

# **COUNTY OF YOLO**

Health and Human Services Agency

Karen Larsen, LMFT Director

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# Local Mental Health Board Meeting Minutes

# Monday, August 28, 2017, 7:00 – 9:00 PM 1212 Merkley Ave. West Sacramento, CA 95691 AFT Community Meeting Room

- Members Present: James Glica-Hernandez, Bret Bandley, Sally Mandujan, Martha Gurrero, Niki King, Tom Waltz, Brad Anderson, Laurie Ferns, Reed Walker, Ajay Singh,
- Members Excused: Don Saylor, Richard Bellows, Robert "Bob" Schelen
- Staff Present:Karen Larsen, HHSA Director<br/>Samantha Fusselman, HHSA Deputy Mental Health Director, Quality<br/>Management Manager<br/>Amy Leino, HHSA Clinician<br/>Iulia Bodeanu, HHSA Secretary to the Director,<br/>LMHB Administrative Support

# CALL TO ORDER

- 1. Welcome and Introductions: The August 28, 2017 meeting of the Local Mental Health Board was called to order at 7:05 PM. Introductions were made.
- 2. Public Comment
  - June Forbes of NAMI Yolo announced that Becky Rush is the new full-time executive director. Dr. Ajay Singh is going to be at the next First Wednesday Meeting on September 6<sup>th</sup> at Saint Martin's Church in Davis for the *Ask the Doctor* series.
  - Sally Mandujan announced that on October 10<sup>th</sup>, as part of the Behavioral Health Center of Excellence *Remove the Stigma* series, Stephen Hinshaw, Ph.D will be speaking and encouraged everyone to attend. For more information, please see the flyer (<u>LINK</u> <u>HERE</u>).
- **3.** Approval of Agenda: LMHB Meeting does not have a quorum at the start of the meeting, however by the end of the meeting there was a quorum and no voting items had to be moved to the next meeting agenda.

Motion: Martha Gurrero Second: Nicki King Vote: Unanimous

4. Approval of Minutes: None

Motion: Bret Bandley Second: Nicki King Vote: Unanimous

# 5. Member Announcements

 October 8<sup>th</sup> the Fall Festival will be held at the Gibson House Museum. 11:00am-4:00pm.

#### 6. Correspondence

- Data Notebook: The Data Notebook was not completed for 2016. The 2017 Data Notebook is focused on older adults by the Mental Health Planning Council. To ensure that next year's Data Notebook is completed an Ad Hoc Committee was formed with Martha Guerrero, Richard Bellows, Ajay Singh and Nicki King stated interest in being part of the committee with Samantha Fusselman as the Staff Contact at HHSA.
- Susan Wilson will be holding a training on October 20<sup>th</sup> and 21<sup>st</sup> in Sacramento. Chair, James Glica-Hernandez suggested that all members of the board attend. He stated that the training will add vibrancy for the board.

#### TIME SET AGENDA

7. <u>Quality Management Consumer Perception Survey Presentation</u> – Samantha Fusselman, Deputy Mental Health Director and Quality Management Manager

