

## **Mental Health Director's Report**

**June 25, 2018**

**Continuum of Care Workgroup** – As we've discussed over the past two years, the County has prioritized creating a continuum of care ranging from prevention through intensive services in our adult criminal justice system. Over the past year, we have specifically embraced the Stepping Up movement, aimed at reducing the number of people in custody with mental health conditions. There is a steering committee and several subcommittees aligned with our sequential intercept map for the County. Please find attached a summary of our accomplishments for the year and plans for the coming year.

*Staff Contact: Sandra Sigrist*

**Governor's 18/19 budget** – Last month's Director report shared several of the Mental Health items funded in the Governor's 18/19 proposed budget. Since the May revise additional information has come in and realignment, tax revenues, and vehicle license fees are all exceeding expectations. As such, the Governor has increased his investment in ending poverty. To this end, the CalWorks single allocation was restored to last year's levels, Medi-Cal will see a slight increase for cost of living, and IHSS administrative costs were mitigated for counties. Perhaps the most exciting news regarding the 2018-19 Budget relates to the Social Security Income (SSI) hold harmless agreement. As you may know, our residents receiving SSI have historically been excluded from receiving CalFresh benefits, which has seriously limited their income and ability to live a healthy and safe lifestyle in the current California economy. This new change will allow SSI recipients to receive CalFresh without experiencing a simultaneous cut to SSI, which will increase their monthly income. This will go a long way in improving health outcomes and stability for some of our residents who struggle to make ends meet every month.

*Staff Contact: Karen Larsen*

**County 18/19 budget** – On June 12<sup>th</sup>, the Board of Supervisors approved our 2018/2019 interim County budget. The final budget for the fiscal year is approved several months from now when we have all of our final allocations from the State and Federal government. Of interest to all of you, we are proposing to add 11 new behavioral health positions. Transition Age Youth team will get four MHPA-funded staff -- 2 clinicians and 2 case managers. Additionally, the proposed new SB82 funding may add 4 Clinicians -- 2 for children and 2 for transition aged youth. Finally, 3 additional positions will be added to support the Substance Use Disorder Continuum of Care -- 1 Clinician and 2 Case Managers.

*Staff Contact: Karen Larsen*

**Homelessness** – The Governor has allocated \$250 million statewide in Homeless Emergency Aid grants, of which we expect approximately \$1.3 million to come to projects serving Yolo residents in the upcoming years.

