

COUNTY OF YOLO

HEALTH AND HUMAN SERVICES AGENCY

POLICIES AND PROCEDURES

SECTION 6, CHAPTER 5, POLICY 003

SUD RECOVERY RESIDENCE REQUIREMENTS

POLICY NUMBER:	6-5-003
System of Care:	SUBSTANCE USE
FINALIZED DATE:	02/08/2024
EFFECTIVE:	01/01/2024
SUPERSEDES # :	Supersedes Policy #'s: N/A

A. PURPOSE:

To establish uniform guidelines and requirements for Yolo County Health and Human Services Agency (HHSA) and its subcontracted providers in the provision of recovery residence services in accordance with Federal and State requirements.

B. FORMS REQUIRED/ATTACHMENTS: N/A

C. DEFINITIONS:

Recovery Residence: A residential dwelling that provides primary housing for individuals who seek a cooperative living arrangement that supports personal recovery from a substance use disorder (SUD) and that does not require licensure by the department nor provides licensable services, pursuant to Chapter 7.5 (commencing with HSC Section 11834.01). A recovery residence may include, but is not limited to, residential dwellings commonly referred to as "sober living homes," "sober living environments," or "unlicensed alcohol and drug-free residences."

D. POLICY:

Recovery Residence (RR) programs are a safe, clean, sober, residential environment that promote individual recovery through positive peer group interactions among house members and staff. RR programs are affordable, alcohol and drug free and allow the residents to continue their treatment and develop their individual recovery plans, and to become self-supporting. In doing so, RR Programs must co-exist in a respectful, lawful, non-threatening manner within residential communities in Yolo County and shall meet all Federal and State requirements.

E. PROCEDURES:

- 1. Target Population:
 - a. Services will be provided to any eligible Criminal Justice Involved (AB109) or CalWORKs eligible Yolo County resident referred through an access point established by Yolo County or referred by the Sheriff Department for direct placement. Members who meet recovery residence criteria and have an open outpatient or recovery services episode may use opioid settlement funding if they are not probation or CalWORKs.
- 2. Services shall include:
 - a. No SUD treatment shall be provided at recovery residence facilities.
 - b. Residents are required to actively participate in offsite outpatient treatment and/or recovery support during their stay.
 - c. Program must have the ability to identify member referral sources.
 - d. Provider must track who is open to an outpatient episode and report that back to Yolo County monthly.
 - e. Provider shall have an orientation process that clearly communicates residents' rights and requirements prior to them signing any agreements, collects demographic and emergency contact information and provides new residents with written instructions on emergency procedures and staff contact information.
 - f. Drug testing of members at appropriate intervals, as determined by the treatment provider.
 - g. Should a member provide a positive urine screen while living in recovery residence, the provider will support member in obtaining an assessment to determine appropriate level of care for substance use services. A positive urine screen does not necessitate automatic discharge from recovery residence, but the member may be discharged as deemed appropriate by provider and/or Criminal Justice partners.
- 3. Providers shall ensure the recovery residence facility is secure, safe, and alcohol and drug free.
- 4. Providers shall establish policies and procedures for members to adhere to while residing in recovery residence, including but not limited to:
 - a. No alcohol or illegal drugs on the premises at any time.
 - b. Attendance at house meetings to address any concerns or issues as they arise for members.
 - c. A signed residential agreement with each member.
 - d. Provider shall monitor member's participation in 12-step groups or other pro-social activities to support ongoing recovery.
 - e. Provider shall monitor open outpatient episodes of care.
 - f. Provider shall maintain sign-in and sign-out sheets to monitor member's location and engagement in pro-social activities throughout the day.
- 5. The maximum stay in recovery residence is twenty-four (24) months.
- 6. SUBG discretionary funds, or SUBG perinatal funds (for perinatal members only), may be used to cover the cost of recovery residence room and board (food and lodging expenses only).

7. Yolo County HHSA shall provide oversight and monitoring of all contracted providers to ensure that recovery residence programs remain in compliance to the above-mentioned requirements and all applicable Federal and State requirements.

F. REFERENCES:

- 1. 45 C.F.R. Parts 96
- 2. California HSC Section 11834.01
- 3. Yolo County Provider Agreement Recovery Residences
- 4. DHCS BHIN 21-012
- 5. DHCS MHSUDS IN 18-058

Approved by:

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Date

2/8/2024 Date