

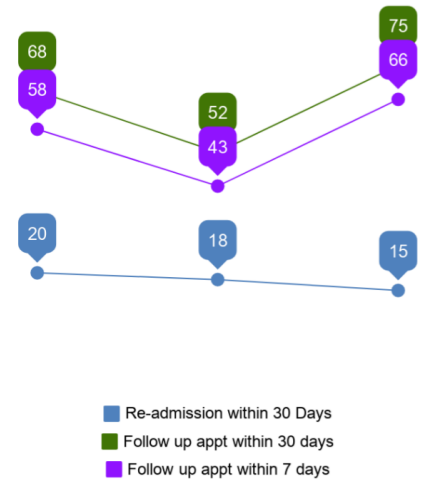
IMPROVE QUALITY OF BEHAVIORAL HEALTH SERVICES

IMPROVE ACCESS TO BEHAVIORAL HEALTH SERVICES



YOLO COUNTY HEALTH AND HUMAN SERVICES AGENCY serves as the managed care organization for providing specialty mental health services for Medi-Cal beneficiaries. One of the current strategies being tracked in the CHIP around improving quality of those services includes working to reduce the hospital discharges that result in readmission within 30 days. By improving discharge planning and integrating it with Quality Management, **hospital discharges that resulted in readmission within 30 days, dropped from 18% to 15%, representing more than a 16% decrease.**

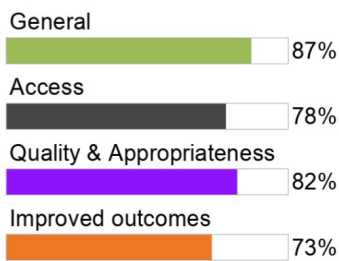
% of Follow Up Appointments & Hospital Re-admissions



Ensuring all Medi-Cal clients receive timely follow-up appointments after they've been discharged from an acute inpatient stay is an important measure of access and improves outcomes for clients. Follow-up appointments include any mental health contact, regardless of whether it was a medication or non-medication appointment. **This is tracked for both 7 days and 30 days post discharge and for 2017 improvements were seen for both!**

YOLO COUNTY HEALTH & HUMAN SERVICES conducts a Consumer Perception Survey to grant consumers and family members the opportunity to provide input/feedback on mental health services. It is a brief "snapshot" of those clients who used in-office Behavioral health services during the several days in which the survey was offered. The survey is voluntary and required to be conducted semi-annually.

Satisfaction with Mental Health Services



Please visit www.HealthyYolo.org for data and meeting information.

WHAT ARE BEHAVIORAL HEALTH SERVICES?

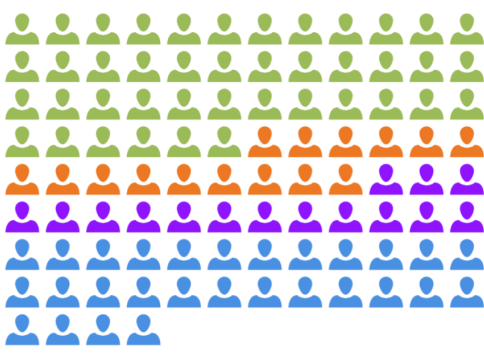
Behavioral health services are provided to individuals and families who are dealing with a mental health and/or substance use condition. Services may include therapy, case management, medication support, peer support, crisis intervention, and/or residential treatment.

