



COUNTY OF YOLO

Health and Human Services Agency

Karen Larsen, LMFT
Director

137 N. Cottonwood Street • Woodland, CA 95695
(530) 666-8940 • www.yolocounty.org

Local Mental Health Board

Regular Meeting: Monday, October 23, 2017, 7:00 PM – 9:00 PM

Community Conference Room at 600 A Street, Davis, CA 95616

All items on this agenda may be considered for action.

CALL TO ORDER ----- 7:00 PM – 7:10 PM

1. Welcome and Introductions
2. Public Comment
3. Approval of Agenda
4. Approval of [Minutes from September 25, 2017](#)
5. Member Announcements
6. Correspondence

TIME SET AGENDA ----- 7:10 PM – 8:10 PM

7. [MHSA Annual Update Presentation](#) and [Program Summary](#) – Roberta Chambers and Kelechi Ubozoh, Resource Development Associates

TIME SET AGENDA ----- 8:10 PM – 8:30 PM

8. [Children Welfare Services Presentation](#) – Jennie Pettet, Child, Youth and Family Branch Director

CONSENT AGENDA ----- 8:30 PM – 8:45 PM

9. [Mental Health Director’s Report](#) – Karen Larsen
 - a. CIP/SB82 Update ([CIP Final Report / SB82 Stakeholder Presentation](#))
 - b. Public Guardian Update
 - c. CWDA Conference
 - d. MHSA Innovation
 - e. Sutter Community Benefit
 - f. Interns
 - g. RFP Updates

REGULAR AGENDA ----- 8:45 PM – 8:55 PM

10. Public Forum
11. Board Recruitment
12. Board of Supervisors Report – Supervisor Don Saylor
13. Chair Report – James Glica-Hernandez

James Glica-Hernandez

Chair

Nicki King
Vice-Chair

Reed Walker
Secretary

District 1
(Oscar Villegas)

Bret Bandley
Martha Guerrero
Sally Mandujan

District 2
(Don Saylor)

Nicki King
Tom Waltz
Gabriel Lockshin

District 3
(Matt Rexroad)

Richard Bellows
Laurie Ferns
James Glica-Hernandez

District 4
(Jim Provenza)

Robert Schelen
Ajay Singh
Vacant

District 5
(Duane Chamberlain)

Brad Anderson
Reed Walker
Vacant

Board of Supervisors Liaison

Don Saylor

Alternate

Jim Provenza

If requested, this agenda can be made available in appropriate alternative formats to persons with a disability, as required by Section 202 of the American with Disabilities Act of 1990 and the Federal Rules and regulations adopted implementation thereof. Persons seeking an alternative format should contact the Local Mental Health Board Staff Support Liaison at the Yolo County Health and Human Services Agency, LMHB@yolocounty.org or 137 N. Cottonwood Street, Woodland, CA 95695 or 530-666-8516. In addition, a person with a disability who requires a modification or accommodation, including auxiliary aids of services, in order to participate in a public meeting should contact the Staff Support Liaison as soon as possible and preferably at least twenty-four hours prior to the meeting.

PLANNING AND ADJOURNMENT ----- 8:55 PM – 9:00 PM

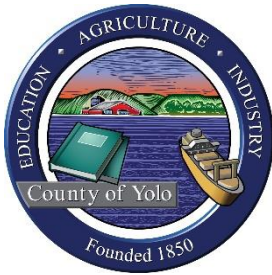
14. Future Meeting Planning and Adjournment – James Glica-Hernandez
 - a. Long Range Planning Calendar Discussion and Review
 - b. Next Meeting Date and Location – December 4, 2017 at AFT Library Community Meeting Room, 1212 Merkley Ave. West Sacramento, CA 95691

I certify that the foregoing was posted on the bulletin board at 625 Court Street, Woodland CA 95695 on or before Friday, October 20, 2017.



Iulia Bodeanu, CAO Secretary
Local Mental Health Board Administrative Support Liaison
Yolo County Health and Human Services Agency

Item 4.
Approval of Minutes from Sept. 25, 2017



COUNTY OF YOLO

Health and Human Services Agency

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Director

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Local Mental Health Board Meeting Minutes

Monday, September 25, 2017, 7:00 – 8:00 PM
137 N. Cottonwood St. Woodland, CA 95695
Thomson Conference Room

- Members Present:** James Glica-Hernandez, Laurie Ferns, Ajay Singh, Reed Walker, Don Saylor, Bret Bandley, Brand Anderson, Martha Gurrero, Gabriel Lockshin
- Members Excused:** Richard Bellows, Robert "Bob" Schelen, Tom Waltz, Niki King, Sally Mandujan
- Staff Present:** Karen Larsen, HHS Director
Samantha Fusselman, HHS Deputy Mental Health Director
Ian Evans, HHS Alcohol and Drug Administrator
Iulia Bodeanu, LMHB Administrative Liaison

CALL TO ORDER

- 1. Welcome and Introductions:** The September 25, 2017 meeting of the Local Mental Health Board was called to order at 7:03 PM. Introductions were made. James introduced the newest board member Gabriel Lockshin. Gabriel is a client and works for Turning Point Community Programs as a Peer Support Specialist. He graduated from Sac State with a degree in Social Service and currently working as a para-educator for the Woodland School District.
- 2. Public Comment**
 - Linda Wight is a parent of a mental health client who voiced her concern over the loss of the Community Intervention Program (CIP) in a letter she read to the board ([LINK HERE](#)).
 - Karen Larsen addressed the concerns of Linda Wight. The County is looking at keeping CIP or a version of the program running by continuing to keep one Turning Point position through the end of the calendar year. The County is also going to have a meeting with law enforcement, hospital partners and first responders together to strategize on ways to make the program sustainable. One of our city partners are interested in providing funding as well as the possibility of combining resources with the first responders initiative mental health urgent care facility to develop creative strategies moving forward. Karen thanked Linda for her thoughtful letter.
 - June Forbes of NAMI Yolo stated that the next version of CIP should be mobile so that the clinician can meet clients where they are in crisis in the field and not at the hospital. NAMI In Our Own Voice presentation aligned with Mental Health Awareness week will target working with landlords, property owners, merchants and potential employers. The meeting will be held on Wednesday, October 4th at 7pm at the Woodland Community Center.

3. Approval of Agenda:

Motion to approve: Martha Gurrero **Second:** Laurie Ferns **Vote:** Unanimous

4. Approval of Minutes from August 28, 2017: Correct made by Reed Walker, minutes reflect Reed Walker's absence from the August meeting. Motion to approve minutes as amended with Reed not present at the August 28th meeting.

Motion: Bret Bandley **Second:** Martha Gurrero **Abstention:** Reed Walker **Vote:** Passes

5. Member Announcements: None

6. Correspondence

- Letter from Linda Wright

TIME SET AGENDA

- 7. Budget Presentation from 9/20/17 Meeting** regarding HHS Mental Health Budget Approval by Connie Cessna-Smith, who provided an overview of the major changes from the initial planning for the budget to the updated numbers that will be submitted to the Board of Supervisor's for approval. The Board discussed addressing their concerns regarding the loss of CIP funding as part of the budget recommendation to the board. James Glica-Hernandez stated that he would be willing to add a paragraph regarding CIP. **Motion** to approve budget with the following changes: To change the word removal of the ACA to repeal of the ACA in the third paragraph of the budget summary with the addition of a paragraph regarding the continued need of CIP in the community. **Motion:** Laurie Ferns **Second:** Ajay Singh **Vote:** Unanimous

TIME SET AGENDA

- 8. Substance Use Disorder Services Presentation** – Ian Evans, Alcohol and Drug Administrator

CONSENT AGENDA

- 9. Mental Health Director's Report** – Karen Larsen
- a. West Sacramento Support: City staff and HHS met with a city council member and Supervisor Villegas to discuss community members navigating the mental health system. The City of West Sacramento has mental health as part of their strategic plan and would like to discuss where gaps in communication and resources can be filled. Karen will keep the board informed as this partnership moves forward.

REGULAR AGENDA

- 10. Board of Supervisor's Report** – Don Saylor
- Tomorrow (September 26th) is the budget meeting for the Board of Supervisors. Supervisor Saylor will be asking for a report back on CIP and is there an element of it that we would like to preserve and to do a grant reassessment for the program. Supervisor Saylor would like to congratulate the HHS team on their pursuit of Public Health Accreditation. He was glad to participate in helping answering questions regarding the roles of health council and local mental health board and how these entities feed into board of supervisor discussions. Supervisor Saylor is also glad to share

that the contracts and plans for the 600 A Street remodel is underway to expand the increase of social services. There are currently 10,000 people in Davis who are receiving support from Yolo County HHSA. Davis will have a place for consumers to receive services. The facility will have mental health clinicians and a wellness center, which will be completed in the next 6 months.

11. Chair Report – James Glica-Hernandez

- Board Recruitment. We currently have two vacancies, one from District 4 and one from District 5. We encourage consumers and from every walk of life to join the board and to increase the diversity of the board. We are required to have 50% of the board be peers or family of peers. Karen Larsen stated that she would like to see the parent of a minor who is a client on the board. James also encouraged through that have substance use disorder as board members. To apply to become a board member apply ([LINK HERE](#)).
- James encouraged everyone to sign up for the October 20th and 21st Local Mental Health Board Training. ([LINK HERE](#)).
- MHSA Annual Update and Community Input Meeting will be on Wednesday, October 11th in the Community Room at 8:30am, 1:00pm in West Sacramento Community Room, in Esparto at 4:30pm at the RISE office, Community Center. We are adding a fourth meeting in Davis before the next Local Mental Health Board meeting on October 23rd.
- Joan Beasley is retiring and the Local Mental Health Board would like to support recognition of Joan **Motion:** Martha Gurerro **Second:** Bret Bandley **Vote:** Unanimous

PLANNING AND ADJOURNMENT

12. Future Meeting Planning and Adjournment: James Glica-Hernandez

- Long Range Planning Calendar discussion and review: Child Welfare Services and Foster Youth Presentation by Jennie Pettet, Child, Youth and Family Branch Director will be presenting at the next local mental health board meeting.
- Next Meeting Date and Location – October 23, 2017 at 600 A Street, Davis Community Conference Room.
- This meeting was adjourned at 8:20 PM.

Item 7.
MHSA Annual Update Presentation
and Program Summary



YOLO COUNTY: MHSA ANNUAL UPDATE 2017 COMMUNITY MEETINGS

October 23, 2017

Resource Development Associates (RDA)

Community Input Meetings

Kelechi Ubozoh

Alejandra Barrio M.P.P.



Community Planning Process

Agenda

2



Welcome and Introductions

3

Welcome to the community planning meeting!

- Please share:
 - ▣ Your name
 - ▣ Stakeholder affiliation
 - ▣ What are you hoping to accomplish or contribute today?

Comfort Agreements/Ground Rules

4

- Respect all persons and opinions
- One conversation at a time
- Maintain confidentiality
- Right to pass
- Step up/Step down
- Turn cell phones on **vibrate**
- Parking lot items
- Other agreements?

