



## Yolo MHSAs Programs [FY 2017-2020]

### Capital Facilities and Technology Needs (CFTN)

Program Name	Target Pop	Description
Electronic Health Record and Data Upgrades		Yolo County has been updating information systems and software systems, standardizing data collection, improving its electronic documentation system, and strengthening analytic and reporting process. The county seeks to shift from an output to an outcomes data system.
Adult Residential Tx Program	Adult ages 26-59; 18+ with serious mental illness or at risk of institutional placement.	Yolo County plans to develop a residential treatment facility to provide a community-based residential treatment alternative for adults at risk of falling back into Mental Health Rehabilitation Center (MHCs) and/or Institutions for Mental Diseases (IMD).
Adult Wellness Center	TAY Ages 16-24; Ages 24-59; Adult Ages 60+	Yolo HHSA is in the process of expanding and remodeling its existing wellness centers in Woodland and West Sacramento and renovating a third Wellness Center in Davis. This program provides an alternative drop-in space with a variety of rehabilitative services, skill building groups, and computer labs with internet access.
Tele Psychiatry	Older Adults with Serious Mental Illness	Mobile Tele-Mental Health services provide psychiatric services to clients through live, interactive audio videoconferencing during which Yolo HHSA staff facilitate the consultation between the client and the psychiatrist, taking special care in ensuring the privacy, confidentiality, and informed consent of the client.
Social Media Initiative		Yolo County HHSA will begin the exploration of social media and mobile applications that includes social media management tools that can run automatic analytics. Such technological tools can improve the ability of underserved populations such as youth to access mental health and substance use services.
LGBT+ Data Collection		Yolo County will initiate data collection across the county on the LGBT+ community to provide culturally responsive outreach, quality mental health services/programs, and ultimately improve outcomes among this population. There are currently no indicators for this population; this program responds to the need to better support this marginalized community.

### Community Services and Supports (CSS)

Program Name	Target Pop	Description
Adult Wellness Alternatives	Adults ages 26 – 59	The Adult Wellness Alternatives Program provides systems development, full service partnership, and engagement services to adults who are unlikely to maintain recovery in the absence of ongoing services. Wellness Centers provide case management, psychiatry, and a continuum of services across the County.
Children’s Mental Health Services	Children up to age 17 with unmet or mental health treatment needs.	The Children’s Mental (CMS) Health Program provides outreach and engagement, systems development, and full service partnership services for children with severe emotional disturbance who meet medical necessity for county mental health services.
Community Based Drop in Navigation Centers	Adult Ages 26-59 / Older Adult 60+	The Community Based Drop-In Navigation Centers will offer behavioral health and social services to adults at risk of incarceration, hospitalization, and/or homelessness, who are not yet connecting to services. Staff provide services such as assessment and linkage to mental health services, activity or psychosocial/educational groups, assistance with housing or public benefit applications, and individual case management.



### Community Services and Supports (CSS) Cont.

Program Name	Target Pop	Description
Pathways to Independence	TAY 6-25	The Pathways to Independence Program provides outreach and engagement, systems development, and full service partnership services for youth with severe emotional disturbance and/or serious mental illness. This program will address needs including access to case management and psychiatry, upholding a continuum of services, and separating TAY Wellness Center services from adult services.
Peer and Family Led Support Services	Adult Ages 26-59	Peer and Family Led Support Services assists peers and families to understand the signs and symptoms of mental health, promote awareness of mental health resources, develop ways to support an individual or loved one to access needed services, and receive support to cope with the impact of mental health for an individual or within the family. Program services are peer/family led.

### Prevention and Early Intervention (PEI)

Program Name	Target Pop	Description
Early Signs Project: Crisis Intervention Team (CIT) Training	Adults ages 25–59	CIT is modeled after the CIT Memphis Model that focuses on training law enforcement and other first responders to recognize the signs of mental illness when responding to a person experiencing a mental health crisis. The course teaches trainees on the signs and symptoms of mental illness and coaching on how to respond appropriately and compassionately to individuals or families in crisis.
Early Intervention Program	TAY 16-25	The Early Intervention program focuses on youth developing mood disorders (i.e., bipolar and major depressive disorders). This program will include a variety of clinical and other supportive services at home, clinic, and community based settings and provide evidence based interventions to address emerging symptoms and to support the youth to stay on track developmentally.
Early Signs Training and Assistance	TAY Ages 16-24; Ages 24-59; Adult Ages 60+	Early Signs Training and Assistance trains individuals who have the knowledge and skills to respond to or prevent a mental health crisis in the community. The program offers training to providers, individuals, and other caregivers on approaches including: Applied Suicide Intervention Strategies Training (ASIST), SafeTALK, Mental Health First Aid Certification, and Youth Mental Health Aid Certification.
Integrated Behavioral Health Services for Latino Community and Families	Adult ages 26-59	The Integrated Behavioral Health Services for the Latino Community Families program will provide culturally responsive services to Latino/Hispanic residents with health issues, mental health illnesses, and/or substance use issues. The program provides primary care and full-scope behavioral health services to consumers, focused on engaging the family system and strategies for engaging men.
Mentorship/Strengths-Building Program	Children Ages 0-15	The Mentorship/Strengths-Building Program provides outreach and engagement for at-risk youth to build their resiliency and help mitigate their mental health experiences. The program offers, 1) school and community based education programs about children’s mental health 2) school and/or community based prevention groups for school-age children, and 3) after-school mentorship to children and youth. Services are conducted in familiar settings for children and families, with bilingual/bicultural staff in areas with a high proportion of non-English speaking populations. This program is adapted from the mentorship component of the former PEI Wellness Project Programs for Urban and Rural Resiliency in prior iterations of the Yolo MHSAs Program and Expenditure Plan.