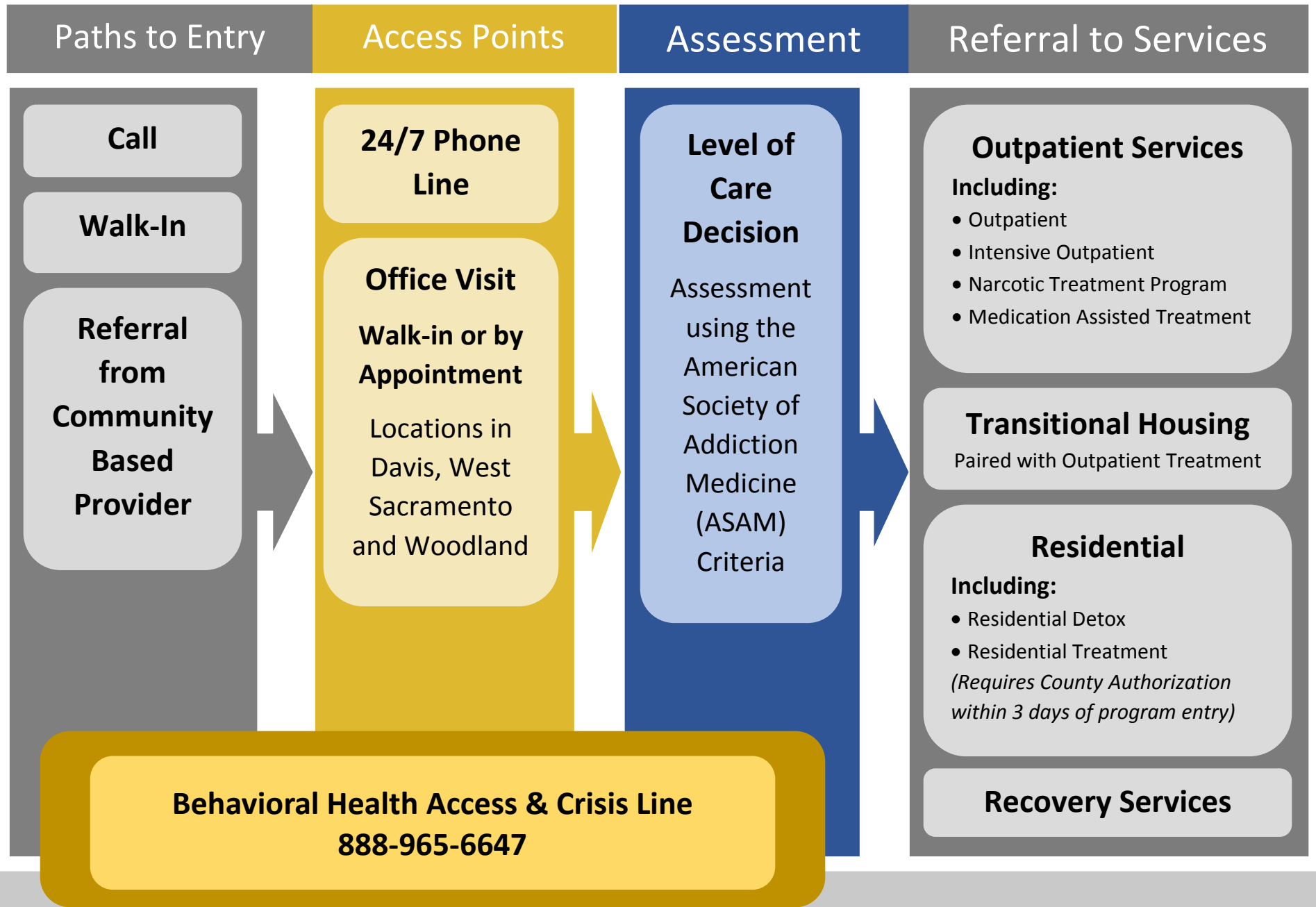
*Staff Contact: Sandra Sigrist*

## Community-Based Points of Specialty Mental Health Services

Site	Operating Hours	New in 17/18	New in 18/19	Contact Information	Summary of Purpose and Target Population
<b>HHSA Outpatient Clinics</b>					
<b>Woodland Clinic</b>	Monday through Friday <i>8am to 5pm</i> <i>Walk-in or by appointment</i>			(888) 965-6647	Mental health triage screening, assessment and referral for all ages.
<b>West Sacramento Clinic</b>	Tuesday, Thursday and Friday <i>8am to 5pm</i> <i>Appointment only</i>			(888) 965-6647	This clinic provides assessments by appointment only.
<b>Davis Clinic</b>	Monday and Wednesday <i>8am to 5pm</i> <i>Appointment only</i>			(888) 965-6647	This clinic provides assessments by appointment only.
<b>CommuniCare Navigation Center</b>					
<b>Navigation Center Davis</b>	Monday through Friday <i>8am to 5pm</i> <i>(Projected to open in Nov 2018)</i>		<b>X</b>	TBD	COMING SOON! This program will provide mental health triage screening and assessments for adults ages 18 and older.
<b>HHSA Wellness Centers</b>					
<b>Woodland Wellness Center</b>	Monday through Friday <i>9am to 4pm</i>			(888) 965-6647	Drop-in mental health support, including a variety of groups and activities, for adults ages 18 and older.
<b>Woodland Community College</b>	Monday through Friday <i>8am to 5pm</i>	<b>X</b>		(530) 661-5700	Drop-in mental health support, including a variety of groups and activities, for Transition Age Youth, ages 16 – 30.
<b>West Sacramento Wellness Center</b>	Tuesday & Thursday <i>10am to 3pm</i>			(888) 965-6647	Drop-in mental health support, including a variety of groups and activities, for adults ages 18 and older
<b>Davis Wellness Center</b>	Monday & Wednesday <i>(Projected to open in July 2018)</i>		<b>X</b>	(888) 965-6647	COMING SOON! Drop-in mental health support, including a variety of groups and activities, targeting Transition Age Youth, ages 16 – 30.
<b>Community Crisis Response</b>					
<b>After Hours Crisis Access Line &amp; In-Person Response with Law Enforcement</b>	Weeknights: Monday to Thursday- <i>5pm to 8am</i> Weekends: Friday 5pm to Monday <i>8am</i> Includes weekends <i>(Projected to begin July 2018)</i>		<b>X</b>	(888) 965-6647	24/7 mental health telephone crisis line; In – person response to local Emergency Departments for mental health crisis evaluations of Medi-Cal beneficiaries; In-person response in the community with Law Enforcement.
<b>Mental Health Urgent Care</b>	7 days per week <i>12pm to 9pm</i> <i>Walk-in or by appointment</i>	<b>X</b>		(888) 965-6647 or (855) 897-2033	Mental health crisis triage screening, assessment and referral for all ages.