5

Overview of MHSA Annual Update and Community Planning Process

MHSA Overview

6

- Mental Health Services Act (Proposition 63) passed November 2, 2004
- 1% income tax on income over \$1 million
- Purpose of MHSA: to expand and transform mental health services in California



MHSA Components

7

- Community Services and Supports (CSS)
- Prevention and Early Intervention (PEI)
- Workforce Education and Training (WET)
- Capital Facilities and Technological Needs (CFTN)
- Innovation (INN)

MHSA Annual Update

8

- County mental health programs shall prepare and submit an Annual Update for Mental Health Service Act (MHSA) programs and expenditures.
- Annual Updates must be adopted by the county board of supervisors and submitted to the Mental Health Services Oversight and Accountability Commission (MHSOAC) within 30 days after board of supervisor adoption.

Community Planning Process

- The MHSAs intend that there be a **meaningful stakeholder process** to provide subject matter expertise to the **development of plans focused on utilizing the MHSAs funds at the local level.**
- Language related to the CPP had always been included in the MHSAs and, after Assembly Bill (AB) 1467 was enacted in 2012, this process was strengthened as follows:

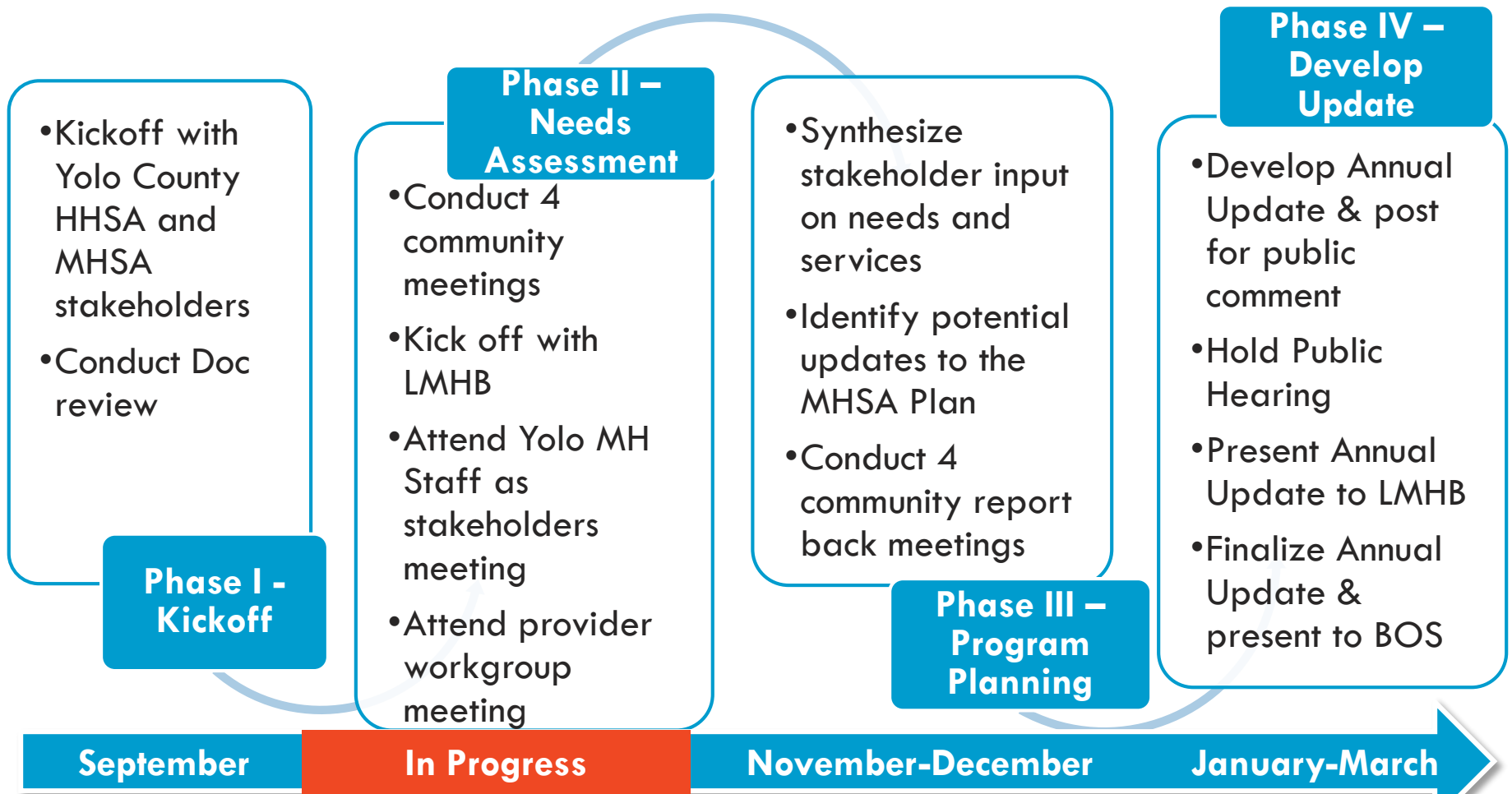
Community Planning Process

10

Program planning shall be developed with local stakeholders including:

- ❑ Adults and seniors with severe mental illness
- ❑ Families of children, adults, and seniors with severe mental illness
- ❑ Providers of mental health services
- ❑ Law enforcement agencies
- ❑ Education agencies
- ❑ Social services agencies
- ❑ Veterans and representatives from veterans organizations
- ❑ Providers of alcohol and drug services
- ❑ Health care organizations
- ❑ Other important interests
 - Source: WIC Section 5848. (a)

Annual Update Activities and Timeline



Review Programs and Services

12

See Handout

13

Community Input

Accomplishments

- Designing of the Stay Well Center for TAY and Wellness Centers facility upgrades
- Creation of programs to serve children 0-5
- Establishment of LGBT+ data collection initiatives
- Support from HHS leadership to collect utilization data and become more outcome focused
- Examining properties for the new Adult Residential Treatment Center
- Development of INN –funded Board & Care review to research and respond to the community need

Needs: Mental Health Service Availability

15

- Crisis response services
 - ▣ Preserve the field-based law enforcement partnered with MH clinician crisis response funded by SB82
 - ▣ Expand crisis services beyond the ER through mobile crisis teams
 - ▣ Expand afterhours services for emergency response; specifically needed for FSP clients
 - Suggestion: Alternative Staff Schedules
- Transportation Needs
 - ▣ Increase reliable transportation for consumers in rural areas to get to services (e.g. Esparto).

Needs: Mental Health Service Availability

16

- Justice-Involved Services
 - Establish mental health services for justice involved youth that are not in custody (e.g. boys of color who are in probation).
 - Pre-release planning for mental health needs and services for community members returning.

Needs: Mental Health Technical Training & Support

17

- ❑ Improve agency and contractor capacity to collect, analyze, and report data for program/service assessment.
- ❑ Increase community education and awareness around MHSA, available mental health services, and eligibility requirements.
- ❑ Strengthen FSP clinical support for medical assessments.
- ❑ Improve communication with law enforcement agencies during crisis response.

Community Input

18

- What has been accomplished over the past year?
- What is working well?
- What **gaps** remain?
 - ▣ What do programs need?
 - ▣ What populations are still in need?
- What do you think **this year's priorities** are?

Next Steps

19

Community input meetings: This month!



Community report back meetings – November 30, 2017



Develop update: November- January 2018



Post for public comment: January 18, 2018



Public Hearing: February 21, 2018



Submit update to Board of Supervisors: March 20, 2018

Evaluation and Closing

20

Give us your feedback!

Contact Us:



Kelechi Ubozoh

kubozoh@resourcedevelopment.net

510.488.4345 x113



Yolo MHSAs Programs [FY 2017-2020]

Capital Facilities and Technology Needs (CFTN)

Program Name	Target Pop	Description
Electronic Health Record and Data Upgrades		Yolo County has been updating information systems and software systems, standardizing data collection, improving its electronic documentation system, and strengthening analytic and reporting process. The county seeks to shift from an output to an outcomes data system.
Adult Residential Tx Program	Adult ages 26-59; 18+ with serious mental illness or at risk of institutional placement.	Yolo County plans to develop a residential treatment facility to provide a community-based residential treatment alternative for adults at risk of falling back into Mental Health Rehabilitation Center (MHCs) and/or Institutions for Mental Diseases (IMD).
Adult Wellness Center	TAY Ages 16-24; Ages 24-59; Adult Ages 60+	Yolo HHSA is in the process of expanding and remodeling its existing wellness centers in Woodland and West Sacramento and renovating a third Wellness Center in Davis. This program provides an alternative drop-in space with a variety of rehabilitative services, skill building groups, and computer labs with internet access.
Tele Psychiatry	Older Adults with Serious Mental Illness	Mobile Tele-Mental Health services provide psychiatric services to clients through live, interactive audio videoconferencing during which Yolo HHSA staff facilitate the consultation between the client and the psychiatrist, taking special care in ensuring the privacy, confidentiality, and informed consent of the client.
Social Media Initiative		Yolo County HHSA will begin the exploration of social media and mobile applications that includes social media management tools that can run automatic analytics. Such technological tools can improve the ability of underserved populations such as youth to access mental health and substance use services.
LGBT+ Data Collection		Yolo County will initiate data collection across the county on the LGBT+ community to provide culturally responsive outreach, quality mental health services/programs, and ultimately improve outcomes among this population. There are currently no indicators for this population; this program responds to the need to better support this marginalized community.

Community Services and Supports (CSS)

Program Name	Target Pop	Description
Adult Wellness Alternatives	Adults ages 26 – 59	The Adult Wellness Alternatives Program provides systems development, full service partnership, and engagement services to adults who are unlikely to maintain recovery in the absence of ongoing services. Wellness Centers provide case management, psychiatry, and a continuum of services across the County.
Children’s Mental Health Services	Children up to age 17 with unmet or mental health treatment needs.	The Children’s Mental (CMS) Health Program provides outreach and engagement, systems development, and full service partnership services for children with severe emotional disturbance who meet medical necessity for county mental health services.
Community Based Drop in Navigation Centers	Adult Ages 26-59 / Older Adult 60+	The Community Based Drop-In Navigation Centers will offer behavioral health and social services to adults at risk of incarceration, hospitalization, and/or homelessness, who are not yet connecting to services. Staff provide services such as assessment and linkage to mental health services, activity or psychosocial/educational groups, assistance with housing or public benefit applications, and individual case management.



Community Services and Supports (CSS) Cont.

Program Name	Target Pop	Description
Pathways to Independence	TAY 6-25	The Pathways to Independence Program provides outreach and engagement, systems development, and full service partnership services for youth with severe emotional disturbance and/or serious mental illness. This program will address needs including access to case management and psychiatry, upholding a continuum of services, and separating TAY Wellness Center services from adult services.
Peer and Family Led Support Services	Adult Ages 26-59	Peer and Family Led Support Services assists peers and families to understand the signs and symptoms of mental health, promote awareness of mental health resources, develop ways to support an individual or loved one to access needed services, and receive support to cope with the impact of mental health for an individual or within the family. Program services are peer/family led.

