

WHAT IS THE COMMUNITY HEALTH IMPROVEMENT PLAN?

In 2013 Yolo County initiated a Community Health Assessment (CHA) that identified 3 priority health issues: Mental Health, Chronic Disease and Aging.

Workgroups convened around each of these to identify 5 year goals. A description of that process can be found in the CHIP.

Yolo County Health and Human Services Agency Community Health Branch serves as the convener to help programs and agencies come together behind common goals, become more comfortable with data and communicate progress.

COLLECTIVE IMPACT



Utilizing Collective Impact with the vision of achieving community-wide health improvements, we began to gather around a common agenda, with Yolo County HHSA as the backbone organization. We review available data, set common measures and meet quarterly to establish frequent communication and mutually reinforcing activities.

2017 ACCOMPLISHMENTS

- Doubled the number of measures being reported by the community and HHSA programs

CHIP Partners

Added 4 Chronic Disease Prevention Strategies with 2 new partners and 1 Mental Health Strategy and partner

- The Public Health Accreditation Board noted the Community Health Improvement Plan as one of the top three strengths during the Accreditation process.
- Identified Yolo County specific targets for health outcomes in which Yolo County was outperforming the state

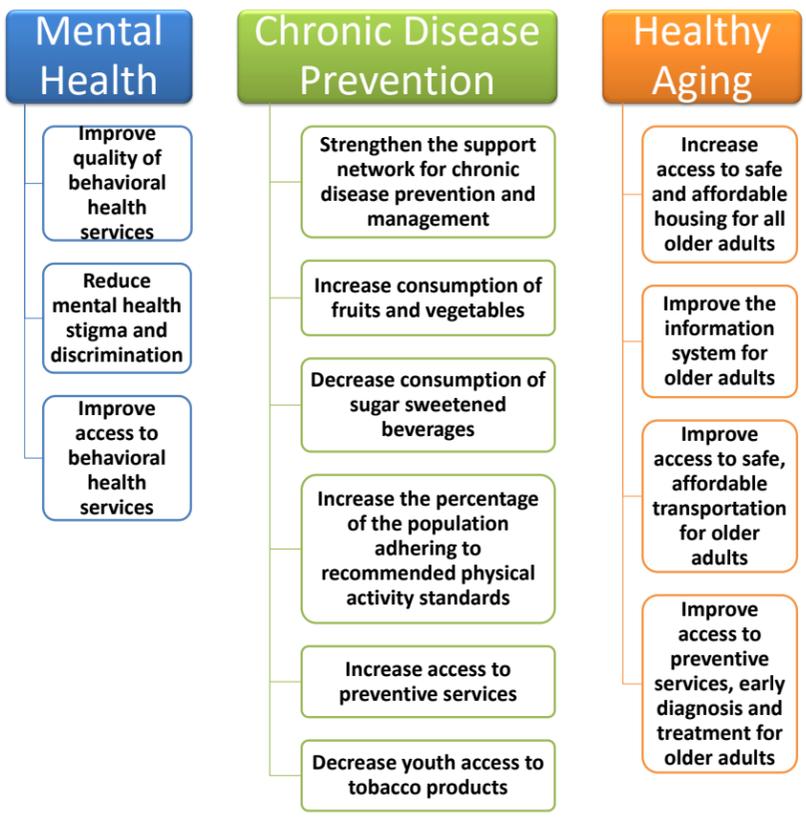


WHAT ARE HEALTH OUTCOMES?

