



COUNTY OF YOLO

Health and Human Services Agency

Karen Larsen, LMFT
Director

137 N. Cottonwood Street • Woodland, CA 95695
(530) 666-8940 • www.yolocounty.org

Local Mental Health Board

Regular Meeting: Monday, May 21, 2018, 7:00 PM – 9:00 PM

Putah Creek Conference Room,
111 East Grant Ave., Winters, CA 95694.

All items on this agenda may be considered for action.

James Glica-Hernandez

Chair

Nicki King
Vice-Chair

Reed Walker
Secretary

District 1
(Oscar Villegas)

Bret Bandle
Martha Guerrero
Sally Mandujan

District 2
(Don Saylor)

Serena Durand
Nicki King
Antonia Tsobanoudis

District 3
(Matt Rexroad)

Richard Bellows
Laurie Ferns
James Glica-Hernandez

District 4
(Jim Provenza)

Ben Rose
Robert Schelen
Ajay Singh

District 5
(Duane Chamberlain)

Brad Anderson
Reed Walker
Vacant

Board of Supervisors Liaison

Don Saylor

Alternate

Jim Provenza

CALL TO ORDER ----- 7:00 PM – 7:10 PM

1. Welcome and Introductions
2. Public Comment
3. Approval of Agenda
4. Approval of Minutes from [April 30, 2018](#)
5. Member Announcements
6. Correspondence: [Jail Visitation](#)

TIME SET AGENDA----- 7:10 PM – 7:40 PM

7. [HHSA Public Guardian Presentation](#) – Laurie Haas
Chief Deputy Public Guardian, HHSA

CONSENT AGENDA ----- 7:40 PM – 8:10 PM

8. [Mental Health Director’s Report](#) – Karen Larsen

a. May is Mental Health Awareness Month	f. Personnel Updates
b. Pine Tree Gardens	g. CURES
c. Yolo Family Agency	h. UC Davis Medical School Update
d. Substance Use Disorder Continuum of Care	i. Tele-Psychiatry Services
e. Governor’s May Revise	j. Data – First Responders Mental Health Urgent Care Utilization

REGULAR AGENDA ----- 8:10 PM – 8:45 PM

9. Election of Officers
10. Name Change (Yolo County Behavioral Health Board) ([Discussion Document](#))
11. Board of Supervisors Report – Supervisor Don Saylor
12. Chair Report – James Glica-Hernandez
 - a. May is Mental Health Month ([Calendar](#))
 - b. Health Council

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PLANNING AND ADJOURNMENT----- 8:45 PM – 9:00 PM

13. Future Meeting Planning and Adjournment – James Glica-Hernandez
 a. Current Ad-Hoc Committees and Members / Reports

Meeting	Participants	Date Met
<i>Data Metrics Ad-Hoc</i>	Samantha Fusselman, James Glica-Hernandez, Nicki King, Richard Bellows	February 20, 2018
<i>Pine Tree Gardens Ad-Hoc/Task Force</i>	James Glica-Hernandez, Martha Guerrero, Brad Anderson, Sally Mandujan, Antonia Tsobanoudis	March 19, 2018 May 21, 2018
<i>Annual Update Ad-Hoc</i>	Ajay Singh, Martha Guerrero, Brad Anderson	April 9, 2018
<i>West Sac Engagement Ad-Hoc</i>	Sally Mandujan, Martha Guerrero, Robert Schelen	April 10, 2018
<i>Site Visit Ad-Hoc</i>	James Glica-Hernandez, Ajay Singh, Ben Rose	April 16, 2018
<i>Budget and Finance</i>	Nicki King, Bob Schelen, Richard Bellows	April 25, 2018

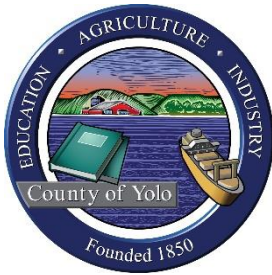
- b. [Long Range Planning Calendar](#) Discussion and Review
 c. [Next Meeting Date and Location](#) – June 25th, 2018, from 7:00pm to 9:00pm. AFT Library, Community Meeting Room, 1212 Merkley Ave. West Sacramento, CA 95691.

I certify that the foregoing was posted on the bulletin board at 625 Court Street, Woodland CA 95695 on or before Friday, May 18, 2018.



Iulia Bodeanu
 Local Mental Health Board Administrative Support Liaison
 Yolo County Health and Human Services Agency

Item 4. Approval of Minutes
from April 30, 2018



COUNTY OF YOLO

Health and Human Services Agency

Karen Larsen, LMFT
Director

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Local Mental Health Board Meeting Minutes

Monday, April 30, 2018, 7:00 – 9:00 PM
Mary L. Stephens Library, Blanchard Room
at 315 East 14th Street, Woodland, CA 95616

Members Present: Bret Bandle, Martha Guerrero, Sally Mandujan, Nicki, King, Antonia Tsobanoudis, Richard Bellows, James Glica-Hernandez, Ben Rose, Ajay Singh, Brad Anderson, Reed Walker, Serena Durand, Robert Schelen, Don Saylor

Members Excused: None

Staff Present: Karen Larsen, HHSA Director and Mental Health Director
Samantha Fusselman, HHSA Deputy Mental Health Director and Manager of Quality Management Services
Sandra Sigrist, Adult and Aging Branch Director
Connie Cessna-Smith, Fiscal Administrative Officer
Ashley Logins-Miller, LMHB Administrative Liaison

CALL TO ORDER

- Welcome and Introductions:** The April 30, 2018 meeting of the Local Mental Health Board was called to order at 7:00 PM. Introductions were made. Chair, James Glica-Hernandez introduced a new member, Serena Durand, who works for NAMI.
- Public Comment**
None
- Approval of Agenda**
Motion to approve: Nicki King **Second:** Bret Bandle **Vote:** Unanimous
Abstentions: None
- Approval of Minutes from February 26, 2018**
Motion to amend minutes: Bret Bandle **Second:** Brad Anderson **Vote:** Unanimous
Abstentions: None
- Member Announcements:** Brad Anderson stated that the Annual Report Ad-Hoc meeting was really good.
- Correspondence:** None

TIME SET AGENDA

- HHSA Crisis Response System Overview Presentation** by Sandra Sigrist, Adult and Aging Branch Director, HHSA

There have been a lot of changes in the last year. The most prominent being the loss of CIP due to available funding. The expansion of the clinics to serve the indigent, uninsured and

Medi-Cal population with moderate to severe conditions has expanded access and navigation to anyone who enters through the door and link them to the right level of care. A question was posed by the board regarding PEI services which are being provided by the county and if they are contracted. Sandra responded by saying that Prevention and Early Intervention is provided by internal staff who provide stigma reduction in schools. PEI money is not allocated to mild to moderate, Beacon is the contracted provider for those services. Internal staff provide training such as Mental Health First Aid with some services being contracted out. First episode psychosis care is provided by a block grant and HHS is working with UC Davis Medical Center to develop a program for such care.

The Navigation Center is an extension of the front door where clients would receive a full assessment, directly schedule meeting with a Psychiatrist, meet with case managers and be able to visit the wellness center site while being connected with other means of care. The Staywell Center at Woodland Community College serves an average of 100 students each month and provides peer support workers as help staff. 600 A Street in Davis is being remodeled and will house a Wellness Center for Transition Age Youth. Birth to 16 year olds will be serviced by a grant that provide 4 staff members to serve this age range alongside a first responder.

HHS is in the process of evaluating the selection of Heritage Oaks over Safe Harbor as the primary long-term care facility. There will be increased participation from law enforcement and clinician partnership. There was a question about how this transition will be marketed to clients and family members. Sandra responded by stating that the communication will be via press release and crisis cards, as well as NAMI. The phone number will stay the same, but heritage oaks will answer the call. It will be the same process of assessment. The goal is to increase access to safe harbor in the evenings and weekends so that clients can be placed directly into safe harbor during all hours of urgent care. HHS will be working with hospital partners to bring a county presence in ERs for 5150 holds which will then dispatch from clinics to Heritage Oaks.

