

Yolo County MCAH Advisory Board

March 21, 2018

Minutes

CAROLYN CAMPOS, CHAIR
JESSICA CERNAK, VICE-CHAIR

YOLO COUNTY HEALTH AND HUMAN SERVICES AGENCY

BAUER BUILDING
137 NORTH COTTONWOOD STREET,
#1600 THOMSON/WALKER ROOM
WOODLAND, CA 95695

Yolo County MCAH Advisory Board

Minutes – March 21, 2018

The Yolo County MCAH Advisory Board met on the 21st Day of May 2018 in the Thomson room at the Bauer Building at 137 North Cottonwood Street, Woodland, CA at 8:30 a.m.

VOTING MEMBERS PRESENT: Carolyn Campos RN, Sutter Davis Hospital; Jessica Cerniak, Psy.D., The Chicago School of Professional Psychology; Kalyn Coppedge, MSW, California State University, Sacramento; John McKean, MD; Kathleen Middings, RN, Woodland Joint Unified School District; Willy Onate, Yolo County Children’s Alliance; Madeleine Shernock; Nichole Sturmfels, Community Member; Margaret Walter, RN, BSN, MBA, UC Davis; Tia Will, MD, Kaiser Permanente

VOTING MEMBERS ABSENT: Barbara Boehler, CNM, CommuniCare Health Centers;

STAFF & GUESTS PRESENT: Lauren Adams, First 5 Yolo; Raquel Aguilar, HHSA; Lizeth Betancourt, HHSA; Ramy Hussein, HHSA; Monica Koenig, HHSA; Jaime Ordonez, HHSA; Cindy Martin, HHSA; Anna Sutton, RN, PHN, MSN, HHSA, Community Health; Jocelle Fresnido, Partnership HealthPlans of California; Jessica Hackwell, Partnership HealthPlans of California; Maggie Zamora, CSUS Student; Natalie Audage, Yolo County Children’s Alliance; Jennifer Travis, Help Me Grow; Jennie Pettit, HHSA; Marcella Ponce, CMC CPSP; Laura Martinez-Chavez, Community Medical Centers; Leon Schimmel, MD, Communicare

8:30 A.M. CALL TO ORDER

1. **WELCOME AND INTRODUCTIONS** – *Carolyn Campos, Chair*
The March 21, 2017 MCAH Advisory Board meeting was called to order at 8:40 a.m., at which time around the table introductions occurred and quorum was confirmed.
2. **CONSIDER APPROVAL OF AGENDA** – *Carolyn Campos, Chair*
Motion: Nichole Sturmfels **Second:** Jessica Cerniak **Discussion:** None **Vote:** Unanimous
3. **APPROVE THE [February 21, 2018 MINUTES](#)** – *Carolyn Campos, Chair*
Motion: Willy Onate **Second:** John McKean **Discussion:** Remove S from Marget Walter’s last name
Vote: Unanimous
4. **PUBLIC COMMENT**
 - **Natalie Audage, YCCA:** [Protecting Children Reporting Child Abuse and Neglect Handout](#)
 - This is a collaborative effort with YCCA and Yolo County HHSA; with input from, Ramy Hussein, HHSA, Jacqueline Eck, and Laura Nielsen; this is a how to guide when you suspect childhood abuse and neglect; with in the document will see all the warning signs; the handout will be on the website;
 - Child Abuse Prevention month Campaign materials, April is Child Abuse Prevention month; Weathering the Storms a guide to healthy expressions and emotions for parents and children; a resource for parents and caregivers to learn how to identify emotions and how to help children learn about emotions; there is also information about empathy; there is a list of resources on the back
 - Conversations Starters for Providers will be available in April; the guides will be available on line and you can find old guides on the website as well
5. **[COMMUNITY HEALTH BRANCH REPORT – MCAH HIGHLIGHTS](#)** – *Anna Sutton*

