

Yolo County MCAH Advisory Board

August 15, 2018

Minutes

CAROLYN CAMPOS, CHAIR
JESSICA CERNAK, VICE-CHAIR

YOLO COUNTY HEALTH AND HUMAN SERVICES AGENCY

GONZALEZ BUILDING
25 NORTH COTTONWOOD STREET,
#167 COMMUNITY ROOM
WOODLAND, CA 95695

Yolo County MCAH Advisory Board

Minutes – August 15, 2018

The Yolo County MCAH Advisory Board met on the 15th Day of August 2018 in the Community room at the Gonzalez Building at 25 North Cottonwood Street, Woodland, CA at 8:30 a.m.

VOTING MEMBERS PRESENT: Kathleen Middings, RN, Woodland Joint Unified School District; Willy Onate, Yolo County Children’s Alliance; Nichole Sturmfels, Community Member; Margaret Walter, RN, BSN, MBA, UC Davis; Leon Schimmel, MD, CommuniCare Health Centers

VOTING MEMBERS ABSENT: Barbara Boehler, CNM, CommuniCare Health Centers; Carolyn Campos RN, Sutter Davis Hospital; J Jessica Cerniak, Psy.D., The Chicago School of Professional Psychology; Kalyn Coppedge, MSW, California State University, Sacramento; Madeleine Shernock, Tia Will, MD, Kaiser Permanente;

STAFF & GUESTS PRESENT: Raquel Aguilar, HHSA; Lizeth Betancourt, HHSA; Ron Chapman, MD, MPH, Health Officer, HHSA; Gina Daleiden, First 5 Yolo; Bambi Eagle, Northern Valley Indian Health; Jocelle Fresnido, Partnership HealthPlans of California; Monica Koenig, HHSA; Anna Sutton, RN, PHN, MSN, HHSA, Community Health; Nicole Mion, Help Me Grow; Kellymarie Chen, Yolo County HHSA; Brian Vaughn, MPH, Yolo County HHSA; Reem Omer, Yolo County HHSA;

8:30 A.M. CALL TO ORDER

1. **WELCOME AND INTRODUCTIONS** – *Nichole Sturmfels, Voting Member*
The August 15, 2018 MCAH Advisory Board meeting was called to order at 8:40 a.m., at which time around the table introductions occurred and quorum was confirmed.
2. **CONSIDER APPROVAL OF AGENDA** – *Nichole Sturmfels, Voting Member*
Quorum was not met
3. **APPROVE THE [June 20, 2018 MINUTES](#)** – *Nichole Sturmfels, Voting Member*
Quorum was not met
4. **PUBLIC COMMENT**
 - None at this time
5. **COMMUNITY HEALTH BRANCH REPORT – MCAH HIGHLIGHTS** – *Anna Sutton*
 - There is no report for this month; program updates were given by Community Health Staff members
 - **Brian Vaughn:** came from Sonoma County was there for 5 years; he was the director of health policy planning and evaluation; while in New York Brian ran a Maternal, Child Health Program, Healthy start Brooklyn; working on infant mortality reduction in central Brooklyn; prior to that Brian was working on chronic disease prevention; started a doula program; he also ran Nurse Family Partnership and healthy families New York, which is a modification of Healthy Families America; Brian has a lot of background in home visiting
 - **Kellymarie Chen:** the new Community Health Branch Outreach Specialist; she came internally from HHSA, she was working on the Mental Health Services Act where she was analyst collecting data and analyzing data for that program to see how the agency could serve the mental health population; she has been a longtime member of the Maternal Mental Health collaborative
 - **Dr. Chapman:** As of July 1st, our first ever Yolo County oral health program was formed; this has come as part of the new tobacco tax that has come into effect; all counties in CA are receiving oral health funding to start an oral health program; we have had an oral health advisory committee for almost a year and a ½. the oral health committee has been doing great work even before knowing that we would be getting this funding; they’ve created a strategic plan, hired a consultant company who did a needs assessment for the county; Grant deliverables, CHIP-community health improvement plan; we will be creating an Oral Health chip; the Oral Health Advisory board meets every 2nd Monday, of the month at 8:00 AM in Davis; in October they will be meeting with partners to talk about the CHIP and how to create

the timeline and implementation plan for the strategic plan that the advisory committee has come up with; also working with Davis school district to begin implementing oral health curriculum; Dr. Alasad a private Dentist in Davis is on the Advisory Board committee and is working on getting taking the American Dental Association curriculum into the Davis School District; he is working with a school Nurse and a first grade teacher to modify the ADA curriculum for Davis; talking about developing an oral health week, where the curriculum will be implemented; we have a costume to help promote oral health, his name is molar man; Contact Rebecca Tyron regarding Molar man making an appearance at public events.

