



# COUNTY OF YOLO

Health and Human Services Agency

## COMMUNITY HEALTH BRANCH REPORT

May 2018

### ENROLLMENT

PROGRAM	APRIL 2018	MAY 2018
Medi-Cal/PHC	52,272	52,382
CMSP	0	0

### Maternal, Child and Adolescent Health (MCAH)

- May 1, 2018 kicks off **Mental Health** and **Maternal Mental Health** Awareness Month! Yolo County's [Mental Health Services Act \(MHSA\)](#) and [Yolo County MCAH programs – Maternal Mental Health](#) are partnering up for some new looks this year – cobranding of the Green Ribbon (Every Mind Matters) and [Blue Dot Campaign](#)! The goal is to reduce stigma, increase awareness and engagement around mental health disorders. **Up to 1 in 5 mothers** in California will suffer symptoms of perinatal mood or anxiety disorder and nearly everyone is impacted or knows someone struggling with mental health symptoms or a disorder. To learn more or get involved contact Anna Sutton @ [anna.sutton@yolocounty.org](mailto:anna.sutton@yolocounty.org) for a photo with the Blue Dot and car magnet for our social media campaign or join the Maternal Mental Health Collaborative which turned 4 years old this year! To follow and boost our reach, please like the [Yolo County HHSA Community Health Branch FB page](#) , follow @YoloBlueDot on Instagram and check out the month long [calendar of events](#) for mental health awareness.
- Perinatal Services – In honor of Mental Health Month, the Yolo County Comprehensive Perinatal Services Program will be hosting a Maternal Mental Health brown bag lunch Roundtable on May 24<sup>th</sup> from 12 to 1:30 p.m. in the Community Room in the Gonzales Building. Entrance is free. Staff Contact: Monica Koenig, SrPHN.

Also in October, our Fetal Infant Mortality Review Committee will hold the first Yolo County Memorial service for the families who have suffered a still birth or miscarriage in our community. This special memorial will include a butterfly release at the Davis Cemetery Arboretum. Date to be determined, with more details to follow. Staff Contact: Monica Koenig, SrPHN.

- Positive Youth Development – On April 12, the Maternal, Child & Adolescent Health Program Coordinator convened a workgroup focused on a project to address issues surrounding infrastructure for Positive Youth Development in Knights Landing. Positive Youth Development refers to intentional efforts of other youth, adults, communities, government agencies, and schools to provide opportunities for youth to enhance their interests, skills, and abilities. This initiative is the first of its kind to organize various agencies in Knights Landing using a collective impact approach. Community partners include Empower Yolo, Community Service District, UC Davis Youth Enrichment Program, Yolo County Office of Education, Taller Arte del Nuevo Amanecer (TANA), Woodland Joint Unified School District, District 5 Office, Yolo County Administrator’s Office, Friday Night Live, and the Maternal, Child, and Adolescent Health program. The workgroup’s key function is to identify additional community partners, assess gaps/needs, and map resources. The workgroup hopes to achieve this by bringing together partners already serving the community and seeking funding to increase services. At this first meeting, the group identified opportunities for increased youth outreach, current strengths of partner organizations, as well as current barriers. The group will meet on a bimonthly basis. Staff contact: Ramy Hussein

#### **Health Education**

- Friday Night Live – Winters High School (WHS) Friday Night Live (FNL) and River City High School (RCHS) FNL are promoting May is Mental Health Awareness month by having students sign a pledge banner that says “Awareness Matters”. At both schools, there will be a lunch time event, Thursday May 17<sup>th</sup> at RCHS and Friday May 18<sup>th</sup> at WHS, with Mental Health resources available to students. WHS will have several guest speakers talking to the entire student body (500 students) that mental health is essential to everyone’s overall health and well-being. The featured guest speaker will be Miss California 2017, Jillian Smith. All staff at both schools will be given a lime green ribbon to wear in support of May is Mental Health Awareness month, and students will be given lime green wristbands to wear.

Lastly, on May 1<sup>st</sup>, Pioneer High School & Douglass Middle School has completed the FNL Mentoring program for 2017-2018. Twelve (12) high school students mentored 12 middle school students once a week for 1 ½ hours since October 2017. They completed 21 sessions. Topics included effects and consequences of using alcohol, tobacco, and marijuana, self-esteem, health, friendships, teambuilding and mental health, and many others.

**UPCOMING HHSA MEETINGS & EVENTS**

<b>DATE</b>	<b>TIME</b>	<b>EVENT</b>
<b>May 11</b>	1:00 pm	<a href="#"><u>Breastfeeding Coalition</u></a>
<b>May 16</b>	8:30 am	<a href="#"><u>Maternal, Child, Adolescent Health (MCAH) Advisory Board Meeting</u></a>
<b>May 17</b>	8:30 am	<a href="#"><u>Emergency Medical Care Committee (EMCC)</u></a>
	9:30 am	<a href="#"><u>Healthcare Preparedness Coalition</u></a>
	10:30 am	<a href="#"><u>HHSA Behavioral Health Services Provider Stakeholder Workgroup</u></a>
<b>May 21</b>	7:00 pm	<a href="#"><u>Yolo County Local Mental Health Board</u></a>
<b>May 22</b>	1:00 pm	<a href="#"><u>Mental Health First Aid – Part 1 of 2* MUST ATTEND BOTH DAYS</u></a>
<b>May 23</b>	1:00 pm	<a href="#"><u>Mental Health First Aid – Part 2 of 2* MUST ATTEND BOTH DAYS</u></a>
<b>June 12</b>	8:30 am	<a href="#"><u>Mental Health First Aid – Part 1 of 2* MUST ATTEND BOTH DAYS</u></a>
	4:30 pm	<a href="#"><u>Community Services Action Board (CSAB)</u></a>
<b>June 13</b>	8:30 am	<a href="#"><u>Mental Health First Aid – Part 2 of 2* MUST ATTEND BOTH DAYS</u></a>
<b>June 14</b>	9:00 am	<a href="#"><u>Health Council</u></a>
<b>June 20</b>	8:30 am	<a href="#"><u>Maternal, Child, Adolescent Health (MCAH) Advisory Board Meeting</u></a>
<b>June 21</b>	8:30 am	<a href="#"><u>Mental Health First Aid – Part 1 of 2* MUST ATTEND BOTH DAYS</u></a>
	10:30 am	<a href="#"><u>HHSA Behavioral Health Services Provider Stakeholder Workgroup</u></a>
<b>June 22</b>	8:30 am	<a href="#"><u>Mental Health First Aid – Part 2 of 2* MUST ATTEND BOTH DAYS</u></a>
<b>June 25</b>	7:00 pm	<a href="#"><u>Yolo County Local Mental Health Board</u></a>