



COUNTY OF YOLO

Health and Human Services Agency

Healthy Yolo: Chronic Disease Prevention Work Group

Agenda

Date & Time: January 25, 2018 1:30 – 3:30 pm
Location: Gonzalez Building, Community Room, 25 N. Cottonwood St, Woodland
Attendees: Haydee Dabritz, HHSA; Jocelle Fresnido-Lee, Partnership HealthPlans of California; Mimi Hall, HHSA; Marcel Horowitz, UC Cooperative Extension; David Linebarger, HHSA; Ashley Logins-Miller, HHSA; Laura Martinez Chavez, Community Medical Centers; Dawn Myers Purkey, Adult Day Health Center; Yasmin Sanchez, Yolo Food Bank; Laurie Somerhausen, HHSA; Rebecca Tryon, HHSA; Emily Vaden, HHSA

1) WELCOME & INTRODUCTIONS

- Emily welcomed the group, reviewed the agenda and introductions.
- As a reminder, the Mental Health CHIP Work Group was rescheduled to February 6th; the calendar invitations and websites have been updated but the postcards are wrong.

2) DATA SHARING

- See Dashboard at www.HealthyYolo.org for updated data.
- **Pounds of Produce distributed from Hanna & Herbert Bauer Memorial Garden:** In 2016 David was working at another farm and also brought produce from that farm to distribute; in 2017 David was hired on full time at HHSA and is no longer bringing that additional produce. The bags are not weighed but it is an estimate of three pounds per bag. The summer vegetables are more popular.
- **Adults Who Attended a Garden Class:** Efforts are being made to increase the garden classes, so this measure mean need a new target.
- **Youth Who Attended a Garden Class:** Utilizing the partnership between Safe Routes to School and NEOP, local schools have been having walking field trips to the garden. The target needs to be reevaluated due to the loss of the connection with the City of Woodland.
- **Individuals Served Through Eat Well:** Yolo Food Bank has implemented two additional sites, Guinda and Madison. This measure may be more useful as an annual or twice a year report out, due to the seasonal variation.
- **Youth Who Receive Nutrition or Physical Activity Education:** The Cooperative Extension has hired a new staff person and has increased joint programing in 4-H, as well as more Head Start preschools. This measure may need a new target. There has been a shift of focus to start education in preschool.
- **Teachers Trained in Providing Nutrition and Fitness Education:** Is this measure able to be captured as a % of teachers, instead of a count?
- **CNAP Partners who Utilize Sugar Sweetened Beverage Consumption Reduction Program:** A low response is received from partners, so this measure may not be relevant; however, there may be other measures that would be appropriate.

- **Active Transportation:** The following measures will end June 30th (data will be reported in July)
 - % of Woodland elementary & middle school kids walking or biking to school
 - # of Woodland elementary & middle schools with parent-led walking or biking groups
 - # of Woodland schools reached with Safe Routes to School activities
 - # of Woodland Youth who have received bike or pedestrian safety/skills education
- **Adult Day Waiting List:** Dawn will send actual numbers for the last few quarters. Referrals for services have dropped, due to the length of time on the waiting list.
- **Adult Day Slots:** Efforts are in progress for implementing some alternate scheduling in the afternoon, as well as a strong effort between Dignity and Yolo County to find a solution for expanding capacity.

3) 2017 ANNUAL REPORT PREP

- Emily reviewed the need of a 2017 Annual Report and reviewed the 2016 Annual Report. Emily then led the group in brainstorming for the 2017 Annual Report.

