

Mental Health Director's Report

February 22, 2018

Medication Assisted Treatment – In 2015, the Federal government approved a 5-year pilot project to expand substance use services that could be billed to Medi-Cal. This pilot project is called the Drug Medi-Cal Organized Delivery System Waiver. Counties that have chosen to participate in the Waiver are mandated by the State to provide an expanded set of specific treatment services, including a Narcotic Treatment Program. Yolo County intends to begin services under the Waiver on July 1 and has been conducting planning efforts, including monthly provider meetings since August 2015.

Additionally, in response to the opioid epidemic, the Department of Health Care Services released a grant to expand the amount of services available to treat those struggling with opiate addiction. C.O.R.E. Medical Clinic, Inc., in partnership with CommuniCare Health Centers, applied for and was awarded a grant to establish a Narcotic Treatment Program via a "hub and spoke" model of services. In the hub and spoke model, an experienced treatment provider acts as the "hub" and establishes a "spoke" site in a rural community. One requirement of the grant is that the "hub," (in Yolo, this is C.O.R.E.) establish a facility in the awarded county within 1 year of beginning services. This grant was awarded in September 2017, meaning that C.O.R.E. needs to have a facility within Yolo County by September 2018 to be in compliance with this grant. C.O.R.E is currently in discussions with the City of West Sacramento regarding a site.

Attached is a fact sheet that covers the opioid overdose numbers for Yolo County from 2014-2016, along with the number of Yolo County clients being served currently by Sacramento providers, that beginning July 1, will need to be served by a Yolo County contracted provider. The total numbers were gathered from the Department of Health Care Services and reflect 2015-16 data. Ian to provide update regarding CORE and data sheet

Public Guardian Update- In response to the Department of Financial Services review of Public Guardian office, we will be adding additional staffing. We have added an Accountant and will be adding a Guardian Technician. Additionally, one of our long time conservatorship officers, Barbara Madsen is retiring and we have already begun the recruitment process for her replacement.

Growing the Mental Health Workforce-The Steinberg Institute partnered with Kaiser Permanente last month to host a high-powered forum exploring challenges facing California's mental health workforce, and innovative strategies for rethinking and adapting our traditional models of care. Our speakers brought expertise from across the nation. The audience was composed of representatives for leading policymakers, hospital systems, health organizations, research institutes, mental health providers, government agencies and advocacy groups. And the day was devoted to solutions. We heard about innovations already under way that could be replicated and scaled up: Fellowships to train primary care providers in basic psychiatry. Expanding the use and role of psychiatric nurse practitioners. Standardizing training for peer providers. Emergency rooms dedicated to psychiatric crisis. Technology that turns the smart phone into a counseling session.

I was honored to be included as a speaker along with Darrell Steinberg, Steinberg Institute founder and Mayor of Sacramento; Dr. Patrick Courneya, Executive Vice President and Chief Medical Officer at Kaiser Permanente; Dr. Don Mordecai, National Leader for Mental and Behavioral Health at Kaiser Permanente; and other distinguished researchers and innovators.



Innovate for Impact Summit- Innovate for Impact brought together California counties, mental health consumers, family members, providers, and community leaders to join the Mental Health Services Oversight and Accountability Commission of California, IDEO, and Verily to drive innovation in mental healthcare. During the one-day summit, participants gathered for a collaborative and immersive workshop to uncover the opportunities to innovate and evolve impactful mental health programs across the state.



Assisted Outpatient Treatment (Laura's Law) - On February 20, 2018, Turning Point provided an update to the Board of Supervisors regarding cost savings associated with the program. This update was in response to a prior Board item regarding AOT that did not include cost information. In terms of savings associated with Laura's Law (AOT), if we compare one year prior to enrollment to one year after enrollment and we look at Psychiatric Hospitalization, Incarceration, and Emergency Visits, this program has saved \$366,794 over a 12 month period.

This savings does not account for the cost of the program. For example, each client slot costs us approximately \$20,000 and we have approximately 5-7 clients per year served. So, if we subtracted this from the savings number our true savings to the system would be approximately \$250,000 annually.

CIT RFP - Yolo County released a Request for Proposal for the Crisis Intervention Training (CIT) contract on February 7, 2018. Funded through the MHSA Prevention and Early Intervention funds, this program provides training to law enforcement and other first responders regarding serving persons experiencing a behavioral health crisis. Proposals are due March 7, 2018.

