

COUNTY OF YOLO

Health and Human Services Agency

Karen Larsen, LMFT
Director

137 N. Cottonwood Street • Woodland, CA 95695
(530) 666-8940 • www.yolocounty.org

Local Mental Health Board

Regular Meeting: Monday, June 25, 2018, 7:00 PM – 9:00 PM

AFT Library, Community Conference Room
1212 Merkeley Ave., West Sacramento, CA 95691.

All items on this agenda may be considered for action.

James Glica-Hernandez
Chair

Nicki King
Vice-Chair

Reed Walker
Secretary

District 1
(Oscar Villegas)
Bret Bandlely
Martha Guerrero
Sally Mandujan

District 2
(Don Saylor)
Serena Durand
Nicki King
Antonia Tsobanoudis

District 3
(Matt Rexroad)
Richard Bellows
Laurie Ferns
James Glica-Hernandez

District 4
(Jim Provenza)
Ben Rose
Robert Schelen
Ajay Singh

District 5
(Duane Chamberlain)
Brad Anderson
Reed Walker
Vacant

Board of Supervisors Liaison
Don Saylor

Alternate
Jim Provenza

CALL TO ORDER ----- 7:00 PM – 7:10 PM

1. Welcome and Introductions
2. Public Comment
3. Approval of Agenda
4. Approval of Minutes from [May 21, 2018](#)
5. Member Announcements
6. Correspondence: None

TIME SET AGENDA----- 7:10 PM – 7:40 PM

7. [Maternal Mental Health Presentation](#) – Anna Sutton
Director, Public Health Nursing, HHSA

CONSENT AGENDA ----- 7:40 PM – 8:10 PM

8. [Mental Health Director’s Report](#) – Karen Larsen

a. Continuum of Care Workgroup	f. Yolo County Substance Use Continuum of Care
b. Governor’s 18/19 Update	g. Substance Use Disorder Services Fiscal Year 2018-19 – Adult and Perinatal Substance Use Programs
c. County 18/19 Budget	h. Child Mental Health Services
d. Homelessness	i. Psychiatry Staffing
e. Community-Based Points of Specialty Mental Health Services	j. Data - 2017 Consumer Perception Survey Results (Spring and Fall)

REGULAR AGENDA ----- 8:10 PM – 8:45 PM

9. [Annual Report 17-18](#) Update
10. Board of Supervisors Report – Supervisor Don Saylor
11. Chair Report – James Glica-Hernandez

If requested, this agenda can be made available in appropriate alternative formats to persons with a disability, as required by Section 202 of the American with Disabilities Act of 1990 and the Federal Rules and regulations adopted implementation thereof. Persons seeking an alternative format should contact the Local Mental Health Board Staff Support Liaison at the Yolo County Health and Human Services Agency, LMHB@yolocounty.org or 137 N. Cottonwood Street, Woodland, CA 95695 or 530-666-8516. In addition, a person with a disability who requires a modification or accommodation, including auxiliary aids of services, in order to participate in a public meeting should contact the Staff Support Liaison as soon as possible and preferably at least twenty-four hours prior to the meeting.

PLANNING AND ADJOURNMENT----- 8:45 PM – 9:00 PM

12. Future Meeting Planning and Adjournment – James Glica-Hernandez
a. Current Ad-Hoc Committees and Members / Reports

Meeting	Participants	Date Met
<i>Data Metrics Ad-Hoc</i>	Samantha Fusselman, James Glica-Hernandez, Nicki King, Richard Bellows	February 20, 2018
<i>Pine Tree Gardens Ad-Hoc/Task Force</i>	James Glica-Hernandez, Martha Guerrero, Brad Anderson, Sally Mandujan, Antonia Tsobanoudis	March 19, 2018 May 21, 2018
<i>Annual Update Ad-Hoc</i>	Ajay Singh, Martha Guerrero, Brad Anderson	April 9, 2018
<i>West Sac Engagement Ad-Hoc</i>	Sally Mandujan, Martha Guerrero, Robert Schelen	April 10, 2018
<i>Site Visit Ad-Hoc</i>	James Glica-Hernandez, Ajay Singh, Ben Rose	April 16, 2018
<i>Budget and Finance</i>	Nicki King, Bob Schelen, Richard Bellows	April 25, 2018

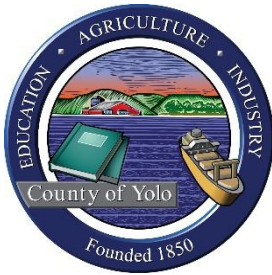
- b. [Long Range Planning Calendar](#) Discussion and Review
c. [Next Meeting Date and Location](#) – August 27th 2018, from 7:00pm - 9:00pm.
Bauer Building, Thomson Conference Room, 137 N. Cottonwood St.
Woodland, CA 95695.

I certify that the foregoing was posted on the bulletin board at 625 Court Street, Woodland CA 95695 on or before Friday, June 22, 2018.



Iulia Bodeanu
Local Mental Health Board Administrative Support Liaison
Yolo County Health and Human Services Agency

Item 4. Approval of Minutes
from May 21, 2018



COUNTY OF YOLO

Health and Human Services Agency

Karen Larsen, LMFT
Director

137 N. Cottonwood Street • Woodland, CA 95695
(530) 666-8940 • www.yolocounty.org

Local Mental Health Board Meeting Minutes

Monday, May 21, 2018, 7:00 – 9:00 PM

Putah Creek Conference Room 111 East Grant Ave. Winters, CA 95694

Members Present: Bret Bandle, Sally Mandujan, Nicki, King, Antonia Tsobanoudis, Serena Durand, Richard Bellows, James Glica-Hernandez, , Ajay Singh, Brad Anderson

Members Excused: Martha Guerrero, Don Saylor, Laurie Ferns, Ben Rose, Robert Schelen, Reed Walker, Karen Larsen

Staff Present: Samantha Fusselman, Deputy Mental Health Director and Manager of Quality Management Services, HHS
Sandra Sigris, Adult and Aging Branch Director, HHS
Laurie Haas, Chief Deputy Public Guardian, HHS
Iulia Bodeanu, Administrative Liaison to LMHB, CAO

CALL TO ORDER

- 1. Welcome and Introductions:** The April 30, 2018 meeting of the Local Mental Health Board was called to order at 7:08 PM. Introductions were made.
- 2. Public Comment**
None
- 3. Approval of Agenda**
Motion to approve: Richard Bellows **Second:** Antonia Tsobanoudis **Vote:** Unanimous
Abstentions: None
- 4. Approval of Minutes from [April 30, 2018](#)**
Discussion: Minutes to be amended with considerations to the previous presenter, Sandra Sigris and Leigh Harrington, edits were sent out to the administrative liaison and updated in the minutes.
Motion to approve minutes with the intention to have edits implemented: Bret Bandle
Second: Richard Bellows **Vote:** Unanimous **Abstentions:** None
- 5. Member Announcements:** Antonia Tsobanoudis' son is graduating from High School
- 6. Correspondence: [Jail Visitation](#)**

The Davis Enterprise had a report on jail practices and the utilization of computerized visitation rather than face to face visitation. According to June Forbes, family support is essential to the jail population. James Glica-Hernandez stated that there is a need for someone from the sheriff's department to speak with the LMHB and encouraged board members to generate questions to send prior to the presentation. Nicki King suggested doing this after the election, as the leadership in the sheriff's office might change. James Glica-Hernandez urged that the group have a structured discussion at the August or September meeting.