CONTENT	DISTRIBUTION
<ul style="list-style-type: none"> • Entice new partners • Why aren't we there yet? • Description of gap or needed partners • Expand past current targets to what a healthy community looks like • Statement or instruction – how is this useful if not currently in a workgroup. • More of a marketing look – anyone can use it no matter who they are. • Focus on goal instead of strategy. • “What’s in it for me?” <ul style="list-style-type: none"> ○ Quotes about how it's not extra work ○ Collective impact • Goal focused/organized • What does it mean to participate? <ul style="list-style-type: none"> ○ Share data ○ Share challenges • Maybe 3 different reports 	<ul style="list-style-type: none"> • Distribution could be wider this year. • Health care community • Cities – community programs, parks & rec, • YMCA • Social Media • CHA steering committee • CNAP meeting • Grocery stores • Specifically, those participating in bonus bucks • Faith based community • Broderick (Charlotte) • Shores of Hope (Chis) • RISE • FRCs • First 5 • Family Hui • PMHC • Resilient Yolo • School Districts/YCOE • Gyms, health centers • UCD – student led clubs, food distribution

4) 2019 COMMUNITY HEALTH ASSESSMENT UPDATE

- The Community Health Assessment was done in 2013-2014. The Public Health Accreditation Board requires a CHA every five years, while hospital systems are required to do a Community Health Needs Assessment every three years. Since both are due in 2019, Dignity, Sutter, and HHSa will be collaborating to complete one CHA/CHNA.
- The hospitals have internal processes, deadlines, approvals, and formatting requirements that will need to be followed.
- A Community Health Assessment Steering Committee has been formed, with representatives from Dignity, Sutter, HHSa, CommuniCare, and Winters Health Care.

- The committee has met six times with a focus on creating timeline for the process in order to meet everyone's requirements. The Committee expects about a year long process.
- Kaiser and UC Davis are not included due to the fact that the Community Health Assessment has a boundary of the County lines.
- A strong effort will be made to make sure the community is engaged and involved. A consultant will be hired to facilitate the town halls and focus groups, with HHSa facilitating the overall process and surveys.
- The Community Health Branch is in the process of hiring an analyst to take on the CHIP, as well as other duties as Emily is transitioning to agency level duties. Ashley and Emily will continue to make sure the measures are aligning with other agency efforts but the new analyst will work on outreach and meeting facilitation. Additionally, there is an opportunity to have Public Health Intern from UC Davis to assist in the process.
- The Health Education Council is working with CACHI in West Sacramento in regards to heart health. Those efforts and some of the data will help inform the CHA.

5) REVIEW HEALTH OUTCOMES

- Emily led the group in a review of the Health Outcome Measures.
- **Diabetes Diagnosis:** clarify in the description if this is both types of diagnosis.
- **Dabetes Management A1C Test:** this measure is only for older adults. Move to the Healthy Aging workgroup.
- **Preventable Hospitalizations for Diabetes:** This measure needs a new target, as we are generally trending down.
- **Consumption of soda:** The team discussed the variety of data points for this measure. Has the age group self-reporting this data changed over the years? Is it the exact same question each year? Is there another source for sugar sweetened beverage data?
- **No Exercise:** Discussed changing this measure to a more positively framed measure.
- **Food Insecurity:** Is there more recent data? Feeding America has information broken out by adults and children. This measure should be changed to number of people – any more recent data? Feeding America has info for adult and children.
- **Adult Smoking Rate:** This measure needs a new target.
- **Youth Smoking Rate:** This measure needs a new target, as well as clarification if this includes vaping.
- **Emergency Department Visits by Children with dental Diagnosis:** This target needs revised, may have been entered incorrectly.
- **Adults with Heart Disease:** Sources is missing.
- Proposed new measures:
 - Prevalence rate for diabetes
 - Updated exercise measure
 - Children's obesity rate

6) QUESTIONS AND NEXT STEP

- Emily will be sending out another CHIP Participant Survey.
- Laurie would like to add measures around breastfeeding and Healthy Living Diabetes.

