

# MAY IS.....OLDER AMERICANS MONTH

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# MAY IS...OLDER AMERICAN MONTH!

## WHAT IS THE PURPOSE/HISTORY?

A Federal Proclamation started in 1963 by President Kennedy to recognize the important role of older adults in America.

## IS THERE A COUNTY CHAMPION (LEAD AGENCY)?

- In Yolo, leads include Agency on Agency – Area 4 who implement the Older American Act and prioritize and distribute the funds such as Meals on Wheels, Legal Services and Senior Link
- Yolo Healthy Aging Alliance taking lead in raising awareness of older adult issues and serving as the voice for older adults in Yolo County

# CAMPAIGN EFFORTS

- **Senior Rally Day at the Capitol – May 11 – 10:30am – 2:30am**
  - AM-rally on the capitol lawn with legislators speaking
  - PM-legislative visits and advocacy training
  
- **Davis Adult Day Program kickoff**
  - Series of articles in Davis Enterprise
  - On-line survey of needs
  - Focus groups of those who are or have cared for persons with dementia

# GET INVOLVED

- **Attend** the May 11 Senior Rally at the capitol
- **Attend** the Yolo Healthy Aging Alliance Advocacy Committee – First Thurs. each month, 10:30am-noon, 600 A St. Davis
- **Attend** the Yolo Healthy Aging Alliance Collaboration Committee- 4<sup>th</sup> Monday every other month, 9am-11am
- **Contact** Yolo Healthy Aging Alliance to be a part of the planning for the Davis Adult Day Program

# DATA ON DEMENTIA IN YOLO COUNTY

Estimated number of people 65+ with Alzheimer's Disease in Yolo County: 2,270\*

Estimated number of people 65+ with Alzheimer's Disease in Davis: 620\*

Estimated number of people with Alzheimer's Disease who will wander in Yolo County: 1,362\*

Estimated number of people with Alzheimer's Disease who will wander in Davis: 372\*

# COLLECTIVE IMPACT

## MENTAL HEALTH

Persons with dementia deal with mental health challenges and their caregivers require additional help and support.

## AGING

Engaging the community in the needs for a health aging experience will help the community as a whole.

## CHRONIC DISEASE

By providing opportunities for older adults and their caregivers to learn about programs and care opportunities, chronic disease information can get out to the community.