TIME SET AGENDA

7. **HHSA Public Guardian Presentation** by Laurie Haas, Chief Deputy Public Guardian, HHSA

Members of the LMHB presented the following questions to the Chief Deputy Public Guardian. Richard Bellows asked how the department is funded. Laurie Haas stated that the Public Guardian is funded through the general fund and under the social services budget in HHSA. The Public Guardian generates some revenue from fees through court accounting. Through better record keeping and time tracking there is better revenue and expenditure accounting occurring.

James Glica-Hernandez asked clarification on those individuals denied conservatorship because the families are the appointed conservatorship officer, Laurie Haas stated that usually the two reasons that conservatorship is denied is because the individual does not meet the criteria by letter of the law or there are reasonable accommodations to the conservatorship. James asked if it was possible to differentiate those conservatorships that are held by the county and those that are held by the family. Laurie said for cases that come through the office it is possible to provide that information. LPS and Conservatorships are usually the last resort for individuals.

Richard Bellows asked if there is a substantial estate and there is evidence of self-dealing by the family. Laurie Haas stated that there is a case investigator that is assigned to ensure that the conservator is adhering to regulations. The Public Guardian's office also works with APS to determine if there is evidence of abuse, injury or harm to the individual, and APS is able to respond immediately.

Nicki King asked what the metrics are for assessing how well the department is doing. Laurie Haas said that the Public Guardian is working on expanding their database and technological capacity to assess this. The frustration with the current system is to get statistics from a given date. Increasing the reporting features into the current system and this is part of the correction plan generated from the audit. The department is working on getting useful statistics and implementing results based accountability measures within the department. A checklist for meeting with conservatees has also been developed so that data matches across the various assessments. Nicki King also asked what the indicators of failing health are, such as an early warning system for declining health of a conservatee. Laurie stated that their direct supports are the best resource for conservatees, so making sure that conservatorship officers are communicating with those individuals in the facilities often.

CONSENT AGENDA

8. **Mental Health Director Report** by Samantha Fusselman, Deputy Mental Health Director, HHSA

- c. Yolo Family Services Agency – Antonia Tsobanoudis wanted to congratulate those involved and the County on the handling of the closing of the Agency.
- e. Governor's May Revise – Antonia Tsobanoudis asked about the breakdown of the funding and how much of the funding will be continuous and how much the allocation for Yolo County will do. Samantha Fusselman stated that the breakdown of funding has not yet been announced.

- j. First Responders Mental Health Urgent Care – The first responders initiative was designed to provide an alternative location where law enforcement or paramedics would be able to bring patients to the HHSA clinic. However, there is a law that prohibits individuals from being delivered only to emergency rooms. The challenge is that EMTs are not able to currently deliver clients to the clinic. HHSA is anticipating having nurse practitioners starting in August and will anticipate having more clients when have prescribers on site. AB1795 is in committee now determining where paramedics can deliver patients.

REGULAR AGENDA

9. Election of Officers

All positions are open. **Motion** to elect current members into their current positions. James Glica-Hernandez as Chair, Nicki King as Vice-Chair and Reed Walker as Secretary/Treasurer. **First:** Antonia Tsobanoudis **Second:** Bred Bandlely **Vote:** unanimous. James said that serving on this board is the highlights of his life and as times goes on the board is getting more organized and looking a more issues that reflect the important work we are doing. Supervisor Don Saylor is pleased with the vibrancy and efficacy of the board.

10. Name Change Discussion

Discussion: The Board discussed the benefits of changing the board's name and discussed the various iterations of the board's name.

Motion to change the board's name from the Yolo County Local Mental Health Board to the Yolo County Mental and Behavioral Health Board **First:** Richard Bellows **Second:** Nicki King **Vote:** Unanimous **Abstentions:** None

James will look into the logistics of the name change and the development of the bylaws within an ad-hoc committee with the following members: Nicki King, James Glica-Hernandez, Bret Bandlely, Reed Walker.

11. Board of Supervisors Report – Supervisor Don Saylor

- None

12. Chair Report – James Glica Hernandez

- None

PLANNING AND ADJOURNMENT

13. Future Meeting Planning and Adjournment: James Glica-Hernandez

- [Long Range Planning Calendar](#) Discussion and Review.
- [Next Meeting Date and Location](#) – May 21, 2018 from 7:00pm to 9:00pm at the AFT Library, Community Meeting Room, 1212 Merkeley Ave. West Sacramento, CA 95691.

Motion to adjourn the meeting **First:** Richard Bellows **Second:** Nicki King **Vote:** Unanimous **Abstentions:** None. The meeting was adjourned at 9:05 PM.

Item 7. HHS Maternal Mental Health Presentation

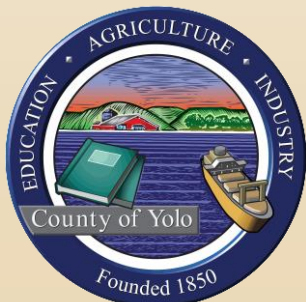
Why Maternal Mental Health Matters?

The landscape and current efforts to address the mental health of mothers.

Prepared for
Local County Mental Health Board

June 25, 2018
7:00 PM - 9:00 PM

Arthur F. Turner (West Sacramento) Branch
1212 Merkley Avenue
West Sacramento, California 95691



This presentation is prepared by the Yolo County MCAH programs with funding and support from Federal Title V, Title XIX, CDPH and Yolo County.



Objectives

- ▶ Overview the **terminology** and **numbers** associated with maternal mental health disorders
- ▶ Be introduced to the full **impact** of maternal mental health across the life course of mothers and children
- ▶ Be introduced to the full human and economic **costs** of maternal mental health disorders
- ▶ Increase awareness the National, State and **local** efforts actively addressing maternal mental health disorders



“ Perinatal depression, which includes major and minor depressive episodes that occur during pregnancy or in the first 12 months after delivery, **is one of the most common medical complications during pregnancy and the postpartum period**, affecting **one in seven** women. ”

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<https://www.acog.org/Clinical-Guidance-and-Publications/Committee-Opinions/Committee-on-Obstetric-Practice/Screening-for-Perinatal-Depression> May 2015

Considerations as we move forward...