*Staff Contact: Sandra Sigrist*

# Yolo County Substance Use Continuum of Care



## Substance Use Disorder Services Fiscal Year 2018-19 – Adult and Perinatal Substance Use Programs

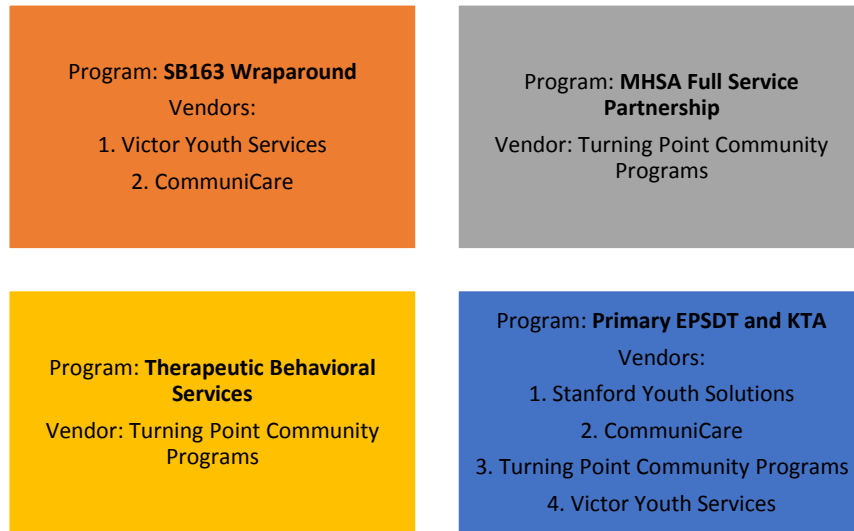
**To access services or to refer someone:  
Behavioral Health Access & Crisis Line (888) 965-6647**

Service Provider	Services Offered	Funding Source	For Program Information
<p style="text-align: center;"><b>CommuniCare Health Centers</b> <i>(Outpatient and Intensive Outpatient Services, Recovery Services, In-Person Screening/Referral )</i></p> <p style="text-align: center;">Woodland, West Sacramento (Soon expanding to Davis)</p>	<ul style="list-style-type: none"> <li>• Outpatient Substance Abuse Program (OSARP)</li> <li>• Dual Diagnosis Outpatient Program (Path 2 Recovery)</li> <li>• Adult Intensive Outpatient Treatment Program (Adult IOT)</li> <li>• Perinatal Day Treatment Program (PNDT)</li> <li>• PC1000 Drug Diversion/Education Program</li> <li>• Medication Assisted Treatment (MAT)</li> </ul>	<p style="text-align: center;">Drug Medi-cal; Perinatal Drug Medi-cal; County Perinatal; CalWORKS; Child Welfare; Probation (AB109); County Indigent</p>	<p style="text-align: center;"><b>Christina Andrade-Lemus MSW</b> <i>Adult Services Supervisor</i> 916-403-2970</p> <p style="text-align: center;"><b>Walk-in screening:</b> Woodland and West Sacramento, Monday and Thursdays 10-12pm, or by appointment if necessary (Soon expanding to 9am to 5pm Monday thru Friday)</p>
<p style="text-align: center;"><b>Yolo Wayfarer Center/ Walter’s House</b> <i>(Residential and Transitional Living)</i></p> <p style="text-align: center;">Woodland</p>	<ul style="list-style-type: none"> <li>• Co-Ed Residential Treatment</li> <li>• Transitional Living Program, Male and Female separate units</li> </ul>	<p style="text-align: center;">Drug Medi-cal; Perinatal Drug Medi-cal; County Indigent; Child Welfare; CalWorks; Probation (AB109); Sheriff</p>	<p style="text-align: center;"><b>Dee Langley</b> <i>Program Manager</i> (530) 662-2699</p>
<p style="text-align: center;"><b>Progress House</b> <i>(Residential Program)</i></p> <p style="text-align: center;">Camino, Garden Valley, Coloma</p>	<ul style="list-style-type: none"> <li>• Female residential program, can serve pregnant and postpartum females</li> <li>• Male residential facility</li> </ul>	<p style="text-align: center;">Perinatal Drug Medi-Cal; Child Welfare; CalWorks; County Indigent; Probation (AB109)</p>	<p style="text-align: center;"><b>Sandy Robinson</b> <i>Program Director</i> (530) 626-9240</p>
<p style="text-align: center;"><b>MedMark Treatment Center</b></p>	<ul style="list-style-type: none"> <li>• Medication Assisted Treatment (MAT)</li> </ul>	<p style="text-align: center;">Drug Medi-cal; CalWorks;</p>	<p style="text-align: center;"><b>Doug Hill</b> <i>Program Director - Sacramento</i></p>