### Prevention and Early Intervention (PEI)

Program Name	Target Pop	Description
Early Childhood Mental Health Access and Linkage Program	Children Ages 0-5	<p>The Early Childhood Mental Health Program Access and Linkage program connects children to the appropriate prevention or mental health treatment service. By placing a referral and access specialist in community settings, the program provides universal screenings to identify children who at risk of, or beginning to, develop mental health issues. The program then connects children to suitable services that prevent or intervene early to address mental health problems, regardless of funding source or service setting.</p> <p>*This program is an augmentation of the former PEI Wellness Project Programs for Urban and Rural Resiliency in prior iterations of the Yolo MHSAs Program and Expenditure Plan.</p>
School-Based Access and Linkage Program	Children Ages 6-18	<p>The School-Based Access and Linkage program places a specialist who offers identification and intervention for youth who need mental health services and links them to suitable services, regardless of funding or service setting. Wellness Teams will also meet monthly to review current participants and refer new youth, including school administrators, counselors, teachers, and staff. This program shifts the focus from brief treatment in the schools, to understanding needs and linking the child to the appropriate level of mental health service.</p> <p>*This program is an augmentation of the former PEI Wellness Project Programs for Urban and Rural Resiliency in prior iterations of the Yolo MHSAs Program and Expenditure Plan</p>
TAY Speaker's Bureau	TAY 16-25	<p>The TAY Speaker's Bureau engages TAY to share experiences with mental health to educate and inspire their communities. TAY will receive monthly training and stipends for developing their stories, public speaking practice, and community presentations. The program aims to reduce the stigma by replacing harmful misconceptions with stories of recovery and resiliency.</p>
TAY Wellness Center Services	TAY 16-25	<p>Yolo County HHSA is developing wellness center days and hours for TAY who are either at-risk of, or currently experiencing, mental health problems. The center will help TAY navigate the system and promote recovery, resiliency, and connection to services. The center will provide multiple levels of mental health services, from one-on-one services to severe mental illness interventions. Services provide a safe space through activities including sport activities, mentoring, college preparedness workshops, and group counseling.</p>
Wellness Project: Senior Peer Counselor Volunteers	Adults ages 60+	<p>Senior Peer Counselors mobilizes community volunteers to provide free counseling and visiting services for Older Adults who are experiencing loneliness, depression, loss of spouse, illness, or other concerns of aging. By providing psychosocial supports and identifying signs of mental illness early on, Senior Peer Counselors assists Older Adults to live independently for as long as reasonably possible.</p>
Early Signs Project: Crisis Intervention Program Augmentation	All Age Groups	<p>This program was intended to augment the County's SB82 grant funding for the Crisis Intervention Program (CIP) pilot, which paired community-based behavioral health providers with law enforcement. Plans were to support the additional staffing costs needed to expand CIP to 24-hours a day, 7-days per week.</p> <p>*Due to funding changes with SB82, the CIP program will sunset in 2017. Through the MHSAs Annual Update and Community Planning Process, Yolo County seeks community input regarding alternative approaches to provide comprehensive community mental health crisis support.</p>



### Workforce, Education, and Training (WET)

Program Name	Target Pop	Description
Psychiatry Residency Program Development		Yolo is working to partner with UC medical schools for a Psychiatric Residency program to train psychiatric residents and encourage them to enter the public mental health workforce. Psychiatry Residents would receive training in psychiatric assessment and treatment, cultural competency, and community mental health. The program serves the dual purpose of addressing the workforce shortage of psychiatrists and increasing the availability and quality of psychiatrists serving Yolo consumers.
Peer Workforce Development Workgroup		The program will provide peers with the evidence-based skill building, professional development opportunities, training, and internal HHSAs support they require to provide effective services to consumers, reduce stigma, and expand their own foundation of marketable skills. The workgroup will research best practices on supporting and maximizing peer staff.
Cultural Competency / LGBT + Cultural Competency Initiative (SDR)		The Cultural Competency/LGBT+ Cultural Competency Initiative provides the Cultural Competency Committee with information needed to deepen cultural competency among all staff, providers, and other partners. The Initiative will train HHSAs staff on cultural competency, deepen clinicians' specialization in specific practice areas, and data infrastructure around LGBT+ consumers. The initiative addresses needs around 1) cultural competency among staff concerning the LGBT+ population, 2) culture-specific experts provide services to consumers when indicated, 3) supervisory support to clinicians providing services to LGBT+ consumers, and 4) data collection concerning the LGBT+ population.
Mental Health Professional Development		The Mental Health Professional Development program will provide training for mental health providers to serve a diverse consumer population. Professional development focuses on emerging and best practices. Examples of programs include: E-Learning, changes in DSM manual, Gallup's StrengthsFinder training, Perinatal Mental Health Services Training, and Cultural Competence/Mental Health Resources.
Clinical Internship Program	Adult Ages 60+	The Clinical Internship program connects post-Bachelors student interns with older adult consumers. The program aims to increase the availability of home- and community-based clinical services while training new therapists in specialty mental health services. HHSAs will ensure that interns receive the required level of clinical supervision and training.