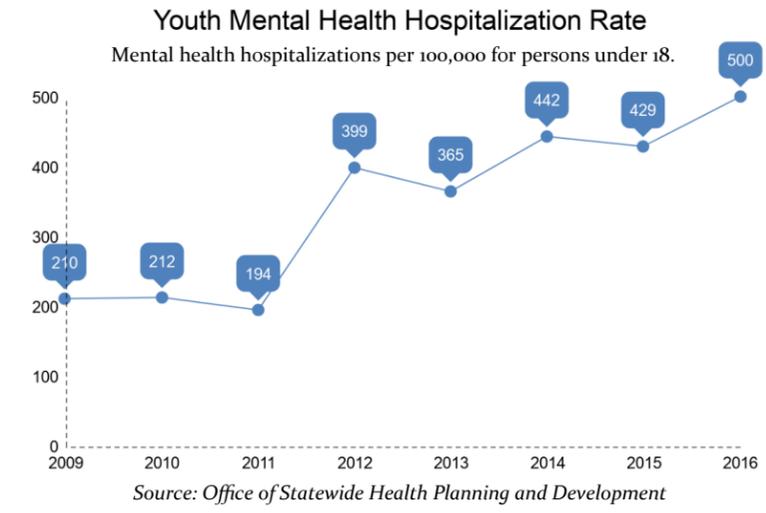
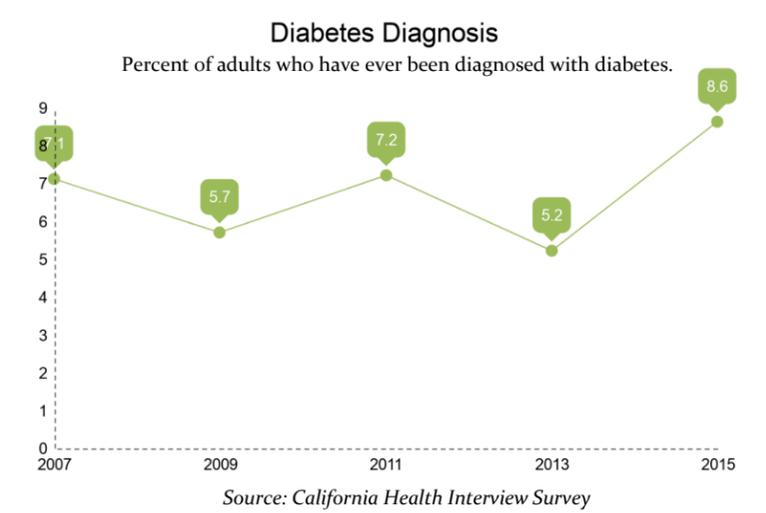
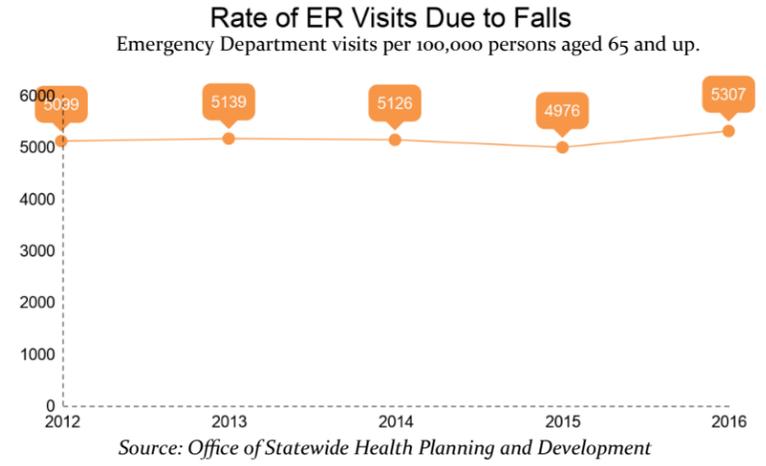
Health outcomes are data that describe how the county population is doing as a whole. For each of the priority areas, we track several health outcomes to help us know if the strategies we are tracking are making a difference.

Strategies, which are usually program specific, focus on targeted populations. In order to make a change at the community level, many strategies and partners are needed.

Additional strategies and efforts in all priority areas are needed. If you would like to be part of the CHIP, please email healthyyolo@yolocounty.org.



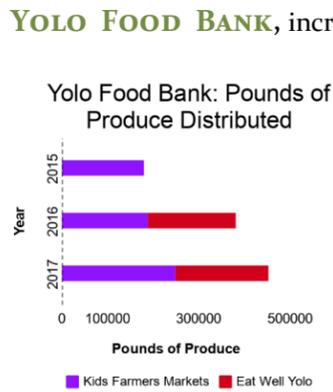
YOLO COUNTY HEALTH OUTCOMES



INCREASE FRUIT & VEGETABLE CONSUMPTION



HANNA & HERBERT BAUER MEMORIAL GARDEN holds monthly classes, distributes free produce to WIC clients, and partners with the **Safe Routes To School** Program to host walking field trips to the garden.