Stigma

- ▶ TERMINOLOGY
 - ▶ Maternal mental health (MMH) versus perinatal mood & anxiety disorders (PMAD)
 - ▶ “postpartum” versus “postpartum depression”
 - ▶ Postpartum depression or psychosis? (suicide & intrusive thoughts)
- ▶ SCREENING
 - ▶ Yolo County Data 2013-2015 Maternal Infant Health Assessment
 - ▶ What does it really tell us? (2016 Yolo County Provider Mapping Project)

“The period prevalence of depression among women is 21.9% during the first postpartum year”

<https://jamanetwork.com/journals/jamapsychiatry/fullarticle/1666651> (May 2013)

In California every year half a million babies are born

- **1 in 8 births** are in CA, so what we do in California really matters for the health & future of our NATION
- **~109,000 (21.9%) women** will experience depression within the first postpartum year
- **~220,000 (mother/infant – 21.9%)** individual lives will be affected by depression within the first postpartum year

What does a 21.9% period prevalence rate of depression within the first year postpartum mean for Yolo County's moms and babies?

It means that EVERY YEAR....

- ▶ ~ **500 Yolo County Mothers** will experience depression within the first year postpartum (2017 Birth Rate of 2265 live births)
- ▶ ~**1000 Yolo County Mother & Babies** will be affected by a maternal mental health disorder *not including the hundreds and thousands siblings, partners, family members, friends, employers and community members that **a woman is a mother** is connected to....*

AND for our Moms and Babies on **Medi-Cal** (40% Medi-Cal birth rate in Yolo County), who are at documented and significantly higher risk....

- ▶ **200 Yolo County Mothers** will experience depression within the first year postpartum
- ▶ **400 Yolo County Mothers & Babies** will be affected by a maternal mental health disorder within the first year postpartum

Table 1. The Impact of Maternal Depression on Women, Children, and Families

Impact on birth outcomes	Impact on child's health and behavior	Impact on parenting	Impact across life span for depressed adult	Impact on family
3.4 times more likely to have a premature delivery	More likely to have attention deficits	Less satisfied in their parenting role	Average 6 fewer years of education	Partners of depressed mothers often experience unhappiness and dissatisfaction
4 times more likely to deliver a low birth weight baby	Trouble regulating emotions and behavior	More irritable in parenting	Less likelihood of marrying	Family members often lose the support of depressed mothers and experience an increase in stress
More likely to have obstetrical complications	More likely to have conduct problems	More likely to use harsh management techniques	Average annual loss of income of \$10,400 by age 50	Families with a depressed parent experience lifetime income loss of \$300,000
Less likely to breast-feed, or to breastfeed as long	Less use of preventive health visits and preventive devices such as car seats	More likely to have negative views of their children	35% reduction of lifetime income due to depression	
	More likely to be delayed in language and literacy or to have lower IQs	More fatigued and have less energy for parenting		

Sources: March of Dimes, 2013; National Business Group on Health, 2011; Smith & Smith, 2010.

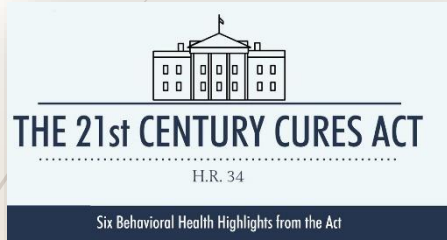
Table 2. Effects of Depression on Mothers and Children

handout

Effects of Depression with Economic Costs	
Mother	Child
<ul style="list-style-type: none"> • Less likely to be employed • Lower educational achievement leads to lower paying job • If employed, more absenteeism and more presenteeism • More likely to have disability days • Decreased lifetime earnings • Decreased payment of taxes • Increased use of public assistance • Loss of future earnings due to death • Increased health care costs related to treatment of depression treatment, expensive acute hospitalizations, greater use of emergency room, treatment of other psychiatric and health conditions, and increased prenatal and birth complications 	<ul style="list-style-type: none"> • Increased risk for preterm birth • Cognitive delays and/or impairments may lead to early intervention services and special education services • Behavioral and mental health conditions (depression, ADHD, conduct problems) that may require treatment, lead to lower academic achievement, and have long term implications for employment and lifetime income • Increased risk for injury • Increased risk for physical health problems due to inadequate preventive care, late identification of illness, non-adherence to treatment • Increased risk for child maltreatment and child protective services, including placement in foster care • Increased risk for delinquency
Effects of Depression with Human Costs	
Mother	Child
<ul style="list-style-type: none"> • Dissatisfaction with parenting role • Insecure attachment with child • Poor coping with stress • Poor relationships with child and others • Chronic sadness • Hopelessness • Low self-esteem • Suicidality • Domestic violence • Anxiety • Increased risk for substance abuse • Social isolation and decreased community engagement • Poor quality of life 	<ul style="list-style-type: none"> • Basic physical and emotional need unmet • Not learning self-regulation skills • Unhappiness • Harsh and non-nurturing environment • Unstimulating environment undermines cognitive development and learning • Cognitive delays • Poor social skills • Poor relationships with peers • Biological over-reactivity to stress • School underachievement • Poor physical health



National efforts to address Maternal Mental Health



Bright Futures™
prevention and health promotion for infants, children, adolescents, and their families™



Advocacy, Awareness & Legislation

Quality, Surveillance, Standards

State of California's efforts to address Maternal Mental Health



Inpatient screening project



MMH Think Tank



White paper



Training & Technical Assistance



CA-PAMR 2.0 (maternal suicide)



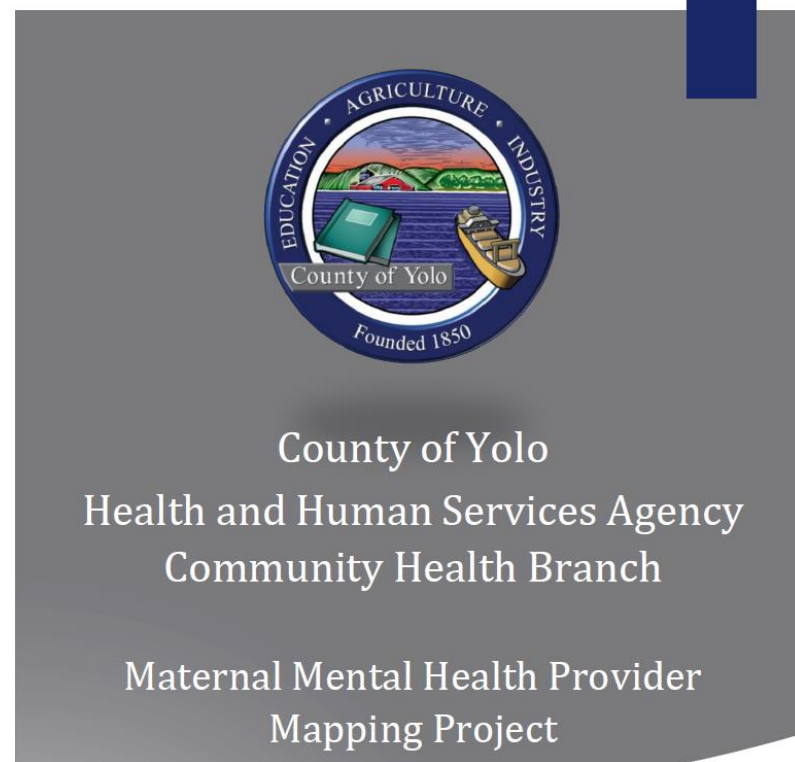
Legislative Work

So how is Yolo County doing with addressing Maternal Mental Health?