PRESENTATIONS

6. **ADVERSE CHILDHOOD EXPERIENCES: ACE’S** – *Jessica Hackwell, Partnership Health Plan*
POWERPOINT:
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7. HOME VISITING – Anna Sutton & Raquel Aguilar, Yolo County MCAH – Willy Onate, Yolo County Children’s Alliance

Anna Sutton:

- In Yolo County, there are three home visiting programs throughout Yolo County, **Nurse Home Visiting**, which has a teen parent specialty track embedded within it and **Step by Step** and **Early Head Start**.
- Nurse Home Visiting is an evidence *informed* program staffed by public health nurses and community health assistants; Step by Step is an evidence *based* program which follows the Healthy Families America model; both program’s funding come through MCAH; Nurse Home Visiting is house with HHSA and Step by Step funding is a Yolo County HHSA subcontracted out to Yolo County Children’s Alliance.

Raquel Aguilar – Nurse Home Visiting:

- Nurse Home Visiting is a medical/health focused program; interventions are focused on mom, but the program targets the health and wellness of the mother/child dyad and family. Eligibility: there is no age minimum or maximum there needs to be a medical concern for mom or child; mom must be parenting or pregnant to qualify for the program along with a medical acuity; NHV will work with pregnant mom’s up until the baby is 2 ½
- there is home visiting schedule in which different tools are utilized, such as the Edinburgh and they work with mom on the growth and development of the baby
- interventions and activities mostly focus on the mother and to promote her strengths
- the NHV team works to link mothers to healthcare and then focusing on preventive care
- NHV refers to Moving Beyond Depression and WIC
- Home visiting is the bridge of communications for those providers who have a concern about a patient
- There is a prenatal home visiting schedule, post-partum, infancy, and toddler
- Each Nurse can carry a caseload of 50 (total – this include mom and child)
- NHV works closely with internal and external agencies
- NHV uses a very therapeutic approach
- Performance measures have been developed for FY 18-19
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Willy Onate – Step by Step:

- Will Serve any pregnant mom in Yolo County
- Teen clients that are referred are sent to Raquel
- If mom has an open CPS case they will serve them
- Once a referral is received, Lilian Marquez who is the Family Assessment Worker will try to set up a home visit to complete the Parent Survey; this survey can take up to 1-2 visits to complete; every client that is open has to complete this survey; this is a very detailed survey on both parents, regardless is the other parent is involved
- Once the parent survey is complete Willy, Lilian, and Lana, Clinical Supervisor will create a service plan
- Program is voluntary, if a parent declines Lilian will still try and link the client to community resources. Lilian can complete 3 visit to help link families with services even if they decline services
- If a client agrees to enroll into Step by Step, a joint visit is done with Lilian and the assigned home visitor as a warm hand off.
- Client will initially will be seen weekly for the first 6 months at level 1, level 2 they will be seen biweekly, and at a level 3 they will be seen once a month
- The program completes domestic violence screening, depression, developmental screening, ASQ, ASQ SE, parent child interaction screen, and promote and track immunizations
- Partners for Health Babies is the curriculum used

8. OBESITY IN PREGNANCY – Andrea Ransdell, Nutrition Supervisor, Communicare Health Centers

POWERPOINT:

- There is a lack of resources for obesity and pregnant women in Yolo County;
- WIC offers information regarding nutrition; in order for mom to meet with a WIC registered dietician in Yolo County, mom must request that service
- PDF version of this presentation will be mailed out to the group

ANNOUNCEMENTS

9. MEMBER ANNOUNCEMENTS/SHARING

- **Natalie Audage:** shared that YCCA will be holding its annual fundraiser on April 7th, Ahoy Yolo

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ADJOURNMENT

10. Next Meeting: August 18, 2017

Proposed Topics

- Meeting will focus on the 0-5 age group

11:00 A.M. ADJOURNMENT

Respectfully submitted by:

Gaby Castaneda, Secretary
Yolo County MCAH Advisory Board

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