EQRO Review - The California External Quality Review Organization conducted its annual site review on February 14-15, 2018. Reviewers toured the STAY Well Center, held 18 focus groups, and met with over 50 stakeholders, including consumers, family members, staff, and community providers. The EQRO staff found participants to be forthcoming, enthusiastic, and committed to continuous quality improvement efforts. They also acknowledged existing challenges with infrastructure, particularly regarding limited resources for the Electronic Health Record. We anticipate receiving their draft report in April.

Urgent Care-On February 5, HHSA opened Yolo County's first Mental Health Urgent Care! The site, at 500 Jefferson, Building B, in West Sacramento is open from 12:00 to 9:00 p.m., 7 days per week (excluding County holidays). Services include crisis assessment, linkage to crisis residential care, case management assistance and safe discharge for every person who visits the Urgent Care. In our first few days of service, individuals have self-referred as well as been supported to the location by law enforcement and City Homeless Coordinators. Current staff have received training in safety protocols and CPR by Yolo County's Emergency Medical Services Administrator, Kristin Weivoda. Upcoming, the site staff will expand to include Nurse Practitioners and Peer Support Workers. Please save the date for our Open House/Ribbon cutting ceremony on April 4th 9:30-11am.

MHSOAC RFP- The Mental Health Services Oversight and Accountability Commission (Commission) is soliciting Applications for Investment in Mental Health Wellness Act of 2013 triage grant dollars aimed at crisis triage services for children, age 21 and under. The grant cycle will run for three fiscal years.

No less than \$29.6 million is available through this Request for Application (RFA). Additional funding may become available and include unencumbered and unspent funds from the first round of triage grants.

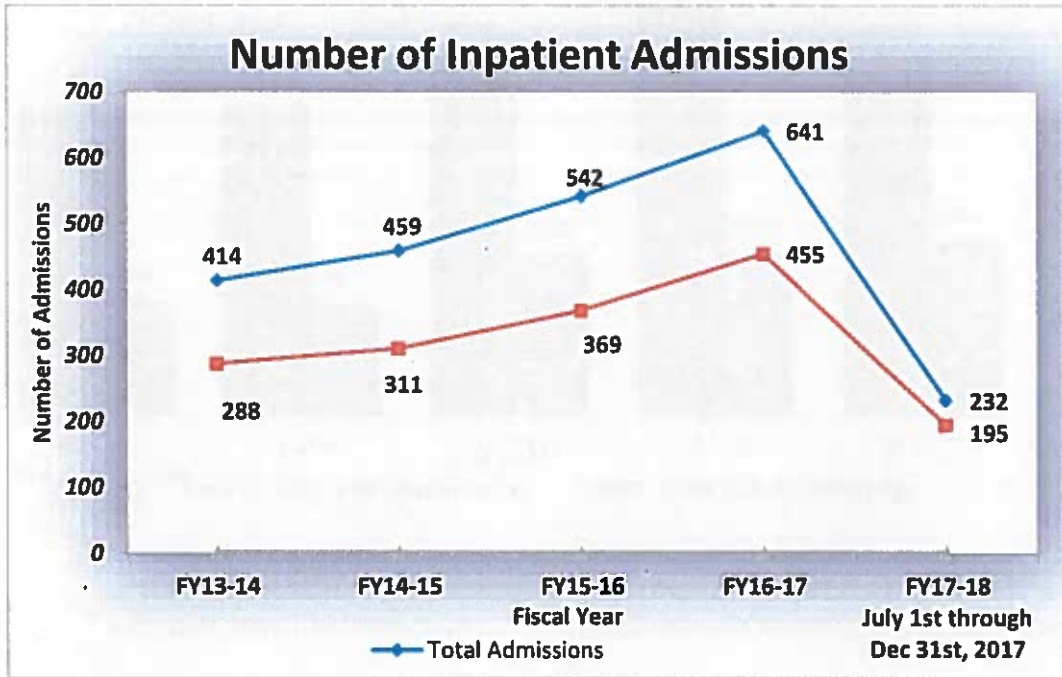
LPS legislation- There are several legislative proposals aimed at making changes to LPS laws. I have placed this item on the agenda to begin the discussion.

