

Yolo County MCAH Advisory Board

April 18, 2018

Minutes

**CAROLYN CAMPOS, CHAIR
JESSICA CERNAK, VICE-CHAIR**

YOLO COUNTY HEALTH AND HUMAN SERVICES AGENCY

**GONZALEZ BUILDING
25 NORTH COTTONWOOD STREET,
#167 COMMUNITY ROOM
WOODLAND, CA 95695**

The Yolo County MCAH Advisory Board met on the 18th Day of April 2018 in the Community room at the Gonzalez Building at 25 North Cottonwood Street, Woodland, CA at 8:30 a.m.

VOTING MEMBERS PRESENT: Carolyn Campos RN, Sutter Davis Hospital; Kalyn Coppedge, MSW, California State University, Sacramento; Kathleen Middings, RN, Woodland Joint Unified School District; Nichole Sturmfels, Community Member; Margaret Walter, RN, BSN, MBA, UC Davis; Stephen Nowicki, MD, PhD, FAAP, Dignity Health Woodland Health Care

VOTING MEMBERS ABSENT: Barbara Boehler, CNM, CommuniCare Health Centers; Jessica Cerniak, Psy.D., The Chicago School of Professional Psychology; John McKean, MD; Willy Onate, Yolo County Children’s Alliance; Madeleine Shernock, Tia Will, MD, Kaiser Permanente

STAFF & GUESTS PRESENT: Lauren Adams, First 5 Yolo; Raquel Aguilar, HHSa; Lizeth Betancourt, HHSa; Ron Chapman, MD, MPH, Health Officer, HHSa; Laura Martinez, PA, Esparto Community Medical Center; Ramy Hussein, Yolo County HHSa; Monica Koenig, PHN, Yolo County HHSa; Jaime Ordonez, Yolo County HHSa; Cindy Martin, Yolo County HHSa; Nicole Mian, Help Me Grow; Sandra Rodriguez, Yolo County Board of Supervisors; Anna Sutton, RN, PHH, MSN, Yolo County HHSa; Jennifer Travis, Help Me Grow; Jocelle Fresnido-Lee, Partnership HealthPlans CA; Gaby Castaneda, Yolo County HHSa, Leon Schimmel, MD, CommuniCare Health Centers

8:30 A.M. CALL TO ORDER

1. **WELCOME AND INTRODUCTIONS – Carolyn Campos, Chair**
The April 18, 2018 MCAH Advisory Board meeting was called to order at 8:40 a.m., at which time around the table introductions occurred and quorum was confirmed.
2. **CONSIDER APPROVAL OF AGENDA – Carolyn Campos, Chair**
Motion: Nicole Sturmfels Second: Margaret Walters Discussion: None Vote: Unanimous
3. **APPROVE THE [MARCH 21, 2018, MINUTES](#) – Carolyn Campos, Chair**
Motion: Kayln Coppedge Second: Kathy Middings Discussion: None Vote: Unanimous
4. **PUBLIC COMMENT**
 - None at this time
5. **COMMUNITY HEALTH BRANCH REPORT – MCAH HIGHLIGHTS – Anna Sutton**
 - Mimi Hall former Community Health Director has left to Santa Cruz; we’re actively recruiting to fill the position for Community Health Director
 - EMS\ Emergency Preparedness hosted a trauma Summit there was 100 people waitlisted for this; they’ve also done drills the past two days
 - The State is now allowing WIC to do a different type of breastfeeding report; where they are using them to set up new benchmarks for WIC; this report excludes foster families and some of things that can change the data; there are new reports available by Clinic and area; WIC is still not consider a Public Charge Program, anyone who wants to apply and is income eligible can apply, they will not be asked about their immigration status
 - Our CPSP Roundtable will be held on May 24 and will focus on maternal mental health; this is a free educational program that’s held in the spring and fall for our local Comprehensive Perinatal Service Providers in our community
 - Our first annual memorial service for our community/families that have suffered a loss due to still birth or miscarriage; we will be having a butterfly release in Davis