TIME SET AGENDA

8. **HHS Behavioral Health Services Budget Presentation** by Connie Cessna-Smith, Fiscal Administrative Officer, HHS

There have been some changes in building the budget so there is no direct comparison to last year. The system has been separated into two programs. 11 new positions have been requested in ADMH, 5 are in the new expanded substance use program. Within the operations and administrative costs we hope to see a decrease in hospitalization costs with the new Mental Health urgent care. Within MHS there are three individual component budgets. Within the state allocation we are seeing more revenues but studies indicate there could be a 5% decrease. Substance Use Disorder show a significant increase due to county opting into DMC-ODS. Many more services have become billable through SUD services. General Fund/MOE shows an increase of income from the General Fund. James Glica-Hernandez made a motion that the LMHB should give a recommendation to the BOS for the recommended budget. Nicki King seconded the motion. Richard Bellows made a comment that in meeting with the Finance Committee, it was discussed that there have been insufficient funds for AVATAR. A discussion in October was held and it was recommended that more staff members be added, possibly 3 to 4, in addition to the 1 current staff member. IT positions were requested, one of which would be an additional position for AVATAR support. Karen Larsen stated that it still may not be enough, comparatively to other Counties of similar sizes, who have more dedicated staff members than Yolo. There are 11 positions being added to the ADMH budget, with the majority being direct service positions. Richard

Bellows stated that this was the best, most understandable and transparent presentation. Given this, he would still like to see IT program positions added. Nicki King stated that with increased staff the data output quality is likely to increase as well. It was discussed at a letter of recommendation could be drafted by the board in support of IT program and staffing expansion. James Glica-Hernandez made a motion to approve such a letter. Richard Bellows seconded the motion and the Vote was unanimous, with no abstentions.

CONSENT AGENDA

9. **Local Mental Health Director Report** by Karen Larsen, Mental Health Director, Yolo County Health and Human Services
 - c. Sheriff's Department – Richard Bellows shared concerns regarding the accuracy of the responses. There is daily visiting but it is only for a few hours a day and family members have to call ahead of time. He state that the system seemed inflexible and the visitation is limited to one hour per week. Karen Larsen stated that she would be happy to have someone from the Sherriff's Department to come and speak with the LMHB. However, the jail be outside of the scope of the LMHB given the administrative jail component versus the mental health component. The Sherriff is an elected position and there could be a new Sherriff with the next election. More of the Sherriff's staff are also attending CIT, which was the initial conversation. James Glica-Hernandez stated that we should make sure that any conversations regarding the Sheriff's office is focused on mental health. James suggested further conversation about what questions to ask concerning best practices, etc. Karen Larsen proposed that next month to have a presentation to address gaps identified in the criminal justice system and proposed solutions. After the presentation, the Board can decide if they want to invite others to speak to those identified gaps and suggested that is occur as a subcommittee.
 - d. Pine Tree Gardens – Financials were not received until last week. Another meeting will be schedule to discuss. Meetings will be with the scope of long-term planning, not a crisis moment. There is an ad-hoc committee, which will meet on the topic. The next steps are meeting with HHSA, Turning Point and DFS.
 - j. UC Davis Partnership – Dr. Harrington stated there would be a different location of services for UCD. HHSA will be working with the UC Med Center to have medical students deliver care, with the approval of clients. This will add a dimension of a vibrant learning environment and will help spread information about what happens in the clinics and HHSA and will hopefully help with recruiting.
 - m. May is Mental Health Month – A resolution to declare May as mental health month will be going to the Board of Supervisors at the May 8th meeting. There is also an art show invitation that went out.
 - e. Yolo Family Services Agency – YFSA will be going out of business effective today. The agency has been around since 1959 and serves most of the CWS children. The County has hired all their staff short term to identify transitions for children as well as providers.

REGULAR AGENDA

10. Name Change Discussion

James Glica-Hernandez recommends that the LMHB change their name to the Local Behavioral Health Board since Behavioral Health represents a new direction in focus that address not just mental health but incorporates Substance Use Disorders and working with the Public Guardian. LMHBs across the state are taking this direction. James is on the Govern Board of California Association of Local Behavioral Health Boards and Commissions. Even the agency is using the language of behavioral health. If it was approved, it would have to go through the county process to do so and would have to change bylaws. This would require an ad hoc committee to work on drafting new bylaws and the need to educate the public as well. Richard Bellows stated that is concerned about mission creep and would prefer to table the discussion for a month. Karen Larsen stated that there are other options to look into. It was the consensus of the board that this discussion will be tabled until the next meeting.

11. Annual Report

Ajay Singh stated that the Annual Report Ad-Hoc Committee met on April 9th and drafted an outline taking into account the events from each monthly agenda and the report will highlight these accomplishments. There was a proposal made to add bios. Still pending highlights from the meetings. Brad Anderson reviewed the Napa County example and wanted to draft a report based on that example. An update on the process will be provided at the next meeting.

12. Board of Supervisors Report – Supervisor Don Saylor

- Don Saylor is impressed with the work that is being done. We are very well served by the board and the team. HHSA has been working compassionately and solidly on the YFSA and Pine Tree Garden situations. Thoughtful community members who care deeply and are identifying the root of problems. Karen Larsen and Sandra Sigrist are on top of it. There is a lot of good innovation happening at the moment. Another is coming...the Navigation Center in Davis and the Board and Care Facility – YC Housing and Pacifico. There will be community meetings in Davis soon where the community will learn about the program. Conditional use permit is required. When the meeting is scheduled, would like the LMHB to attend. Hospital Discharge Planning has had a few prominent articles in the news. Sutter and Dignity policies regarding discharge planning is complicated. The big issue is the absence of resources to discharge individuals to. This is a regional issue and therefore exploring regional approaches.

13. Chair Report – James Glica Hernandez

- Site Visit Ad-Hoc met and when the questions are completed they will bring them to the full board for review and will gather input. The LMHB will do 3 site visits and evaluate how it worked and make adjustments.
- West Sac Engagement Committee needs more guidance form the site visit committee and will reconvene after site visit.
- CHIP – love seein ghte success and challenges and see the data change.
- Pine Tree Gardens Ad-Hoc met and spoke with operations and it is up to them to increase payments to \$400 to \$500 per person to cover operational costs.

PLANNING AND ADJOURNMENT

14. Future Meeting Planning and Adjournment: James Glica-Hernandez

- Long Range Planning Calendar Discussion and Review.
- Next Meeting Date and Location – May 21, 2018 from 7:00pm to 9:00pm at the Putah Creek Conference Room, 111 East Grant Ave. Winters, CA 95694.
- This meeting was adjourned at 9:25 PM.

Item 6. Correspondence

From: June Forbes <billjune1@comcast.net>
Date: Fri, May 11, 2018, 11:46 PM
Subject: Yolo County Jail Visitation

I was delighted by one part of today's Davis Enterprise report, ¹ which says says the jail has stopped requiring would-be visitors to phone between midnight and 7AM to schedule a visit. "Rather than enabling and encouraging visits, current practice discourages them," says the six-page grand jury report released Friday, noting that studies show jail visits help reduce recidivism by establishing continued social support from the community".

But my delight died when I saw "The grand jury report further recommends that the Yolo County Board of Supervisors allocate funding for online scheduling and video visitation systems at the jail by Dec. 31, 2020". [Emphasis mine.]

I hope the Grand Jury urged the Yolo County Board of Supervisors not to replace in-person visits entirely with video. Frustrating as it is to visit through a thick plexiglass window and try to converse through the static of a worn-out telephone handset, for many inmates and their families it's critically important to see one another face-to-face, not through expensive video hardware with grainy images and poor reception.

When we were both on the Yolo County Local Mental Health Board, Bob Canning, then CDCR's suicide prevention chief, and I learned about and protested the Yolo County Jail plan to end face-to-face visits and offer only video visitation. We protested that plan in a meeting we and other LMHB members had with jail senior staff and the remodel architect three years ago. There has been plenty of time for the Sheriff's department to heed that protest and change that plan, and I'm sorry to see the Grand Jury support it.

I'm sure you understand the added challenge the "video only" plan is for people who have difficulty telling reality from hallucinated voices. The time delay and expense involved in getting access to the video service is another cruel blow to inmates and their families, particularly when family support is a key to mental stability.