Prevention and Early Intervention (PEI)

Program Name	Target Pop	Description
Early Signs Project: Crisis Intervention Team (CIT) Training	Adults ages 25–59	CIT is modeled after the CIT Memphis Model that focuses on training law enforcement and other first responders to recognize the signs of mental illness when responding to a person experiencing a mental health crisis. The course teaches trainees on the signs and symptoms of mental illness and coaching on how to respond appropriately and compassionately to individuals or families in crisis.
Early Intervention Program	TAY 16-25	The Early Intervention program focuses on youth developing mood disorders (i.e., bipolar and major depressive disorders). This program will include a variety of clinical and other supportive services at home, clinic, and community based settings and provide evidence based interventions to address emerging symptoms and to support the youth to stay on track developmentally.
Early Signs Training and Assistance	TAY Ages 16-24; Ages 24-59; Adult Ages 60+	Early Signs Training and Assistance trains individuals who have the knowledge and skills to respond to or prevent a mental health crisis in the community. The program offers training to providers, individuals, and other caregivers on approaches including: Applied Suicide Intervention Strategies Training (ASIST), SafeTALK, Mental Health First Aid Certification, and Youth Mental Health Aid Certification.
Integrated Behavioral Health Services for Latino Community and Families	Adult ages 26-59	The Integrated Behavioral Health Services for the Latino Community Families program will provide culturally responsive services to Latino/Hispanic residents with health issues, mental health illnesses, and/or substance use issues. The program provides primary care and full-scope behavioral health services to consumers, focused on engaging the family system and strategies for engaging men.
Mentorship/Strengths-Building Program	Children Ages 0-15	The Mentorship/Strengths-Building Program provides outreach and engagement for at-risk youth to build their resiliency and help mitigate their mental health experiences. The program offers, 1) school and community based education programs about children’s mental health 2) school and/or community based prevention groups for school-age children, and 3) after-school mentorship to children and youth. Services are conducted in familiar settings for children and families, with bilingual/bicultural staff in areas with a high proportion of non-English speaking populations. This program is adapted from the mentorship component of the former PEI Wellness Project Programs for Urban and Rural Resiliency in prior iterations of the Yolo MHSAs Program and Expenditure Plan.



Prevention and Early Intervention (PEI)

Program Name	Target Pop	Description
Early Childhood Mental Health Access and Linkage Program	Children Ages 0-5	<p>The Early Childhood Mental Health Program Access and Linkage program connects children to the appropriate prevention or mental health treatment service. By placing a referral and access specialist in community settings, the program provides universal screenings to identify children who at risk of, or beginning to, develop mental health issues. The program then connects children to suitable services that prevent or intervene early to address mental health problems, regardless of funding source or service setting.</p> <p>*This program is an augmentation of the former PEI Wellness Project Programs for Urban and Rural Resiliency in prior iterations of the Yolo MHSAs Program and Expenditure Plan.</p>
School-Based Access and Linkage Program	Children Ages 6-18	<p>The School-Based Access and Linkage program places a specialist who offers identification and intervention for youth who need mental health services and links them to suitable services, regardless of funding or service setting. Wellness Teams will also meet monthly to review current participants and refer new youth, including school administrators, counselors, teachers, and staff. This program shifts the focus from brief treatment in the schools, to understanding needs and linking the child to the appropriate level of mental health service.</p> <p>*This program is an augmentation of the former PEI Wellness Project Programs for Urban and Rural Resiliency in prior iterations of the Yolo MHSAs Program and Expenditure Plan</p>
TAY Speaker's Bureau	TAY 16-25	<p>The TAY Speaker's Bureau engages TAY to share experiences with mental health to educate and inspire their communities. TAY will receive monthly training and stipends for developing their stories, public speaking practice, and community presentations. The program aims to reduce the stigma by replacing harmful misconceptions with stories of recovery and resiliency.</p>
TAY Wellness Center Services	TAY 16-25	<p>Yolo County HHSA is developing wellness center days and hours for TAY who are either at-risk of, or currently experiencing, mental health problems. The center will help TAY navigate the system and promote recovery, resiliency, and connection to services. The center will provide multiple levels of mental health services, from one-on-one services to severe mental illness interventions. Services provide a safe space through activities including sport activities, mentoring, college preparedness workshops, and group counseling.</p>
Wellness Project: Senior Peer Counselor Volunteers	Adults ages 60+	<p>Senior Peer Counselors mobilizes community volunteers to provide free counseling and visiting services for Older Adults who are experiencing loneliness, depression, loss of spouse, illness, or other concerns of aging. By providing psychosocial supports and identifying signs of mental illness early on, Senior Peer Counselors assists Older Adults to live independently for as long as reasonably possible.</p>
Early Signs Project: Crisis Intervention Program Augmentation	All Age Groups	<p>This program was intended to augment the County's SB82 grant funding for the Crisis Intervention Program (CIP) pilot, which paired community-based behavioral health providers with law enforcement. Plans were to support the additional staffing costs needed to expand CIP to 24-hours a day, 7-days per week.</p> <p>*Due to funding changes with SB82, the CIP program will sunset in 2017. Through the MHSAs Annual Update and Community Planning Process, Yolo County seeks community input regarding alternative approaches to provide comprehensive community mental health crisis support.</p>



Workforce, Education, and Training (WET)

Program Name	Target Pop	Description
Psychiatry Residency Program Development		Yolo is working to partner with UC medical schools for a Psychiatric Residency program to train psychiatric residents and encourage them to enter the public mental health workforce. Psychiatry Residents would receive training in psychiatric assessment and treatment, cultural competency, and community mental health. The program serves the dual purpose of addressing the workforce shortage of psychiatrists and increasing the availability and quality of psychiatrists serving Yolo consumers.
Peer Workforce Development Workgroup		The program will provide peers with the evidence-based skill building, professional development opportunities, training, and internal HHSAs support they require to provide effective services to consumers, reduce stigma, and expand their own foundation of marketable skills. The workgroup will research best practices on supporting and maximizing peer staff.
Cultural Competency / LGBT + Cultural Competency Initiative (SDR)		The Cultural Competency/LGBT+ Cultural Competency Initiative provides the Cultural Competency Committee with information needed to deepen cultural competency among all staff, providers, and other partners. The Initiative will train HHSAs staff on cultural competency, deepen clinicians' specialization in specific practice areas, and data infrastructure around LGBT+ consumers. The initiative addresses needs around 1) cultural competency among staff concerning the LGBT+ population, 2) culture-specific experts provide services to consumers when indicated, 3) supervisory support to clinicians providing services to LGBT+ consumers, and 4) data collection concerning the LGBT+ population.
Mental Health Professional Development		The Mental Health Professional Development program will provide training for mental health providers to serve a diverse consumer population. Professional development focuses on emerging and best practices. Examples of programs include: E-Learning, changes in DSM manual, Gallup's StrengthsFinder training, Perinatal Mental Health Services Training, and Cultural Competence/Mental Health Resources.
Clinical Internship Program	Adult Ages 60+	The Clinical Internship program connects post-Bachelors student interns with older adult consumers. The program aims to increase the availability of home- and community-based clinical services while training new therapists in specialty mental health services. HHSAs will ensure that interns receive the required level of clinical supervision and training.

Item 9.
Mental Health Director's Report

Mental Health Director's Report

October 23, 2017

CIP/SB82 update – On October 19th and 20th, HHSA hosted two meetings to discuss CIP. The first was with Law Enforcement and First Responders and the second was with the hospitals. We shared the two PowerPoints attached and discussed what worked well, opportunities for improvement and plans for the future. HHSA feels confident that we will be able to create an even more robust crisis response continuum that will have 24/7 coverage.

Public Guardian Update – The Public Guardian and Public Administrator teams attended the annual conference in Sacramento September 26-28th in Sacramento. The conference provided us all with information regarding our duties, changes to laws, and emerging best practices and evidence around LPS and Probate conservatees.

CWDA Conference – Several of us attended the California Welfare Directors Association conference October 4-6th in Sacramento. The conference was focused on older adults this year and was truly inspirational. Topics covered included impacts of trauma on health, The Aging Homeless Population, IHSS best practices and a variety of eligibility and child welfare sessions.

MHSA Innovation – As a part of our Innovation Plan approved by the MHSOAC a few months ago, we proposed a technology component, that we hadn't identified at that point. We are now working with LA and several other counties to partner on a technology suite to use as a part of our First Responders Initiative.

Sutter Community Benefit- HHSA is partnering with Sutter Health to increase our role in supporting the navigation of individuals experiencing mental health crises in the Sutter Davis Emergency Department. To support the initiative, HHSA submitted a \$250,000 request to the Sutter Community Benefit fund. HHSA will provide a clinician response to the Sutter Davis ED 24/7.

Interns- As a part of our current 3-year MHSA plan, HHSA is providing yearly paid internships to second-year CSUS MSW students. Each year through May, 2020, four students will work 3 days per week in 6-week rotations including Triage and Assessment, Intensive Mental Health, Older Adult/APS, Homeless Services, Transition Age Youth and Wellness Programs, Court Programs and Public Guardian.

RFP updates

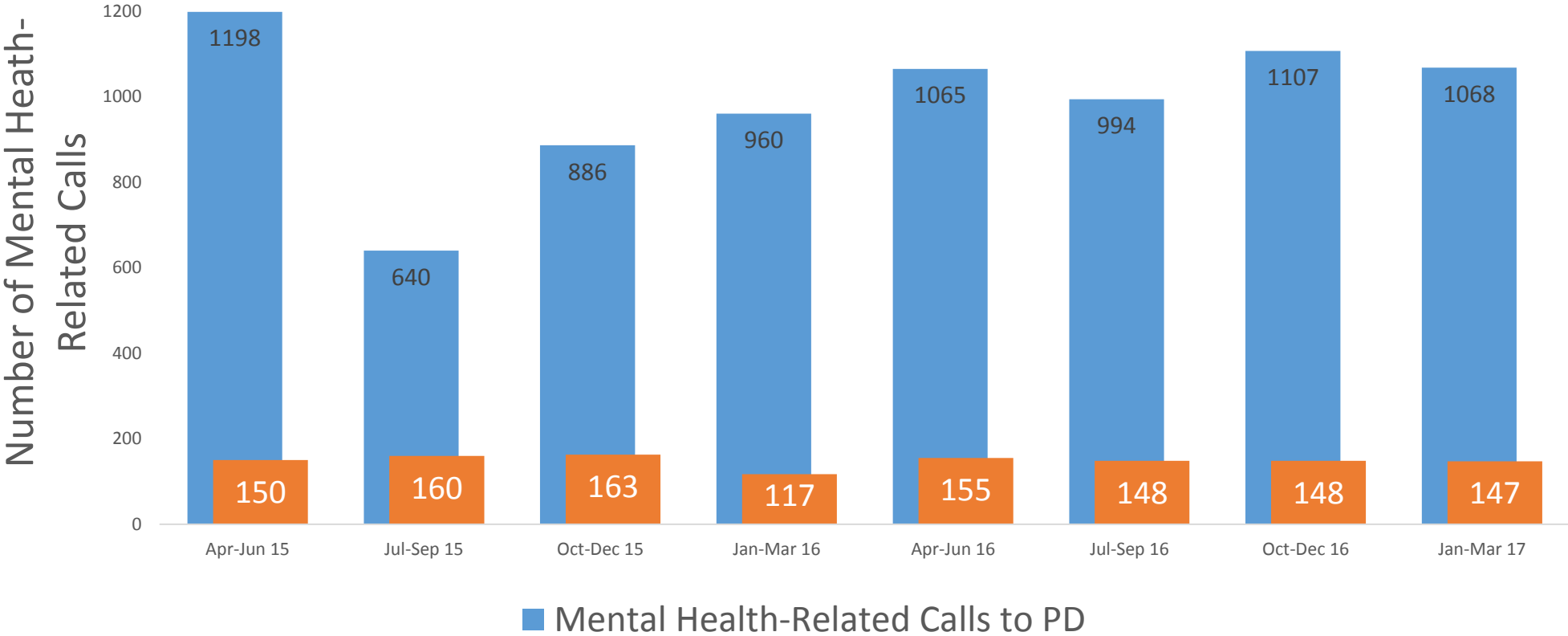
Program	Projected Contract Date	Awarded To
Housing and Supportive Services	10/1/2017	Turning Point
Latino Outreach/MH Promotores	10/1/2017	CommuniCare & RISE
Access & Linkage – School Rural EI School Mentorship/Strengths Rural	10/1/2017	Rise & YFSA

