

## **Mental Health Director's Report**

**March 19, 2018**

**Triennial-**The California Department of Health Care Services was onsite March 5-9, 2018 to conduct its Triennial Review of the Yolo County Mental Health Plan's delivery of Specialty Mental Health Services to Medi-Cal beneficiaries. The Triennial Review is composed of two components, including the Systems Review (which reviews 245 protocol items) and the Chart Review (which audits over 900 elements within 20 clinical records). The preliminary review findings demonstrate significant improvement in our Mental Health Plan performance since our FY 2014-15 Triennial Review, particularly in the Chart Review component, where Yolo County was found to have a 67% disallowance rate in FY 2014-15. Since that time, the Mental Health Plan has increased its monitoring and training activities regarding access, authorization, beneficiary protection, provider relations, program integrity, and Medi-Cal documentation mandates that impact quality of care provided to Yolo County adult and child/youth beneficiaries who have a Serious Mental Illness (SMI) and/ or Severe Emotional Disturbance (SED). As a result of these efforts, Yolo County was found to be 97% in compliance with the System Review and over 90% compliance with the Chart Review.

**MHSOAC Opportunities-** The Mental Health Services Oversight and Accountability Commission has released two RFPs over the last several weeks. We will be applying for both. These RFPs are the new round of Investment in Mental Health Wellness Act(AB82). The first RFP was aimed at the TAY/Adult population while the second was aimed at Children. If we're awarded both proposals there will be staff aligned with the Urgent Care hours, 11am-10pm. Two staff will be crisis response for ages 16-25, two staff will be crisis response for ages 0-15. We want all four staff to respond for all ages 0-25.

**After Hours/Weekend Access Line and Response-** As we mentioned at last month's LMHB meeting, we have awarded the contract for afterhours access and crisis response to Heritage Oaks. We had two vendors apply and included reviewers from HHSA, LMHB, law enforcement, and emergency medical services in order to have a fair and objective process. Additionally, we had a follow up face to face interview with both vendors and the review panel recommended Heritage Oaks. We expect these services to begin July 2018.

**Mental Health Urgent Care-** Please remember we are having an open house at the new First Responder Mental Health Urgent Care on Wednesday, April 4<sup>th</sup> from 8:30-10:30am. See attached flyer.

**Navigation Center-**This project is being reviewed for final approval by the City of Davis in the coming weeks. Communicare Health Centers will be the provider of services at the Davis location. Services will be offered Monday through Friday during business hours, and will include mental health triage, assessments, and short-term supportive counseling and linkage to ongoing behavioral and physical healthcare providers.

**Adult Residential Facility-**HHSA is continuing to work with the City of Davis and Yolo County Housing Authority on the possibility of opening an ARF in Davis. In addition to each of the governing boards reviewing the proposal for final approval in the coming weeks, HHSA is confirming restrictions on use of CFTN funds associated with expenditure to assure the project is fully aligned with MHSA regulations. Assuming all steps work out successfully, residential services for individuals stepping down from, or at risk of admission to higher, locked levels of care, will be available by December, 2018 or earlier.

**Drug Medi-Cal Organized Delivery System-** On March 13th, 2018, HHSA received approval for their Drug Medi-Cal Organized Delivery System (DMC-ODS) fiscal plan from the Department of Healthcare Services (DHCS). This was another important hurdle to overcome on our way to offering a more robust substance use continuum of services beginning July 1, 2018. DHCS will now combine HHSA's fiscal plan, with our approved Implementation Plan to form what is referred to at the Intergovernmental Agreement (IA). The IA is the contract between DHCS and HHSA to deliver all Drug Medi-Cal services under the DMC-ODS waiver system.

