



# Mental Health Services Act Prevention and Early Intervention Community Training Schedule

**ALL TRAININGS ARE PROVIDED FREE OF CHARGE TO THOSE WHO LIVE, WORK,  
ATTEND SCHOOL OR VOLUNTEER IN YOLO COUNTY.**

<p><b>Mental Health First Aid (Adult)</b>  <b>Tuesday &amp; Wednesday February 27 &amp; 28, 2018</b>        8:30 am to 12:30pm each day (must attend both days)        HHSA Gonzales Bldg. Community Conference Room        25 N. Cottonwood Street Woodland, CA 95695</p>
<p><b>Mental Health First Aid (Adult)</b>  <b>Thursday &amp; Friday March 15 &amp; 16, 2018</b>        1:00 pm to 5:00pm each day (must attend both days)        HHSA Gonzales Bldg. Community Conference Room        25 N. Cottonwood Street Woodland, CA 95695</p>

## PRE-REGISTRATION IS REQUIRED

### Training descriptions:

**Mental Health First Aid (MHFA) for Adults:** This interactive 8-hour course is basic in design to help inform the general public about mental health concerns and offer ways to support others in our community, while helping to reduce stigma surrounding mental illness. This course is open to anyone age eighteen (18) or older.

To Register or learn about more Mental Health Community Training opportunities ,  
contact us at :

Email: [MHSA-MHTrainings@yolocounty.org](mailto:MHSA-MHTrainings@yolocounty.org)  
Phone: (530) 666-8712 (MHSA Voicemail)

All programs are provided by Yolo County Health & Human Services Agency and supported by the Mental Health Services Act (MHSA)