Navigation Center	11/1/2017	Communicare
Peer Family-Led Support Services	11/1/2017	NAMI
Proposition 47	11/16/2017	Pending

Data Sources Used for Evaluation

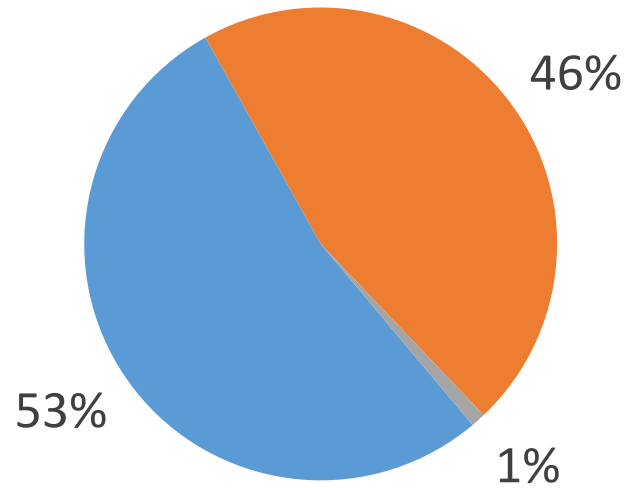
Data Source	Data Provided
Turning Point	<ul style="list-style-type: none">● Self-reported CIP consumer demographics● CIP request and encounter information<ul style="list-style-type: none">○ Characteristics of CIP requests○ Type of services provided○ Post-crisis follow-up● Disposition of CIP encounter (e.g., hospital, ED, remained in community, arrest, crisis)● Consumer satisfaction with the CIP program
HHSA	<ul style="list-style-type: none">● HHSA mental health service connectedness● Psychiatric hospitalization history of CIP consumers
Law Enforcement Agencies	<ul style="list-style-type: none">● Number of mental health-related calls received by each LEA

Number of MH related calls vs. CIP Encounters



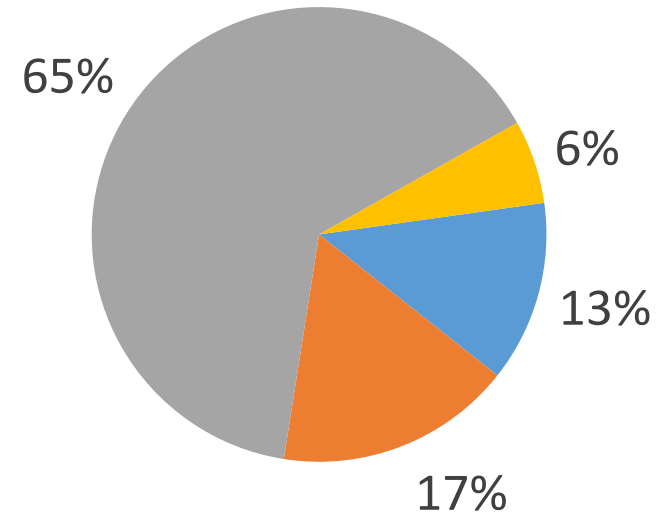
Gender & Age

Gender (N=840)



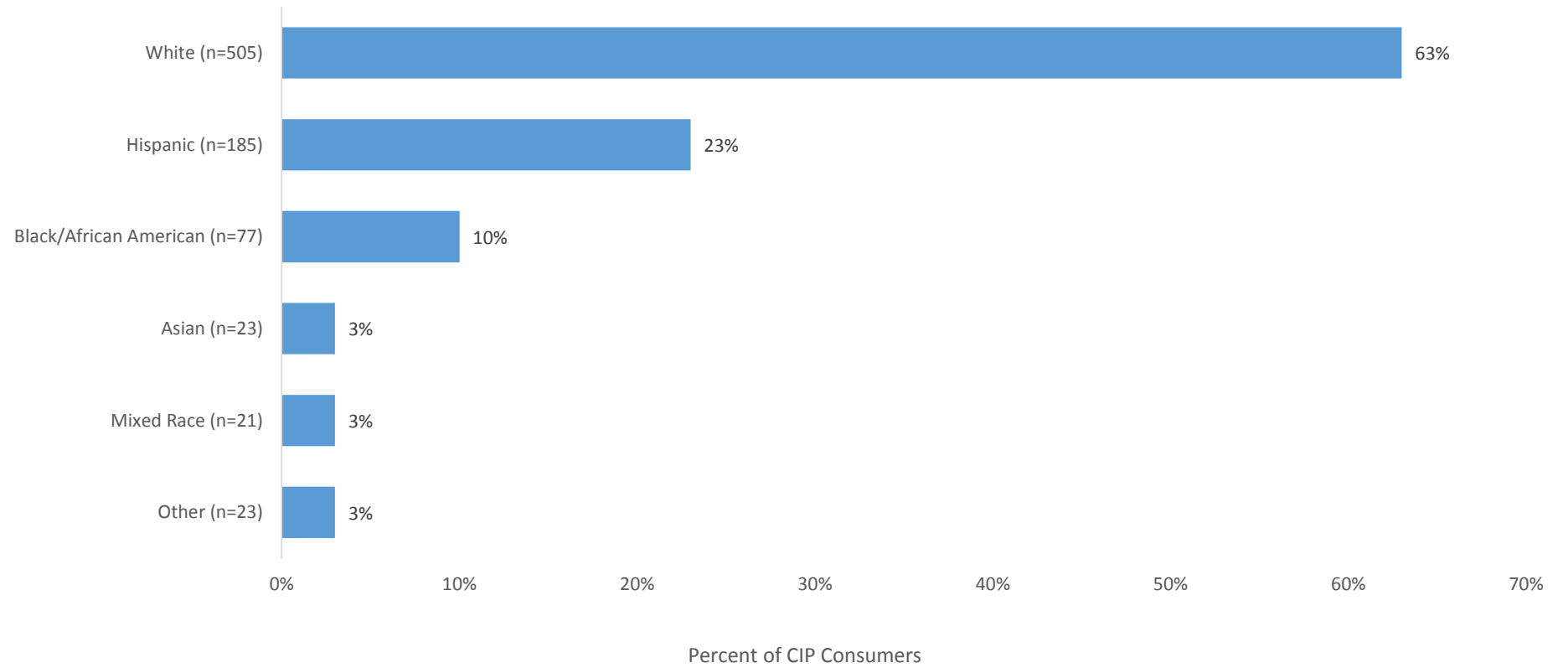
■ Male (n=447) ■ Female (n=388) ■ Other (n=5)

Age (N=820)

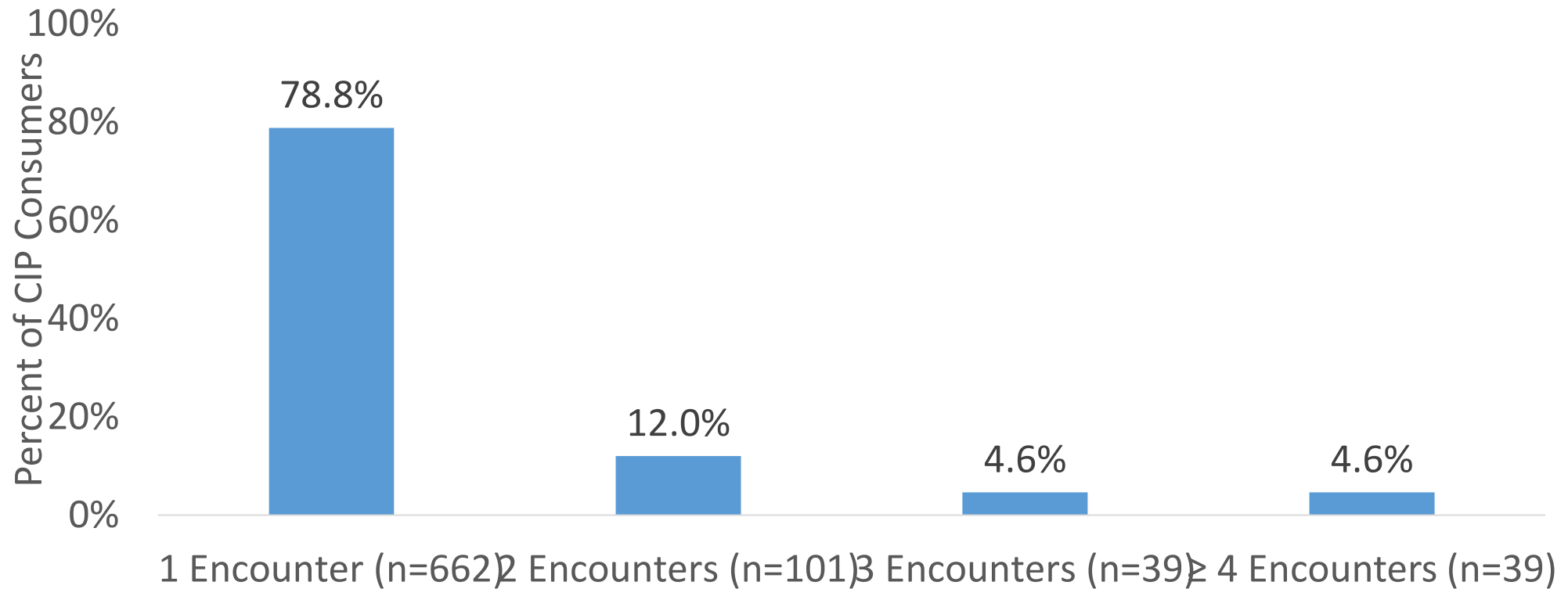


■ Under 18 (n=105) ■ 18-25 (n=137)
■ 26-64 (n=530) ■ 65 or older (n=48)