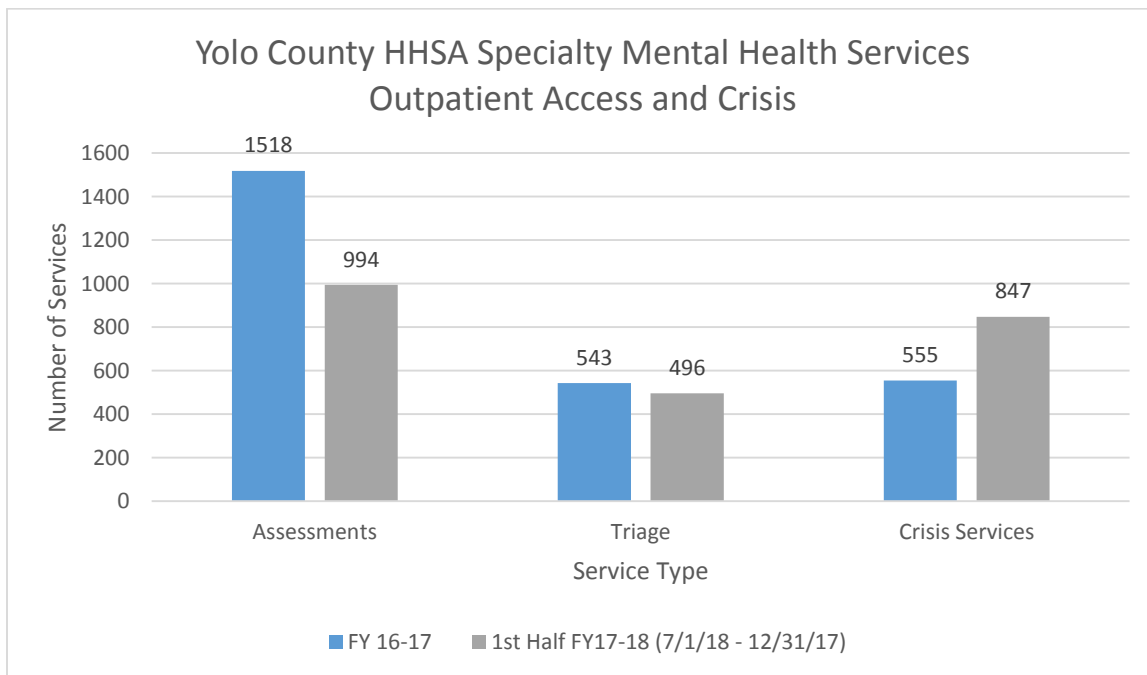
On July 1, 2017 the Federal government passed regulations commonly referred to as the 438 Final Rule, and additional Parity regulations. Both of which come with additional requirements for managed care plans. Under the DMC-ODS

system, substance use services will be considered a managed care plan and therefore are subject to these new regulations. One component of these new requirements is what DHCS is calling a Readiness Review. The Readiness Review is an onsite audit/review of our entire substance use system of care, including but not limited to, policies and procedures, fiscal practices, contract language, and training requirements. HSA has their Readiness Review scheduled for April 24-26<sup>th</sup> and must “pass” the Readiness Review in order to begin services under the DMC-ODS system.

**CFMG-Jail Behavioral Health-** We have been meeting with CFMG to discuss a variety of behavioral health issues that affect our in custody population. Of note, we will be implementing a behavioral health screening tool in custody as a first step in establishing a baseline of clients in custody who have serious mental illness. Also, CFMG has agreed to assist with involuntary medication, when court ordered, for clients awaiting transfer to the state hospital. Finally, we are exploring legislative options to adjust LPS law to allow for referral for conservatorship from custody.

**Crisis Intervention Training-** After a competitive bidding process, Disability Response was awarded the Crisis Intervention Training contract for FY18-19. Michael Summers, who has provided this service for nearly nine (9) years, will continue to train Yolo County law enforcement personnel and other local first responders to recognize the signs that include, but are not limited to, mental illness and/or substance use disorder, when responding to a person experiencing a mental health crisis in Yolo County.

## Data



The above data reflects Access and Crisis Specialty Mental Health Services provided in Davis, West Sacramento, and Woodland in FY16-17 and the first half of FY17-18. Should the pace of Access and Crisis services seen during the first half of FY17-18 continue, Yolo County expects to see the following by the end of FY17-18:

- The total number of assessments will increase by 31% (from 1,518 to 1,988)
- The total number of triage services will nearly double (from 543 to 992)
- The total number of crisis services provided in the first half of the year (847), which has already exceeded FY16-17 services (555) by 52.6%, will increase to by over 200% (1,694)