

## CHRONIC DISEASE PREVENTIO

1010

FOOD BANK



#### **INCREASE FRUIT & VEGETABLE CONSUMPTION**



HANNA & HERBERT BAUER MEMORIAL GARDEN holds monthly classes, distributes free produce to WIC clients, and partners with the Safe Routes To School Program to host walking field trips to the garden.

YOLO FOOD BANK, increased distribution sites from 12 to 14

Yolo Food Bank: Pounds of Produce Distributed 300000 **Pounds of Produce** 

Kids Farmers Markets Eat Well Yold

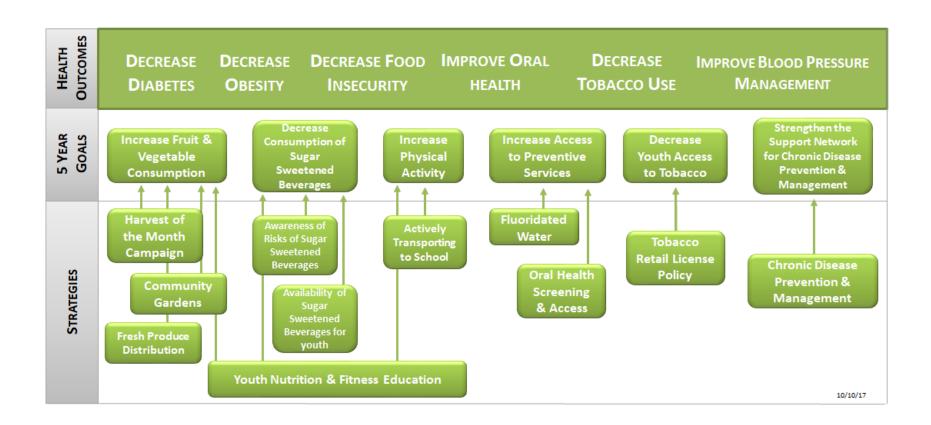
throughout Yolo County for their Eat Well Yolo fresh produce distribution.

Yolo Food Bank also runs a Kids Farmers Market at 2 preschools and five elementary schools. In addition they hired a new staff person to partner with local farms for seasonally appropriate produce.

#### **DECREASE CONSUMPTION OF** SUGAR SWEETENED BEVERAGES

The number of cities with a default beverage policy remains just one, Davis. However, there is work happening to help encourage policy in the city of Woodland. The NEOP program has been working with Public Health Advocates to increase public support and has collected 200 community support cards and has done presentations to Health Council, MCAH Advisory Board and Woodland Healthcare. for CHANGE™

> Please visit www.HealthyYolo.org for data and meeting information.



#### **INCREASE PHYSICAL ACTIVITY**



SAFE ROUTES TO SCHOOL (WOODLAND) is COOPERATIVE EXTENSION is partnering specifically for the 10 schools within the Woodland City limits. The program started in February 2016 and will be ending June 30, 2018.

This small grant is working to improve bike and pedestrian safety within low-income, Spanish speaking

communities & seniors. In 2017, 1380 Woodland youth received bike or pedestrian skills education.

INCREASE ACCESS TO PREVENTIVE SERVICES

The YOLO COUNTY ORAL HEALTH ADVISORY COMMITTEE met monthly in 2017. There was outstanding participation from community clinics, local dentists, and non-profit organizations. Much of the committee work in 2017 focused on preparations for building the first ever Yolo County Oral Health Program, state funded, and started January Advisory committee discussions regarding the new program included; strategic planning, appropriate staffing, and the development of programmatic first year deliverables.

#### **DECREASE YOUTH ACCESS TO TOBACCO**

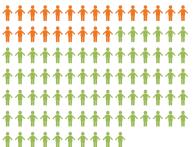
All jurisdictions in Yolo County have TOBACCO RETAIL LICENSING which requires all retailers to have a license in order to sell tobacco. It is a major strategy in reducing youth access to tobacco.

On May 1st, 2017, a ban on flavored tobacco in the unincorporated areas of Yolo County went into effect. The Tobacco prevention program will be focusing coming efforts to encourage the cities to adopt a similar policy.



with 4H, hired additional staff, and is now connecting with Head Start to increase their reach for nutrition and physical activity education.

In 2017 they provided nutrition and † physical activity education to 4,256 students!



Physical Activity Education

#### STRENGTHEN THE SUPPORT NETWORK

YOLO ADULT DAY HEALTH CENTER offers a medical model to help older adults manage chronic health conditions as well as a social model to help provide dementia care and family caregiver support. The center has capacity to serve 59 adults per day and has maintained a waiting list of at least 50 for several years now. In the last year several advancements towards increasing capacity have occurred including:

- Working with a non-profit to develop a social model in Davis with anticipated opening of mid 2019
- Continued efforts to develop a multi-purpose housing project that would also include Adult Day Health and expand capacity to 100
- Successful lobbying to increase per diem rates to help make the center more sustainable
- Applied and received \$186,972 in Caltrans operational funds and 2 new 15 passenger lift buses





# YOLO COUNTY COMMUNITY HEALTH IMPROVEMENT PLAN



older adults

#### WHAT IS THE COMMUNITY HEALTH IMPROVEMENT PLAN?

In 2013 Yolo County initiated a Community Health Assessment (CHA) that identified 3 priority health issues: Mental Health, Chronic Disease and Aging.

Workgroups convened around each of these to identify 5 year goals. A description of that process can be found in the <u>CHIP</u>.

Yolo County Health and Human Services Agency Community Health Branch serves as the convener to help programs and agencies come together behind common goals, become more comfortable with data and communicate progress.

#### **COLLECTIVE IMPACT**



Utilizing Collective Impact with the vision of achieving community-wide health improvements, we began to gather around a common agenda, with Yolo County HHSA as the backbone organization. We review available data, set common measures and meet quarterly establish to continue to work toward

frequent communication and mutually reinforcing activities.

#### **2017 ACCOMPLISHMENTS**

 Doubled the number of measures being reported by the community and HHSA programs



Added 4 Chronic Disease Prevention Strategies with 2 new partners and 1 Mental Health Strategy and partner

 The Public Health Accreditation Board noted the Community Health Improvement Plan as one of the top three strengths during the Accreditation process.



 Identified Yolo County specific targets for health outcomes in which Yolo County was outperforming the state

#### WHAT ARE HEALTH OUTCOMES?

Health outcomes are data that describe how the county population is doing as a whole. For each of the priority areas, we track several health outcomes to help us know if the strategies we are tracking are making a difference.

Strategies, which are usually program specific, focus on targeted populations. In order to make a change a the community level, many strategies and partners are needed.

Additional strategies and efforts in all priority areas are needed.

If you would like to be part of the CHIP,

please email <a href="mailto:healthyyolo@yolocounty.org">healthyyolo@yolocounty.org</a>.

#### Mental Chronic Disease Healthy Health Prevention Improve Strengthen the support quality of network for chronic access to safe behavioral disease prevention and and affordable health management housing for all services older adults Reduce Increase consumption of Improve the mental health fruits and vegetables stigma and information system for discrimination Decrease consumption of older adults sugar sweetened **Improve** beverages access to **Improve** behavioral access to safe, health affordable Increase the percentage services transportation of the population for older adhering to adults recommended physical activity standards **Improve** access to preventive Increase access to services, early preventive services diagnosis and treatment for

### YOLO COUNTY HEALTH OUTCOMES

Decrease youth access to

tobacco products

#### Rate of ER Visits Due to Falls