By May 2016, at least five California counties (Kings, Napa, San Bernardino, San Diego, and Solano) had eliminated in-person visitation in at least one of their jails, meaning families there can only see their loved ones through a computer screen. Nationwide, the trend is alarming: 74% of correctional facilities that have implemented video visitation have also eliminated in-person visitation, and additional county correctional facilities in California are moving forward with plans to replace in-person visitation with video visitation.

Families with members in these institutions must pay for expensive video "visits" from home -up to \$1 per minute- or they can video "visit" their incarcerated family member from the jail lobby for free. For many people, the technology is difficult to navigate. The picture is often grainy and the transmission is subject to lags. Visual acuity is lost. **Today, the ACLU exposed the outrages video visit companies like Securus commit and their sad effect on inmates and inmates' families.**²

By the 2015-16 legislative year, many Californians were protesting video-visits-only policies. We were already outraged by video-visit companies like Securo, and we knew that under Realignment, local jails would house people convicted of low-level felonies for lengthy sentences. Thus the importance of maintaining family connections during the period of incarceration cannot be minimized. Providing access to visiting improves behavior inside institutions, reduces recidivism, and reduces negative impacts on loved ones.

The California state Senate and Assembly both [voted through](#) a bill, SB 1157, that would have given incarcerated people guaranteed weekly in-person visits. It would have kept counties from replacing in-person visits entirely with video. Governor Brown vetoed the bill, though even he expressed reservations about video visits replacing in-person visits in his [veto statement](#)³.

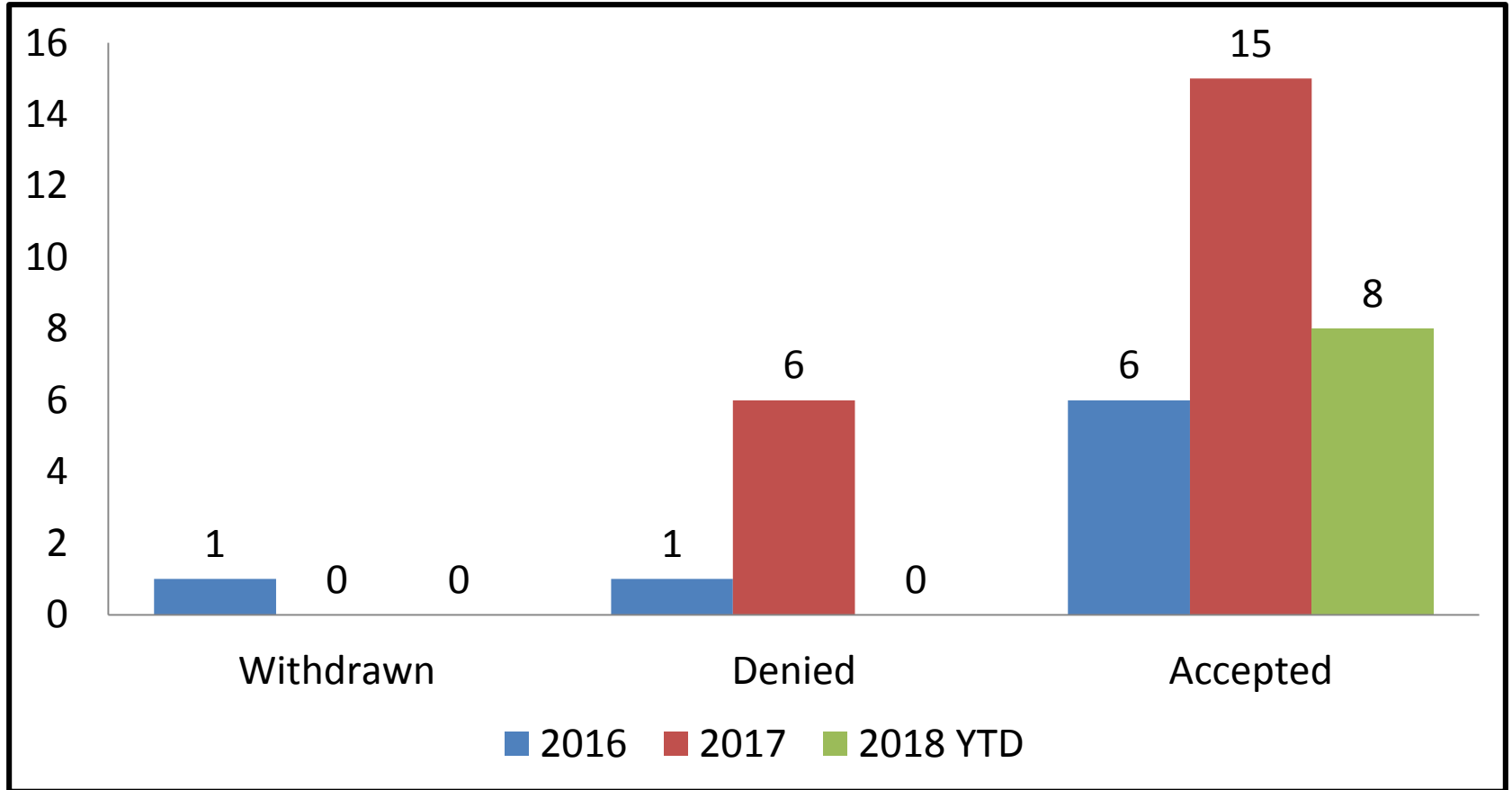
Please do your best to see to it that Yolo County continues to allow in-person visits and, more than that, that we encourage and facilitate them to the greatest extent possible.

June

1. <https://www.davisenterprise.com/local-news/grand-jury-probe-leads-to-visit-scheduling-changes-at-yolo-jail/>
2. <https://www.aclu.org/blog/privacy-technology/location-tracking/company-handles-prison-phone-calls-surveilling-people-who>
3. <http://www.businessinsider.com/california-governor-killed-bill-that-guarantes-in-person-visit-right-2016-9>

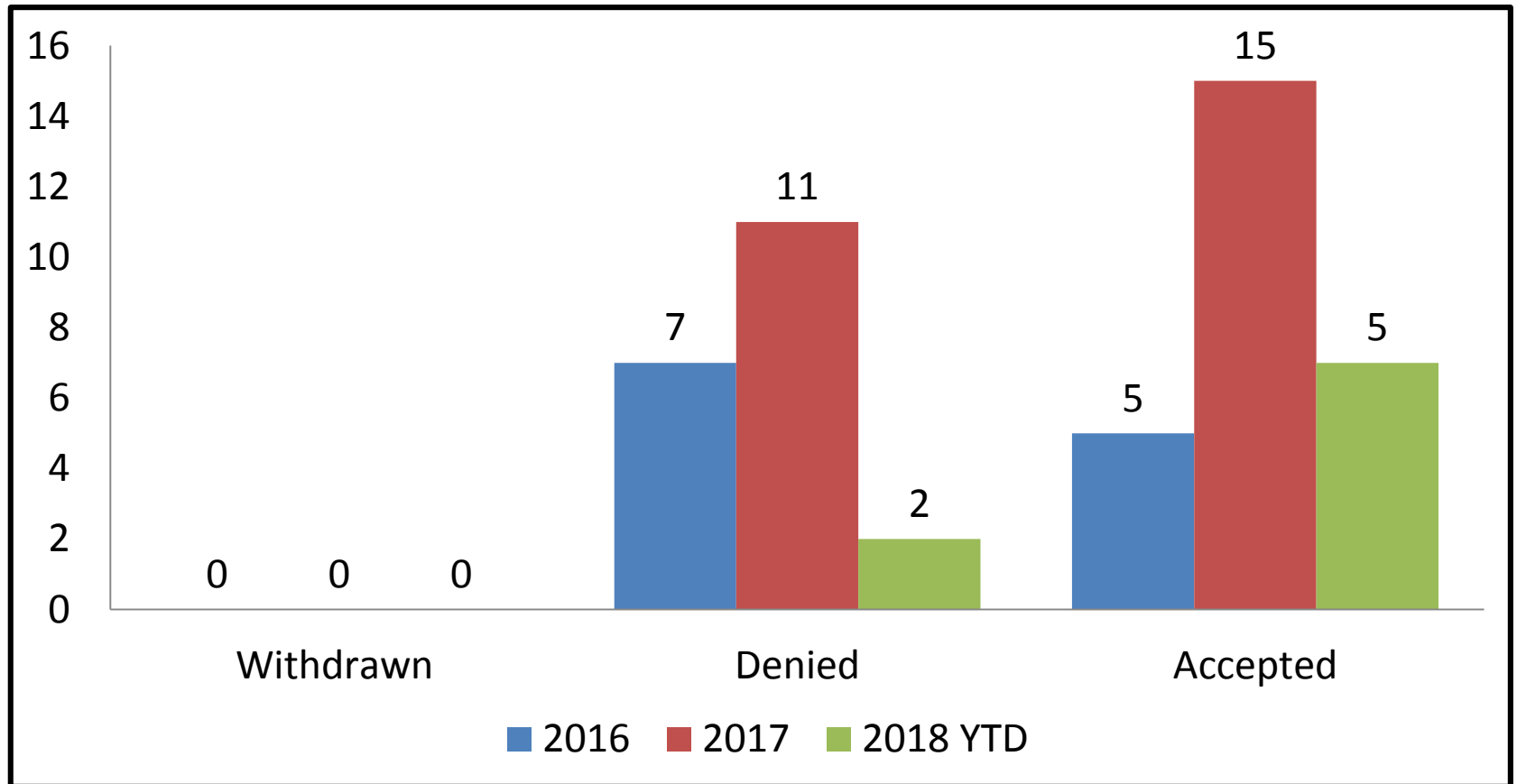
Item 7. HHSA Public Guardian Presentation

