

## HEALTHY AGING



#### INCREASE ACCESS TO SAFE & AFFORDABLE HOUSING



HEALTHY AGING ALLIANCE offered a Fall Prevention event in September of 2017 aimed at helping older adults learn and practice fall prevention

skills. This event included many community partners including Yolo Hospice, Carlton Senior Living, ApexCare and City of Davis Centennial. There were 73 attendees and of the 49 who responded to the survey , 93% reported being satisfied or very satisfied with the event and 98% being likely or very likely to apply fall prevention skills.

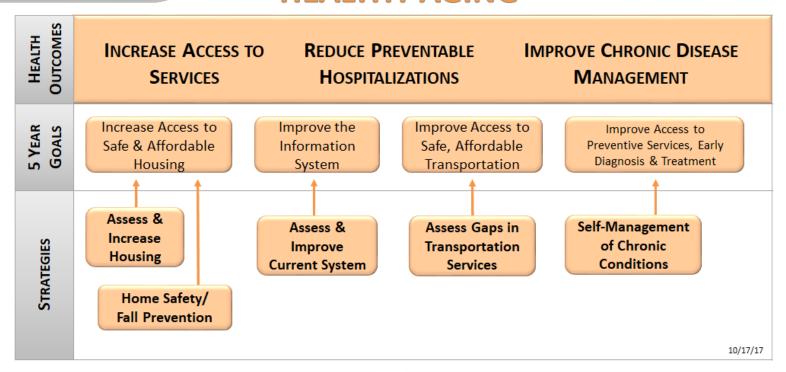
The issue of safe and affordable housing is complex and requires not only an awareness of the gaps, but strategies in place to help close them. While nearly all of the jurisdictions in the county have affordable housing policies and universal design as a part of their housing code, we're still falling short on availability of affordable housing for older adults.

> Additional strategies and efforts around housing are needed. If your organization is working to address this issue and you would like to be a part of the Community Health Improvement Plan, please visit <u>www.HealthyYolo.org</u> or email healthyyolo@yolocounty.org.

Please visit <u>www.HealthyYolo.org</u> for data and meeting information.

### **HEALTHY AGING**

🧧 % likely to apply skills 📘 % satisfied with event



#### IMPROVE ACCESS TO SAFE, AFFORDABLE TRANSPORTATION

**AREA 4 AGENCY ON AGING** funds vouchers distributed by local senior centers for Yolo para-transit or Davis Community Transit services. One of the measures included in the CHIP is the number of vouchers redeemed through the Yolo Adult Day Health Center. 2017 showed a slight decrease in the number of vouchers redeemed, though 2016 we only had 2 quarters of data reported so the comparison should include that note. It's also

worth noting that the issue of transportation for older adults is far greater than the access that is able to be increased with the voucher program.



#### IMPROVE ACCESS TO PREVENTIVE SERVICES, **EARLY DIAGNOSIS & TREATMENT**

The **HEALTHY LIVING PROGRAM** provides workshops on chronic disease self-management for

hoped to see at least 80% of participants increase their knowledge during the workshop and 75% report planning

older adults. For 2017, a target was set that they

to apply the skills they learned. On both measures they were very successful for the 3 quarters of data that were

shared by this program!

Planning to apply skills 88% Increase in knowledge 92%

#### **IMPROVE THE INFORMATION SYSTEM**

Is your agency working to improve the information system for older adults? We would love to have you join the CHIP! For more information please contact healthyyolo@yolocounty.org or visit www.HealthyYolo.org



# YOLO COUNTY COMMUNITY HEALTH IMPROVEMENT PLAN



older adults

#### WHAT IS THE COMMUNITY HEALTH IMPROVEMENT PLAN?

In 2013 Yolo County initiated a Community Health Assessment (CHA) that identified 3 priority health issues: Mental Health, Chronic Disease and Aging.

Workgroups convened around each of these to identify 5 year goals. A description of that process can be found in the <u>CHIP</u>.

Yolo County Health and Human Services Agency Community Health Branch serves as the convener to help programs and agencies come together behind common goals, become more comfortable with data and communicate progress.

#### **COLLECTIVE IMPACT**



Utilizing Collective Impact with the vision of achieving community-wide health improvements, we began to gather around a common agenda, with Yolo County HHSA as the backbone organization. We review available data, set common measures and meet quarterly establish to continue to work toward

frequent communication and mutually reinforcing activities.

#### **2017 ACCOMPLISHMENTS**

 Doubled the number of measures being reported by the community and HHSA programs



Added 4 Chronic Disease Prevention Strategies with 2 new partners and 1 Mental Health Strategy and partner

 The Public Health Accreditation Board noted the Community Health Improvement Plan as one of the top three strengths during the Accreditation process.



 Identified Yolo County specific targets for health outcomes in which Yolo County was outperforming the state

#### WHAT ARE HEALTH OUTCOMES?

Health outcomes are data that describe how the county population is doing as a whole. For each of the priority areas, we track several health outcomes to help us know if the strategies we are tracking are making a difference.

Strategies, which are usually program specific, focus on targeted populations. In order to make a change a the community level, many strategies and partners are needed.

Additional strategies and efforts in all priority areas are needed.

If you would like to be part of the CHIP,

please email <a href="mailto:healthyyolo@yolocounty.org">healthyyolo@yolocounty.org</a>.

#### Mental Chronic Disease Healthy Health Prevention Improve Strengthen the support quality of network for chronic access to safe behavioral disease prevention and and affordable health management housing for all services older adults Reduce Increase consumption of Improve the mental health fruits and vegetables stigma and information system for discrimination Decrease consumption of older adults sugar sweetened Improve beverages access to **Improve** behavioral access to safe, health affordable Increase the percentage services transportation of the population for older adhering to adults recommended physical activity standards **Improve** access to preventive Increase access to services, early preventive services diagnosis and treatment for

#### YOLO COUNTY HEALTH OUTCOMES

Decrease youth access to

tobacco products

#### Rate of ER Visits Due to Falls

