

# Roadmap Exercise

## “ Access to Services for the 0-5 y/o”

### *SUMMARY*

Prepared for Yolo County MCAH Advisory Board

Wednesday, June 20, 2018

# January 2018 MCAH AB Retreat

## THEMES

Identification of developmental delays & early intervention

School based health services and access to mental health


Families with children w/special healthcare needs

Community Resource directory w/resources for nutrition ed, behavioral health and other county services


access

**MCAH Tabletop**


**Perinatal**  
-School Based Pre-conception Health  
-Outreach efforts to address disparities (Cannabis, Opioids, Obesity, Access to Home Visiting, Chronic pain and Mental health)  
-Prenatal care, NHV, rural community outreach. Need more upstream approaches. Anxiety and depression resources




**0-5**  
Identification of developmental delays and early intervention.  
School based health services and access to mental health  
Families w/ children w/special healthcare needs  
Community resource directory w/resources for nutrition education, behavioral health services, and other county services



**5-14**  
Obesity, sex-education, access to healthcare, homelessness, TAY, outreach to undocumented groups. Dental care, nutrition education, school climate and achievement assistance, school based health services, parenting classes

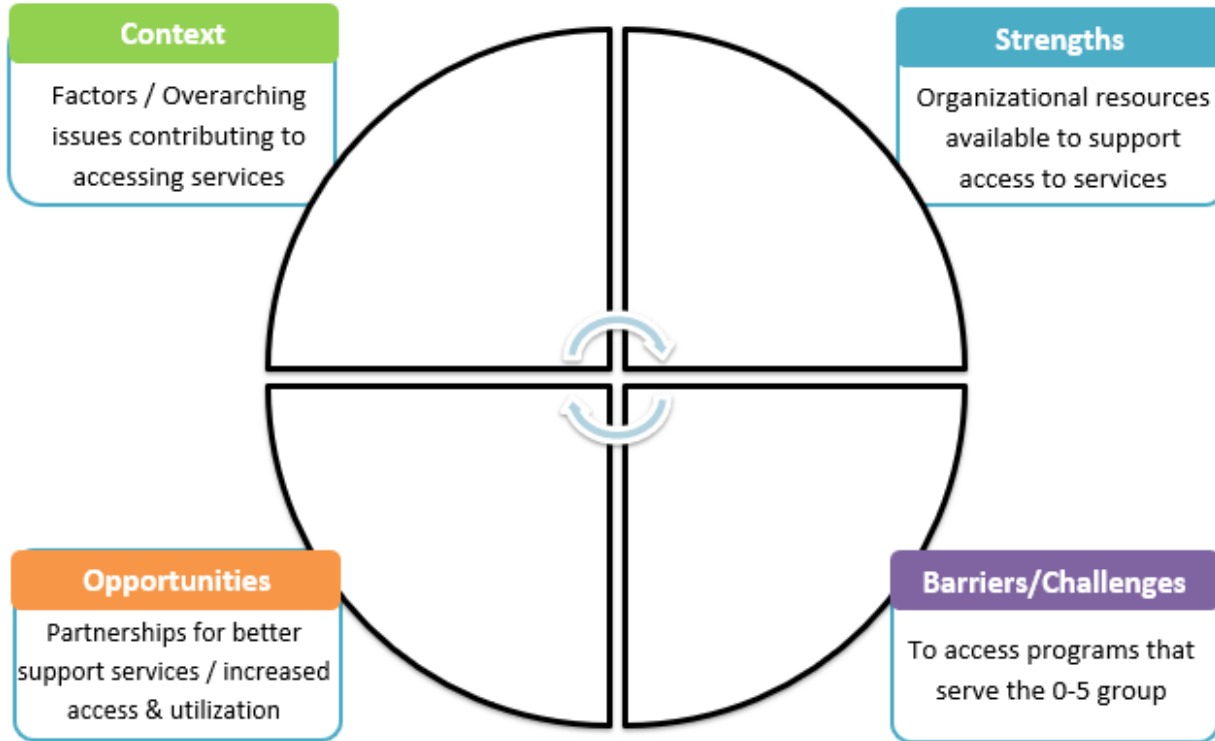


**Adolescent**  
Minor consent and confidentiality, access to healthcare, school based health services, creating trauma informed environments and utilizing positive youth development. Sexual health, mental health, and substance abuse programs that are teen friendly.



Yellow arrows point from the Perinatal section to the 0-5 section, and from the 0-5 section to the 5-14 section.

Access to Services for "0-5" Group Roadmap Exercise  
Assessing the Problem



# Group Roadmap Exercise

What are the priority issues?

# SUMMARY

## THEMES

Access to  
Services for the  
0-5 y/o

### Frequency mentioned

Highest

Medium

Lower

Families don't recognize the need for services	Not knowing what services are out there and how to access them	Fear and challenges related to immigration status	Lack of or inadequate transportation	Lack of available and affordable childcare
Lack of case management, outreach and follow up support for families	Not enough funding for prevention and early intervention	Difficult to navigate healthcare services	Not enough resources of capacity for children's needs (providers, equipment)	Need to identify more kids earlier/younger.

# What else is missing?

Additional data?

Additional issues?