LPS Conservatorship Referrals



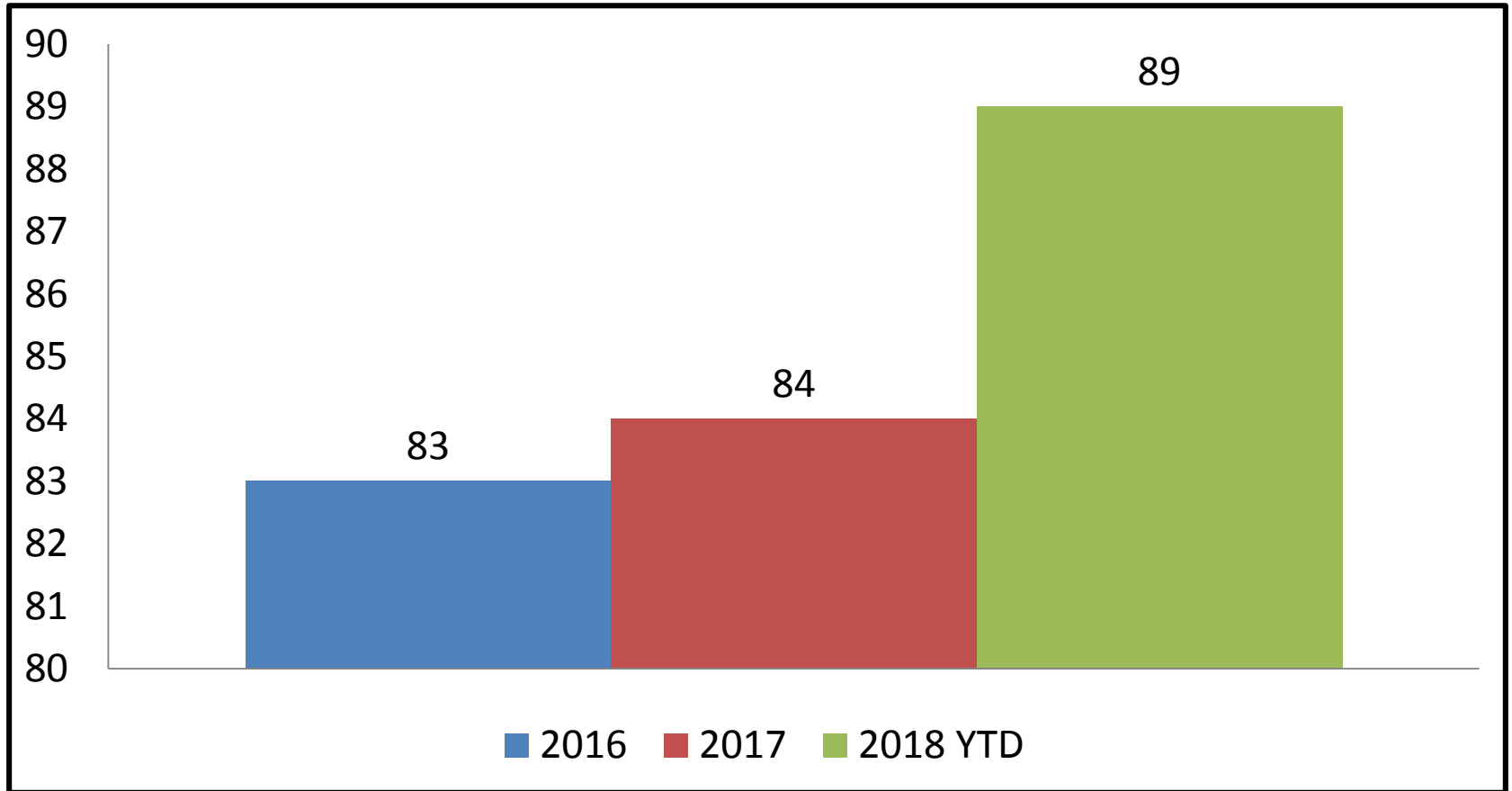
**Accepted LPS Referrals
increased by 40% in 2017**