- ✓ **Family medicine, pediatric and prenatal** clinics across Yolo County were surveyed about **practices, needs and beliefs** related to MMH screening and treatment.
- ✓ **Over 67 responses** received representing **the 5 major health systems in Yolo County**
- ✓ **More than half** of the responses were from **licensed healthcare providers**.
- ✓ A **great majority: 65%** of the respondents report **screening** for MMH Disorders at **regular** intervals

Opportunities for Yolo County

- Treatment – Training to understand, recognize and treat
 - Referral – identify and educate about available resources
 - Screening – Policies to support + Training
- ✓ Full report available from the Yolo County MCAH Programs. Please email anna.Sutton@yolocounty.org for a PDF copy.



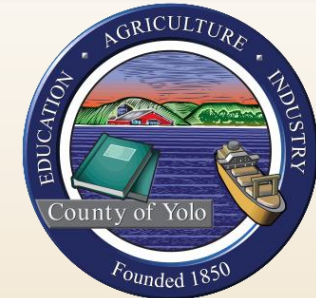
Special efforts in Yolo County...



Yolo County MCAH Director
ACOG MMH Expert Workgroup member



Integrated Behavioral health
Perinatal Program
Perinatal Day Treatment



Yolo County
MCAH+Dignity
Health
MMH Integration
Project



Integrated MMH Screening



Blue Dot Maternal
Wellness Guide



Integrated MMH
Parent Notebook



Yolo County
PSI Coordinators



Integrated
MMH
screening
AND
referrals
across
home
visitation

Yolo County's efforts to address Maternal Mental Health



Monthly meetings
First Friday
12noon – 2pm
137 N. Cottonwood St.
Woodland, CA 95695
Chair: Anna Sutton

- Case Studies
- Program Updates
- Presentations/Trainings
- Legislative updates
- Resource mapping
- Resource sharing
- Needs assessment
- Support

Always leave having learned...

2018 Yolo County Maternal Mental Health Collaborative

Thank you! Questions?

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Anna Sutton, RN, PHN, MSN
Director, Public Health Nursing
MCAH & Infectious Disease Programs
Yolo County Health and Human Services Agency
anna.sutton@yolocounty.org | (530) 681-0409 mobile/text



This presentation and others related to maternal mental health, maternal health as well as the MCAH population are available as a service free to your programs from the Yolo County MCAH Programs

Item 8. Mental Health Director's Report

Mental Health Director's Report

June 25, 2018

Continuum of Care Workgroup – As we've discussed over the past two years, the County has prioritized creating a continuum of care ranging from prevention through intensive services in our adult criminal justice system. Over the past year, we have specifically embraced the Stepping Up movement, aimed at reducing the number of people in custody with mental health conditions. There is a steering committee and several subcommittees aligned with our sequential intercept map for the County. Please find attached a summary of our accomplishments for the year and plans for the coming year.

Staff Contact: Sandra Sigrist

Governor's 18/19 budget – Last month's Director report shared several of the Mental Health items funded in the Governor's 18/19 proposed budget. Since the May revise additional information has come in and realignment, tax revenues, and vehicle license fees are all exceeding expectations. As such, the Governor has increased his investment in ending poverty. To this end, the CalWorks single allocation was restored to last year's levels, Medi-Cal will see a slight increase for cost of living, and IHSS administrative costs were mitigated for counties. Perhaps the most exciting news regarding the 2018-19 Budget relates to the Social Security Income (SSI) hold harmless agreement. As you may know, our residents receiving SSI have historically been excluded from receiving CalFresh benefits, which has seriously limited their income and ability to live a healthy and safe lifestyle in the current California economy. This new change will allow SSI recipients to receive CalFresh without experiencing a simultaneous cut to SSI, which will increase their monthly income. This will go a long way in improving health outcomes and stability for some of our residents who struggle to make ends meet every month.

Staff Contact: Karen Larsen

County 18/19 budget – On June 12th, the Board of Supervisors approved our 2018/2019 interim County budget. The final budget for the fiscal year is approved several months from now when we have all of our final allocations from the State and Federal government. Of interest to all of you, we are proposing to add 11 new behavioral health positions. Transition Age Youth team will get four MHSA-funded staff -- 2 clinicians and 2 case managers. Additionally, the proposed new SB82 funding may add 4 Clinicians -- 2 for children and 2 for transition aged youth. Finally, 3 additional positions will be added to support the Substance Use Disorder Continuum of Care -- 1 Clinician and 2 Case Managers.

Staff Contact: Karen Larsen

Homelessness – The Governor has allocated \$250 million statewide in Homeless Emergency Aid grants, of which we expect approximately \$1.3 million to come to projects serving Yolo residents in the upcoming years.