Service Provider	Services Offered	Funding Source	For Program Information
<p><i>(Narcotic/Opioid Treatment Program)</i> Sacramento and Fairfield</p>		<p>Child Welfare; Perinatal Drug Medi-Cal; Probation (AB109); County Indigent</p>	<p>(916) 391-4293  <b>Raj Lally</b> <i>Program Director - Fairfield</i> (707) 435-9911</p>
<p><b>BAART Norwood</b> <i>(Narcotic/Opioid Treatment Program)</i> Sacramento</p>	<ul style="list-style-type: none"> <li>Medication Assisted Treatment (MAT)</li> </ul>	<p>Drug Medi-cal; CalWorks; Child Welfare; Perinatal Drug Medi-Cal; Probation (AB109); County Indigent</p>	<p><b>Melissa Develey</b> <i>Program Director - Sacramento</i> (916) 391-4293</p>
<p><b>CORE Medical Clinic</b> <i>(Narcotic/Opioid Treatment Program)</i> West Sacramento and Sacramento</p>	<ul style="list-style-type: none"> <li>Medication Assisted Treatment (MAT)</li> </ul>	<p>Drug Medi-cal; Perinatal Drug Medi-cal</p>	<p><b>Garrett Stenson</b> <i>Program Director</i> (916) 442-4985</p>
<p><b>Community Recovery Resources</b> <i>(Outpatient and Intensive Outpatient Treatment, Residential and Transitional Living, Withdrawal Management)</i> Auburn and Grass Valley</p>	<ul style="list-style-type: none"> <li>Auburn: Co-Ed residential program</li> <li>Grass Valley: Separate Male and Female residential programs</li> </ul>	<p>Drug Medi-cal; Perinatal Medi-cal; County Indigent; Probation; CalWorks</p>	<p><b>Travis Bailey</b> <i>Residential Program Manager</i> (530) 885-1917 ext 192</p>
<p><b>Turning Point</b> <i>(Outpatient and Intensive Outpatient Services)</i> Davis</p>	<ul style="list-style-type: none"> <li>Dual Diagnosis Outpatient Program (Free to Choose)</li> </ul>	<p>Drug Medi-cal; Perinatal Drug Medi-cal; CalWorks; Child Welfare; Probation (AB109); County Indigent</p>	<p><b>Igbinosa Amadasun</b> <i>Program Director</i> (530) 758-4078</p>

Staff Contact: Ian Evans

**Children’s Mental Health Services** – The Child, Youth and Family branch released a Request for Proposal for the Children’s Outpatient Specialty Mental Health services for FY 2018-2020 and subsequently the intent to award notifications to four vendors. In person meetings with the potential vendors occurred on June 6<sup>th</sup> and budget/scope of work negotiations have been under way since then with focus on capacity and program development to best meet the increased need for behavioral services for children and youth, specifically for those involved with Child Welfare services and Juvenile Probation, and for those struggling with intensive needs which has resulted in psychiatric hospitalizations. Current contracts will be extended to provide time for thoughtful discussion and negotiations, and new contracts will begin August 1<sup>st</sup>. See graph below for details on programs and selected vendors.



*Staff Contact: Kim Narvaez*

**Psychiatry Staffing** – HHSA has welcomed our two newest physicians. Dr. Nora Kim and Dr. Kaan Ozbayrak joined us on June 11<sup>th</sup> and are both becoming familiar with our services and seeing clients in our Woodland and Davis Clinics. Dr. Kim will be seeing Transition Age Youth and Adults on Wednesdays in our Davis office starting on June 27<sup>th</sup>, and is already seeing TAY and adults in the Woodland Office on Thursdays and Fridays. Dr. Kaan Ozbayrak will be seeing Transition Age Youth and Adults in our Woodland Clinic Mondays-Fridays. He will also be seeing clients who are in Safe Harbor, along with our tele-psychiatrist, Dr. Zev Wiener who provides tele-psychiatry services on Mondays and Thursdays in the Woodland office. We now have a very strong, knowledgeable and kind group of doctors to serve our community. We are delighted for them to get to know you and you to get to know them over the coming months.