Probate Conservatorship Referrals

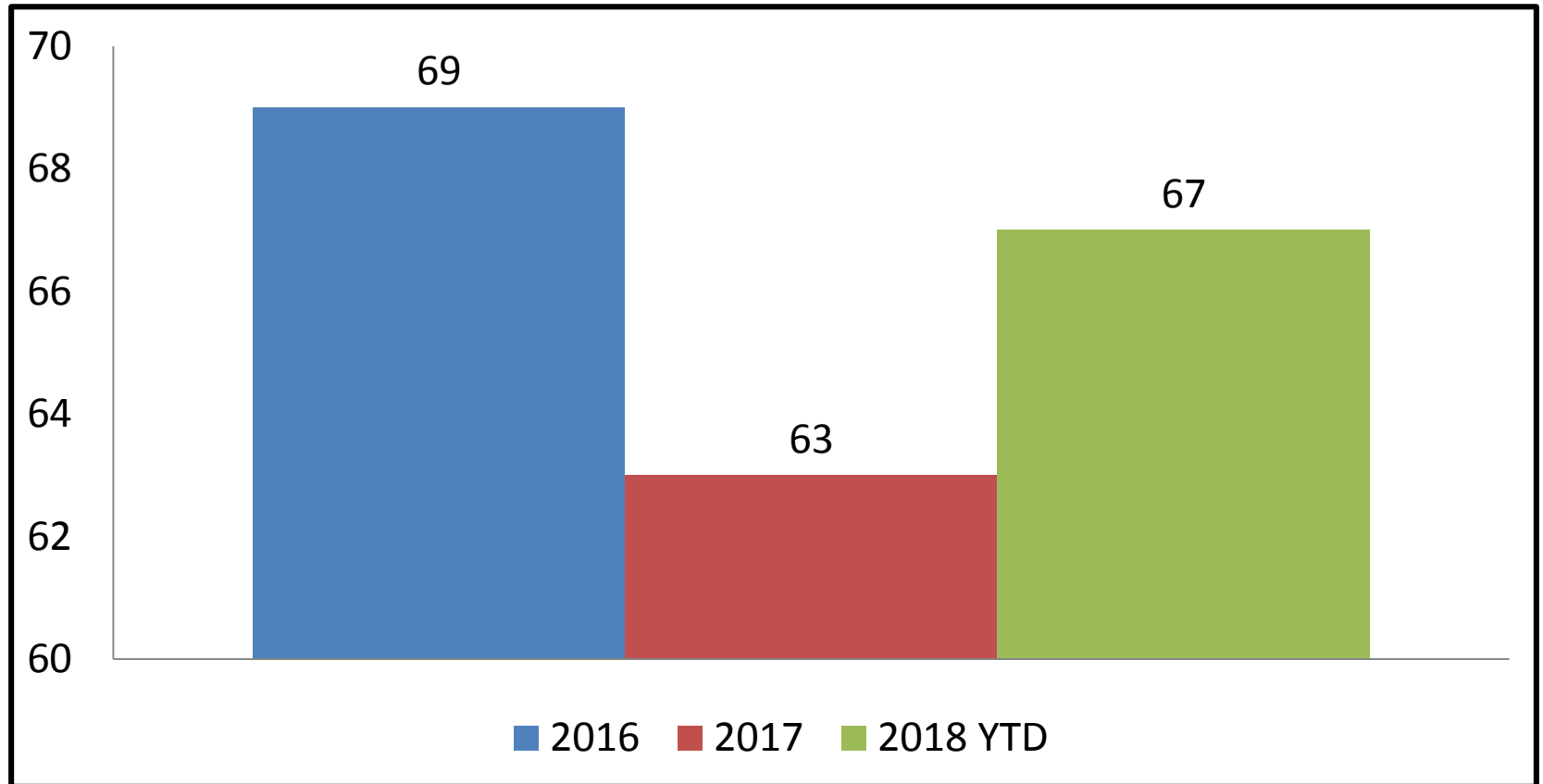


**Accepted Probate Referrals
increased by 33% in 2017**

Total LPS Conservatorships



Total Probate Conservatorships



Public Guardian Staff Overview

HSA Manager/Chief Deputy PG

Conservatorship Officers (3) –2 existing; 3rd position filled 07/23/17

Senior Accounting Tech

Guardian Technician-new position; started 03/18/18

Extra Help Administrative Clerk II-new position; started 04/15/18



Item 8. Mental Health Director's Report

Mental Health Director's Report

May 21, 2018

May is Mental Health Awareness Month – On May 8th, the Board of Supervisors presented James and Brett with a Resolution for May is Mental Health Awareness Month. Each Supervisor received a Mental Health Matters coffee mug and several other items. On the same day, the BOS received an update on our county-wide efforts to reduce the numbers of mentally ill in custody. [Click here for the full May is Mental Health Month calendar.](#)



Pine Tree Gardens – The ad hoc meeting is being held immediately before the LMHB meeting and may have more updated information than this report. We continue to work with Turning Point on options that could lead to financial sustainability for Pine Tree Gardens.

Yolo Family Service Agency – Several weeks ago the County learned that the Yolo Family Services Agency (YFSA), a long time provider of services for Yolo residents, was unexpectedly closing down effective April 30, 2018. In fiscal year 2017-18, the Yolo County Health & Human Services Agency had two contracts in place with YFSA totaling \$691,000, to provide mental health services for children. Staff from HHS and the County Administrator’s Office have been working closely with YFSA over the past few weeks to develop a transition plan that will ensure the children and families served by the organization continue to receive high quality services. Several important steps have been taken, including the following:

- HHS and CAO staff facilitated negotiations with YFSA and other local providers, resulting in three local providers (including CommuniCare Health Centers, Turning Point Community Programs and RISE, Inc.) agreeing to assume all of the County funded services previously offered by YFSA.
- HHS assumed responsibility for the care of the 86 clients during the transition period, while contracts are being transferred to new providers. HHS hired 10 staff members formerly employed by YFSA as HHS extra help for a period of several weeks, to ensure continuity of care for the children being served.
- CommuniCare, Turning Point and RISE have since interviewed and hired the majority of these staff members in permanent positions under their new contracts.
- HHS expects that all 10 employees and 86 children will have transitioned to one of the three providers by the end of May.

Substance Use Disorder Continuum of Care – HHS is in contract negotiations with several organizations who submitted successful responses to the recent Substance Use Disorder RFP’s. It is expected that most contracts will be in place and starting services July 1st. See attached for upcoming trainings associated with assuring we have a stable and coordinated roll-out of the expanded system.

Governor’s May Revise – As if a gift for Mental Health Month, the Governor included millions of dollars in new state funding investments for mental health and homelessness. [Click here for an overview from CBHDA.](#)

Some highlights include:

- Children’s mental health mandate repayment- \$254 million
- Homelessness and Mental Health \$358.8 million
- Criminal Justice Incompetent to Stand Trial Treatment and Diversion \$100 million plus
- OIG Repayment \$180 million
- Oversight and Planning \$6.7 million for 48 staff at DHCS to provide oversight of Counties
- DMC-ODS - \$148.31 million

Personnel Updates –

Psychiatrist hires- We are delighted to announce that Dr. Kaan Ozbayrak has accepted a full time psychiatry position with Yolo County. Dr. Ozbayrak has experience with adults, children, and medical-psychiatry, as well as administrative psychiatry and teaching medical students and residents. He will be a valuable addition to our team! Both Dr. Ozbayrak and Dr. Nora Kim will start on June 11th! Dr. Ozbayrak will be based full time in Woodland. Dr. Kim will start in Woodland 3 days per week, and will work in other clinics as appropriate. Dr. Kim speaks fluent Spanish and Korean. We are delighted to welcome both of them to our team.

Homeless Coordinator-HHSA's recently hired Homeless Services Manager is no longer working for HHSA. We will assure staff on the Homeless Services team – including a Program Coordinator, Clinical Supervisor and Associate Analyst – receive sufficient support during this transition, as we work to locate the right person to fill the challenging role of overseeing Yolo's Homeless Services continuum. In addition to supporting the team on an interim basis, both Sandra Sigrist and Tracey Dickinson (prior Homeless Coordinator) will assure reports and applications associated with critical funding in the local continuum are submitted as required.

Access & Crisis Manager – Our Manager over Access and Crisis also left our employment. We will be recruiting for this position.

CURES –

California launched legislation to help prescribers have more information about what medications clients are receiving from other providers. One of the goals of this legislation is to decrease risk of overdose and over prescribing of opioids and other scheduled medications such as benzodiazepines. Starting October 2018 prescribers will be required to check the CURES Database prior to prescribing a Schedule II-IV medication, such as Ativan or Klonopin, and periodically thereafter.

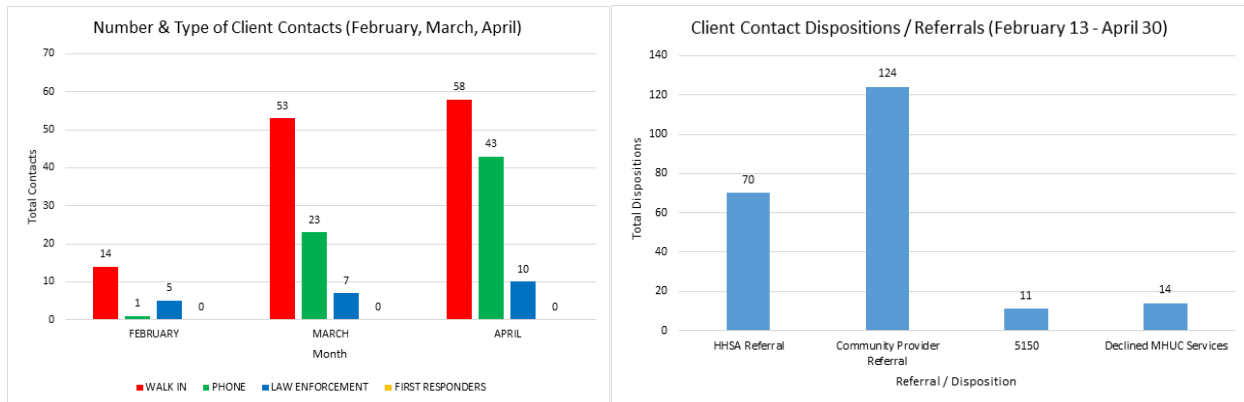
UC Davis Medical School Update –

Our first medical student, Andy Shen, has been working with us during the month of May, and it has been a pleasure to work with him. Staff and clients are eager to help him learn as he is to gain in knowledge and understanding during his time with us. We've been impressed with the open-minded eagerness he has shown towards understanding not only the mechanics of prescribing, but also the breadth and depth of our system and the relationships we can forge with those we serve.

Tele-Psychiatry Services –

Dr. Zev Wiener has been providing tele-psychiatry services for our clients since August of 2017. In providing tele-psychiatry services, we have to follow the Ryan-Haight Act, one component of which is that Scheduled Medications (controlled substances) cannot be prescribed without Pharmacy Certification and DEA Licensure of our facility. Thanks to the tireless efforts of our QM staff, Fabian Valle in particular, we have now secured this licensure for our Woodland Clinic. Although we rarely prescribe controlled substances, this will make for better continuity of care on the rare occasion such a medication is necessary.

