr)

**September** 

**October-November** 

In Progress

January- April

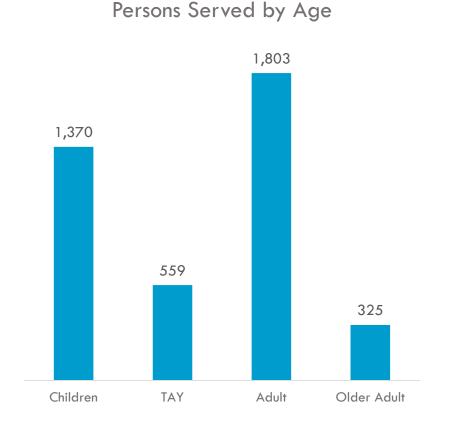


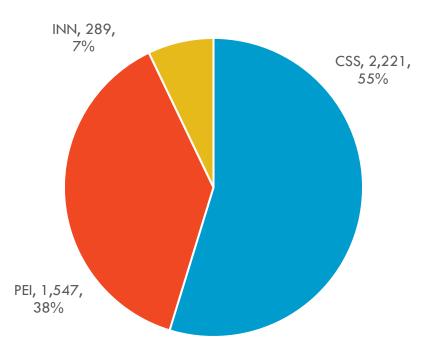
### Needs Assessment



### MHSA-funded System of Care

#### MHSA-funded programs served 4,513 people in FY 15/16.





Persons Served by Component



<sup>\*</sup>CIP data not included in the age and component figures.

### Current Community Needs

#### **Service Access and Participation**

Identifying and linking individuals and families with mental health needs to the appropriate services remains challenging despite service availability.

#### **Collaboration**

Many consumers are involved with other public and service agencies, making it confusing for consumers and other professionals. This is especially pronounced for people transitioning out of jail and/or hospital.

#### **Crisis**

The crisis intervention program is a great asset to the community with a need to continue to move towards crisis prevention.



### Cultural Competency

- There is a need to broaden the definition of cultural competency.
- Stakeholders recommended adopting and/or formalizing a cultural competency model that:
  - Increases awareness of cultural difference and intersectionality amongst all staff and providers,
  - Includes more group, family, and community-level interventions,
  - Develops specific expertise amongst a smaller provider group, and
  - Supports consultation amongst providers.
- There is a need to focus attention on LGBT+ needs and services, including:
  - Acknowledging and documenting LGBT+ identity,
  - Addressing stigma and discrimination, and
  - Developing culturally responsive services, including those that build community.



## MHSA Proposed Plan



### Plan Development Principles

- □ Reduce duplication of efforts across funding sources
- Augment programs that are successfully meeting a community need
- Support identification of people in need and connection to the appropriate services
- Promote interagency collaboration
- Promote cultural responsiveness across programs



### Children's System of Care Goals

The plan responds to the community need to create a more seamless process for children to connect to mental health services. The planned services and modifications:

- Implements universal processes in which children are screened, identified, and linked to the appropriate level of care.
- Removes duplicated clinical programs that can be funded by other sources, including public and private insurance.
- Increases support to access and links children to care.



### TAY System of Care Goals

The plan responds to the community need to create communitybased location(s) with multiple levels of care. The planned services and modifications:

- Creates TAY-dedicated services at Wellness Centers that include outreach and engagement, early intervention, and stigma discrimination reduction services.
- Increases opportunities to interact with peers through activity-based and socialization activities.



### Adult System of Care Goals

The plan responds to the community need to create bridge the gap between crisis services and existing specialty mental health services.

The planned services and modifications:

- Bridges the gap for consumers who are in and out of hospitals jails, and emergency departments to connect with ongoing services.
- Supports access and linkage to mental health services through centralized community based locations to meet "consumers where they are at."
- Removes duplicated programs that can be funded by other sources, including grants, public and private insurance.



### Proposed Programs for Children/TAY

#### Children and Transition Aged Youth (TAY) System of Care

#### Children:

- Early Childhood Mental Health Access and Linkage Program (PEI)
- School-based Access and Linkage Program (PEI)
- Community and School Based Education and Mentorship Program (PEI)
- Children's Mental Health Program (CSS)

#### **Transition Age Youth:**

- Access/Linkage and Prevention Programs (PEI)
- TAY Wellness Center Services (PEI)
- Early Intervention Program (PEI)
- TAY Speaker's Bureau (PEI)
- Pathways to Independence (CSS)



### Proposed Programs for Adults/Older Adults

#### Adult and Older Adult System of Care Programs:

#### **Adults**

- Integrated Behavioral Health Services for Latino Community and Families Program (PEI)
- Community-based Navigation Centers (CSS)
- Peer and Family-led Support Services (CSS)
- Adult Wellness Alternatives (CSS)
- First Responders' Initiative/Mental Health Urgent Care (INN)
- Board and Care Study (INN)

#### **Older Adults**

- In-Home Peer Counseling Program (PEI)
- Older Adult Outreach and Assessment Program (CSS)



### Component Proposed Plan

- Prevention and Early Intervention
  - Early Signs Project
  - **□** LGBT Initiative
- Workforce Education and Training
  - Mental Health Professional Development
  - Clinical Training Program
  - Peer WorkforceDevelopment Workgroup

- Capital Facilities
  - Wellness Center Remodeling
  - Adult Residential Treatment Facility
- Technological Needs
  - Communications Initiative
  - EHR Upgrades





### LMHB DISCUSSION



### Next Steps

Present plan to LMHB Meeting (3/27/17)

Submit plan to Board of Supervisors (4/4/17)



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