# TIME SET AGENDA

- 8. Committee Restructuring James Glica-Hernandez
  - Current Committees are Budget and Finance, Communication and Education, and Program. There is nothing within the committee or subcommittee structure that focuses on Public Guardian and Substance Use Disorder issues. James Glica-Hernandez suggested it would benefit the board to create a structure to ask questions and seek out information regarding the board's new and growing responsibilities. It would benefit the board to know what the actual services rendered to the mental health population. The Board is looking at ways to get feedback from individuals who are receiving services such as metrics regarding public guardian conservatives. Martha Gurrero stated that committees should meet more regularly than guarterly to be more effective and maintain continuity and flow of information. Sally Mandujan stated that to be effective the board should have a working knowledge of what is happening in terms of interventions and strategies as well as what is actually happening in the field. Sally stated that the board should be learning from clinicians. James agreed that the professional development aspect is very important where the community is involved. Martha Gurrero inquired about the Substance Use Disorder aspect and how it intersects with law enforcement how much of the committee work will be with the law enforcement entities. Karen suggested having Ian Evans, the new Alcohol and Drug Administrator to come and speak with the board as an educational resource. Ian will be able to speak to the new Community Intercepts that involve mental health and law enforcement. James would like that the committee structure reflects new focus areas and have board members work within their individual interests. Ajay Singh asked if HHSA has metrics to measure the wellness of our providers within the mental health field. Karen Larsen stated that the integration of the Agency has helped with looking at employee wellness which draws on Community Health and Mental Health to support staff. The Agency does employee satisfaction, but not particularly provider wellness and is something that would like to start looking at. Additionally, Sutter Health has embarked on a physician wellness campaign. James thanked everyone for their input and help in looking at a different committee structure.
  - Developing Metrics for the Public Guardian Office Nicki King is looking at nonconfidential metrics that would reflect how well the services are working for conservetees. Nicki is interested on developing a survey that measures the impact that services have on people's lives. Karen Larsen suggested utilizing and Results Based

Accountability structure for gathering data and using Performance Measures: 1 (How much did we do), 2 (How well did we do it) and 3 (Is anyone better off), and move forward with gathering data and having a proposed RBA by mid-year. Nicki King and Richard Bellows will be working with HHSA and Laurie Hass, the Deputy Public Guardian, to develop an RBA around Public Guardian data.

#### 9. Public Forum Restructuring – James Glica-Hernandez

 James Glica-Hernandez stated that the greatest participation we have had a public forum is 12 individuals. James asked the board what types of outreach to be more effective in engaging the community. Nicki King stated that the public forum might be better served by having them at a public event such as a health fair. Currently those that attend are community members in crisis. Nicki would like to have events that are about a distribution of information and allowing for feedback from community members to improve services. Brad Anderson suggested that we have a stronger digital presence on the yolo county website. James Glica-Hernandez agreed and mentioned he would add more content to the LMHB page. Tom Waltz suggested the community services. James suggested having the Communications and Education Committee develop a calendar structure for topic-based meetings. Nicki King stated that the public forums should strive to meet the rural populations in Winters and Esparto that are not as well connected to services as metropolitan areas.

# CONSENT AGENDA

**10. Mental Health Director's Report:** The following item(s) were pulled from Karen Larsen's Mental Health Director's Report for additional discussion.

Item 9.g. SB-82

• HHSA is not able to apply for the grant with the same program proposal which means that the CIP cannot exist within its current structure. No less than 50% of plans will be issued for clients 21 years and younger, not a previous priority and have a peer emphasis. With internal funding it is not possible to sustain the program. HHSA will begin talking with city partners, providers and administrators. Additionally, there was a low utilization rate for peer support workers for the program. Karen will provide updates each month as the Agency learns more.

#### Item 9.j Innovation Plans

• The OAC and CA Mental Health Planning Council will be partnering with a state-wide housing plan with HHSA in support of the Board and Care study. The OAC was also very support of the First Responders Initiative. Both programs were approved.

#### **REGULAR AGENDA**

- 11. Board of Supervisors Report: Supervisor Saylor
  - No report.
- 12. Chair Report: James Glica-Hernandez
  - No report.

### PLANNING AND ADJOURNMENT

#### 13. Future Meeting Planning and Adjournment: James Glica-Hernandez

- Long Range Planning Calendar discussion and review: Ian Evans will present on Substance Use Disorder at the next meeting. Budget approval will also be on the next meeting's agenda. James Glica-Hernandez will be stepping down as Communication and Education Committee chair. Ajay Singh will be added to the Education Committee. A discussion of the next year's meeting calendar will also need to be added to the long-range meeting calendar.
- Next Meeting Date and Location September 25, 2017 at 137 N. Cottonwood St. Woodland, CA 95695, Thomson Conference Room.
- This meeting was adjourned at 9:00 PM.