Yolo Food Bank also runs a **Kids Farmers Market** at 2 preschools and five elementary schools. In addition they hired a new staff person to partner with local farms for seasonally appropriate produce.

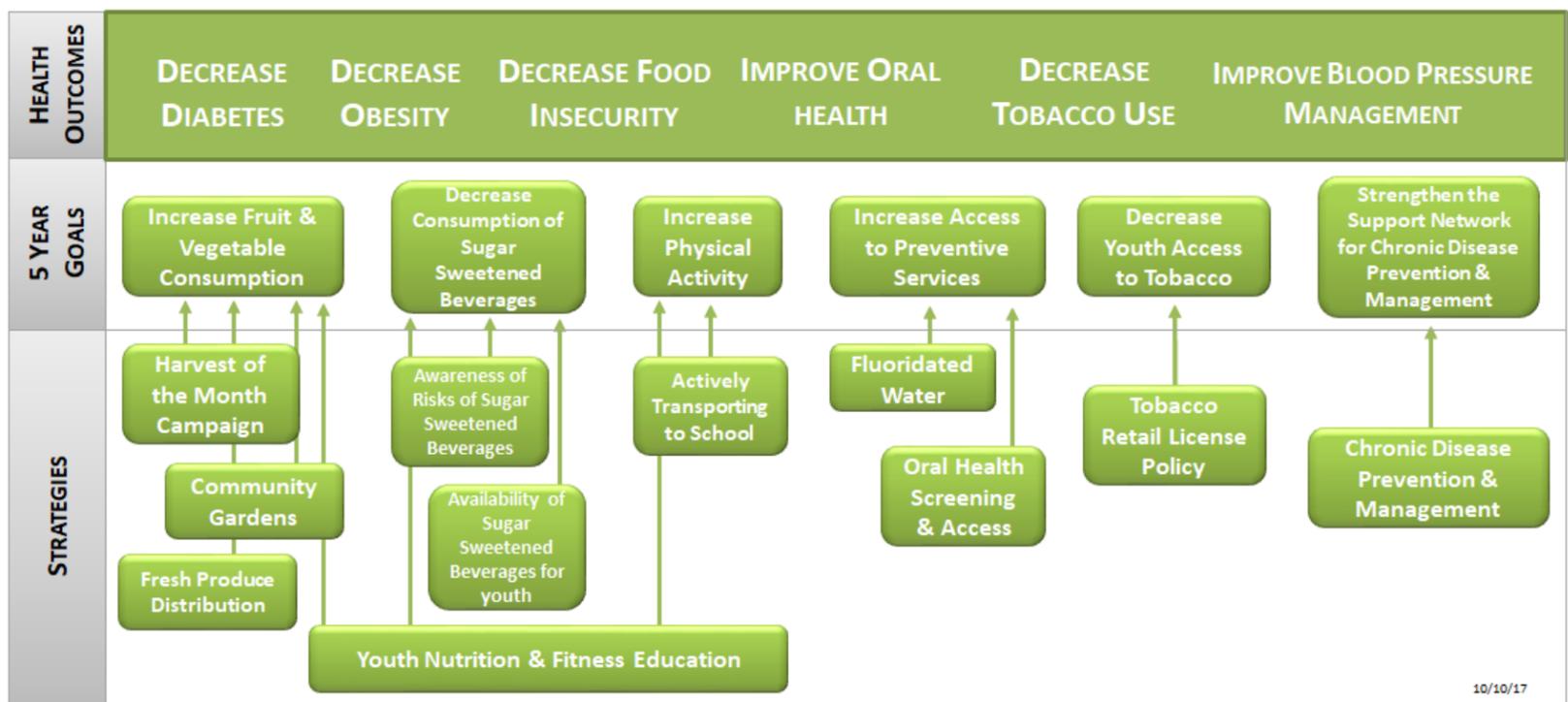


DECREASE CONSUMPTION OF SUGAR SWEETENED BEVERAGES

The number of cities with a default beverage policy remains just one, Davis. However, there is work happening to help encourage policy in the city of Woodland. The **NEOP** program has been working with Public Health Advocates to increase public support and has collected 200 community support cards and has done presentations to Health Council, MCAH Advisory Board and Woodland Healthcare.