Race & Ethnicity of CIP Consumers



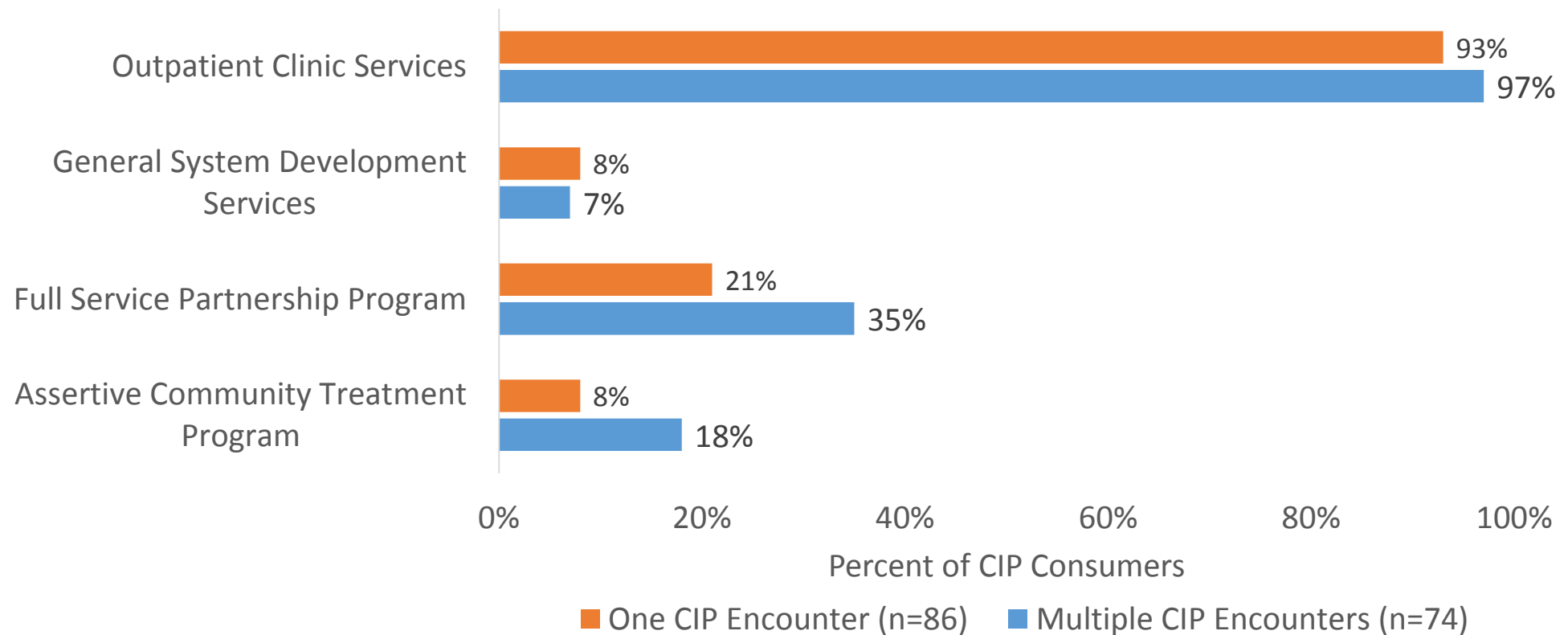
Frequency of CIP Encounters Among Consumers



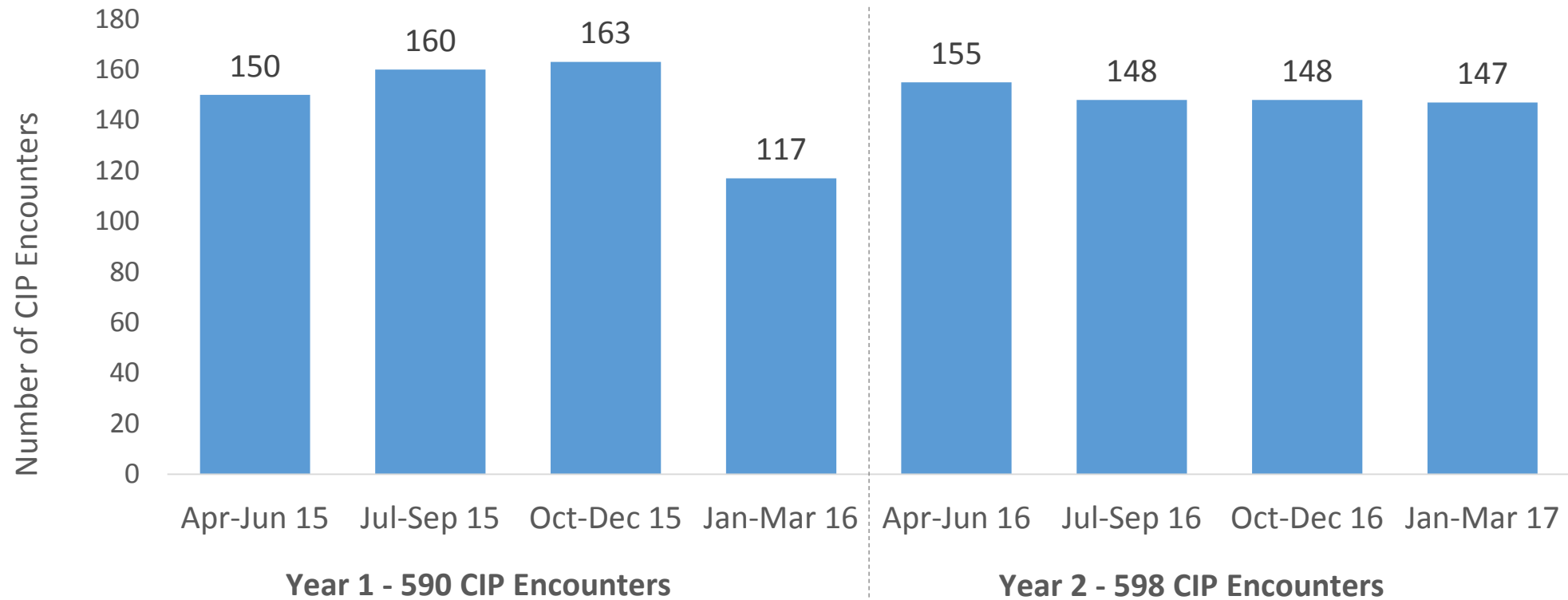
Self Reported Criminal Justice & Mental Health Service History

Self-Reported Information	Consumers with One CIP Encounter (N=662)	Consumers with Multiple CIP Encounters (N=179)
Criminal Justice Involvement		
Known to Law Enforcement	183 (28%)	135 (75%)
Prior Arrests	172 (26%)	71 (40%)
Mental Health Service History		
Prior HHS Mental Health Services	92 (14%)	80 (45%)
Prior Psychiatric Hospitalization	236 (36%)	133 (74%)

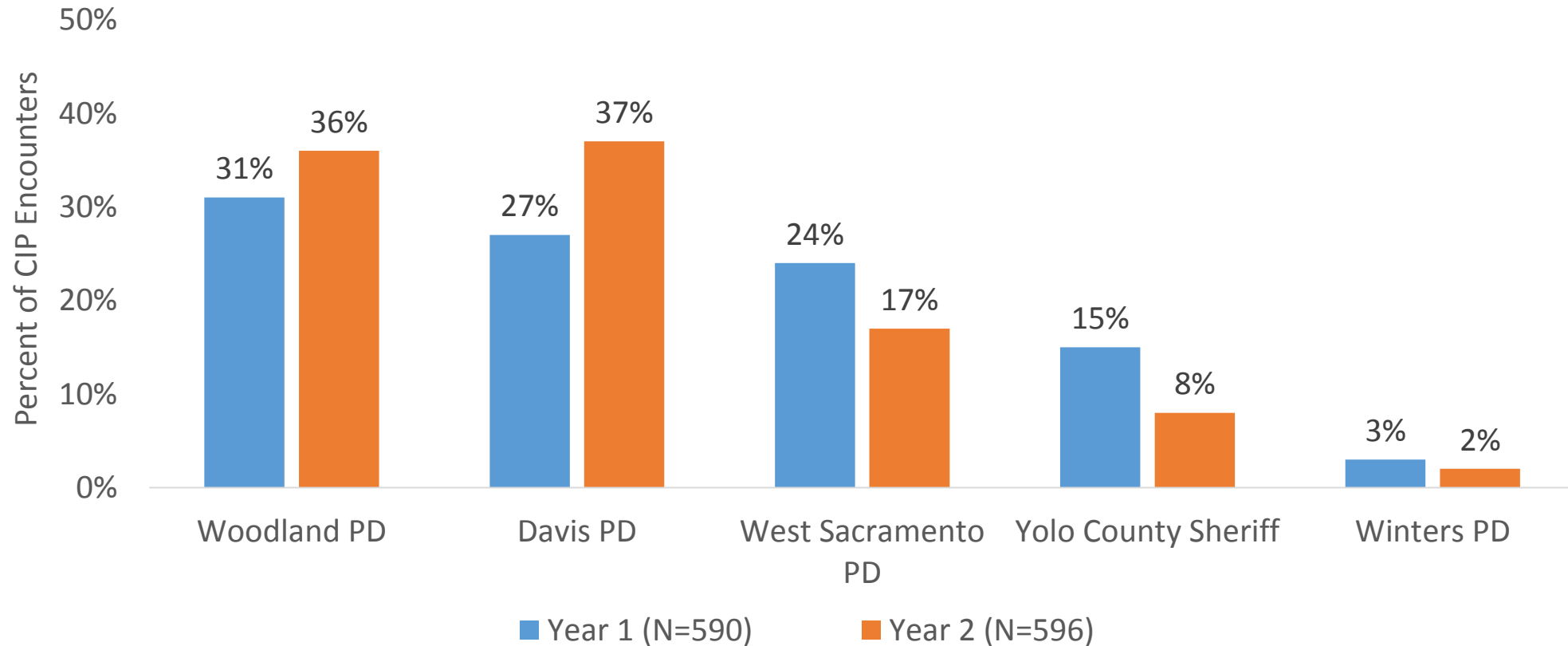
Outpatient Mental Health Service Connectedness