Data- First Responder Mental Health Urgent Care Utilization



Over the first two and a half months since the opening of the Yolo County First Responder Mental Health Urgent Care (MHUC), the total number of client contacts has increased nearly six-fold, from 20 contacts in February to 111 contacts in April (N=219 total contacts from 2/13/18 to 4/30/18). During that time, over half (57%) of the contacts were clients walking into the MHUC seeking services, nearly one-third (31%) were phone calls regarding services, and around 10% were clients brought in by law enforcement.

The vast majority of client contacts resulted in a referral to services with either HHS (32%) or a community provider (57%), and only around 5% resulted in a 5150 legal hold. These preliminary results suggest (1) an increasing awareness of the availability of the MHUC services among the Yolo County community, and (2) the MHUC is looking to be an important access point for clients to get linked to needed mental health and social services in the community.



Yolo County Health and Human Services Agency



May is Mental Health Month 2018

MAY 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

MAY IS MENTAL HEALTH MONTH HISTORY

Since 1949, Mental Health Month has been observed in May. The purpose is to raise awareness about mental illnesses and draw attention to suicide, ultimately educating our community and to reduce stigma surrounding mental health.

STIGMA REDUCTION ACTIVITIES

- **Mental Health Services Act Stop Stigma Awareness Wall:** Mental Health family members, clients, peers, and providers are encouraged to stop by the West entrance of the Bauer Building to sign a stigma reduction ribbon or blue dot throughout May to show your support of stigma reduction.
- **Lime Green Ribbon and Maternal Mental Health Blue Dot Pin Campaigns:** Pick up a lime green ribbon or blue dot pin from the Mental Health Reception Desks at all HHS Mental Health Clinics, the Bauer Building Welcome Desk, or an MHSA Wellness Center and wear it daily to show you actively support reducing mental health and maternal mental health stigma.
- **SNAP a Stigma Busting Selfie:** Stop by the Stigma Reduction Selfie station in the Bauer Bldg. or snap a selfie anywhere wearing your lime green ribbon and post to your personal social media accounts with one or all of the hashtags: #EachMindMatters #MillionsLikeMe #MIMHM2018.
- **Maternal Mental Health Blue Dot Campaign:** Show your agency/groups support for Maternal Mental Health by following the Yolo County Blue Dot campaign on facebook at: <https://www.facebook.com/YoloHealthServices/>. Learn more about Blue Dot Project at: <https://www.thebluedotproject.org/>

CALENDAR OF EVENTS

- **05/02, 12:45 PM:** Each Mind Matters at the Giants vs Padres game. For tickets visit: <https://groupmatics.events/event/eachmindmatters> (Supplies are limited)
- **05/03, 10:30 AM – 2:30 PM:** 9th Annual Yuba Sutter Mental Health Wellness and Recovery Rally, 1965 Live Oak Blvd., Yuba City. Mental Health Caseworkers, contact Jennifer Hernandez (530) 666-8524 for details.
- **05/04, 11:30 AM – 1:30 PM:** Stop Stigma Salsa Bar. Participate in stigma reduction activities and enjoy fresh salsa hosted by MHSA and the HHS Cultural Competency Committee. West Entrance – Bauer Building
- **05/04, 12:00 PM – 02:00 PM:** Yolo County Maternal Mental Health Collaborative Meeting “Breastfeeding and Maternal Mental Health” Thomson Conference Room – Bauer Building
- **05/05, 8:00 AM Registration/10:00 AM Walk:** NAMIWalks 2018, William Land Park, Sacramento, Register at: <https://www.namiwalks.org/index.cfm?fuseaction=donorDrive.event&eventID=742>
- **05/08, Board of Supervisors Presentation:** Stepping Up National Day of Action, Board of Supervisors Chambers (625 Court Street). Visit, <http://www.yolocounty.org/general-government/board-of-supervisors/board-meetings/board-of-supervisors-meeting-agendas-minutes> for this meeting agenda.
- **05/10, SAMHSA Children’s Mental Health Awareness Day.** Learn more at: <https://www.samhsa.gov/children/awareness-day/2018>
- **05/10, 3:00 PM- 5:00 PM:** Children’s Mental Health Awareness Day, Children’s Lobby – Bauer Building.
- **05/11, 11:00 AM – 1:00 PM:** Yolo County Cultural Competence Committee Welcoming and Mental Health Awareness Event. Stop by for refreshments, information, and video presentations. Walker/Thomson Rooms – Bauer Building.
- **05/14 – 05/18, Consumer Perception Survey Collection,** Yolo County Mental Health Clinics & Wellness Centers.
- **05/16, Stepping Up National Day of Action,** Learn more at: www.stepuptogether.org
- **05/23, 9:30 AM – 12:00 PM:** Mental Health Matters Day: California Strong Mental Health America of California, East Steps - State Capitol. <http://www.mentalhealthmattersday.org/>
- **05/23 – 05/25, Digital Stories Workshop for Transition Age Youth.** Participants will be selected through application and screening process. Space is limited! Contact Laura Christensen at (530) 681-5292.
- **05/24, 12:00 PM – 1:00 PM:** Comprehensive Perinatal Services Program Spring 2018 Roundtable Presents: Maternal Mental Health, Community Room – Gonzales Building. Questions? Contact: Monica Koenig (530) 666-8522 or Monica.Koenig@yolocounty.org
- **05/30, 11:00 AM – 4:00 PM:** 7th Annual MHSA Consumer Art Show and Voting, Livingstone and Williams Rooms - Bauer Building.
- **06/01, 11:00 AM:** Annual MHSA Consumer Art Show Awards Presentation, Woodland Wellness Center – Bauer Building.

TRAININGS

To Register, Email: MHSA-MHTrainings@yolocounty.org

- **05/09 and 05/10, 1:00 PM – 5:00 PM:** Mental Health First Aid (Youth) *must attend both days, Community Room - Gonzales Building.
- **05/22 and 05/23, 1:00 PM – 5:00 PM:** Mental Health First Aid (Adult) *must attend both days, Walker Conference Room - Bauer Building.
- **06/12 and 06/13, 8:30 AM – 12:30 PM:** Mental Health First Aid (Adult) *must attend both days!, Community Room – Gonzales Bldg.



May 11, 2018

To: CBHDA Members

From: Kirsten Barlow, Executive Director
Mary Adèr, Deputy Director, Legislative Affairs
Tom Renfree, Deputy Director, Substance Use Disorder Services
Linnea Koopmans, Senior Policy Analyst
Paula Wilhelm, Senior Policy Analyst
Tyler Rinde, Legislative Analyst

Subject: May Revision State Budget for Fiscal Year 2018-19

This memo outlines key changes of interest to county behavioral health directors introduced in the Governor's May Revision and key proposals that remain from the introduction of the January budget. CBHDA state budget advocacy memos are also posted on this web page: <http://www.cbhda.org/key-policy-areas/state-budget/>. As always, please do not hesitate to contact any member of the CBHDA staff for additional information or with any questions you may have.

Only eleven days into the country recognizing the month of May as "Mental Health Month," Governor Edmund G. Brown, Jr. is making mental health history in California. In his May Revision of the State Budget for 2018-19 released earlier today, Governor Brown has proposed millions in new state funding investments for community mental health care. While the Governor approached California's economic situation very cautiously, he proposed to use some the state's surplus in three key areas: infrastructure needs, homelessness and mental health.

State Finances Remain Healthy. According to the Governor, the budgets of the past several years have significantly increased spending while California has recovered from the recession. However, he indicates that we are likely nearing the end of one of the longest economic expansions in California's history. The total spending in the Governor's May Revision is \$200 billion in F 2018-19, including \$138 billion state General Fund (GF) and \$107 billion in federal funding. The Rainy Day Fund established by voters in 2014 will total \$9.4 billion, or 77% of the Constitutional target.

Children’s Mental Health Mandate Repayment. The May Revision includes \$254 million GF plus interest to repay counties for expenditures related to a repealed state mandate, AB 3632, relating to mental health services for children with serious emotional disturbances in special education. These costs were incurred by counties between 2004 and 2011. The Administration expects counties to use the repayment funding for prevention and early intervention mental health services for youth.