Please visit www.HealthyYolo.org for data and meeting information.



10/10/17

INCREASE PHYSICAL ACTIVITY



SAFE ROUTES TO SCHOOL (WOODLAND) is specifically for the 10 schools within the Woodland City limits. The program started in February 2016 and will be ending June 30, 2018.

This small grant is working to improve bike and pedestrian safety within low-income, Spanish speaking communities & seniors. **In 2017, 1380 Woodland youth received bike or pedestrian skills education.**

COOPERATIVE EXTENSION is partnering with 4H, hired additional staff, and is now connecting with Head Start to increase their reach for nutrition and physical activity education.

In 2017 they provided nutrition and physical activity education to 4,256 students!



Physical Activity Education

INCREASE ACCESS TO PREVENTIVE SERVICES

The **YOLO COUNTY ORAL HEALTH ADVISORY COMMITTEE** met monthly in 2017. There was outstanding participation from community clinics, local dentists, and non-profit organizations. Much of the committee work in 2017 focused on preparations for building the first ever Yolo County Oral Health Program, state funded, and started January 2018. Advisory committee discussions regarding the new program included; strategic planning, appropriate staffing, and the development of programmatic first year deliverables.

DECREASE YOUTH ACCESS TO TOBACCO

All jurisdictions in Yolo County have **TOBACCO RETAIL LICENSING** which requires all retailers to have a license in order to sell tobacco. It is a major strategy in reducing youth access to tobacco.

On May 1st, 2017, a ban on flavored tobacco in the unincorporated areas of Yolo County went into effect. The Tobacco prevention program will be focusing coming efforts to encourage the cities to adopt a similar policy.



STRENGTHEN THE SUPPORT NETWORK

YOLO ADULT DAY HEALTH CENTER offers a medical model to help older adults manage chronic health conditions as well as a social model to help provide dementia care and family caregiver support. The center has capacity to serve 59 adults per day and has maintained a waiting list of at least 50 for several years now. In the last year several advancements towards increasing capacity have occurred including:

- Working with a non-profit to develop a social model in Davis with anticipated opening of mid 2019
- Continued efforts to develop a multi-purpose housing project that would also include Adult Day Health and expand capacity to 100
- Successful lobbying to increase per diem rates to help make the center more sustainable
- Applied and received \$186,972 in Caltrans operational funds and 2 new 15 passenger lift buses



INCREASE ACCESS TO SAFE & AFFORDABLE HOUSING

YOLO HEALTHY AGING ALLIANCE



YOLO HEALTHY AGING ALLIANCE offered a Fall Prevention event in September of 2017 aimed at helping older adults learn and practice fall prevention

skills. This event included many community partners including Yolo Hospice, Carlton Senior Living, ApexCare and City of Davis Centennial. There were 73 attendees and of the 49 who responded to the survey, **93% reported being satisfied or very satisfied with the event and 98% being likely or very likely to apply fall prevention skills.**

The issue of safe and affordable housing is complex and requires not only an awareness of the gaps, but strategies in place to help close them. While nearly all of the jurisdictions in the county have affordable housing policies and universal design as a part of their housing code, we're still falling short on availability of affordable housing for older adults.

