



QUARTERLY/CENTRAL REGION MEETING & MENTAL HEALTH BOARD TRAINING

Join us for our October 20th & 21st Meetings/Trainings in Sacramento! All local board members are welcome! CALBHB/C will reimburse one board/commission member per county in the Central Region for travel expenses. *Note: Meeting locations differ on Friday and Saturday.*

Please Register: <http://calbhbc.com/meetings-and-trainings.html> or
Ellimae2000@yahoo.com CALBHBC Secretary/Treasurer Mae Sherman

FRIDAY, October 20: **Four Points by Sheraton, Sacramento International Airport**

- 8:30am** **CA Mental Health Planning Council** (Planning Council)
CALBHB/C President, Theresa Comstock will address the Planning Council on behalf of CALBHB/C at approximately 8:40am.
Planning Council General Session *Content TBA*
- Noon** *Lunch on your own.*
- 1:30pm** CALBHB/C Meeting:
- Call to Order & Welcome!
 - Planning Council Update & 2017 Data Notebook Training, Susan Wilson, Planning Council Chair
 - Possible Speaker(s) on the Topic of:
Older Adults - Mental/Behavioral Health Issues & Successes (*The topic for the upcoming Data Notebook.*)

SATURDAY, October 21: **Courtyard Sacramento Natomas** *Conference Room Locations TBA*

- 9:30am** Sign-In, Coffee
- 10:00am** **MH Board Training – Responsibility & Reality***
or
Governing Board Quarterly Meeting
Complimentary Lunch, Regional Conversation
- Noon** *Complimentary Lunch, Regional Conversation*
- 1:30pm** Training – Best Practices*
Possible Speaker(s) on the Topic of:
Older Adults - Mental/Behavioral Health Issues & Successes (*The topic for the upcoming Data Notebook.*)
or “Listening Session” (Small Group Discussions)
- 4:00pm** Adjourn

* MH Board – Responsibility and Reality & Best Practices Instructor is Terry Bohrer. Terry has years of professional and volunteer experience in the field of Mental Health, Suicide Prevention, Peer Support and more. She is a member of the San Francisco Mental Health Board.

California Association of Local Behavioral Health Boards and Commissions (CALBHBC) is a statewide organization supporting the work of local mental and behavioral health boards and commissions.

Website: www.CALBHBC.weebly.com, Facebook: [CALBHBC](https://www.facebook.com/CALBHBC)