REDUCE MENTAL HEALTH STIGMA & DISCRIMINATION

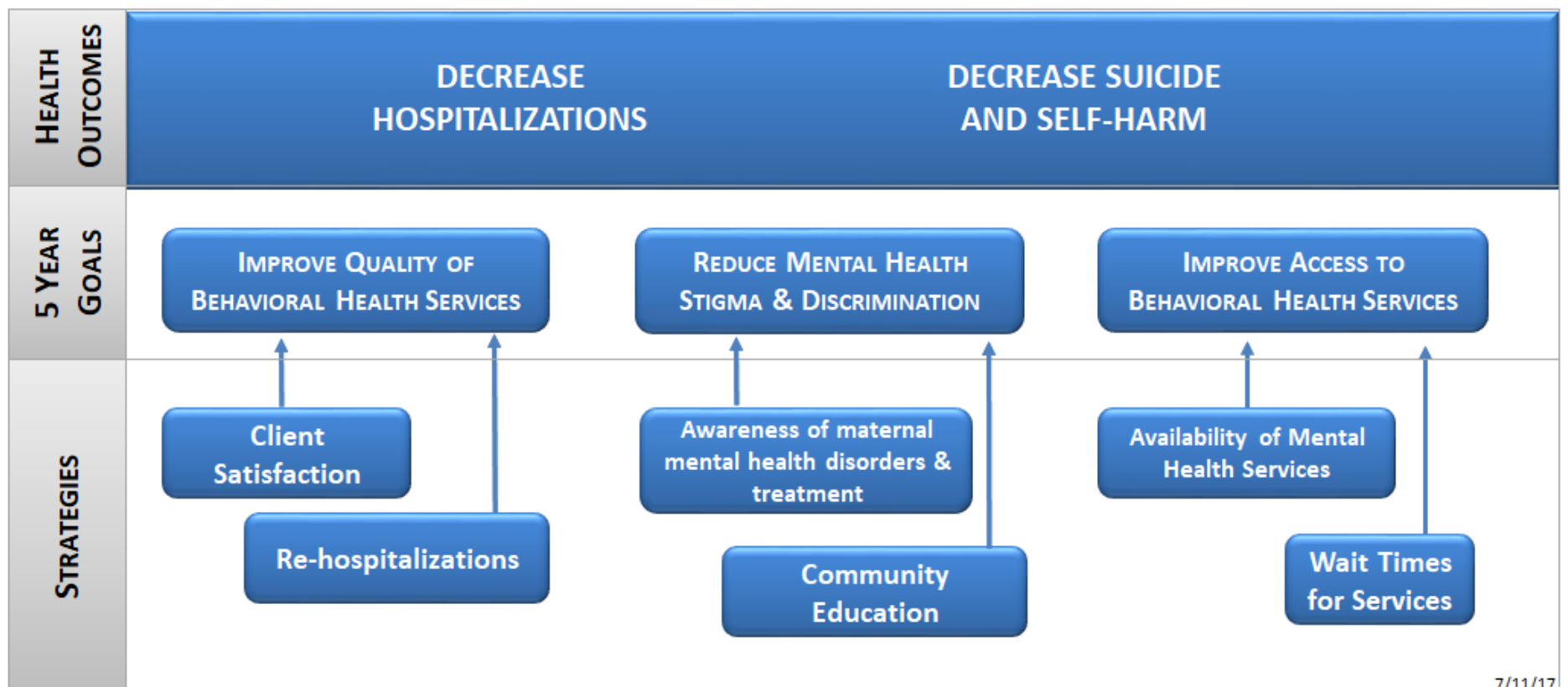
One of the strategies currently being tracked in the CHIP to help reduce mental health stigma and discrimination is through the provision of community education and trainings. These trainings are provided through **MENTAL HEALTH SERVICES ACT** funding and focus on increasing knowledge and confidence of participants to respond to mental health challenges and/or suicidal ideation. **In 2017 323 individuals received education and training through Early Signs Training and Assistance.**

Another effort to address stigma is the **BLUE DOT CAMPAIGN**, which focuses on increasing awareness of maternal mental health disorders and treatment. This social media campaign includes a traveling blue dot during the month of May that encourages organizations to show their support for maternal mental health. In 2017, 27 partners took photos with the blue dot, and Blue Dot campaign content was shared more than 116 times.

Mental Health Trainings



MENTAL HEALTH



WHAT IS THE COMMUNITY HEALTH IMPROVEMENT PLAN?