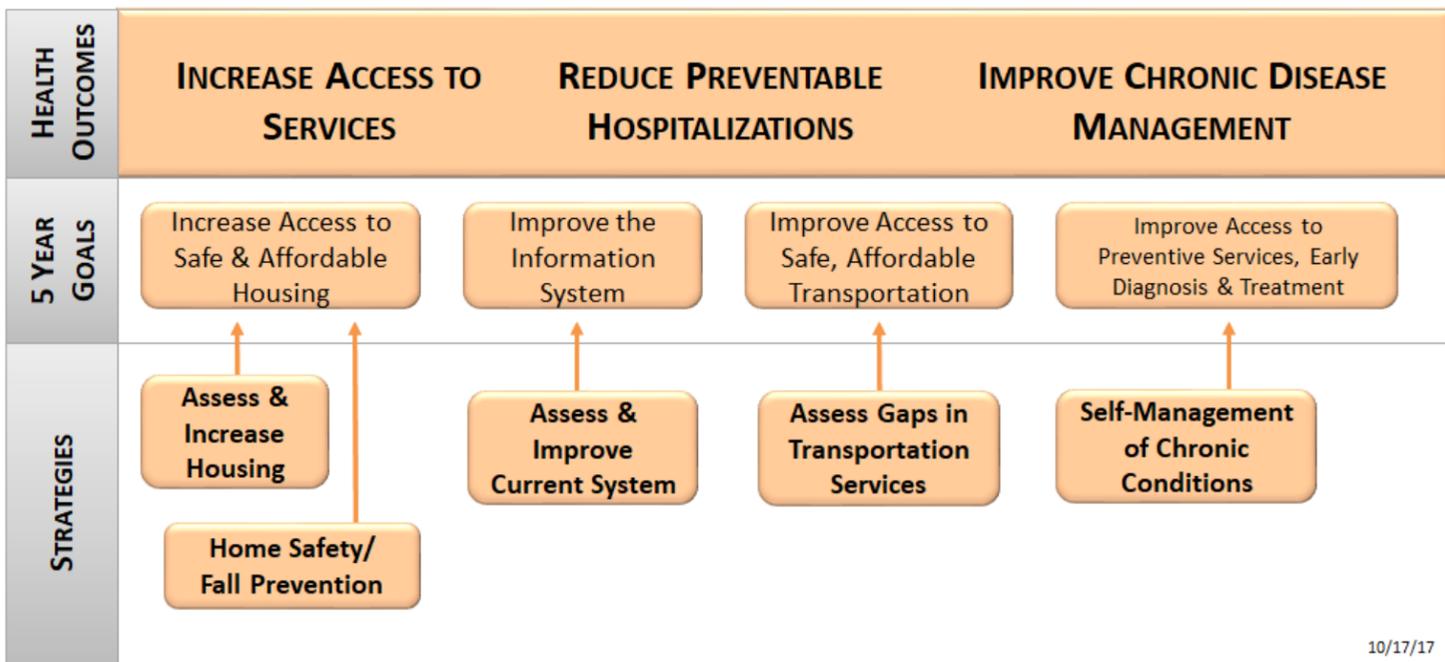


■ % likely to apply skills ■ % satisfied with event

Additional strategies and efforts around housing are needed. If your organization is working to address this issue and you would like to be a part of the Community Health Improvement Plan, please visit www.HealthyYolo.org or email healthyyolo@yolocounty.org.

Please visit www.HealthyYolo.org for data and meeting information.

HEALTHY AGING



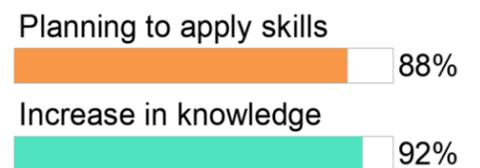
IMPROVE ACCESS TO SAFE, AFFORDABLE TRANSPORTATION

AREA 4 AGENCY ON AGING funds vouchers distributed by local senior centers for Yolo para-transit or Davis Community Transit services. One of the measures included in the CHIP is the number of vouchers redeemed through the Yolo Adult Day Health Center. 2017 showed a slight decrease in the number of vouchers redeemed, though 2016 we only had 2 quarters of data reported so the comparison should include that note. It's also worth noting that the issue of transportation for older adults is far greater than the access that is able to be increased with the voucher program.



IMPROVE ACCESS TO PREVENTIVE SERVICES, EARLY DIAGNOSIS & TREATMENT

The **HEALTHY LIVING PROGRAM** provides workshops on chronic disease self-management for older adults. For 2017, a target was set that they hoped to see at least 80% of participants increase their knowledge during the workshop and 75% report planning to apply the skills they learned. On both measures they were very successful for the 3 quarters of data that were shared by this program!



