



# COUNTY OF YOLO

Office of the County Administrator

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## November Programs at the West Sacramento Branch Library

(Woodland, CA) – All are welcome to participate in the following special programs held during the month of November at Yolo County’s Arthur F. Turner Community Library, located at 1212 Merkley Avenue in West Sacramento:

- **November is Native American Heritage Month!** All Yolo County Library branches will celebrate with displays highlighting the history and culture of the Yocha Dehe Wintun Nation and recommended reading.
- **November 1: Workforce Innovation & Opportunity Act (WIOA), 11:00 a.m.** Come and meet a representative from the Yolo County Health & Human Services Agency to learn about adult and dislocated worker training services. WIOA will be at the library once a month.
- **November 1: Author Talk: Hoang Chi Truong, 6 p.m.** You are invited to hear local author Hoang Chi Truong speak about her book “TigerFish”. Truong’s work chronicles the author’s childhood in Vietnam and her coming of age story as she and her family grapple with identity and acculturation challenges as refugees in America.
- **November 2: Fair Housing Pop-Up Clinic, 3:00 p.m.** Staff attorneys and coordinators will be on hand to assess and address a variety of your fair housing issues. If you have questions about your rights under the fair housing laws, come speak with Project Sentinel staff to get help.
- **November 2, 16 & 30: Multi-Sensory Story Time, 6:00 p.m.** Children (ages 1-5 years) and their parents or caregivers are invited to join us for an inclusive story time. There will be a focus on children with special sensory needs. We will be using adapted books and sensory toys.
- **November 4 & 18: Tech Help 1-On-1, 11:00 a.m.** Do you want to learn how to get the best out of your laptop, tablet, or smartphone? Bring your questions and get answers in a 20 minute 1-on-1 session with our tech help. Sessions are by appointment only. Please register at the Information Desk or by calling (916) 375-6465.
- **November 6: Meditation, 6 p.m.** All are invited to come learn beneficial meditation practice. Simple meditation techniques will enable you to reduce stress and anxiety, decrease blood pressure, improve digestion and increase self-awareness. No prior experience or knowledge needed.

- **November 8 & 22: Teen Club (Teen Room), 5:00 p.m.** Teens (ages 13-18) are invited to participate in our bi-weekly program at the library focused on teen development through engaging activities. Snacks will be provided.
- **November 9: Tech Help 1-On-1, 3:00 p.m.** Do you want to learn how to get the best out of your laptop, tablet, or smartphone? Bring your questions and get answers in a 20 minute 1-on-1 session with our tech help. Sessions are by appointment only. Please register at the Information Desk or by calling (916) 375-6465.
- **November 9: Therapeutic Tai Chi and Qigong Part XXIV, 4:00 p.m.** Learn a series of movements and breathing exercises for general wellness, stress relief, physical balance, flexibility, and fall prevention. In part XXIV, we will continue to practice the reduced 6-8 short form Tai Chi sequence movements and the six-word formula (healing sounds and movements) that we have learned during the year. Regular practice increases self-understanding of our *qi*, breath and energy and its relation to our body and spirit. Come in comfortable clothing; floor mats and chairs will be provided. New participants are welcome and no registration is required. Note: There is no class in December.
- **November 9: All Things String, 6:00 p.m.** This crafting circle is for anyone who knits, crochets, embroiders, or enjoys fiber art. Bring a project or start something new.
- **November 13: Love on a Leash, 4:00 p.m.** Children (ages 6-12) are invited to join us for a fun “Read to a Dog” program. Love on a Leash® (LOAL) is a 501(c)(3) nonprofit dedicated to providing an avenue for volunteer pet therapy teams to engage in meaningful and productive animal assisted therapy. Parents/caregivers are asked to stay with their child to help with the reading. After 10 visits a participant can choose a free book.
- **November 15: What’s Happening Seniors?, 12:00 p.m.** Are you looking to get together with active seniors and make new friends? Come share stories, learn from one another and find out ‘What’s Happening’ in West Sacramento and beyond.
- **November 15: Evening Book Club, 6:00 p.m.** Come see old friends and meet new ones for a lively discussion. Books are collected and distributed at the meeting. This month’s reading selection will be *Heart of Horses* by Molly Gloss. Please contact Cindy at (916) 731-5504 for more information.
- **November 16, FREE Android Smartphone Training, 12:30 p.m.** Make your Android work better for you. Learn how to operate the basic functions of your Android smartphone, send text messages, connect Bluetooth devices, make the words bigger on your screen and much more. Android model phones only. Space is limited to five so please call (916) 375-6465 or stop by the Information Desk to register. Participants must register in advance.
- **November 18: Thanksgiving LEGO Competition, 3:00 p.m.** Children (ages 6-12) and their parents or caregivers are invited to come out and participate in our LEGO competition. Explore your creative side and make a Thanksgiving LEGO masterpiece. All participants are eligible to win a prize. Families with children under 6 years are welcome to attend this event.
- **November 20: S.T.E.A.M.ing Mad: Coffee Filter Fun, 4:00 p.m.** Discover the effect of diffusion,