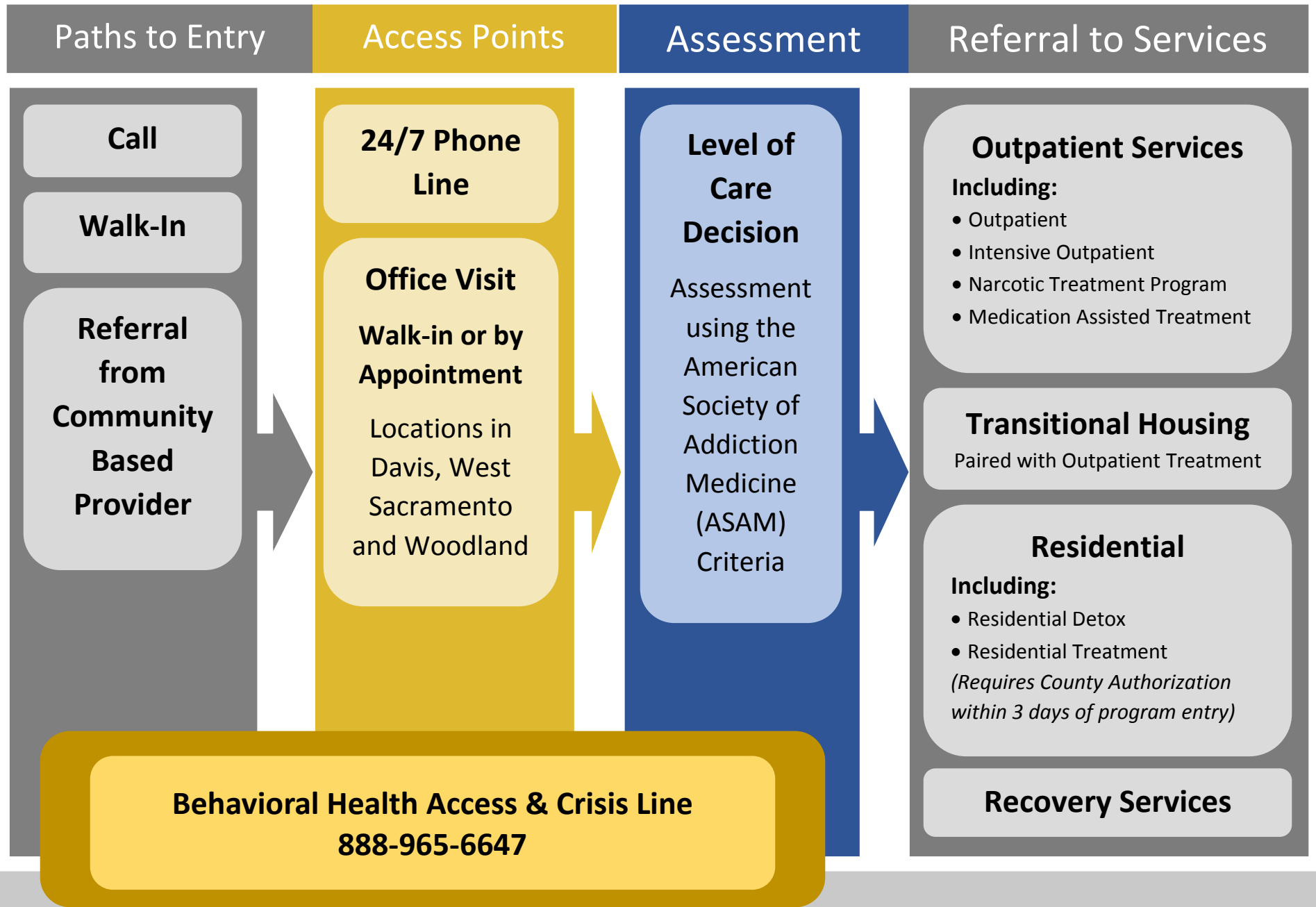
Staff Contact: Sandra Sigrist

Community-Based Points of Specialty Mental Health Services

Site	Operating Hours	New in 17/18	New in 18/19	Contact Information	Summary of Purpose and Target Population
HHSA Outpatient Clinics					
Woodland Clinic	Monday through Friday <i>8am to 5pm</i> <i>Walk-in or by appointment</i>			(888) 965-6647	Mental health triage screening, assessment and referral for all ages.
West Sacramento Clinic	Tuesday, Thursday and Friday <i>8am to 5pm</i> <i>Appointment only</i>			(888) 965-6647	This clinic provides assessments by appointment only.
Davis Clinic	Monday and Wednesday <i>8am to 5pm</i> <i>Appointment only</i>			(888) 965-6647	This clinic provides assessments by appointment only.
CommuniCare Navigation Center					
Navigation Center Davis	Monday through Friday <i>8am to 5pm</i> <i>(Projected to open in Nov 2018)</i>		X	TBD	COMING SOON! This program will provide mental health triage screening and assessments for adults ages 18 and older.
HHSA Wellness Centers					
Woodland Wellness Center	Monday through Friday <i>9am to 4pm</i>			(888) 965-6647	Drop-in mental health support, including a variety of groups and activities, for adults ages 18 and older.
Woodland Community College	Monday through Friday <i>8am to 5pm</i>	X		(530) 661-5700	Drop-in mental health support, including a variety of groups and activities, for Transition Age Youth, ages 16 – 30.
West Sacramento Wellness Center	Tuesday & Thursday <i>10am to 3pm</i>			(888) 965-6647	Drop-in mental health support, including a variety of groups and activities, for adults ages 18 and older
Davis Wellness Center	Monday & Wednesday <i>(Projected to open in July 2018)</i>		X	(888) 965-6647	COMING SOON! Drop-in mental health support, including a variety of groups and activities, targeting Transition Age Youth, ages 16 – 30.
Community Crisis Response					
After Hours Crisis Access Line & In-Person Response with Law Enforcement	Weeknights: Monday to Thursday- <i>5pm to 8am</i> Weekends: Friday 5pm to Monday <i>8am</i> Includes weekends <i>(Projected to begin July 2018)</i>		X	(888) 965-6647	24/7 mental health telephone crisis line; In – person response to local Emergency Departments for mental health crisis evaluations of Medi-Cal beneficiaries; In-person response in the community with Law Enforcement.
Mental Health Urgent Care	7 days per week <i>12pm to 9pm</i> <i>Walk-in or by appointment</i>	X		(888) 965-6647 or (855) 897-2033	Mental health crisis triage screening, assessment and referral for all ages.

Staff Contact: Sandra Sigrist

Yolo County Substance Use Continuum of Care



Substance Use Disorder Services Fiscal Year 2018-19 – Adult and Perinatal Substance Use Programs

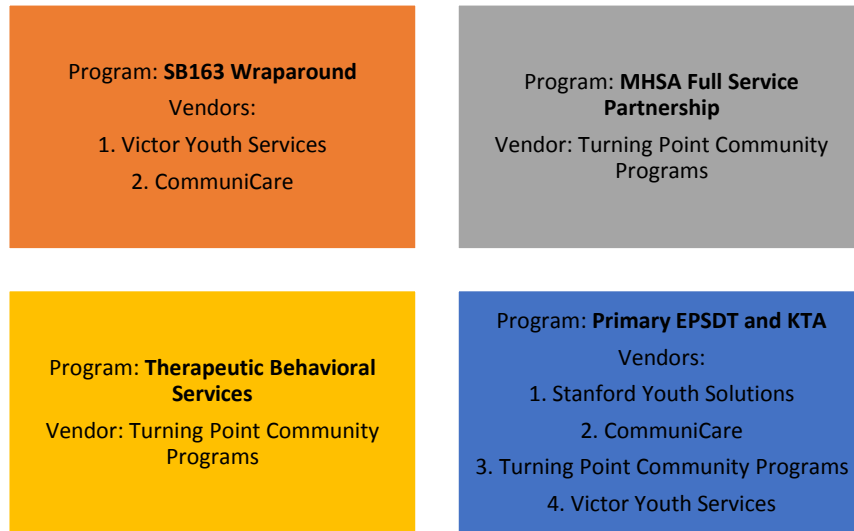
**To access services or to refer someone:
Behavioral Health Access & Crisis Line (888) 965-6647**