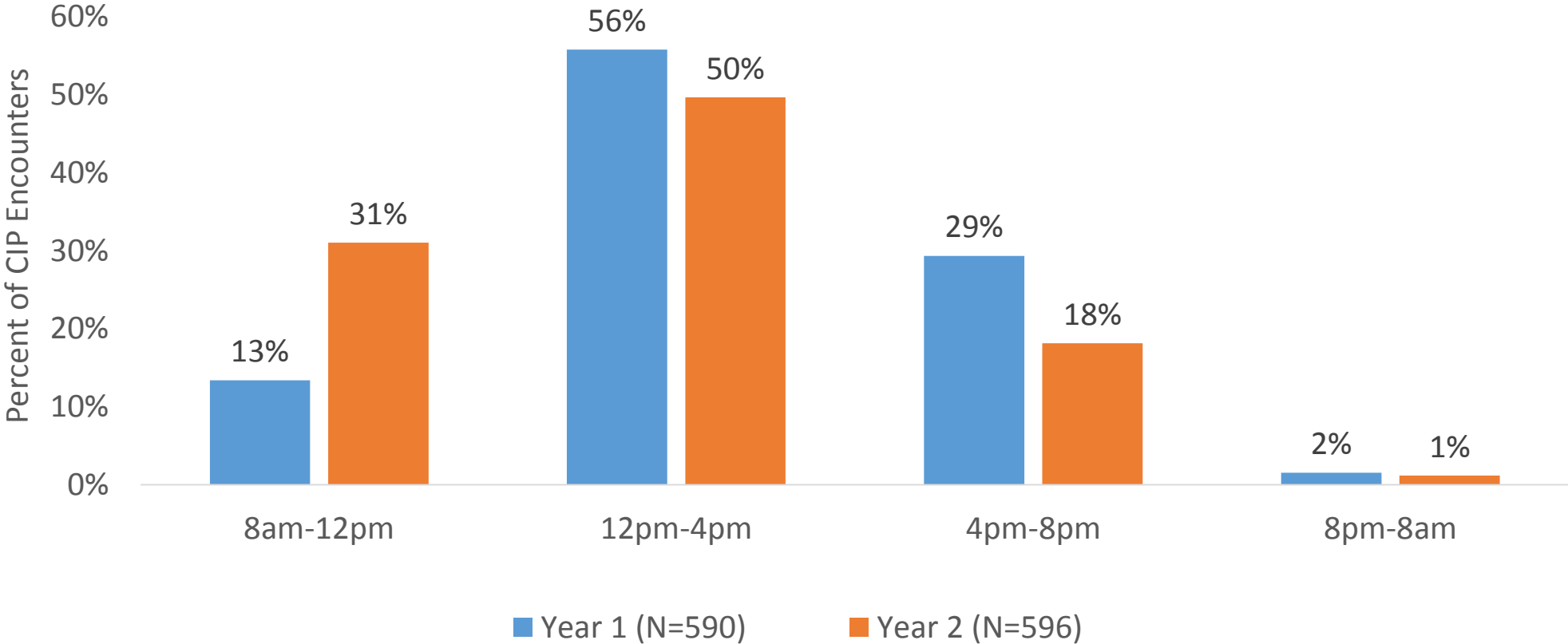
Number of CIP Encounters



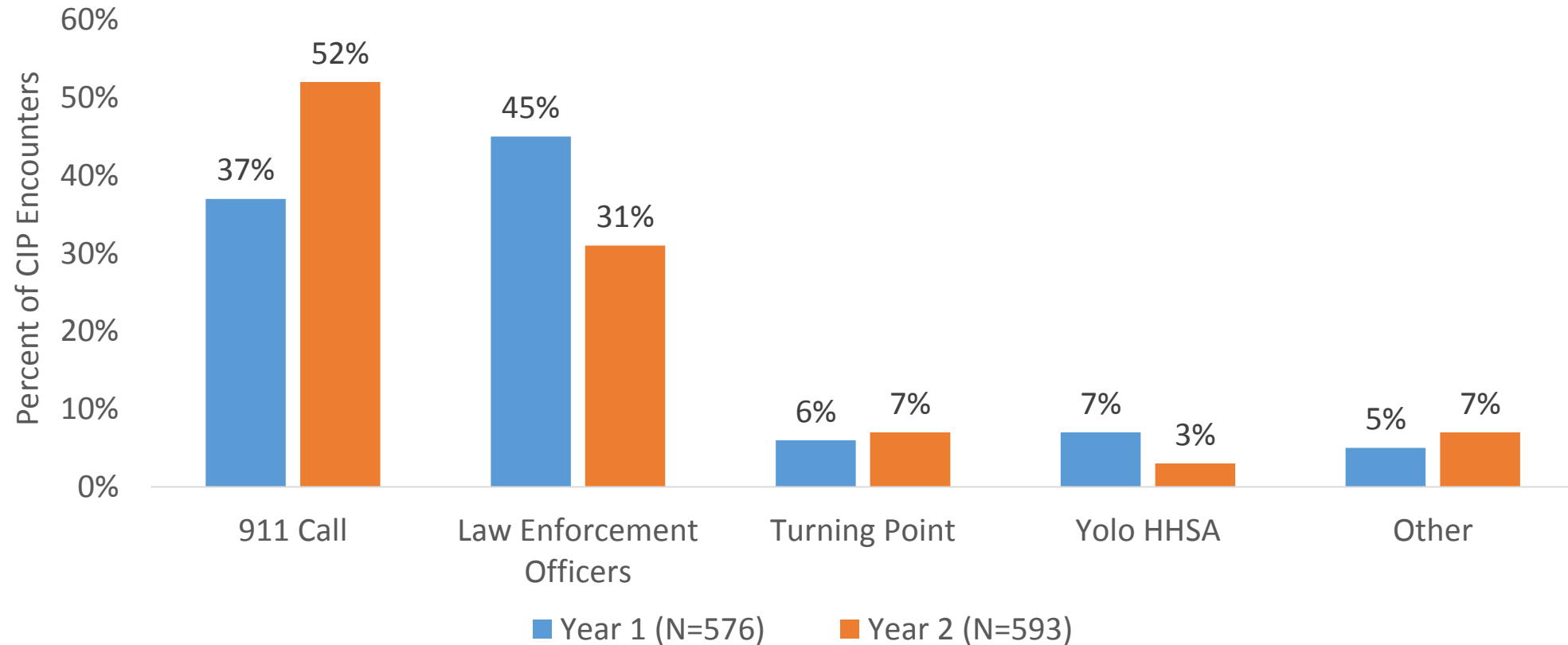
Percentage of CIP Encounters by Jurisdiction