osmosis, permeability, and porosity with coffee filters. Apply the information to design and frame an art work or create a butterfly mobile. Suitable for gifting. Great for tweens and teens.

- **November 27: Tales for Tails, 4:00 p.m.** Children (ages 6-12) are invited to join us for a fun “Read to a Dog” program. You will meet up to four very special dogs and their handlers. Parents/caregivers are asked to stay with their child to help with the reading. After 10 visits a participant may choose a free book.
- **November 29: West Sacramento Friends of the Library (WSFOL) Meeting, 6:00 p.m.** This non-profit 501(c)(3) organization is dedicated to serving the West Sacramento community through supporting library programs and services, and welcomes new members. Please contact the WSFOL directly at (916) 375-6465, ext. 4 or email: [wsfol99@yahoo.com](mailto:wsfol99@yahoo.com) for more information.
- **November 30: FREE iPhone Training, 12:30 p.m.** Make your iPhone work better for you. Learn how to operate the basic functions of your iPhone, send text messages, connect Bluetooth devices, make the words bigger on your screen and much more. iPhone model phones only. Space is limited to 12 so please call (916) 375-6465 or stop by the Information Desk to register. Participants must register in advance.

The following ongoing programs continue in November:

- **Buddy Reading:** Mondays at 4:30 p.m. Practice reading in a thirty-minute session with an older “buddy.” After 10 visits a participant may choose a free book.
- **Mother Goose on the Loose:** Tuesdays at 11:00 a.m.
- **Homework Center:** Tuesdays and Thursdays at 3:30 p.m. Participation is free and pre-registration is required at the Information Desk. For additional information contact the Homework Center Assistant at (916) 375-6469.
- **Bilingual Russian Story Time:** Tuesdays at 6:30 p.m.
- **Preschool Story Time:** Wednesdays at 11:00 a.m.
- **English Conversation Group:** Wednesdays at 4:00 p.m. and Fridays at 10:00 a.m.
- **Hug-a-Bye Baby:** Thursdays at 11:00 a.m.
- **Hora de Cuentos/Bilingual Spanish Story Time:** Saturdays at 11:00 a.m.

**NOTICE:** On November 10 all Yolo County Library branches will be closed for Veterans Day. On November 22 all library branches will be closed at 6:00 p.m., except for the Clarksburg Branch Library which will be open from 10:00 a.m. to 12:00 p.m. Lastly, on November 23 and 24 all library branches will be closed for Thanksgiving.

All programs are sponsored by the West Sacramento Friends of the Library, are free to attend and, with few exceptions, do not require registration. For more information about events at the Arthur F. Turner Community Library, contact library staff at (916) 375-6465 or visit the Yolo County Library at: [www.yolocountylibrary.org](http://www.yolocountylibrary.org) (see calendar for Arthur F. Turner Community Library-specific events). Connect with the Yolo County Library on Facebook at: [www.facebook.com/yolocountylibrary.org](http://www.facebook.com/yolocountylibrary.org).