IMPROVE THE INFORMATION SYSTEM

Is your agency working to improve the information system for older adults?
 We would love to have you join the CHIP!
 For more information please contact healthyyolo@yolocounty.org or visit www.HealthyYolo.org

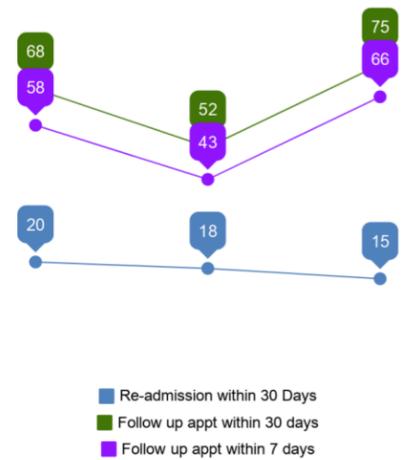
IMPROVE QUALITY OF BEHAVIORAL HEALTH SERVICES

IMPROVE ACCESS TO BEHAVIORAL HEALTH SERVICES



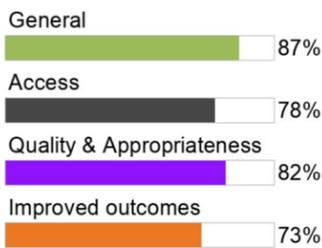
YOLO COUNTY HEALTH AND HUMAN SERVICES AGENCY serves as the managed care organization for providing specialty mental health services for Medi-Cal beneficiaries. One of the current strategies being tracked in the CHIP around improving quality of those services includes working to reduce the hospital discharges that result in readmission within 30 days. By improving discharge planning and integrating it with Quality Management, **hospital discharges that resulted in readmission within 30 days, dropped from 18% to 15%, representing more than a 16% decrease.**

% of Follow Up Appointments & Hospital Re-admissions



Ensuring all Medi-Cal clients receive timely follow-up appointments after they've been discharged from an acute inpatient stay is an important measure of access and improves outcomes for clients. Follow-up appointments include any mental health contact, regardless of whether it was a medication or non-medication appointment. **This is tracked for both 7 days and 30 days post discharge and for 2017 improvements were seen for both!**

YOLO COUNTY HEALTH & HUMAN SERVICES conducts a Consumer Perception Survey to grant consumers and family members the opportunity to provide input/feedback on mental health services. It is a brief "snapshot" of those clients who used in-office Behavioral health services during the several days in which the survey was offered. The survey is voluntary and required to be conducted semi-annually.



Please visit www.HealthyYolo.org for data and meeting information.

WHAT ARE BEHAVIORAL HEALTH SERVICES?

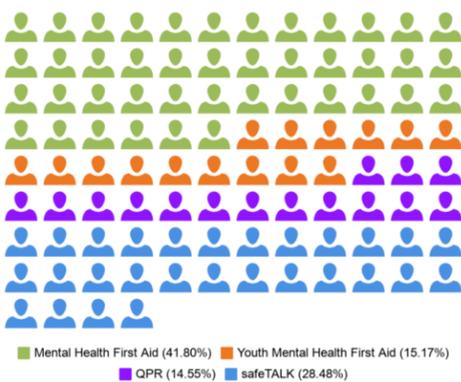
Behavioral health services are provided to individuals and families who are dealing with a mental health and/or substance use condition. Services may include therapy, case management, medication support, peer support, crisis intervention, and/or residential treatment.

REDUCE MENTAL HEALTH STIGMA & DISCRIMINATION

One of the strategies currently being tracked in the CHIP to help reduce mental health stigma and discrimination is through the provision of community education and trainings. These trainings are provided through **MENTAL HEALTH SERVICES ACT** funding and focus on increasing knowledge and confidence of participants to respond to mental health challenges and/or suicidal ideation. **In 2017 323 individuals received education and training through Early Signs Training and Assistance.**

Another effort to address stigma is the **BLUE DOT CAMPAIGN**, which focuses on increasing awareness of maternal mental health disorders and treatment. This social media campaign includes a traveling blue dot during the month of May that encourages organizations to show their support for maternal mental health. In 2017, 27 partners took photos with the blue dot, and Blue Dot campaign content was shared more than 116 times.

Mental Health Trainings



MENTAL HEALTH