Service Provider	Services Offered	Funding Source	For Program Information
<p style="text-align: center;">CommuniCare Health Centers <i>(Outpatient and Intensive Outpatient Services, Recovery Services, In-Person Screening/Referral)</i> Woodland, West Sacramento (Soon expanding to Davis)</p>	<ul style="list-style-type: none"> • Outpatient Substance Abuse Program (OSARP) • Dual Diagnosis Outpatient Program (Path 2 Recovery) • Adult Intensive Outpatient Treatment Program (Adult IOT) • Perinatal Day Treatment Program (PNDT) • PC1000 Drug Diversion/Education Program • Medication Assisted Treatment (MAT) 	<p style="text-align: center;">Drug Medi-cal; Perinatal Drug Medi-cal; County Perinatal; CalWORKS; Child Welfare; Probation (AB109); County Indigent</p>	<p style="text-align: center;">Christina Andrade-Lemus MSW <i>Adult Services Supervisor</i> 916-403-2970</p> <p style="text-align: center;">Walk-in screening: Woodland and West Sacramento, Monday and Thursdays 10-12pm, or by appointment if necessary (Soon expanding to 9am to 5pm Monday thru Friday)</p>
<p style="text-align: center;">Yolo Wayfarer Center/ Walter’s House <i>(Residential and Transitional Living)</i> Woodland</p>	<ul style="list-style-type: none"> • Co-Ed Residential Treatment • Transitional Living Program, Male and Female separate units 	<p style="text-align: center;">Drug Medi-cal; Perinatal Drug Medi-cal; County Indigent; Child Welfare; CalWorks; Probation (AB109); Sheriff</p>	<p style="text-align: center;">Dee Langley <i>Program Manager</i> (530) 662-2699</p>
<p style="text-align: center;">Progress House <i>(Residential Program)</i> Camino, Garden Valley, Coloma</p>	<ul style="list-style-type: none"> • Female residential program, can serve pregnant and postpartum females • Male residential facility 	<p style="text-align: center;">Perinatal Drug Medi-Cal; Child Welfare; CalWorks; County Indigent; Probation (AB109)</p>	<p style="text-align: center;">Sandy Robinson <i>Program Director</i> (530) 626-9240</p>
<p style="text-align: center;">MedMark Treatment Center</p>	<ul style="list-style-type: none"> • Medication Assisted Treatment (MAT) 	<p style="text-align: center;">Drug Medi-cal; CalWorks;</p>	<p style="text-align: center;">Doug Hill <i>Program Director - Sacramento</i></p>

Service Provider	Services Offered	Funding Source	For Program Information
<p><i>(Narcotic/Opioid Treatment Program)</i> Sacramento and Fairfield</p>		<p>Child Welfare; Perinatal Drug Medi-Cal; Probation (AB109); County Indigent</p>	<p>(916) 391-4293 Raj Lally <i>Program Director - Fairfield</i> (707) 435-9911</p>
<p>BAART Norwood <i>(Narcotic/Opioid Treatment Program)</i> Sacramento</p>	<ul style="list-style-type: none"> Medication Assisted Treatment (MAT) 	<p>Drug Medi-cal; CalWorks; Child Welfare; Perinatal Drug Medi-Cal; Probation (AB109); County Indigent</p>	<p>Melissa Develey <i>Program Director - Sacramento</i> (916) 391-4293</p>
<p>CORE Medical Clinic <i>(Narcotic/Opioid Treatment Program)</i> West Sacramento and Sacramento</p>	<ul style="list-style-type: none"> Medication Assisted Treatment (MAT) 	<p>Drug Medi-cal; Perinatal Drug Medi-cal</p>	<p>Garrett Stenson <i>Program Director</i> (916) 442-4985</p>
<p>Community Recovery Resources <i>(Outpatient and Intensive Outpatient Treatment, Residential and Transitional Living, Withdrawal Management)</i> Auburn and Grass Valley</p>	<ul style="list-style-type: none"> Auburn: Co-Ed residential program Grass Valley: Separate Male and Female residential programs 	<p>Drug Medi-cal; Perinatal Medi-cal; County Indigent; Probation; CalWorks</p>	<p>Travis Bailey <i>Residential Program Manager</i> (530) 885-1917 ext 192</p>
<p>Turning Point <i>(Outpatient and Intensive Outpatient Services)</i> Davis</p>	<ul style="list-style-type: none"> Dual Diagnosis Outpatient Program (Free to Choose) 	<p>Drug Medi-cal; Perinatal Drug Medi-cal; CalWorks; Child Welfare; Probation (AB109); County Indigent</p>	<p>Igbinoso Amadasun <i>Program Director</i> (530) 758-4078</p>

Staff Contact: Ian Evans

Children’s Mental Health Services – The Child, Youth and Family branch released a Request for Proposal for the Children’s Outpatient Specialty Mental Health services for FY 2018-2020 and subsequently the intent to award notifications to four vendors. In person meetings with the potential vendors occurred on June 6th and budget/scope of work negotiations have been under way since then with focus on capacity and program development to best meet the increased need for behavioral services for children and youth, specifically for those involved with Child Welfare services and Juvenile Probation, and for those struggling with intensive needs which has resulted in psychiatric hospitalizations. Current contracts will be extended to provide time for thoughtful discussion and negotiations, and new contracts will begin August 1st. See graph below for details on programs and selected vendors.



Staff Contact: Kim Narvaez

Psychiatry Staffing – HHSA has welcomed our two newest physicians. Dr. Nora Kim and Dr. Kaan Ozbayrak joined us on June 11th and are both becoming familiar with our services and seeing clients in our Woodland and Davis Clinics. Dr. Kim will be seeing Transition Age Youth and Adults on Wednesdays in our Davis office starting on June 27th, and is already seeing TAY and adults in the Woodland Office on Thursdays and Fridays. Dr. Kaan Ozbayrak will be seeing Transition Age Youth and Adults in our Woodland Clinic Mondays-Fridays. He will also be seeing clients who are in Safe Harbor, along with our tele-psychiatrist, Dr. Zev Wiener who provides tele-psychiatry services on Mondays and Thursdays in the Woodland office. We now have a very strong, knowledgeable and kind group of doctors to serve our community. We are delighted for them to get to know you and you to get to know them over the coming months.

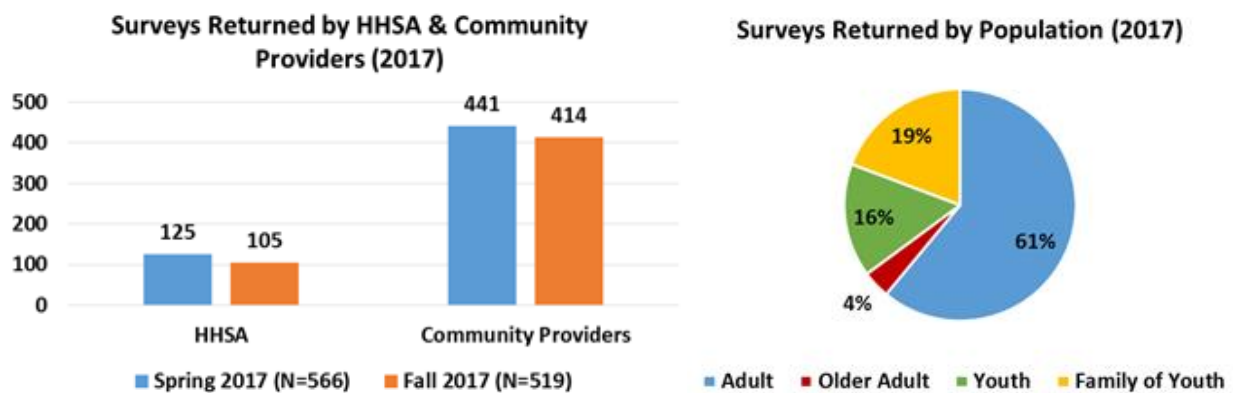
Staff Contact: Leigh Harrington

Data – 2017 Consumer Perception Survey Results (Spring and Fall)

