



MCAH Tabletop

Perinatal

- School Based Pre-conception Health
- Outreach efforts to address disparities (Cannabis, Opioids, Obesity, Access to Home Visiting, Chronic pain and Mental health)
- Prenatal care, NHV, rural community outreach. Need more upstream approaches. Anxiety and depression resources



0-5

Identification of developmental delays and early intervention.
School based health services and access to mental health
Families w/ children w/special healthcare needs
Community resource directory w/resources for nutrition education,
behavioral health services, and other county services

5-14

Obesity, sex-education, access to healthcare, homeless youth, TAY, outreach to undocumented groups. Dental care, nutrition education, school climate and achievement assistance, school based health services, parenting classes



Adolescent

Minor consent and confidentiality, access to healthcare, school based health services, creating trauma informed environments and utilizing positive youth development. Sexual health, mental health, and substance abuse programs that are teen friendly.