Pine Tree Gardens- Opened in 1986 and 1990 by the Williams family, the Pine Tree Gardens Adult Residential Facilities (East and West house) have provided a safe and therapeutic alternative to psychiatric hospitalization to adults living with severe mental illness. Turning Point has subsidized the expenses for these homes, about \$135,000.00 annually, which does not address significant deferred maintenance of the properties. HHSA and Turning Point are discussing some options to mitigate the financial burden but will need additional resources to ensure that Pine Tree can continue to operate. This item has been placed on the agenda so we can begin planning community/stakeholder discussions.

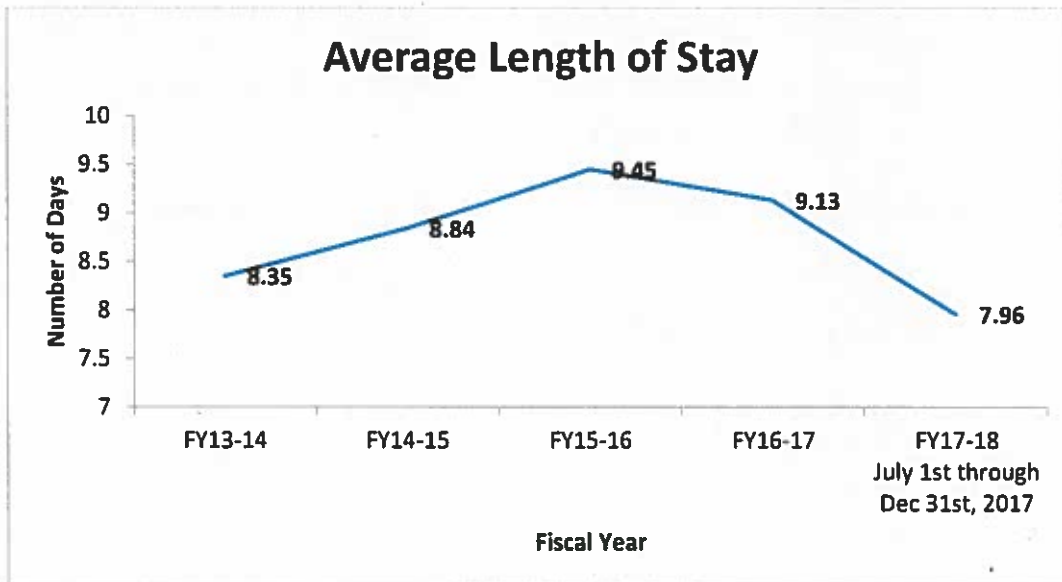
Data Update - The following data is inclusive of Yolo County Medi-Cal beneficiaries

Inpatient Psychiatric Hospitalization – There has been a 55% increase in psychiatric hospital admissions among Medi-Cal beneficiaries between FY13-14 and FY16-17; utilization for the first half of FY17-18 indicate this trend is slowing and may in fact decrease.

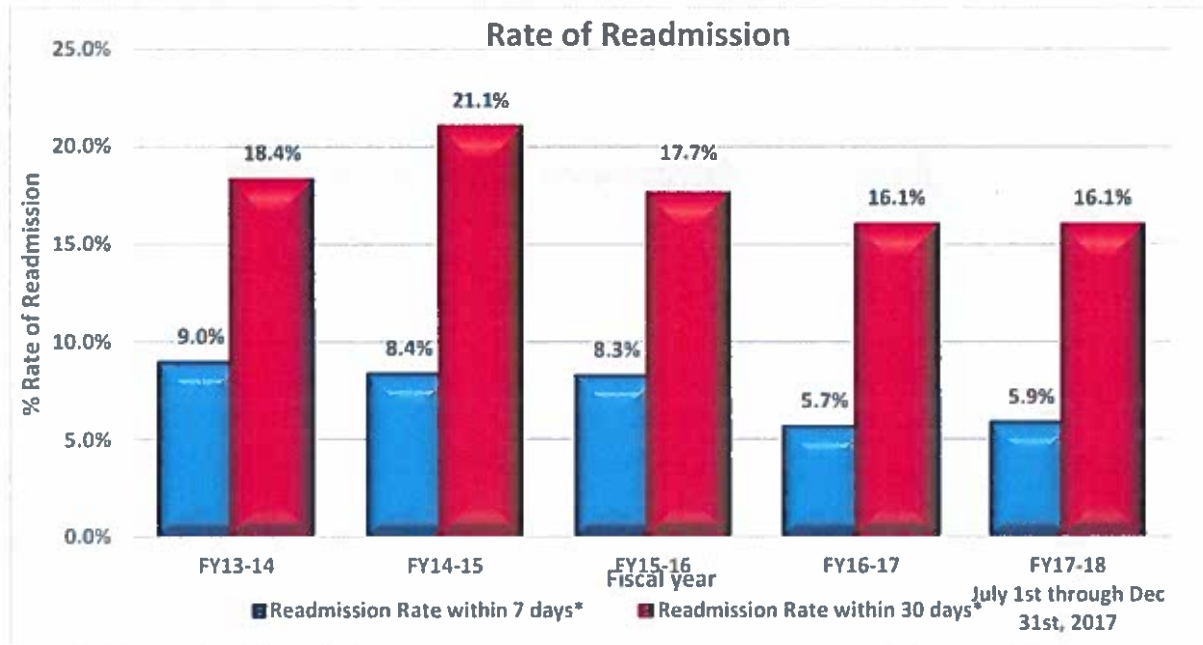
Data Source: TAR Logs, representing Yolo County Medi-Cal beneficiaries.