Yolo County Health and Human Services Agency (HHSA) administers the Consumer Perception (CP) Surveys twice per year to give consumers and family members a formalized opportunity to provide feedback on the behavioral health services they are receiving from HHSA and community contract providers. Surveys are administered using a point-in-time convenience sampling methodology during one week in May and one week in November. Preliminary results from Spring and Fall 2017 indicate that, of the total surveys returned (on average 542), the majority were represented services from community providers (79%) and most of the respondents were adults age 18-59 (61%). During both

Spring and Fall 2017, General Satisfaction with Services was the highest Domain for adults and older adults (ranging from 84% to 87% satisfaction responses), and Service Cultural Sensitivity was the highest Domain for youth and family of youth (ranging from 86% to 97% satisfaction responses). Alternatively, Improved Outcomes and Functioning were the lowest Domains across all four survey populations in 2017 (ranging from 62% to 73% satisfaction responses).

These preliminary results suggest, while clients and family members completing CP Surveys are generally satisfied with aspects of their care (e.g., staff treated them with respect, were sensitive to their cultural / ethnic / spiritual backgrounds; they would recommend services to others), an area for further exploration and potential improvement is around outcomes of care (e.g., increasing clients' ability to manage symptoms and crises, improve functioning in life domains such as school, work, housing, social relationships, etc.).



Preliminary Domain Results (2017)				
	HIGHEST DOMAINS (average % of satisfaction responses)		LOWEST DOMAINS (average % of satisfaction responses)	
	Spring	Fall	Spring	Fall
Adult & Older Adult <i>(combined due to small sample size of older adults)</i>	General Satisfaction (87%)	General Satisfaction (84%)	Improved Functioning (73%)	Improved Outcomes (70%)
Youth	Service Cultural Sensitivity (86%)	Service Cultural Sensitivity (89%)	Improved Functioning/ Outcomes (69%)	Improved Functioning/ Outcomes (65%)
Family / Caregivers of Youth	Service Cultural Sensitivity (97%)	Service Cultural Sensitivity (97%)	Improved Functioning/ Outcomes (66%)	Improved Functioning/ Outcomes (62%)

Staff Contact: Samantha Fusselman

Item 9. Annual Report 17-18



COUNTY OF YOLO

Health and Human Services Agency

Karen Larsen, LMFT
Director

MAILING ADDRESS
137 N. Cottonwood Street • Woodland, CA 95695
(530) 666-8940 • www.yolocounty.org

Local Mental Health Board 2017-2018 Annual Report

Membership and Duties

In the last twelve months since the last report to the Yolo County Board of Supervisors (BOS) from the Yolo County Local Mental Health Board (LMHB), there has been some turn over experienced by the Board. In 2018 we have added three new board members, Antonia Tsobanoudis, Serena Durand, and Ben Rose. Our executive leadership is comprised of Chair James Glica-Hernandez, Vice-Chair Nicki King and Secretary/Treasurer Reed Walker.

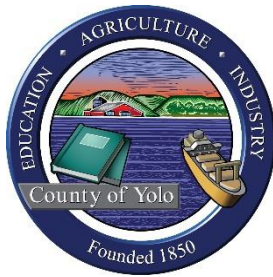
A roster of our current members is below

Member	District	Date Appointed	Expiration of Term
Bret Bandle	1	2/7/2017	1/13/2020
Martha Guerrero	1	1/24/2017	1/21/2020
Sally Mandujan	1	1/24/2017	1/31/2020
Serena Durand	2	2/20/2018	1/31/2021
Nicki King	2	2/21/2017	1/31/2020
Antonia Tsobanoudis	2	2/20/2018	1/31/2019
Richard Bellows	3	1/23/2018	1/31/2021
Laurie Ferns	3	2/21/2017	1/31/2019
James Glica-Hernandez	3	1/24/2017	1/31/2020
Ben Rose	4	1/23/2018	1/31/2021
Robert Schelen	4	1/23/2018	1/31/2021
Ajay Pal Singh	4	7/26/2016	1/31/2019
Brad Anderson	5	2/09/2016	1/31/2019
Reed Walker	5	1/10/2017	1/31/2020

The dedicated and talented members of the LMHB deeply consider all issues brought before them and engage discussions ranging from the selection of the appropriate name of the advisory body to hearing the concerns of the public regarding mental health services and making recommendations to the Health and Human Services Agency (HHS). The LMHB is concerned with reaching out and addressing the concerns of our diverse county from the rural to the urban centers within Yolo County.

Growth and Action

The LMHB continues to oversee and provide support and recommendations to the Health and Human Services Agency (HHS). LMHB members have received presentations from various HHS department heads and receive ongoing education on the many areas of service which fall under the HHS umbrella. LMHB members have heard presentations about West Sacramento's



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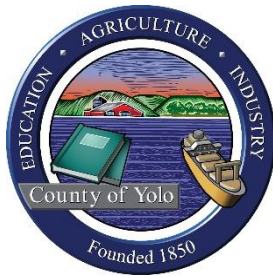
Crisis Center and the 5150 Process. West Sacramento has been a particular focus for LMHB members, as the board has noted a need for increased services to this community. The LMHB has heard presentations on the homeless population in Yolo County and HHSA's ongoing efforts to providing housing and support services for homeless individuals. The LMHB has also received presentations on Substance Use Disorder, Children's Services and particularly how HHSA and the Yolo County courts work together to protect the most vulnerable citizens of Yolo County, our children. Additionally, the LMHB received its yearly budget update, which demonstrates how HHSA provides mental health services in a fiscally responsible manner. As an advisory body, the LMHB strives to increase their knowledge and collaboration with various departments and HHSA, with an ongoing focus on Substance Use Disorder, the Public Guardian's Office, Child Youth and Family Services and Homeless Services.

LMHB members have also been working on organizing site visits to various mental health facilities and other programs throughout Yolo County. Members want to make sure they are truly reaching out to citizens to hear their concerns. After identifying the needs of the community, the board will be able to better advocate for individuals receiving mental health services, and improve the systems and quality of care they receive with the goal of improving overall quality of life. Board members feel strongly that visiting sites is of the utmost importance, and it is their responsibility to reach out to the community in this manner. Planning for site visits began this year and will be an ongoing way for the LMHB to connect with the community.

The LMHB was excited to hear presentations on the new Wellness Center in Davis with a focus on serving Transition Age Youth (TAY) and expand adult mental health services to the Davis population. Members of the LMHB were present for the opening of the StayWell center at Woodland Community College, which serves a wide range of individuals. The members of the LMHB are proponents of wrap-around services work with multiple systems of care to deliver services and address the needs of whole person care by engaging in partnerships with various local organizations. A major need within the community is adequate housing for Yolo County residents receiving services. LMHB members are exploring various models and solutions that strive to improve the quality of life for vulnerable populations within our community. The LMHB is engaging rural communities by holding meetings in smaller communities, such as happened in Winters this past May. Yolo County is also in the process of building a supportive housing model in Woodland with Mental Health Services Act Funding.