Governor Proposes Investments to Address Homelessness and Mental Health

The May Revision includes several proposals that are intended to address California’s rising homeless population via investments in significant one-time spending and smaller proposals that will be ongoing. These proposals are designed to bridge the gap until other new revenues dedicated to addressing the rising cost of housing come into effect. These pending sources of funding include the \$2 billion No Place Like Home bond and a fee on real estate transactions established by SB 2 (Atkins), Chapter 362, Statutes of 2017, which is expected to generate more than \$250 million annually.

The May Revision includes a \$358.8 million GF package to address homelessness. The following table summarizes these various proposals.

Homelessness Response Proposal
(Dollars in Millions)

Department	Program	2018-19	Ongoing
Homeless Coordinating and Financing Council ^{1/}	Emergency Homeless Aid Block Grants	\$250.0	-
	Council Administration	0.5	0.5
Department of Social Services	CalWORKs Housing Support Program	24.2	48.3
	CalWORKs Homeless Assistance Program	8.1	15.3
	Senior Home Safe Program	15.0	-
Office of Emergency Services	Domestic Violence Shelters and Services	10.0	-
	Homeless Youth and Exploitation Program	1.0	-
Department of Health Care Services	Homeless and Mental Illness Program	50.0	-
Total		\$358.8	\$64.1

^{1/} Housed within the Business, Consumer Services, and Housing Agency.

Homeless Mentally Ill Outreach and Treatment. The May Revision proposes one-time funding of \$50 million GF for the Department of Health Care Services (DHCS) to support county outreach, intervention and treatment for homeless individuals with mental health issues. The Governor expects this intervention to result in earlier

diagnosis of mental health needs, thereby preventing criminal justice involvement and improving the coordination of care.

No Place Like Home on November Ballot. The May Revision proposes placing No Place Like Home on the November 2018 ballot rather than waiting for the court process to come to resolution. In expectation of this passing, the May Revision includes \$1.2 million GF for the Department of Housing and Community Development to issue a Notice of Funding Availability before November 2018 and make awards before the end of the year.

Homeless Coordinating and Financial Council and Emergency Aid Block Grant Funds. The Council will be elevated to the Agency level under the Business, Consumer Services and Housing Agency. It is currently housed in the Department of Housing and Community Development. Additionally, \$250 million GF in Emergency Homeless Aid Block Grants are proposed to be administered by the Council. Grants may be used for emergency housing vouchers, rapid rehousing, emergency shelter construction and temporary shelters.

Preventing Homelessness. The Governor proposes \$47 million GF one-time and \$64 million on-going funding to support the Department of Social Services (DSS) safety net programs to prevent Californians from becoming homeless. These include a Senior Homelessness Prevention Pilot Program of \$15 million GF in one-time funding over three years. This program provides supports through temporary rental or utility assistance, housing repairs, landlord mediation, and case management.

In addition, the CalWORKs Housing Support Program is proposed for an increase of \$24 million GF. By 2019-20, this assistance will reach \$95 million GF a year. The CalWORKs Homelessness Assistance is proposed to be increased by \$8 million to raise the payment from \$65 per day to \$85 per day to provide up to 16 days of temporary shelter.

Office of Emergency Services. The May Revision includes increased funding of \$10 million for domestic violence service providers for projects that include emergency safe homes or shelters for victims and their families. There also is one-time funding of \$1 million to augment the Homeless Youth and Exploitation Program for shelters that serve unaccompanied minors.

Earned Income Tax Credit. The May Revision includes a proposal to expand the Earned Income Tax Credit to working individuals who are aged 18 to 24 or over 65. The expansion of the credit is expected to cost about \$60 million a year and to benefit over

700,000 households. The income range is proposed to be expanded so that more employees working up to full-time at the minimum wage in 2019 would qualify for the credit.

Criminal Justice

Incompetent to Stand Trial Treatment and Diversion. The May Revision retains the budget proposals introduced in January to address the growing waitlist of individuals found incompetent to stand trial (IST) awaiting placement at the Department of State Hospitals (DSH). The budget includes \$100 million GF for county diversion programs to reduce the number of individuals found IST on felony charges. These funds target 15 counties with the highest volume of IST referrals to DSH. The budget also includes \$15 million for Los Angeles County for community-based competency restoration. In addition, the May Revision maintains the \$5 million in Mental Health Services Act funding over two years for the Mental Health Services Oversight and Accountability Commission to assist counties with developing Innovation plans that address the IST population.

Drug Interdiction and Medication-Assisted Treatment Pilot. The May Revision includes \$9.1 million SGF to pilot a Drug Interdiction program and Medication-Assisted Treatment (MAT) program at the California Department of Corrections and Rehabilitation (CDCR) Substance Abuse Treatment Facility. At this time we are uncertain how much of this funding will go toward drug interdiction at the facility, and how much will be devoted to MAT for substance use disorder treatment. The budget language notes that the MAT program will complement the interdiction efforts and will include access to naltrexone and acamprosate for the treatment of alcohol and opiate use disorders.

Correctional Counselor Ratios. The May Revision proposes \$13.5 million GF to reduce the current inmate to Correctional Counselor I ratio at CDCR from 150:1 to 135:1. This results in the hiring of 89 new counselors to focus on the core needs of the population.

Mental Health Psychiatry Registry. The May Revision includes \$18.1 million GF to contract CDCR psychiatry services to meet a federal court order to fill at least 90% of the state prison system's psychiatry positions.

Workforce

Mental Health Graduate Medical Education Funding. The May Revision includes an increase of \$55 million GF to support psychiatric education programs in rural parts of

the state, including those regions designated as Health Professional Shortage Areas or Medically Underserved Areas.

Proposition 64 Cannabis Tax Revenues

The May Revision reiterates that cannabis tax revenues for the Youth Education, Prevention, Early Intervention and Treatment Fund will not be available until 2019-20 at the earliest. As of May 2, 2018, the state had collected \$33.6 million in cannabis revenues, an amount lower than anticipated. Cannabis taxes are forecast to generate \$185 million in 2017-18 and \$630 million in 2018-19, but these projections remain highly uncertain. Of the programs to which Proposition 64 specifically allocated funding, only certain priority set-asides are expected to be funded during 2018-19. These programs include \$10 million for Community Reinvestment grants administered through the Governor's Office of Business and Economic Development. The grants will be awarded on a competitive basis to local health departments and qualified community-based non-profit organizations to support SUD treatment, as well as services like job placement, legal assistance, and other cannabis use-related programs.

Department of Health Care Services and Medi-Cal

The May Revision includes several Medi-Cal related budget items of relevance to county mental health and substance use disorder programs. These include repayment for the federal Office of Inspector General (OIG) Medi-Cal Specialty Mental Health Services (SMHS) audit, funding for additional staff within the Mental Health and Substance Use Disorders Division of DHCS, and state funding to support county behavioral health program administration and services. State GF for counties includes investment in the Drug Medi-Cal Organized Delivery System waiver pilot program, and funding for new mental health plan (MHP) mandates eligible for state funding pursuant to Proposition 30. Most Medi-Cal budget items saw no significant change from the Governor's January budget, and the updates below reflect the updated estimates for 2018-19 as outlined in the May Revision. CBHDA supports the inclusion of GF for these various new requirements and continues to work closely with DHCS to ensure counties obtain the guidance necessary to access these funds.

Medi-Cal Specialty Mental Health Services Federal Audit Repayment. The May Revision includes \$180.7 GF for repayment to the Centers on Medicare & Medicaid Services resulting from the anticipated final findings of the federal OIG's audit of Medi-Cal SMHS. The budget notes that while the state will repay the federal administration the total amount in 2018-19, repayment by counties for the \$180.7 million will occur over

a four-year period. CBHDA will work with CSAC and the County Counsels Association to analyze and respond to this proposal.

Oversight and Planning. The May Revision includes \$6.7 million for 48 staff at DHCS to support oversight of county mental health programs and review of MHSA expenditures, as well as planning efforts for system and data improvements to support the evaluation of county mental health programs.