Length of Stay – While average length of stay had increased from FY13-14 to FY15-16, it has now returned to a level comparable to FY13-14.



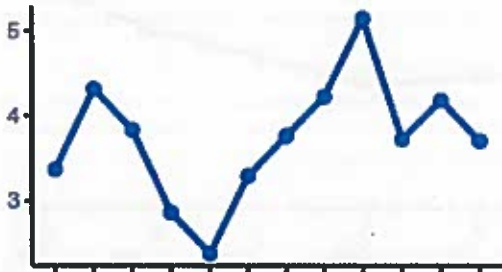
Readmission Rates – We had seen a steady decrease in the rates of readmission to inpatient hospitals between FY14-15 to FY16-17, but current year data indicates that more people are returning to the hospital within 7-days and 30-days following a discharge.



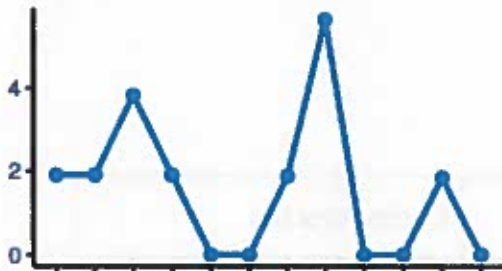
Yolo Opioid Overdose Snapshot: 2014-Q1 to 2016-Q4

Yolo experienced 9 deaths due to all opioid-related overdoses in 2016, the most recent calendar year of data available. The annual crude mortality rate during that period was 4.2 per 100k residents. This represents a 32% decrease from 2014. The following charts present 12-month moving averages and annualized quarterly rates for selected opioid indicators. The map displays the annual zip code level rates for all opioid-related overdoses. Synthetic overdose deaths are likely to be largely represented by fentanyl.