The LMHB is heavily engaged in reviewing ways to avoid the termination of a highly valued program due to cuts in state funding. The Crisis Intervention Program (CIP) was a new venture for Yolo County and was heralded by not only by mental health clients, but also by law enforcement and clinical staff. Public commentary lamented the loss of the CIP Program and prompted conversation about ways to reconstruct the CIP program utilizing other funding sources to ensure the longevity of this necessary program. Fortunately, the Crisis Intervention Program was reconstituted as the Mobile Crisis Unit within HHSA.

In the interest of providing ongoing education to the board, new members of the board completed ethics training, as required by California law (AB 1234, Chapter 700, Stats. Of 2005). This year it was a great honor to have the LMHB Chair, James Glica-Hernandez, elected to the California



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Association of Local Behavioral Health Board and Commissions (CALBHBC). Also in partnership with the CALBHBC, the LMHB contributed to the Data Notebook report, which focused on the older adult population. Data analysis has been at the forefront of the board's goals and decision-making process. Data has therefore become an integrated piece of each meeting and continues to be an essential decision making tool for board members.

Upcoming Challenges and Activities

One of the LMHB's greatest upcoming challenges is how to help Pine Tree Gardens remain a viable community-based residential program. Pine Tree Gardens was originally created by the mental health pioneers, Pat and Bill Williams. Pine Tree Gardens has a long history in Davis and is an essential housing resource for the community. Pine Tree Gardens has encountered a difficult financial situation and the operators of the facility have met with the LMHB's Pine Tree Garden's Ad-Hoc Committee to discuss possible solutions to their operational difficulties. This challenging issue has brought all parties to the table, including Pine Tree Gardens staff and leadership, HHS's director and branch directors and LMHB members in an attempt to preserve this community resource.

Looking forward, the LMHB would like to increase outreach to the community and increase accessibility to services for unserved or underserved communities, such as Spanish and Russian speakers, the LGBTQ community, and undocumented individuals who have limited access to services. In the coming year, we also anticipate increased focus on working with law enforcement, transportation services for clients, newly opened Wellness Centers and continuing to expand the "no wrong door" model. "No wrong door" means that no matter where a client enters the system, they are connected to the multitude of services that the integrated Health and Human Services system has to offer. This model will provide the highest level of care for members in our community receiving mental health and medical services.

Summary

With the addition of our new board members, we want to build on our success and support HHS in their goals. We are also building our community engagement as we continue to reach out and listen to the needs of our clients and staff on the issues that affect them directly. The LMHB continues to be a voice and a means of action for those receiving mental health services in Yolo County. The LMHB looks forward to another year of challenges and discussions with a very insightful and talented group of individuals. LMHB members care deeply and strive to serve those who need a voice in the field of mental/behavioral health.

Board Member Bios

Item 12b. Long Range Planning Calendar

Yolo County Local Mental Health Board Long Range Planning Calendar 2018

Meeting	Agenda Item	Agency/Presenter	Type	Timing
1/29/18	5150 Process Presentation	Harjit Singh Gill, Samantha Fusselman	Presentation	Past
2/26/18	MHSA 3-year Plan Update	Resource Development Associates (RDA)	Presentation	Past
2/26/18	Homeless Presentation	Aurora William, HHSA Homeless Services Manager	Presentation	Past
3/26/18	CCP Presentation	Carolyn West, CAO Senior Management Analyst	Presentation	Past
4/30/18	Annual Report Approval	Executive Committee	Recommendation	Past
4/30/18	Behavioral Health Services Budget Presentation	Connie Cessna-Smith, HHSA Fiscal Administrative Officer	Presentation	Past
5/21/18	Public Guardian Presentation	Laurie Haas, HHSA Chief Deputy Public Guardian	Presentation	Past
5/21/18	Annual Election of Officers	All	Adoption	Past
6/25/18	Maternal Suicide and Depression Presentation	Anna Sutton, HHSA	Presentation	Upcoming
6/25/18	By-Law Review	All	Recommendation	Upcoming
8/27/18	Davis Wellness Center Remodel Update	TBD	Presentation	Upcoming
8/27/18	Consumer Perception Survey Data Presentation	Samantha Fusselman, Deputy Mental Health Director and Manager of Quality Management Services, HHSA	Presentation	Upcoming
9/24/18	Approval of LMHB Recommendation on the BHS Recommended Budget	All	Recommendation	Upcoming
9/24/18	Jail Conditions Presentation	Sherriff's Office	Presentation	Upcoming
10/22/18	SUD Presentation	Ian Evans, Alcohol and Drug Administrator	Presentation	Upcoming
12/3/18	2018 LMHB Meeting Calendar Approval	All	Adoption	Upcoming

Item 12b. Meeting Calendar

2018

Yolo County Local Mental Health Board

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Regular Meeting

County Holiday

JANUARY 29, 2018 - DAVIS
 Mary L. Stephens Library, Blachard Community Conference Room, 315 East 14th Street, Davis, CA 95616 7:00 – 9:00 PM Meeting

FEBRUARY 26, 2018 - WEST SACRAMENTO
 AFT Library, Community Meeting Room, 1212 Merkley Ave. West Sacramento, CA 95691 7:00 – 9:00 PM Meeting

MARCH 19, 2018 - WOODLAND
 Woodland Public Library, Leake Room, 250 1st Street, Woodland, CA 95695 7:00 – 9:00 PM Meeting

APRIL 30, 2018 - DAVIS
 Mary L. Stephens Library, Blachard Community Conference Room, 315 East 14th Street, Davis, CA 95616 7:00 – 9:00 PM Meeting

MAY 21, 2018 - WINTERS
 Putah Creek Conference Room, 111 East Grant Ave. Winters, CA 95694 7:00 – 9:00 PM Meeting

JUNE 25, 2018 - WEST SACRAMENTO
 AFT Library, Community Meeting Room, 1212 Merkley Ave. West Sacramento, CA, 95691 7:00 – 8:00 PM Meeting

JULY - BOARD RECESS

AUGUST 27, 2018 - WOODLAND
 Bauer Building, Thomson Conference Room, 137 N. Cottonwood St. Woodland, CA 95695 7:00 – 8:00 PM Meeting

SEPTEMBER 24, 2018 - DAVIS
 Mary L. Stephens Library, Blachard Community Conference Room, 315 East 14th Street, Davis, CA 95616 7:00 – 9:00 PM Meeting

OCTOBER 22, 2018 - WEST SACRAMENTO
 AFT Library, Community Meeting Room, 1212 Merkley Ave. West Sacramento, CA, 95691 7:00 – 9:00 PM Meeting

DECEMBER 3, 2018 - WOODLAND
 Bauer Building, Thomson Conference Room, 137 N. Cottonwood St. Woodland, CA 95695 7:00 – 9:00 PM Meeting