- Monica is partnering with a Professor from Chico University who is helping he build a safe sleep module; this will be a collaboration with WIC; families will watch a short safe sleep video and after they watch the video they will be able to receive free play pen
- NHV Referrals are ongoing; please keep referring; if you have any questions call Raquel Aguilar
- April STD awareness month; STD's have been rising nationwide; there are great resources on the CDC website
- There is an opportunity being facilitated by the Sacramento LGBT Center on April 26, they're seeking participants for a study on the overarching issues that LGBT people face when accessing sexual health services; there's incentives for them to participate in this study
- The Mental Health Urgent Care Center has opened up in West Sacramento
- Healthy Schools Collaborative is happening May 30th, 3-5

6. MCAH ADVISORY BOARD 2017 ANNUAL REPORT OF SUPERVISORS 5/22 - Anna Sutton

- Every year the MCAH Advisory Board reports an annual report at one of the Board of Supervisors Meetings
- Last year it was presented by Dr. Nowiki and Jessica Cerniak in the form of a powerpoint
- This will be a highlight of what we've done during the 2017 year, and how we are going to update the statement to highlight all age groups in MCAH
- Anna is working with Jill Cook; she has offered to review the draft presentation; in that same presentation, there is a subcommittee that will be presenting on programs benefiting children's, which is part of the strategic plan, for thriving children in Yolo County

PRESENTATIONS

7. PERINATAL SUBGROUP SUMMARY & DISCUSSION – Nichole Strumfels

Below are the top priority areas for the perinatal subgroup:

- Issues obesity before and during pregnancy; adverse outcomes for mom and for baby
- Support women through pregnancy and immediate postpartum period, including maternal mental health
- Preconception health; with the idea of getting women into regular routine care before getting pregnant
- Breastfeeding and substance use
- Data needs-breast feeding rates in the hospital and at 3 and 6 months postpartum
- Teen birth rates
- Health Insurance for women 18-44; keeping women insured so that they can continue to have that routine care before getting pregnant
- Infant and maternal morbidity rate due to obesity

Data Gaps that were found:

- One of the data gaps that was found was that of marijuana use in women who are pregnant and while they're breastfeeding
- Teen pregnancy rate
- Existing mental health diagnosis before pregnancy or while pregnant

Presentations:

- Presentation ACE's-Adverse Childhood Experiences
- obesity in pregnancy,
- NHV and YCCA two home visiting models that could address issues

Summary:

- Preconception health; getting women healthy before they become pregnant
- Recognition of aces and trauma informed care
- Using home visiting to support mom and child,
- Begin able to triage mom's to appropriate resources in Yolo County based on their need

8. 0-5 SUBGROUP RECAP OF PRIORITY AREAS/DATA NEEDS – *Yolo County MCAH Staff*

POWERPOINT:

9. ACCESS TO MENTAL HEALTH SERVICES FOR 0-5: GROUP EXERCISE – *Ramy Hussein*

- Root cause analysis; what is it that is affect the 0-5 population; we can't properly do that without identifying the problem
- Next time we meet we'll break up in mini groups and fill out the circles; the guiding questions are at the bottom
- You can begin filling in the questions and bring back your answers to next meeting
- If you need a digital copy Ramy can send it to you; you can also share it with your organization and bring back everyone's thoughts

ANNOUNCEMENTS

10. MEMBER ANNOUNCEMENTS/SHARING

- **Anna Sutton:** Shared that CNAP has a monthly calendar that comes out monthly on our Facebook page. May is Mental Health Awareness Month; at our next Maternal Mental Health Meeting Lizeth will be giving a presentation regarding breastfeeding and depression; these meetings are held the first Friday of each month, 12:00-2:00.
- **Sandra Rodriguez:** Shared that Day of the Children will be held on April 27, and will be promotion literacy. Please let your clients know about this event.
- **Lizeth Betancourt:** Shared that during the next breastfeeding coalition meeting, there will be a representative from the Department of Labor

ADJOURNMENT


11. Next Meeting: May 16, 2018

Proposed Topics

- Continue 0-5 Discussions on priority areas using the group exercise from today

10:00 A.M. ADJOURNMENT

Respectfully submitted by:



Gabby Castaneda, Secretary
Yolo County MCAH Advisory Board