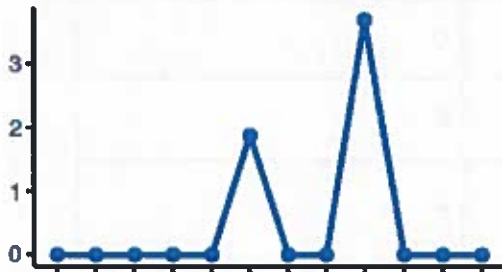
Prescription OD 12-Month Death Rates



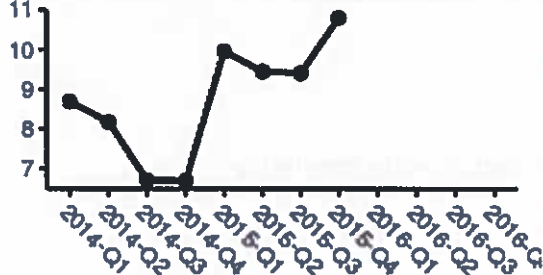
Heroin OD Qtrly Death Rates



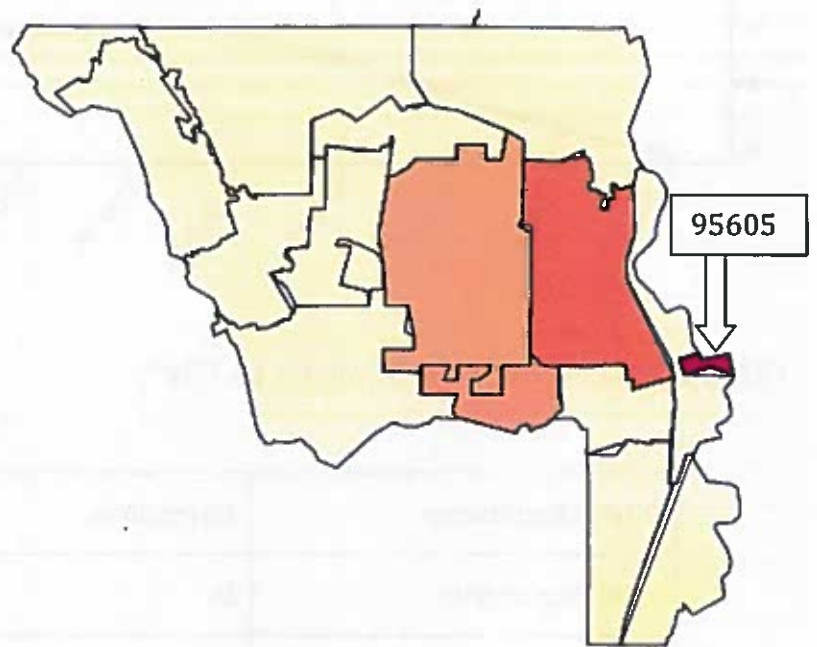
Synthetic OD Qtrly Death Rates



Opioid ED Visit 12-month Rates

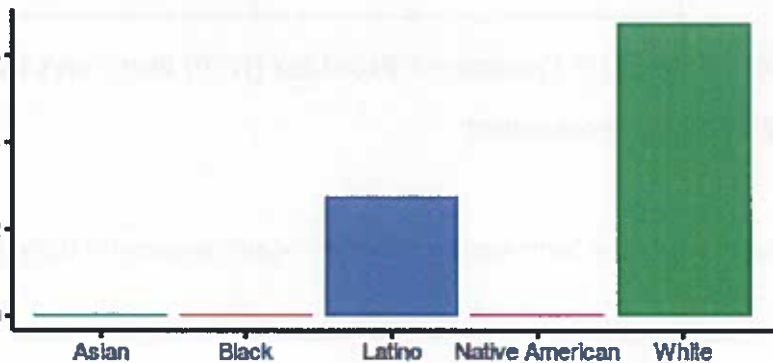


All Opioid Overdoses: 2016 Age-Adjusted Annual Death Rates by Zip Code



Rate per 100k - 10 5 0

2016 All Opioid OD Age-Adjusted Death Rates by Race/Ethnicity



* Information obtained from CORE Medical Clinic, not the California Department of Public Health

** Information obtained from Department of Health Care Services, data not available by city

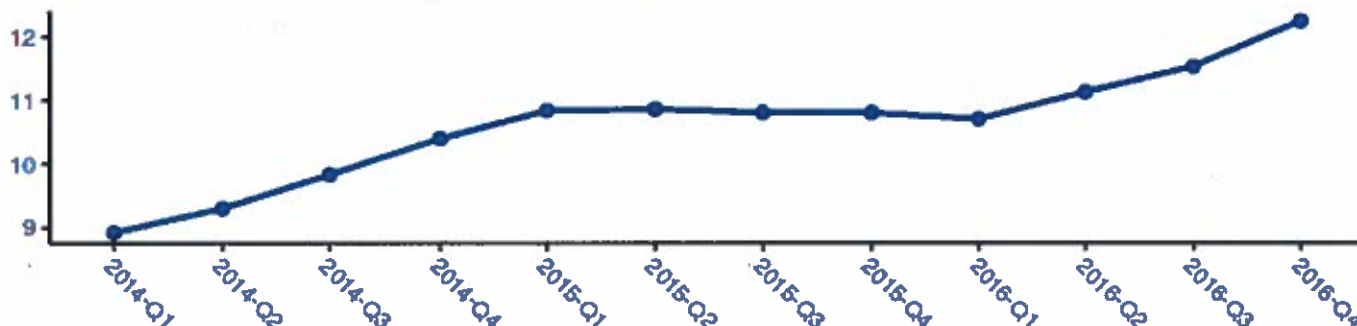
Footnotes: 12-month rates are based on moving averages; OD = Overdose; Qtrly = Annualized Quarter

Report produced by the California Opioid Overdose Surveillance Dashboard - <https://cdph.ca.gov/opioiddashboard/>

Treatment

Buprenorphine prescriptions in the county are used to gauge the expansion of medication-assisted treatment (MAT). The annual buprenorphine prescribing rate in 2016 was 12.2 per 1,000 residents. This represents a 13% increase in buprenorphine prescribing from 2014.

