

Yolo County MCAH Advisory Board

April 19, 2017

Minutes

STEPHEN NOWICKI, CHAIR
CAROLYN CAMPOS, VICE-CHAIR

YOLO COUNTY HEALTH AND HUMAN SERVICES AGENCY

GONZALEZ BUILDING
25 NORTH COTTONWOOD STREET,
#177 CLARKSBURG ROOM
WOODLAND, CA 95695

The Yolo County MCAH Advisory Board met on the 19th Day of April 2017 in the Clarksburg room at the Gonzalez Building at 25 North Cottonwood Street, Woodland, CA at 8:30 a.m.

VOTING MEMBERS PRESENT: Barbara Boehler, CNM, CommuniCare Health Centers; Cheryl Boney, MPH, RD, UC Davis; John McKean, MD; Kathleen Middings, RN, Woodland Joint Unified School District; Stephen Nowicki, MD, PhD, FAAP; Dignity Health Woodland Health Care; Willy Onate, Yolo County Children’s Alliance; Tia Will, MD, Kaiser Permanente

VOTING MEMBERS ABSENT: Carolyn Campos RN, Sutter Davis Hospital; Jessica Cerniak, Psy.D., The Chicago School of Professional Psychology; Nichole Sturfels, Community Member;

STAFF & GUESTS PRESENT: Lauren Adams, First 5 Yolo; Lizeth Betancourt, HHSa; Ron Chapman, MD, MPH, Health Officer, HHSa; Jessica Hackwell, Partnership HealthPlans of California; Ramy Hussein, HHSa; Monica Koenig, HHSa; Ashley Logins-Miller, Secretary, HHSa; Katya Lopez Arreola, HHSa; Jaime Ordonez, HHSa; Sandra Rodriguez, Assistant Deputy to Supervisor Provenza; Laurie Somerhausen, HHSa; Anna Sutton, RN, PHN, MSN, HHSa, Community Health; Jennifer Travis, Help Me Grow

9:00 A.M. CALL TO ORDER

1. **WELCOME AND INTRODUCTIONS** – *Stephen Nowicki, Chair*
The April 19, 2017 MCAH Advisory Board meeting was called to order at 8:40 a.m., at which time around the table introductions occurred and quorum was confirmed.

2. **CONSIDER APPROVAL OF AGENDA** – *Stephen Nowicki, Chair*

3. **APPROVE THE MARCH 15, 2017 MINUTES** – *Stephen Nowicki, Chair*
Motion: John McKean **Second:** Kathleen Middings **Discussion:** None **Vote:** Unanimous

4. **PUBLIC COMMENT**
None at this time

5. **MCAH COORDINATOR’S REPORT** – *Anna Sutton*
- The **Health & Wellness Fair** will be taking place tomorrow at Empower Yolo from 11:00 am – 2:00 pm. There will be a raffle for a scooter, a DJ, food, and a lot of great information.
 - The **CPSP Roundtable** has been rescheduled for May 24th at the Dignity Health class room from 11:30-1:30. The topic will be Zika Virus and the Implications for pregnant women and the pediatric patient.
 - The **Healthy School Collaborative** taking place on May 3st from 2:00 pm -4:00 pm will focus on immunization and emergency preparedness.
 - All the required documents have been submitted for **Public Health Accreditation** and the site visit team has been assigned. In addition to reviewing the submitted documentation, the site visit team will be scheduling a two day site visit. The site visit is anticipated to take place in September.
 - The **Blue Dot Maternal Mental Health Awareness Toolkit** has been finalized and is available for download from the [UCSF website](#). In addition, the toolkit was accepted as a presentation at the CityMatCH conference in September.
 - The Board of Supervisors recently approved the **MHSA Three-Year Plan**, which included training for health care providers on perinatal mood and anxiety disorders. We are now looking for one entire clinic to train.
 - A **wellness center** recently opened at King High, which is open to all high school students. There will be mental health and basic reproductive health services. The health services are being provided by CommuniCare Health Centers.

- The **WIC** caseload continues to decline for various reasons. At this point, it seems that immigration issues have only had a slight effect on that. The age group that tends to have the largest decline in caseload is the children ages 2-5 years old, so options for further engagement of that age are being reviewed. In addition, options for improving overall care and partnering are being reviewed. The cash value voucher will now be accepted at the Woodland Farmer's Markets; this program is a bonus to families to have access to fruit and vegetables year round. Efforts will be continuing to expand this to all Farmer's Markets in Yolo County. Although there are decreases in caseload, funding is not being cut.
- The **Peer Counseling Breastfeeding program** has fantastic breastfeeding rates. The Peer Counseling program staff are mothers who have experience in breastfeeding; as part of the program, the peer counselor calls new moms in the program several times the first month. In addition, mothers on WIC also have access to lactation consultants and breastfeeding supplies.
- Recently, the **Breastfeeding program** received a grant to provide supplies, pumps and support for mothers ineligible for WIC, as well as employers.

Presentations

6. TRANSGENDER CARE – *Cindy Schorzman*

HANDOUT: [Meeting the Health Care Needs of Transgender Patients](#)

ANNOUNCEMENTS

7. MEMBER ANNOUNCEMENTS/SHARING

- **Willy Onate:** Friday is the Aloha Yolo event taking place in West Sacramento.
- **Barbara Boehler:** CommuniCare Health Center is still seeing a decrease in undocumented population utilizing the prenatal clinic. Anna Sutton shared that Hansen Clinic has signage stating it is a safe place.
- **Jessica Hackwell:** Partnership HealthPlans of California will be hosting a perinatal substance use disorder conference on May 11, 2017. Topics will perinatal substance use, medication assisted treatment, neonatal absence syndrome and development on the brain.
- **Kathleen Middings:** On Monday, the Emerson Junior High PTA will be hosting a screening of "Screen-agers" which looks at the effects of screens on teenagers.
- **Jennifer Travis** will be doing a webinar for Help Me Grow National this summer focusing on the screening program.
- **Lauren Adams:** First 5 Yolo has recently partnered with Text 4 Baby, which is a free texting services for pregnant moms and those with a child under the age of one. These texts focus on general information, tips, and reminders.
- **Willy Onate:** Yolo County Children's Alliance has provided a Self-Care Guide, which is available in English, Spanish, and Russian. These guides are a great resource that includes information on why self-care is important, how to work self-care into your schedule, and resources. In addition, there is a sheet for providers on conversation starters for speaking with clients.
- **Barbara Boehler:** For the first year of the baby's life, the electronic medical record template has been updated to include a depression screening for the mom at each prenatal well-child visit.
- **Sandra Rodriguez:** Dia de los Ninos will be taking place on April 28th from 3:00 – 6:00 pm at Ferns Park. There will be about 30 resource tables and free books will be available for the children.
- **Tia Will:** Kaiser is working on a project between gynecology and pediatrics which includes doing maternal mental health screening as well as interconception care, which will help mothers get their care without making a separate appointment.

- **Anna Sutton:** MCAH Access is a consumer advocacy organization based in LA. They have been addressing the issue that the Medi-Cal aid codes have not been available for undocumented for mild to moderate behavioral health needs. The new Medi-Cal guidelines will include those codes.

ADJOURNMENT

Scheduled agenda items for next month

- Community Health Improvement Plan (CHIP) Annual Report

11:00 A.M. ADJOURNMENT

Respectfully submitted by:



Ashley Logins-Miller, Secretary
Yolo County MCAH Advisory Board