



COUNTY OF YOLO

Health and Human Services Agency

Karen Larsen, LMFT
Director

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Local Mental Health Board Meeting Minutes

Monday, April 30, 2018, 7:00 – 9:00 PM
Mary L. Stephens Library, Blanchard Room
at 315 East 14th Street, Woodland, CA 95616

Members Present: Bret Bandle, Martha Guerrero, Sally Mandujan, Nicki, King, Antonia Tsobanoudis, Richard Bellows, James Glica-Hernandez, Ben Rose, Ajay Singh, Brad Anderson, Reed Walker, Serena Durand, Robert Schelen, Don Saylor

Members Excused: None

Staff Present: Karen Larsen, HHSA Director and Mental Health Director
Samantha Fusselman, HHSA Deputy Mental Health Director and Manager of Quality Management Services
Sandra Sigrist, Adult and Aging Branch Director
Connie Cessna-Smith, Fiscal Administrative Officer
Ashley Logins-Miller, LMHB Administrative Liaison

CALL TO ORDER

- Welcome and Introductions:** The April 30, 2018 meeting of the Local Mental Health Board was called to order at 7:00 PM. Introductions were made. Chair, James Glica-Hernandez introduced a new member, Serena Durand, who works for NAMI.
- Public Comment**
None
- Approval of Agenda**
Motion to approve: Nicki King **Second:** Bret Bandle **Vote:** Unanimous
Abstentions: None
- Approval of Minutes from February 26, 2018**
Motion to amend minutes: Bret Bandle **Second:** Brad Anderson **Vote:** Unanimous
Abstentions: None
- Member Announcements:** Brad Anderson stated that the Annual Report Ad-Hoc meeting was really good.
- Correspondence:** None

TIME SET AGENDA

- HHSA Crisis Response System Overview Presentation** by Sandra Sigrist, Adult and Aging Branch Director, HHSA

There have been a lot of changes in the last year. The most prominent being the loss of CIP due to available funding. The expansion of the clinics to serve the indigent, uninsured and

Medi-Cal population with moderate to severe conditions has expanded access and navigation to anyone who enters through the door and link them to the right level of care. A question was posed by the board regarding PEI services which are being provided by the county and if they are contracted. Sandra responded by saying that Prevention and Early Intervention is provided by internal staff who provide stigma reduction in schools. PEI money is not allocated to mild to moderate, Beacon is the contracted provider for those services. Internal staff provide training such as Mental Health First Aid with some services being contracted out. First episode psychosis care is provided by a block grant and HHS is working with UC Davis Medical Center to develop a program for such care.

The Navigation Center is an extension of the front door where clients would receive a full assessment, directly schedule meeting with a Psychiatrist, meet with case managers and be able to visit the wellness center site while being connected with other means of care. The Staywell Center at Woodland Community College serves an average of 100 students each month and provides peer support workers as help staff. 600 A Street in Davis is being remodeled and will house a Wellness Center for Transition Age Youth. Birth to 16 year olds will be serviced by a grant that provide 4 staff members to serve this age range alongside a first responder.

HHS is in the process of evaluating the selection of Heritage Oaks over Safe Harbor as the primary long-term care facility. There will be increased participation from law enforcement and clinician partnership. There was a question about how this transition will be marketed to clients and family members. Sandra responded by stating that the communication will be via press release and crisis cards, as well as NAMI. The phone number will stay the same, but heritage oaks will answer the call. It will be the same process of assessment. The goal is to increase access to safe harbor in the evenings and weekends so that clients can be placed directly into safe harbor during all hours of urgent care. HHS will be working with hospital partners to bring a county presence in ERs for 5150 holds which will then dispatch from clinics to Heritage Oaks.

TIME SET AGENDA

8. **HHS Behavioral Health Services Budget Presentation** by Connie Cessna-Smith, Fiscal Administrative Officer, HHS

There have been some changes in building the budget so there is no direct comparison to last year. The system has been separated into two programs. 11 new positions have been requested in ADMH, 5 are in the new expanded substance use program. Within the operations and administrative costs we hope to see a decrease in hospitalization costs with the new Mental Health urgent care. Within MHS there are three individual component budgets. Within the state allocation we are seeing more revenues but studies indicate there could be a 5% decrease. Substance Use Disorder show a significant increase due to county opting into DMC-ODS. Many more services have become billable through SUD services. General Fund/MOE shows an increase of income from the General Fund. James Glica-Hernandez made a motion that the LMHB should give a recommendation to the BOS for the recommended budget. Nicki King seconded the motion. Richard Bellows made a comment that in meeting with the Finance Committee, it was discussed that there have been insufficient funds for AVATAR. A discussion in October was held and it was recommended that more staff members be added, possibly 3 to 4, in addition to the 1 current staff member. IT positions were requested, one of which would be an additional position for AVATAR support. Karen Larsen stated that it still may not be enough, comparatively to other Counties of similar sizes, who have more dedicated staff members than Yolo. There are 11 positions being added to the ADMH budget, with the majority being direct service positions. Richard

Bellows stated that this was the best, most understandable and transparent presentation. Given this, he would still like to see IT program positions added. Nicki King stated that with increased staff the data output quality is likely to increase as well. It was discussed at a letter of recommendation could be drafted by the board in support of IT program and staffing expansion. James Glica-Hernandez made a motion to approve such a letter. Richard Bellows seconded the motion and the Vote was unanimous, with no abstentions.