*Healthy Yolo Chronic Disease Prevention CHIP Work Group
January 25, 2018*

- Future Agenda Items:
 - Partner Brainstorming

Next meeting
April 25, 2018
8:30 – 11:00 am
Gonzalez Building, Community Rooms
25 N. Cottonwood Street, Woodland

CHRONIC DISEASE PREVENTION

GOAL: INCREASE CONSUMPTION OF FRUITS & VEGETABLES

STRATEGY: INCREASE IMPACT OF COMMUNITY GARDENS

RESPONSIBLE PERSON	MEASURE	DATES
David Linebarger	# of pounds of produce distributed from the Hanna & Herbert Bauer Memorial Garden	Jan 2017 – Dec 2017
	# of bags distributed to WIC clients from the Hanna & Herbert Bauer Memorial Garden	Jan 2017 – Dec 2017
	# of adults who attended a garden class	Jan 2017 – Dec 2017
	# of youth who attended a garden class	Jan 2017 – Dec 2017

STRATEGY: INCREASE FRESH PRODUCE DISTRIBUTION

RESPONSIBLE PERSON	MEASURE	DATES
Stephanie Villegas	# of individuals served through Yolo Food Bank's Eat Well Yolo Program	Oct 2017 – Dec 2017
	# of pounds of produce distributed through Yolo Food Banks' Eat Well Yolo Program	Oct 2017 – Dec 2017

STRATEGY: INCREASE YOUTH NUTRITION & FITNESS EDUCATION

RESPONSIBLE PERSON	MEASURE	DATES
Marcel Horowitz	# of youth who received nutrition or physical activity education through Cooperative Extension	Jan 2017 – Dec 2017
	# of teachers trained in providing nutrition and physical activity education	Jan 2017 – Dec 2017

GOAL: DECREASE CONSUMPTION OF SUGAR SWEETENED BEVERAGES

STRATEGY: INCREASE AWARENESS OF HEALTH RISKS ASSOCIATED WITH SUGAR SWEETENED BEVERAGE CONSUMPTION

RESPONSIBLE PERSON	MEASURE	DATES
Rebecca Tryon	# of SNAP partners who utilize sugar sweetened beverage consumption reduction programs	Jan 2017 – Dec 2017

GOAL: INCREASE PERCENTAGE OF POPULATION ADHERING TO RECOMMENDED PHYSICAL ACTIVITY STANDARDS

STRATEGY: INCREASE NUMBER OF CHILDREN ACTIVELY TRANSPORTING TO SCHOOL

RESPONSIBLE PERSON	MEASURE	DATES
Rebecca Tryon	% of Woodland Elementary & Middle School kids walking or biking to school	
	# of Woodland Elementary & Middle Schools with parent-led walking or biking groups	
	# of Woodland Joint Unified Schools reached with Safe Routes to School program activities	July 2017 – Dec 2017
	# of Woodland youth who have received bike or pedestrian safety/skills education	July 2017 – Dec 2017

GOAL: DECREASE YOUTH ACCESS TO TOBACCO PRODUCTS

STRATEGY: ENCOURAGE LOCAL CITY COUNCILS TO ADOPT TOBACCO RETAIL LICENSE POLICIES

RESPONSIBLE PERSON	MEASURE	DATES
Steve Jensen	# of cities with TRL policies	Jan 2017 – Dec 2017
	% of illegal tobacco sales to minors in Davis	Jan 2017 – Dec 2017
	% of illegal tobacco sales to minors in Unincorporated areas of Yolo County	Jan 2017 – Dec 2017
	% of illegal tobacco sales to minors in West Sacramento	Jan 2017 – Dec 2017
	% of illegal tobacco sales to minors in Winters	Jan 2017 – Dec 2017
	% of illegal tobacco sales to minors in Woodland	Jan 2017 – Dec 2017

GOAL: STRENGTHEN THE SUPPORT NETWORK FOR CHRONIC DISEASE MANAGEMENT

STRATEGY: INCREASE ACCESS TO CHRONIC DISEASE PREVENTION AND MANAGEMENT

RESPONSIBLE PERSON	MEASURE	DATES
Dawn Myers Purkey	# on waiting list for Yolo Adult Day Health Center	April 2017 – June 2017
		July 2017 – Sept 2017
		Oct 2017 – Dec 2017
	# of slots available for Yolo Adult Day Health Center	Jan 2017 – Dec 2017