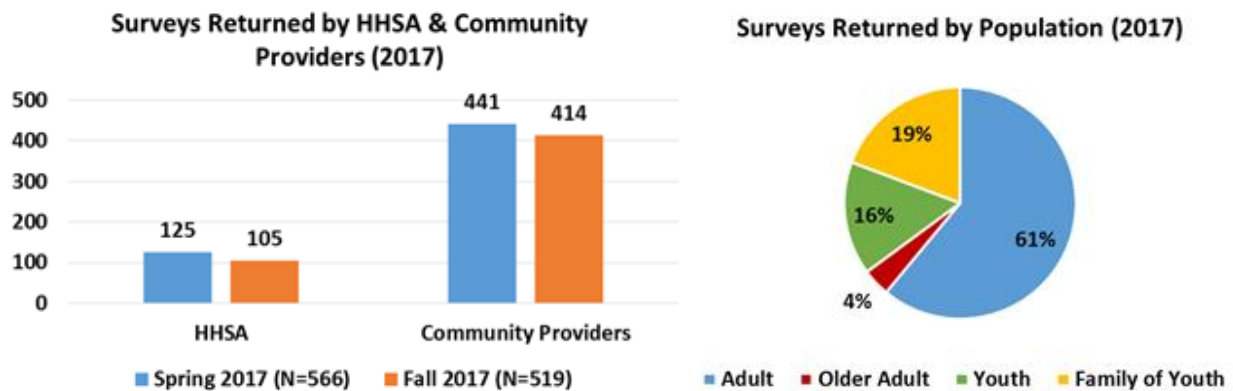
*Staff Contact: Leigh Harrington*

### **Data – 2017 Consumer Perception Survey Results (Spring and Fall)**

Yolo County Health and Human Services Agency (HHSA) administers the Consumer Perception (CP) Surveys twice per year to give consumers and family members a formalized opportunity to provide feedback on the behavioral health services they are receiving from HHSA and community contract providers. Surveys are administered using a point-in-time convenience sampling methodology during one week in May and one week in November. Preliminary results from Spring and Fall 2017 indicate that, of the total surveys returned (on average 542), the majority were represented services from community providers (79%) and most of the respondents were adults age 18-59 (61%). During both

Spring and Fall 2017, General Satisfaction with Services was the highest Domain for adults and older adults (ranging from 84% to 87% satisfaction responses), and Service Cultural Sensitivity was the highest Domain for youth and family of youth (ranging from 86% to 97% satisfaction responses). Alternatively, Improved Outcomes and Functioning were the lowest Domains across all four survey populations in 2017 (ranging from 62% to 73% satisfaction responses).

These preliminary results suggest, while clients and family members completing CP Surveys are generally satisfied with aspects of their care (e.g., staff treated them with respect, were sensitive to their cultural / ethnic / spiritual backgrounds; they would recommend services to others), an area for further exploration and potential improvement is around outcomes of care (e.g., increasing clients' ability to manage symptoms and crises, improve functioning in life domains such as school, work, housing, social relationships, etc.).



Preliminary Domain Results (2017)				
	HIGHEST DOMAINS (average % of satisfaction responses)		LOWEST DOMAINS (average % of satisfaction responses)	
	Spring	Fall	Spring	Fall
<b>Adult &amp; Older Adult</b> <i>(combined due to small sample size of older adults)</i>	General Satisfaction (87%)	General Satisfaction (84%)	Improved Functioning (73%)	Improved Outcomes (70%)
<b>Youth</b>	Service Cultural Sensitivity (86%)	Service Cultural Sensitivity (89%)	Improved Functioning/ Outcomes (69%)	Improved Functioning/ Outcomes (65%)
<b>Family / Caregivers of Youth</b>	Service Cultural Sensitivity (97%)	Service Cultural Sensitivity (97%)	Improved Functioning/ Outcomes (66%)	Improved Functioning/ Outcomes (62%)

Staff Contact: Samantha Fusselman