CONSENT AGENDA

9. **Local Mental Health Director Report** by Karen Larsen, Mental Health Director, Yolo County Health and Human Services
 - c. Sheriff's Department – Richard Bellows shared concerns regarding the accuracy of the responses. There is daily visiting but it is only for a few hours a day and family members have to call ahead of time. He state that the system seemed inflexible and the visitation is limited to one hour per week. Karen Larsen stated that she would be happy to have someone from the Sherriff's Department to come and speak with the LMHB. However, the jail be outside of the scope of the LMHB given the administrative jail component versus the mental health component. The Sherriff is an elected position and there could be a new Sherriff with the next election. More of the Sherriff's staff are also attending CIT, which was the initial conversation. James Glica-Hernandez stated that we should make sure that any conversations regarding the Sheriff's office is focused on mental health. James suggested further conversation about what questions to ask concerning best practices, etc. Karen Larsen proposed that next month to have a presentation to address gaps identified in the criminal justice system and proposed solutions. After the presentation, the Board can decide if they want to invite others to speak to those identified gaps and suggested that is occur as a subcommittee.
 - d. Pine Tree Gardens – Financials were not received until last week. Another meeting will be schedule to discuss. Meetings will be with the scope of long-term planning, not a crisis moment. There is an ad-hoc committee, which will meet on the topic. The next steps are meeting with HHSA, Turning Point and DFS.
 - j. UC Davis Partnership – Dr. Harrington stated there would be a different location of services for UCD. HHSA will be working with the UC Med Center to have medical students deliver care, with the approval of clients. This will add a dimension of a vibrant learning environment and will help spread information about what happens in the clinics and HHSA and will hopefully help with recruiting.
 - m. May is Mental Health Month – A resolution to declare May as mental health month will be going to the Board of Supervisors at the May 8th meeting. There is also an art show invitation that went out.
 - e. Yolo Family Services Agency – YFSA will be going out of business effective today. The agency has been around since 1959 and serves most of the CWS children. The County has hired all their staff short term to identify transitions for children as well as providers.

REGULAR AGENDA

10. Name Change Discussion

James Glica-Hernandez recommends that the LMHB change their name to the Local Behavioral Health Board since Behavioral Health represents a new direction in focus that address not just mental health but incorporates Substance Use Disorders and working with the Public Guardian. LMHBs across the state are taking this direction. James is on the Govern Board of California Association of Local Behavioral Health Boards and Commissions. Even the agency is using the language of behavioral health. If it was approved, it would have to go through the county process to do so and would have to change bylaws. This would require an ad hoc committee to work on drafting new bylaws and the need to educate the public as well. Richard Bellows stated that is concerned about mission creep and would prefer to table the discussion for a month. Karen Larsen stated that there are other options to look into. It was the consensus of the board that this discussion will be tabled until the next meeting.

11. Annual Report

Ajay Singh stated that the Annual Report Ad-Hoc Committee met on April 9th and drafted an outline taking into account the events from each monthly agenda and the report will highlight these accomplishments. There was a proposal made to add bios. Still pending highlights from the meetings. Brad Anderson reviewed the Napa County example and wanted to draft a report based on that example. An update on the process will be provided at the next meeting.

12. Board of Supervisors Report – Supervisor Don Saylor

- Don Saylor is impressed with the work that is being done. We are very well served by the board and the team. HHSA has been working compassionately and solidly on the YFSA and Pine Tree Garden situations. Thoughtful community members who care deeply and are identifying the root of problems. Karen Larsen and Sandra Sigrist are on top of it. There is a lot of good innovation happening at the moment. Another is coming...the Navigation Center in Davis and the Board and Care Facility – YC Housing and Pacifico. There will be community meetings in Davis soon where the community will learn about the program. Conditional use permit is required. When the meeting is scheduled, would like the LMHB to attend. Hospital Discharge Planning has had a few prominent articles in the news. Sutter and Dignity policies regarding discharge planning is complicated. The big issue is the absence of resources to discharge individuals to. This is a regional issue and therefore exploring regional approaches.

13. Chair Report – James Glica Hernandez

- Site Visit Ad-Hoc met and when the questions are completed they will bring them to the full board for review and will gather input. The LMHB will do 3 site visits and evaluate how it worked and make adjustments.
- West Sac Engagement Committee needs more guidance form the site visit committee and will reconvene after site visit.
- CHIP – love seein ghte success and challenges and see the data change.
- Pine Tree Gardens Ad-Hoc met and spoke with operations and it is up to them to increase payments to \$400 to \$500 per person to cover operational costs.

PLANNING AND ADJOURNMENT

14. Future Meeting Planning and Adjournment: James Glica-Hernandez

- Long Range Planning Calendar Discussion and Review.
- Next Meeting Date and Location – May 21, 2018 from 7:00pm to 9:00pm at the Putah Creek Conference Room, 111 East Grant Ave. Winters, CA 95694.
- This meeting was adjourned at 9:25 PM.