Drug Medi-Cal Organized Delivery System (DMC-ODS) Waiver. The May Revision continues to include a state general fund contribution for specific ODS waiver services (intensive outpatient and non-perinatal residential). The revised estimate of \$148.31 million GF reflects updated timelines for county implementation of the DMC-ODS waiver, updated county-specific interim rates, and the addition of a buprenorphine-naloxone combination drug product that will be offered under the ODS beginning in January 2019. There will also be a small adjustment (\$307,000) to the 2018-19 general fund contribution due to an error that led to GF payments for services that should have been covered by county funds. DHCS is working with counties to recoup dollars for claims that were improperly paid and expects that process to be complete in 2018-19. Total DMC-ODS spending in 2018-19 is expected to be \$917.49 million, more than twice the amount expended in 2017-18. CBHDA continues to advocate for increased flexibility for ODS counties to use available GF funding for additional service types.

Slight increase in funding for MHP Continuum of Care Reform costs. The Medi-Cal budget estimate for MHP Continuum of Care Reform (CCR) implementation is slightly increased from January based on updated DSS Child and Family Team (CFT) caseload estimates and 2018-19 CFT rates. The new total estimate for 2018-19 is \$19.89 million TF, including \$10.72 million GF. The estimate includes funding for the following MHP costs: participating in CFTs, providing assessments for youth prior to placement in Short Term Residential Therapeutic Programs (STRTPs), and training for mental health staff.

Managed Care Regulations implementation costs for MHPs. The Medi-Cal budget estimate retains funding for county MHP implementation of the federal Medicaid Managed Care Regulations. The May Revision makes technical adjustments to the estimated costs for implementation. The new total estimate for 2018-19 is \$22.1 million total funds, including \$7.5 million GF.

Performance Outcomes Systems. The Medi-Cal budget estimate continues to include funding for county implementation of the Performance Outcomes Systems functional assessment tools to be administered to all EPSDT beneficiaries. The selected tools are the Child and Adolescent Needs and Strengths (CANS) and the Pediatric Symptom

Checklist (PSC 35). The May Revision includes updated numbers for implementation in 2018-19, totaling \$14.32 million, including \$6.41 million GF.

Federal Parity Rule implementation costs for MHPs. The Medi-Cal budget estimate includes funding for MHP implementation of policy changes related to the federal Parity Rule, including shortened timeframes for authorization of treatment plans for outpatient and inpatient services, and requirements for counties to conduct concurrent inpatient reviews. The May Revision updates numbers for implementation in 2018-19, totaling \$20.8 million, which includes \$2.97 million GF.

Item 10. Name Change Discussion

**Discussion Regarding Changing the Name of the
Yolo County Local Mental Health Board to the
Yolo County Behavioral Health Board**

April 30, 2018

ISSUE: Throughout the State of California, local mental health boards are renaming themselves Behavioral Health Boards. Does Yolo County Local Mental Health Board (LMHB) choose to rename our organization accordingly as well?

ARGUMENT FOR THE CHANGE:

The term “Mental Health Board” reflects a focus solely on those in our community who have psychological or psychiatric issues for which they seek treatment from the County. In addition to review of issues relative to those who receive mental health services, LMHB has an ongoing responsibility for reviewing issues affecting individuals with Substance Use Disorders and those who are currently conserved under the Office of the County Conservator.

The term “mental health” has a stigma attached to it. While we are deeply concerned about reducing stigma in the community, we must also recognize that the stigma remains. This stigma may prevent individuals from seeking treatment. This term may also create an environment which diminishes the support from family and friends if they realize that the individuals receive treatment.

The determining factor in assessment of wellness is determined by behaviors exhibited, not by the specific thoughts an individual has. In both the clinical and service arenas, we are obligated more to be concerned about their behaviors than what is happening in their thoughts. Laws are developed because of what people do, not what illnesses they have. We can reduce suffering by evaluating behaviors in all three major areas of our concern, mental health, substance use disorders, and conservation.

In growing numbers, county mental health boards are changing their identities to behavioral health boards. Because boards throughout California have multiple areas of concern, they are choosing to rename themselves accordingly.

The state association which guides all mental health boards in California, now is named the California Association of Local Behavioral Health Boards and Commissions. In recognition of the changes seen throughout California, the State Association has renamed itself to reflect these responsibilities.

ARGUMENT AGAINST THE CHANGE:

The phrase “mental health board” may be clearer for some people, and consistent with what they’ve known all along.

RECOMMENDATION:

We update our identity to become the Yolo County Local Behavioral Health Board, updating our Bylaws accordingly, and notifying the Board of Supervisors and the Health and Human Services Agency of this change.

Item 13b. Long Range Planning Calendar

**Yolo County Local Mental Health Board
Long Range Planning Calendar 2018**

Meeting	Agenda Item	Agency/Presenter	Type	Timing
1/29/18	5150 Process Presentation	Harjit Singh Gill, Samantha Fusselman	Presentation	Past
2/26/18	MHSA 3-year Plan Update	Resource Development Associates (RDA)	Presentation	Past
2/26/18	Homeless Presentation	Aurora William, HHSA Homeless Services Manager	Presentation	Past
3/26/18	CCP Presentation	Carolyn West, CAO Senior Management Analyst	Presentation	Past
4/30/18	Annual Report Approval	Executive Committee	Recommendation	Past
4/30/18	Behavioral Health Services Budget Presentation	Connie Cessna-Smith, HHSA Fiscal Administrative Officer	Presentation	Past
5/21/18	Public Guardian Presentation	Laurie Haas, HHSA Chief Deputy Public Guardian	Presentation	Past
5/21/18	Annual Election of Officers	All	Adoption	Past
6/25/18	MHSA Update	Resource Development Associates (RDA)	Presentation	Upcoming
6/25/18	Maternal Suicide and Depression Presentation	TBD	Presentation	Upcoming
8/27/18	Davis Wellness Center Remodel Update	TBD	Presentation	Upcoming
8/27/18	SUD Update	Ian Evans, Alcohol and Drug Administrator	Presentation	Upcoming
9/24/18	Approval of LMHB Recommendation on the BHS Recommended Budget	All	Recommendation	Upcoming
10/22/18	Presentation	TBD	Presentation	Upcoming
12/3/18	2018 LMHB Meeting Calendar Approval	All	Adoption	Upcoming

Item 13b. Meeting Calendar

2018

Yolo County Local Mental Health Board

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Regular Meeting

County Holiday

JANUARY 29, 2018 - DAVIS
 Mary L. Stephens Library, Blachard Community Conference Room, 315 East 14th Street, Davis, CA 95616 7:00 – 9:00 PM Meeting

FEBRUARY 26, 2018 - WEST SACRAMENTO
 AFT Library, Community Meeting Room, 1212 Merkley Ave. West Sacramento, CA 95691 7:00 – 9:00 PM Meeting

MARCH 19, 2018 - WOODLAND
 Woodland Public Library, Leake Room, 250 1st Street, Woodland, CA 95695 7:00 – 9:00 PM Meeting

APRIL 30, 2018 - DAVIS
 Mary L. Stephens Library, Blachard Community Conference Room, 315 East 14th Street, Davis, CA 95616 7:00 – 9:00 PM Meeting

MAY 21, 2018 - WINTERS
 Putah Creek Conference Room, 111 East Grant Ave. Winters, CA 95694 7:00 – 9:00 PM Meeting

JUNE 25, 2018 - WEST SACRAMENTO
 AFT Library, Community Meeting Room, 1212 Merkley Ave. West Sacramento, CA, 95691 7:00 – 8:00 PM Meeting

JULY - BOARD RECESS

AUGUST 27, 2018 - WOODLAND
 Bauer Building, Thomson Conference Room, 137 N. Cottonwood St. Woodland, CA 95695 7:00 – 8:00 PM Meeting

SEPTEMBER 24, 2018 - DAVIS
 Mary L. Stephens Library, Blachard Community Conference Room, 315 East 14th Street, Davis, CA 95616 7:00 – 9:00 PM Meeting

OCTOBER 22, 2018 - WEST SACRAMENTO
 AFT Library, Community Meeting Room, 1212 Merkley Ave. West Sacramento, CA, 95691 7:00 – 9:00 PM Meeting

DECEMBER 3, 2018 - WOODLAND
 Bauer Building, Thomson Conference Room, 137 N. Cottonwood St. Woodland, CA 95695 7:00 – 9:00 PM Meeting