



HEPATITIS A

a viral infection that is leaving its mark on the
State of California

It can spread easily from person-to-person and cause liver disease lasting a few weeks. In more severe cases, it can become a serious illness lasting months or eventually leading to death.



Why Should You Care?

- Get two shots of the Hepatitis A vaccine
- Don't have sex with someone who has the Hepatitis A infection
- Use your own towels, toothbrush, and eating utensils
- Don't share food, drinks, or smokes with other people



How Does it Spread?

- Touching objects or eating food that someone with Hepatitis A infection has handled
- Having sex with someone who has the Hepatitis A infection

Hepatitis A is a liver disease caused by the hepatitis A virus.



How Can You Prevent It?

Fever, fatigue, nausea, loss of appetite, Jaundice (yellowing of the skin and/or eyes), stomach pain, vomiting, and/or dark urine, pale stools and diarrhea



Symptoms of Hepatitis A Infection

If you think you have Hepatitis A because of these symptoms, see your doctor or visit the closest Emergency Room. Always wash your hands with soap and water after going to the bathroom and before preparing food.