



# COUNTY OF YOLO

Health and Human Services Agency

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## Healthy Yolo: Chronic Disease Prevention Work Group

### *Agenda*

**Date & Time:** January 25, 2018 1:30 – 3:30 pm  
**Location:** Gonzalez Building, Community Room, 25 N. Cottonwood St, Woodland  
**Organizer:** Emily Vaden

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- 1) **Welcome & Introductions:** Emily Vaden ..... 10 Minutes
- 2) **Data Sharing:** All (see next page)..... 60 Minutes
- 3) **2017 Annual Report Prep**..... 20 Minutes
- 4) **2019 Community Health Assessment Update**..... 10 Minutes
- 5) **Review Health Outcomes**..... 15 Minutes
- 6) **Questions and Next Step**..... 5 Minutes

Next meeting  
April 25, 2018  
8:30 – 11:00 am  
Gonzalez Building, Community Rooms  
25 N. Cottonwood Street, Woodland

## CHRONIC DISEASE PREVENTION

### GOAL: INCREASE CONSUMPTION OF FRUITS & VEGETABLES

#### STRATEGY: INCREASE IMPACT OF COMMUNITY GARDENS

RESPONSIBLE PERSON	MEASURE	DATES
David Linebarger	# of pounds of produce distributed from the Hanna & Herbert Bauer Memorial Garden	Jan 2017 – Dec 2017
	# of bags distributed to WIC clients from the Hanna & Herbert Bauer Memorial Garden	Jan 2017 – Dec 2017
	# of adults who attended a garden class	Jan 2017 – Dec 2017
	# of youth who attended a garden class	Jan 2017 – Dec 2017

#### STRATEGY: INCREASE FRESH PRODUCE DISTRIBUTION

RESPONSIBLE PERSON	MEASURE	DATES
Stephanie Villegas	# of individuals served through Yolo Food Bank's Eat Well Yolo Program	Oct 2017 – Dec 2017
	# of pounds of produce distributed through Yolo Food Banks' Eat Well Yolo Program	Oct 2017 – Dec 2017

#### STRATEGY: INCREASE YOUTH NUTRITION & FITNESS EDUCATION

RESPONSIBLE PERSON	MEASURE	DATES
Marcel Horowitz	# of youth who received nutrition or physical activity education through Cooperative Extension	Jan 2017 – Dec 2017
	# of teachers trained in providing nutrition and physical activity education	Jan 2017 – Dec 2017

### GOAL: DECREASE CONSUMPTION OF SUGAR SWEETENED BEVERAGES

#### STRATEGY: INCREASE AWARENESS OF HEALTH RISKS ASSOCIATED WITH SUGAR SWEETENED BEVERAGE CONSUMPTION

RESPONSIBLE PERSON	MEASURE	DATES
Rebecca Tryon	# of CNAP partners who utilize sugar sweetened beverage consumption reduction programs	Jan 2017 – Dec 2017

### GOAL: INCREASE PERCENTAGE OF POPULATION ADHERING TO RECOMMENDED PHYSICAL ACTIVITY STANDARDS

#### STRATEGY: INCREASE NUMBER OF CHILDREN ACTIVELY TRANSPORTING TO SCHOOL

RESPONSIBLE PERSON	MEASURE	DATES
Rebecca Tryon	% of Woodland Elementary & Middle School kids walking or biking to school	
	# of Woodland Elementary & Middle Schools with parent-led walking or biking groups	
	# of Woodland Joint Unified Schools reached with Safe Routes to School program activities	July 2017 – Dec 2017
	# of Woodland youth who have received bike or pedestrian safety/skills education	July 2017 – Dec 2017

### GOAL: DECREASE YOUTH ACCESS TO TOBACCO PRODUCTS

#### STRATEGY: ENCOURAGE LOCAL CITY COUNCILS TO ADOPT TOBACCO RETAIL LICENSE POLICIES

RESPONSIBLE PERSON	MEASURE	DATES
Steve Jensen	# of cities with TRL policies	Jan 2017 – Dec 2017
	% of illegal tobacco sales to minors in Davis	Jan 2017 – Dec 2017
	% of illegal tobacco sales to minors in Unincorporated areas of Yolo County	Jan 2017 – Dec 2017
	% of illegal tobacco sales to minors in West Sacramento	Jan 2017 – Dec 2017
	% of illegal tobacco sales to minors in Winters	Jan 2017 – Dec 2017
	% of illegal tobacco sales to minors in Woodland	Jan 2017 – Dec 2017

### GOAL: STRENGTHEN THE SUPPORT NETWORK FOR CHRONIC DISEASE MANAGEMENT

#### STRATEGY: INCREASE ACCESS TO CHRONIC DISEASE PREVENTION AND MANAGEMENT

RESPONSIBLE PERSON	MEASURE	DATES
Dawn Myers Purkey	# on waiting list for Yolo Adult Day Health Center	April 2017 – June 2017 July 2017 – Sept 2017
		Oct 2017 – Dec 2017
	# of slots available for Yolo Adult Day Health Center	Jan 2017 – Dec 2017