Buprenorphine Prescriptions, 12-month Rates



CORE Specific Treatment Numbers by City*

City of Residence	Methadone	Buprenorphine
West Sacramento	69	4
Woodland	15	0
Davis	8	5
Knights Landing/Esparto/Winters	1	2

Other Narcotic Treatment Provider (NTP) Numbers based on 2015-2016**

129 Yolo residents served

Total served by Sacramento NTP Providers: Approximately 233 Yolo County residents

* Information obtained from CORE Medical Clinic, not the California Department of Public Health

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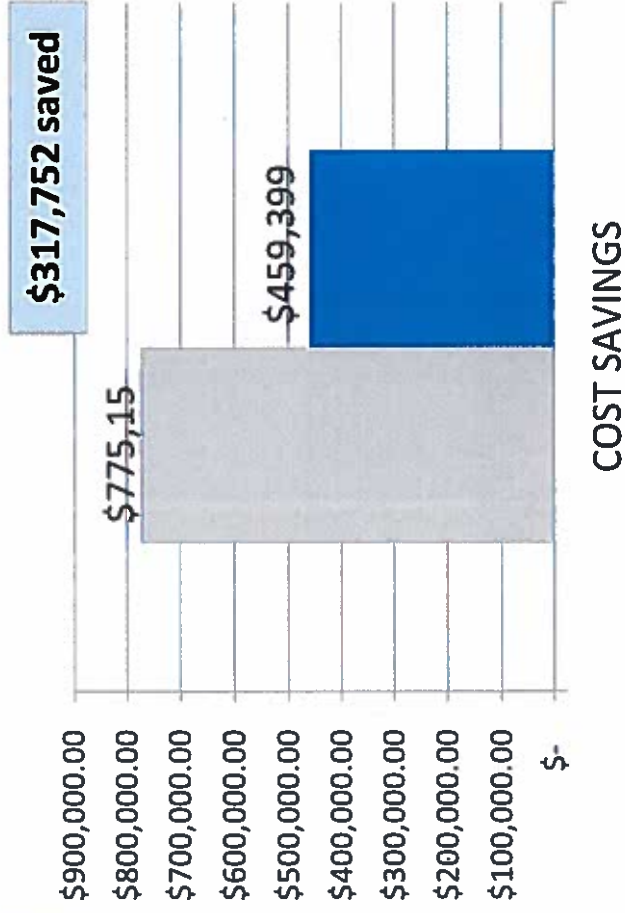
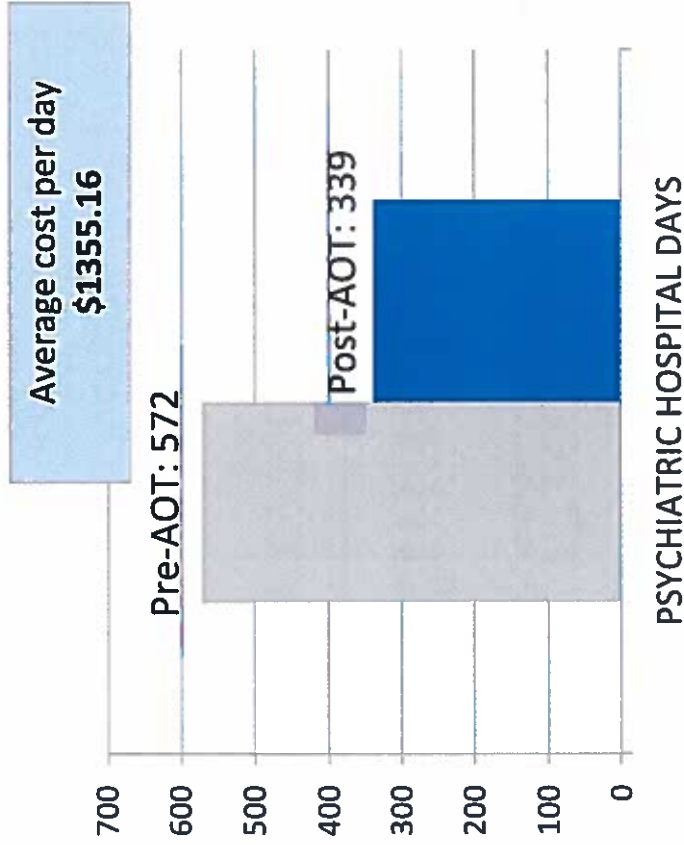