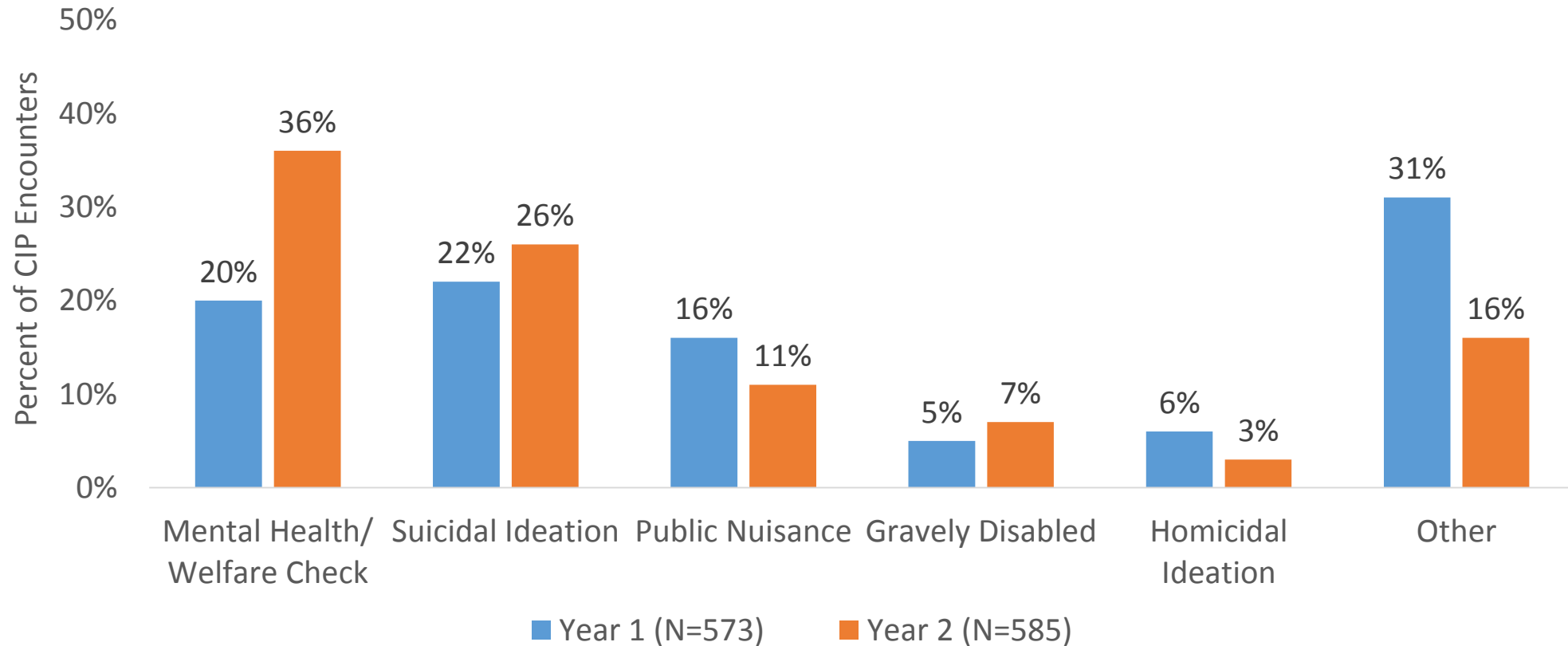
Time of CIP Requests



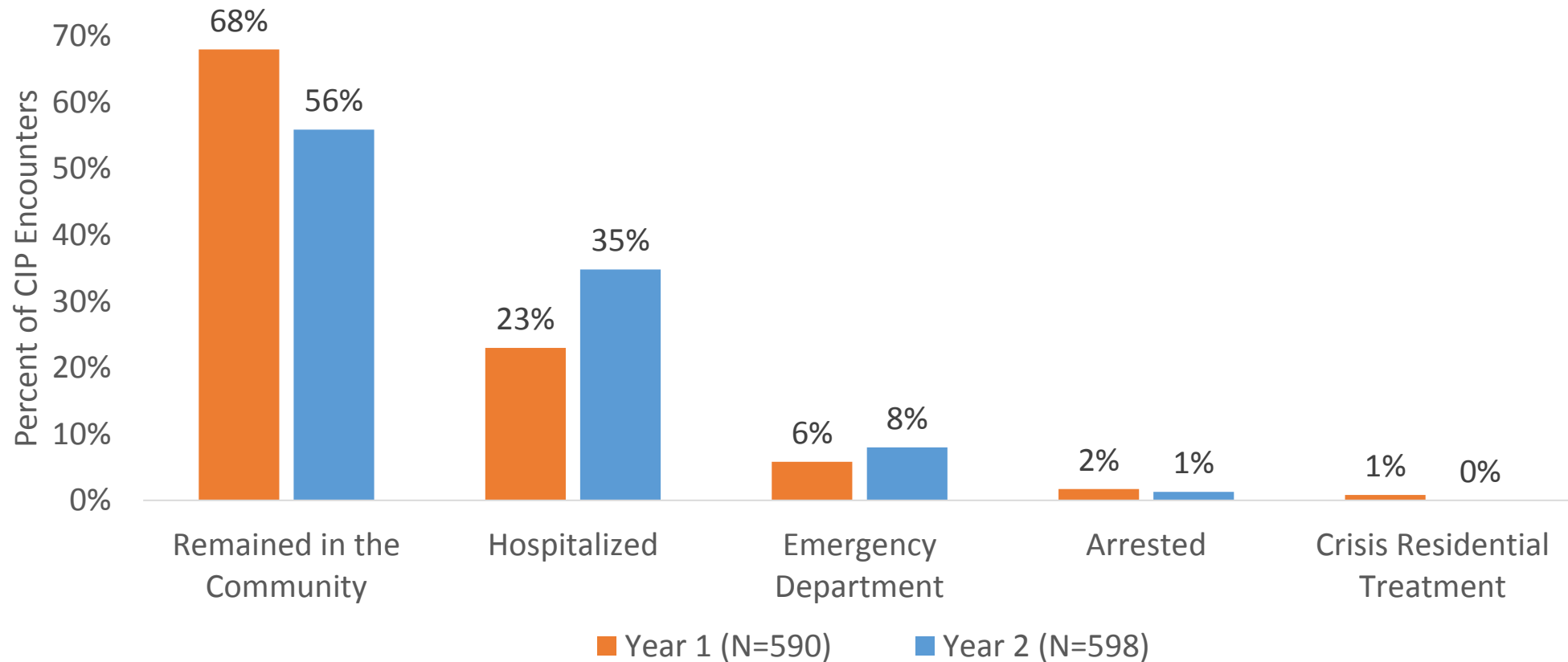
Source of CIP Requests



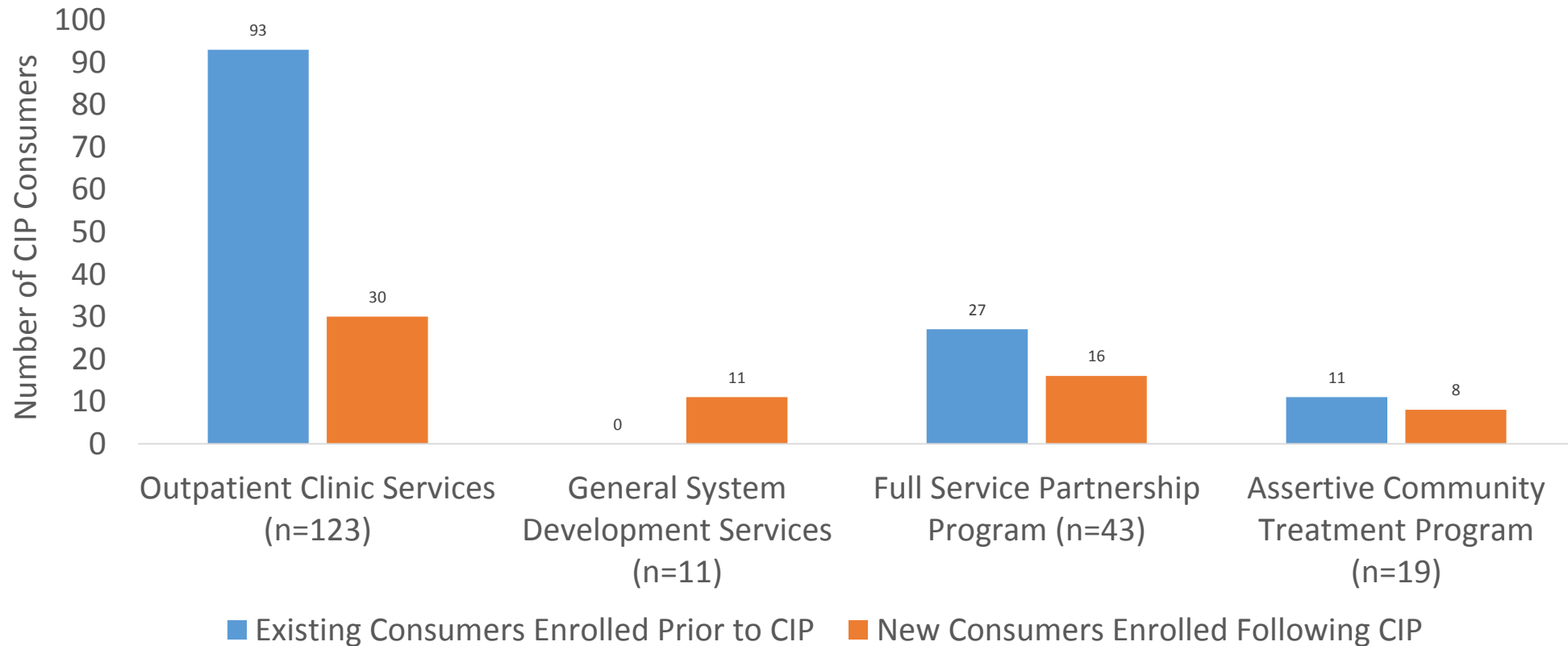
Reason for CIP Request



Disposition of CIP Encounters



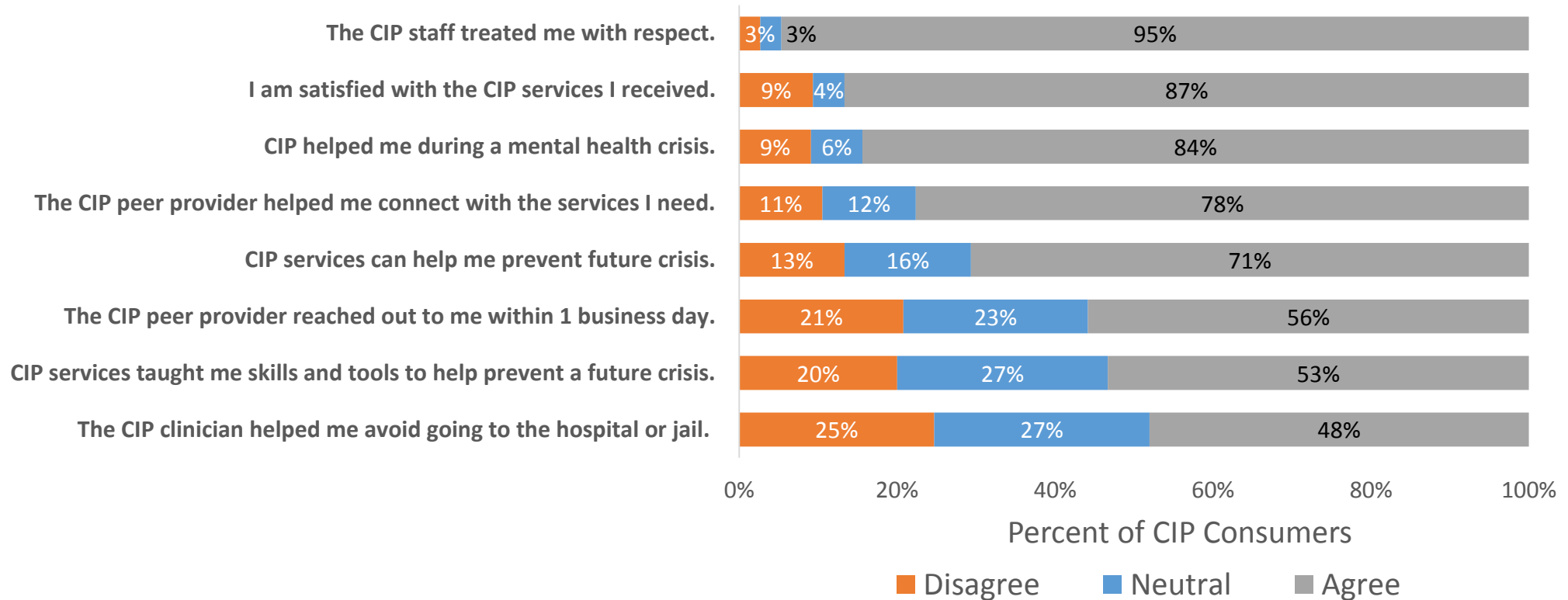
Clinic Connectedness Post CIP

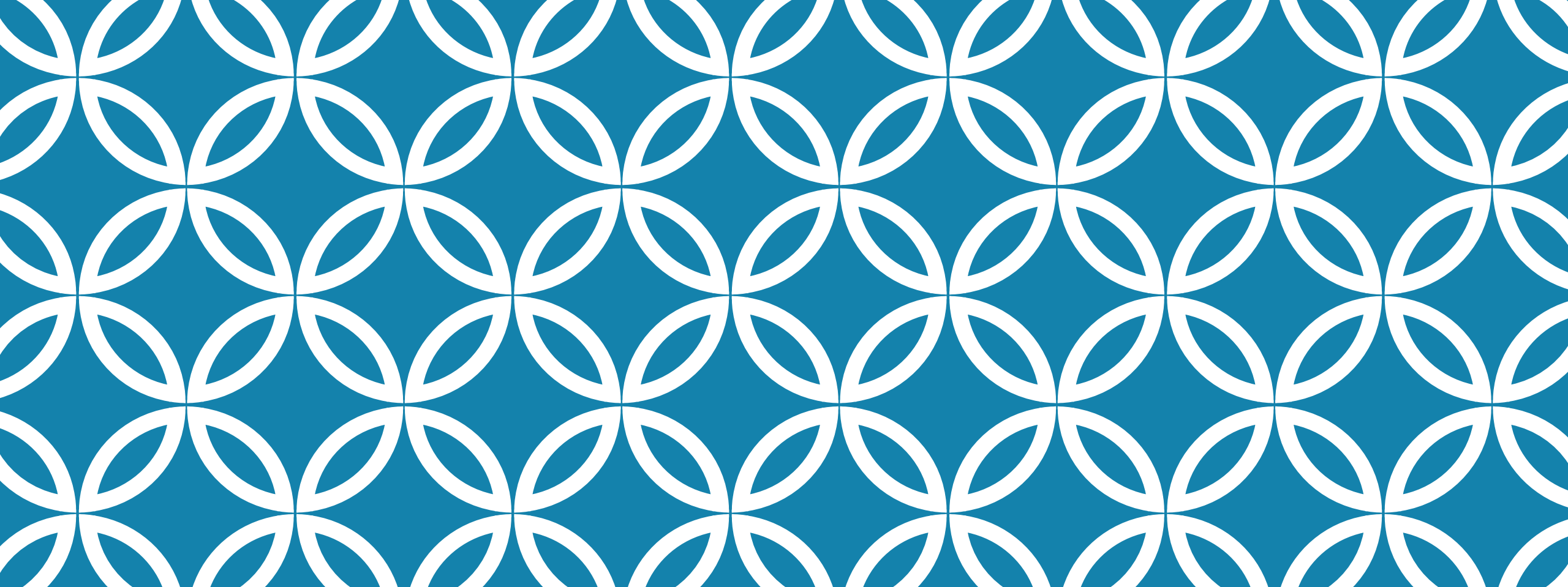


Services Received Post CIP

Outpatient Treatment Services	Number of Consumers	Percent of Total
Targeted Case Management	121	84%
Medication Support	110	76%
Evaluation and Monitoring	105	73%
Assessment	89	62%
Rehabilitation and Activities of Daily Living	76	53%
Plan Development	74	51%
Collateral Services	59	41%
Group Rehabilitation	34	24%
Therapy	32	22%
Katie A Services	3	2%

Consumer Satisfaction





**SB82 — COMMUNITY INTERVENTION
PROGRAM
PAST, PRESENT & FUTURE**

October 19th and 20th

PROGRAM DESIGN

Planned

4 Mobile Crisis Response Teams (Clinician/Peer Counselor)

- West Sacramento
- Woodland
- Davis
- Winters/Rural

Clinician co-located at LEAs to provide joint response with law enforcement

Peer Counselor to provide follow-up crisis support

Actual

4 Mobile Crisis Response Teams (Clinicians only)

- West Sacramento
- Woodland
- Davis
- Sheriff/Winters

- Clinician co-located at LEAs to provide joint response with law enforcement

- Peer Counselors eliminated due to underutilization-funded additional FTE

HOURS OF OPERATION

Planned

Mobile Crisis Response

- Monday, Tuesday, Wednesday, Friday, Saturday 3:30pm- 12:00am
- Hours selected based on analysis of LEA crisis call data

Telephone Crisis Response

- On-call Thursday and Sunday

Peer Counseling

- Monday- Friday 8:00am- 5:00pm

Actual

Mobile Crisis Response

- West Sac M-F (10-7)
- Davis M-F (11-8)
- Woodland M-F (11-8)

Telephone Crisis Response

- Later in program, intermittent weekend on call

Peer Counseling

- Eliminated after year one

POPULATION TO BE SERVED

Planned

Target Population

- Any Yolo County resident who comes into contact with law enforcement during a psychiatric crisis.

