

### Mental Health Services Act Prevention and Early Intervention Community Training Schedule

ALL TRAININGS ARE PROVIDED FREE OF CHARGE TO THOSE WHO LIVE, WORK, ATTEND SCHOOL OR VOLUNTEER IN YOLO COUNTY.

# Mental Health First Aid (Youth) Tuesday & Wednesday March 20 & 21, 2018 30 am to 12:30pm each day (must attend both days)

8:30 am to 12:30pm each day (must attend both days) Yolo County Administration Bldg. Atrium Training Rm 625 Court Street Woodland, CA 95695

#### Mental Health First Aid (Youth) Wednesday & Thursday May 9 & 10, 2018

1:00 pm to 5:00pm each day (must attend both days) HHSA Bauer Bldg. Walker Conference Room 137 N. Cottonwood Street Woodland. CA 95695

### Mental Health First Aid (Adult) Tuesday & Wednesday June 12 & 13, 2018

8:30 am to 12:30pm each day (must attend both days) HHSA Gonzales Bldg. Community Conference Room 25 N. Cottonwood Street Woodland. CA 95695

#### Mental Health First Aid (Youth) Thursday & Friday April 19 & 20, 2018

8:30 am to 12:30pm each day (must attend both days) HHSA Gonzales Bldg. Clarksburg Conference Room 25 N. Cottonwood Street Woodland, CA 95695

## Mental Health First Aid (Adult) Tuesday & Wednesday May 22 & 23, 2018

1:00 pm to 5:00pm each day (must attend both days) HHSA Bauer Bldg. Walker Conference Room 137 N. Cottonwood Street Woodland. CA 95695

#### Mental Health First Aid (Adult) Thursday & Friday June 21 & 22, 2018

8:30 am to 12:30pm each day (must attend both days) HHSA Gonzales Bldg. Community Conference Room 25 N. Cottonwood Street Woodland, CA 95695

#### PRE-REGISTRATION IS REQUIRED

#### **Training descriptions:**

**Youth Mental Health First Aid (YMHFA):** This is an 8-hour public education program which introduces participants to the unique risk factors and warning signs of mental health problems in adolescents. This course is open to anyone age eighteen (18) or older who regularly works or interacts with youth.

**Mental Health First Aid (MHFA) for Adults:** This interactive 8-hour course is basic in design to help inform the general public about mental health concerns and offer ways to support others in our community, while helping to reduce stigma surrounding mental illness. This course is open to anyone age eighteen (18) or older.

To Register or learn about more Mental Health Community Training opportunities, contact us at: Email: MHSA-MHTrainings@yolocounty.org OR Phone: (530) 666-8712 (MHSA Voicemail)

All programs are provided by Yolo County Health & Human Services Agency and supported by the Mental Health Services Act (MHSA)

Mental Health Community Trainings Phone: 530-666-8712 E-mail: MHSA-MHTrainings@yolocounty.org Mental Health Community Trainings Phone: 530-666-8712 E-mail: MHSA-MHTrainings@yolocounty.org Mental Health Community Trainings Phone: 530-666-8712 E-mail: MHSA-MHTrainings@yolocounty.org	Ith Community Trai-666-8712 ITrainings@yolocou Ith Community Trai-666-8712 ITrainings@yolocou Ith Community Trai-666-8712 Ith Community Trai-666-8712	nity ' pyolo seyv seyv seyv seyv seyv seyv seyv seyv