Yolo County Assertive Outpatient Treatment (AOT) Update

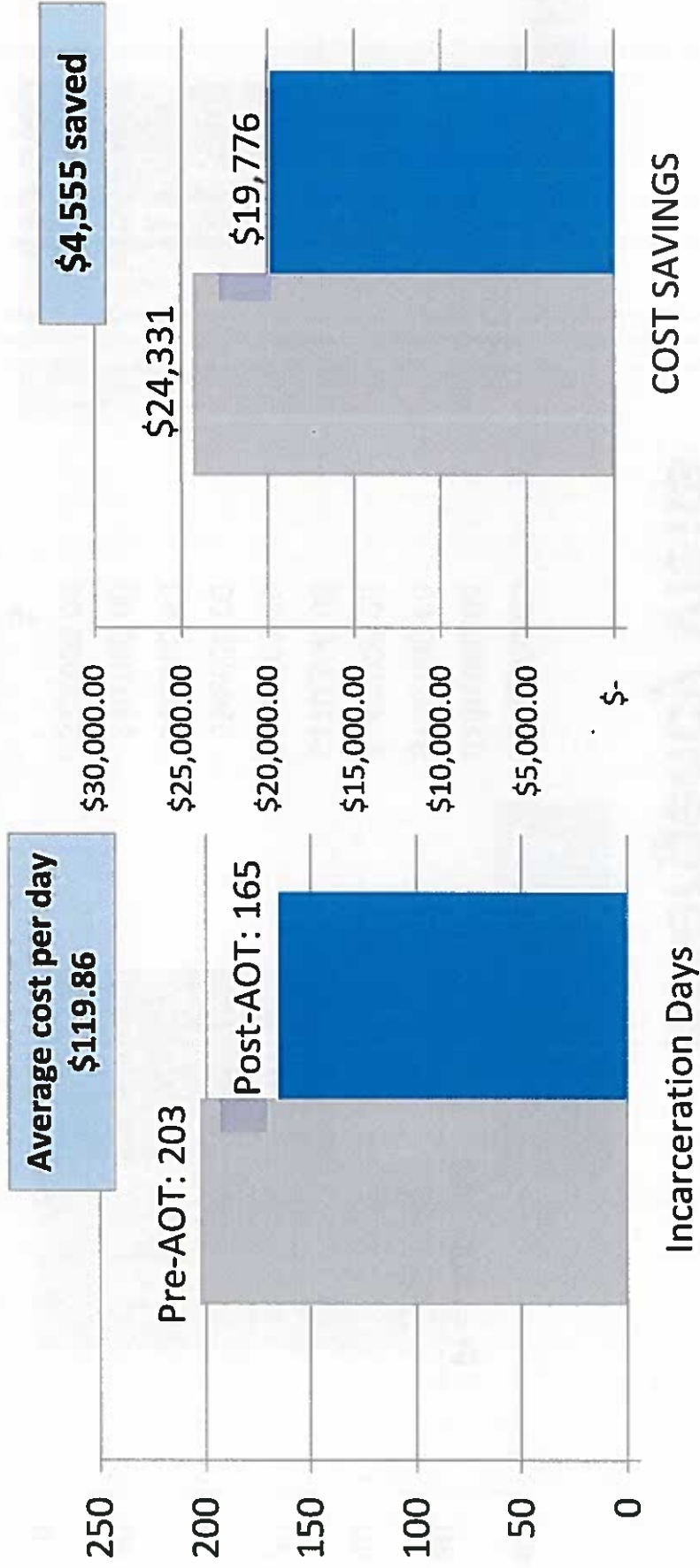
Presented by Turning Point Community Programs