In 2013 Yolo County initiated a Community Health Assessment (CHA) that identified 3 priority health issues: Mental Health, Chronic Disease and Aging.

Workgroups convened around each of these to identify 5 year goals. A description of that process can be found in the CHIP.

Yolo County Health and Human Services Agency Community Health Branch serves as the convener to help programs and agencies come together behind common goals, become more comfortable with data and communicate progress.

COLLECTIVE IMPACT



Utilizing Collective Impact with the vision of achieving community-wide health improvements, we began to gather around a common agenda, with Yolo County HHSA as the backbone organization. We review available data, set common measures and meet quarterly to establish frequent communication and mutually reinforcing activities.

2017 ACCOMPLISHMENTS

- Doubled the number of measures being reported by the community and HHSA programs

CHIP Partners

Added 4 Chronic Disease Prevention Strategies with 2 new partners and 1 Mental Health Strategy and partner

- The Public Health Accreditation Board noted the Community Health Improvement Plan as one of the top three strengths during the Accreditation process.
- Identified Yolo County specific targets for health outcomes in which Yolo County was outperforming the state

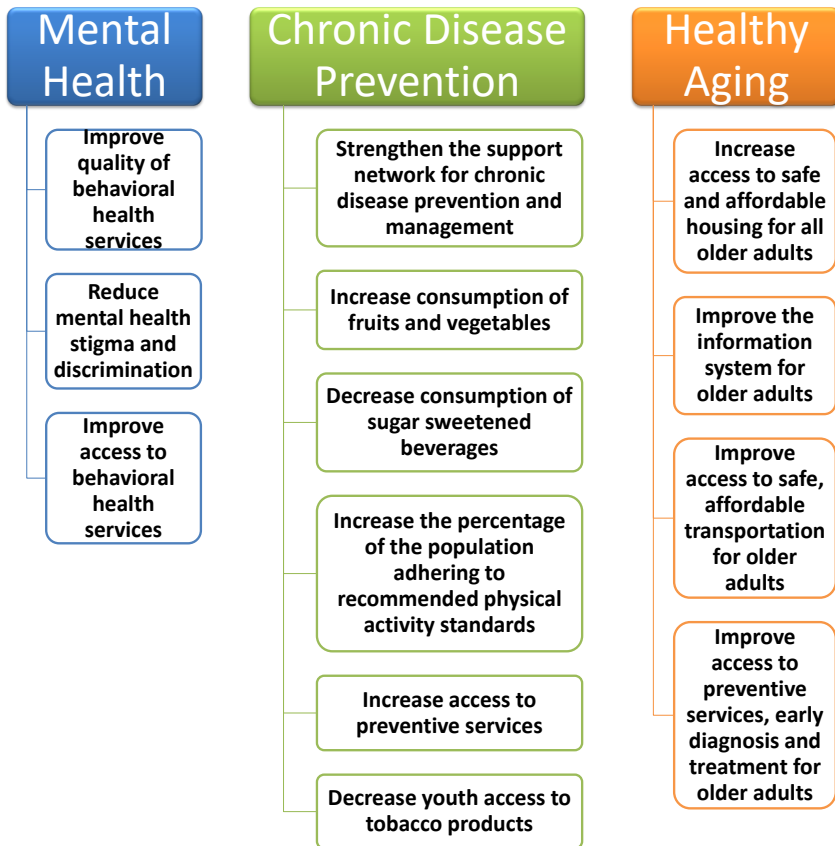


WHAT ARE HEALTH OUTCOMES?

Health outcomes are data that describe how the county population is doing as a whole. For each of the priority areas, we track several health outcomes to help us know if the strategies we are tracking are making a difference.

Strategies, which are usually program specific, focus on targeted populations. In order to make a change at the community level, many strategies and partners are needed.

Additional strategies and efforts in all priority areas are needed. If you would like to be part of the CHIP, please email healthyyolo@yolocounty.org.



YOLO COUNTY HEALTH OUTCOMES