Projected Annual Service Volume

- 2,250 encounters

Actual

Target Population

- Any Yolo County resident who comes into contact with law enforcement during a psychiatric crisis.

Actual Numbers Served

- 594 encounters, average (74% less than projected)
- 1,188 encounters across two years

PLANNED CRISIS SYSTEM

Crisis Response

- Joint Law Enforcement and Clinical Staff response



Crisis Intervention

- Hospital/ER
- Direct Access to Safe Harbor CRT
- Stays at Home with Self-Care Plan and Fast Track ADMH Appointment



Follow-up Peer Counseling

- Peer Counseling
- Support to implement Self-Care Plan
- Support to access Outpatient and Other Recovery Supports
- Benefits Assistance



PROGRAM EVALUATION INDICATORS

Outcome	Indicator
Decreased utilization of ER, hospital, and jails following crisis event.	<ul style="list-style-type: none"> ❖ # of persons who go to ER (81)7% ❖ # of persons who are hospitalized (336)34% ❖ # of persons who go to jail (17)1.5%
Increased use of alternatives to hospitalization .	<ul style="list-style-type: none"> ❖ # of persons who remain at home (718)62% ❖ # of persons who go to Safe Harbor CRT(12)1%
Increased participation in post-crisis services.	<ul style="list-style-type: none"> ❖ Length of time between crisis and ADMH service ❖ # of people in crisis who do (798)95% and or do not access additional services
Reduction in frequent or repetitive use of ER, hospital, and jail services.	<ul style="list-style-type: none"> ❖ # of individuals with repeat crisis events (179)21% ❖ Average length of time between ER, hospital, and jail services-didn't track
Decreased per-person costs of service.	<ul style="list-style-type: none"> ❖ Per person cost of service, planned and unplanned \$2,012 per client served, \$1,461 per encounter

MOVING FORWARD

Access Points

- Woodland Clinic (M-F 8-5) ongoing
- West Sacramento Clinic (M, W, F 8-5) until January 2018
- Davis Navigation Center (M-F 8-5) projected by January 2018

Crisis Response

- Mental Health Urgent Care(7 days per week 12-9) Projected by January 2018
- Dignity Health (M-F 8-5) Projected by January 2018
- Sutter Health(M-F 8-5) Projected by January 2018

Gap

- 7 days per week 9pm- 8am - to be RFP'd



QUESTIONS/COMMENTS

Item 14 a.
Long Range Planning Calendar

Yolo County Local Mental Health Board Long Range Planning Calendar 2017

Meeting	Agenda Item	Agency/Presenter	Type	Timing
1/23/17	Final Strategic Plan Presentation	Ad Hoc Committee: June Forbes, Tawny Yambrovich, Richard Bellows and Bob Schelen	Presentation	Past
1/23/17	LMHB Trainings	Richard Bellows	Presentation	Past
2/27/17	LMHB Trainings Proposal	Richard Bellows	Motion/Approval	Past
2/27/17	Board Name Change Discussion and Vote	Ad Hoc Committee: Nicki King, Bret Bandley, Martha Guerrero, Bob Schelen, and Ajay Singh	Recommendation	Past
2/27/17	Yolo County 2016 Data Notebook Review and Approval	Ad Hoc Committee: James Glica-Hernandez, Sally Mandujan, Nicki King, and Brad Anderson	Motion/Approval	Past
3/27/17	Approval of Strategic Plan	Ad Hoc Committee: June Forbes, Richard Bellows and Bob Schelen	Motion/Approval	Past
3/27/17	MSHA Three-Year Program and Expenditure Plan FYs 2017-2020 for Local Mental Health Boards recommendation	Joan Beesley, MHSA Manager	Presentation	Past
3/27/17	Committee Workshop	All	Committee Meeting	Past
4/24/17	Annual Report Approval	Executive Committee	Recommendation	Past
4/24/17	Behavioral Health Services Budget Presentation	Connie Cessna-Smith, HHSA Fiscal Administrative Officer	Presentation	Past
4/24/17	Public Forum	CEC	Public Forum	Past
5/22/17	2018 LMHB Meeting Calendar Location Discussion	Richard Bellows	Discussion	Past
5/22/17	Conservatorship Presentation	Laurie Haas, HHSA Chief Deputy Public Guardian	Presentation	Past
5/22/17	Annual Election of Officers	All	Adoption	Past
6/26/17	MHSA Update/RDA	RDA	Presentation	Past
6/26/17	Public Forum	CEC	Public Forum	Past
6/26/17	Committee Workshop	All	Committee Meeting	Past

6/26/17	Community Intervention Training (CIT)	Mike Summers	Presentation	Past
8/28/17	Quality Management- Consumer Perception Survey Presentation	Samantha Fusselman, Deputy Mental Health Director	Presentation	Past
9/25/17	Committee Workshop	All	Committee Meeting	Past
9/25/17	Substance Use Disorder Services Presentation	Ian Evans, Alcohol and Drug Administrator	Presentation	Past
9/25/17	Approval of LMHB Recommendation on the BHS Recommended Budget	All	Recommendation	Past
9/25/17	Board Training on Oct. 21 in Sacramento	Susan Wilson	Training	Past
10/23/17	MHSA Annual Update	Resource Development Associates (RDA)	Presentation	Planned
10/23/17	Mental Health Services Presentation: Child Welfare Services and Foster Youth	Jennie Pettet, Child Youth and Family Branch Director	Presentation	Planned
10/23/17	2018 LMHB Meeting Calendar Approval	All	Adoption	Planned
12/4/17	Public Guardian Update	Laurie Haas, HHSA Chief Deputy Public Guardian	Presentation	Planned

Yolo County Local Mental Health Board Long Range Planning Calendar Proposed 2018

Meeting	Agenda Item	Agency/Presenter	Type	Timing
1/29/18	Law Enforcement Presentation/ 5150 Process	TBD	Presentation	Upcoming
2/26/18	Yolo County 2017 Data Notebook Review	Ad Hoc Committee	Motion/Approval	Upcoming
2/26/18	Homeless Presentation	TBD	Presentation	Upcoming
3/26/18	Approval of Strategic Plan	Ad Hoc Committee	Motion/Approval	Upcoming
3/26/18	Committee Workshop	All	Committee Meeting	Upcoming
4/30/18	Annual Report Approval	Executive Committee	Recommendation	Upcoming
4/30/18	Behavioral Health Services Budget Presentation	Connie Cessna-Smith, HHSA Fiscal Administrative Officer	Presentation	Upcoming
5/21/18	Public Guardian Presentation	Laurie Haas, HHSA Chief Deputy Public Guardian	Presentation	Upcoming
5/21/18	Annual Election of Officers	All	Adoption	Upcoming
6/25/18	MHSA Update	Resource Development Associates (RDA)	Presentation	Upcoming
6/25/18	Committee Workshop	All	Committee Meeting	Upcoming
8/27/18	Davis Wellness Center Remodel Update	TBD	Presentation	Upcoming
9/24/18	Committee Workshop	All	Committee Meeting	Upcoming
9/24/18	Approval of LMHB Recommendation on the BHS Recommended Budget	All	Recommendation	Upcoming
10/29/18	Presentation	TBD	Presentation	Upcoming
12/3/18	2018 LMHB Meeting Calendar Approval	All	Adoption	Upcoming

2018

Yolo County Local Mental Health Board

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Regular Meeting
 Committee Workshops
 County Holiday

JANUARY 29, 2018 - DAVIS
 Mary L. Stephens Library, Blachard Community Conference Room, 315 East 14th Street, Davis, CA 95616 7:00 – 9:00 PM Regular Meeting

FEBRUARY 26, 2018 - WEST SACRAMENTO
 AFT Library, Community Meeting Room, 1212 Merkley Ave. West Sacramento, CA 95691 7:00 – 9:00 PM Regular Meeting

MARCH 26, 2018 - WOODLAND
 Bauer Building, Thomson Conference Room, 137 N. Cottonwood St. Woodland, CA 95695 7:00 – 8:00 PM Regular Meeting / 8:00 – 9:00 PM Committee Workshops

APRIL 30, 2018 - DAVIS
 Mary L. Stephens Library, Blachard Community Conference Room, 315 East 14th Street, Davis, CA 95616 7:00 – 9:00 PM Regular Meeting

MAY 21, 2018 - WINTERS
 Putah Creek Conference Room, 111 East Grant Ave. Winters, CA 95694 7:00 – 9:00 PM Regular Meeting

JUNE 25, 2018 - WEST SACRAMENTO
 AFT Library, Community Meeting Room, 1212 Merkley Ave. West Sacramento, CA, 95691 7:00 – 8:00 PM Regular Meeting / 8:00 – 9:00 PM Committee Workshops

JULY - BOARD RECESS

AUGUST 27, 2018 - WOODLAND
 Bauer Building, Thomson Conference Room, 137 N. Cottonwood St. Woodland, CA 95695 7:00 – 8:00 PM Regular Meeting

SEPTEMBER 24, 2018 - DAVIS
 Mary L. Stephens Library, Blachard Community Conference Room, 315 East 14th Street, Davis, CA 95616 7:00 – 8:00 PM Regular Meeting / 8:00 – 9:00 PM Committee Workshops

OCTOBER 29, 2018 - WEST SACRAMENTO
 AFT Library, Community Meeting Room, 1212 Merkley Ave. West Sacramento, CA, 95691 7:00 – 9:00 PM Regular Meeting

DECEMBER 3, 2018 - WOODLAND
 Bauer Building, Thomson Conference Room, 137 N. Cottonwood St. Woodland, CA 95695 7:00 – 8:00 PM Regular Meeting