January 9, 2018

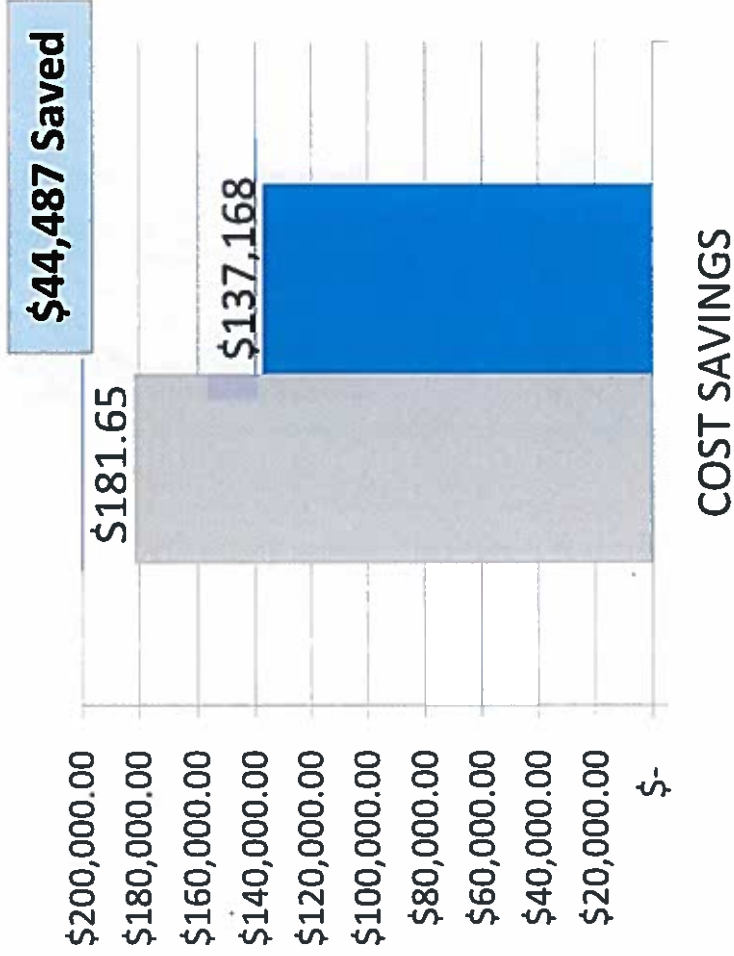
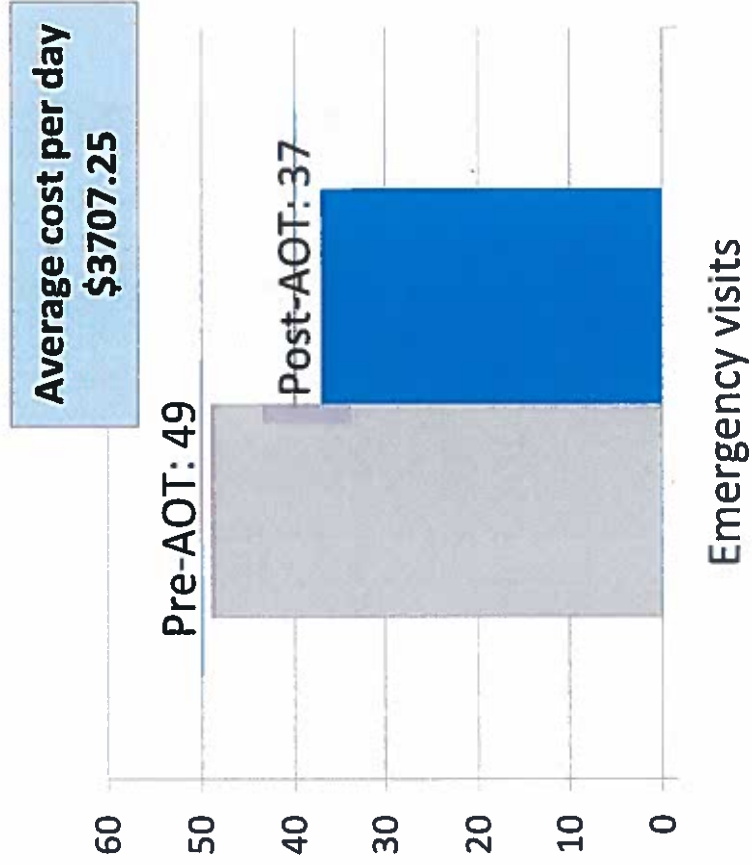
Psychiatric Hospitalization



Incarceration



Emergency Visits



Homeless Days