PRESENTATIONS

6. SUMMARIZE 0-5 WORKGROUP DISCUSSIONS – Anna Sutton and Workgroup Chairs

- Two primary themes that came up when looking at 0-5 year olds are ACCESS and CAPACITY: access to services, parents didn't know they needed services, parents didn't know how to access service. Other access issues include language barriers and fear of immigration. The other theme is capacity of the system to serve the children. Even when kids access services, there are long waits, not enough providers, and not always sufficient payment sources for needed care or services.
- **Access:** Access to services, recognizing a need for services, lack of knowledge of services, fear of immigration, lack of childcare, transportation, how to access healthcare for children with special needs, parents are not always seeing all the issues, training childcare providers on how to connect them with programs, parents not being able to take time off of work to prioritize wellness not just illness, after clinic hours, Talking points for the community are needed to know where to send children when they came into different organization
- **Capacity:** How to access healthcare for children with special needs, lack of capacity of providers, lack of childcare, how to support families get services for children with special needs, lack of time for providers complete surveillance and tools to use and how to use them, parents not being able to take time off of work to prioritize wellness not just illness after hour clinics, difficult accessing services after 3 years of age due to stricter qualifications

7. REVIEW SCHOOL AGED KIDS DATA – MCAH Staff/Anna

HANDOUT:

- School age is group is defined as ages 5-14
- We know that majority of kids entering the Child Welfare System now, are under the age of 5; this is still a big concern for child abuse and neglect, primarily because the children that are remaining in homes and having a difficult time with placement are some of our older kids; we don't to forget this population, this population is an area of concern
- We will be asking child welfare to come present to us next month regarding the teen population
- Ask Jennie Pettet or Matt from CWS to come present
- It seems that older kids are trying to stay in their homes vs the younger kids who are very honest about what's going on in the home; they aren't hiding it like an older kid might
- It's important that we don't clump all of the age groups and families; each age group has different needs
- We need to keep in mind that some of the children in foster care here also come from other counties and receive services here
- Referrals that are made are families that are at risk
- Looking at prevention and earlier intervention needs to be emphasized
- Looking at the families and not just the children
- The reason they were broken up in these stages is to look over the whole life course; when we start to see issues that we talk about in each age group we need to pull them out and call them crosscutting issues across the entire Maternal child population
- Does Haydee have the ability to see where these cases are coming from? This would help identify the areas that are higher risk
- Yolo County vaccination rates are up. vaccination rates for children entering Kindergarten and 7th grade are well above where we need to be for herd immunity

- In the fall Anna and the County Immunization Coordinator help the schools do reporting for Kindergarten and 7th grade; the information is entered into a database and it gives the rates of how well Yolo County is doing; the information is broken down by district, school site, and city, this is public data
- In the spring, immunization program at the state send a list of concern sites; a nurse is then sent out, goes through the schools records and sends them to the state
- Not only is it important to know what schools have the low immunization rates but who the provider is who isn't administering the immunizations
- All schools in Yolo county are asked to enter in their immunization data;
- 7th grade immunization are doing great; Tdap vaccines are still very important; it is also important to get vaccinated pregnant mom's and babies with the Tdap; there is a cycle where there is an outbreak of whooping cough
- If parents were aware of this cycle of whooping cough, parents might be more willing to vaccinate their children
- School achievement looks at two data points, English proficiency in 3rd grade; Davis is way above others, Winters is in an upward trend, but it was still below where we want our 3rd graders to be
- Kindergarten readiness program; Yolo County doesn't have the funding for this
- Marker could be Kindergarten but the Intervention needs to start in pre-conception
- In winters the library gives mom who delivers a care package that includes books once they deliver
- 11th grade academic achievement is math-what is the drivers for this, math scores are lower from where we need to be
- break up the data as sub-groups
- take a look at what was going on 2016 that gave the peak
- it would be nice to know how poverty plays into these numbers
- what's driving us to look like this; we need to break this down into socioeconomic status; all of these schools are different in size
- Body Composition for 7th graders- 1 in 5 kids in Yolo county are in the severely obese category
- 9th graders seem to trend up in obesity, 5th and 7th grade are doing okay in this category
- What are the barriers some barriers that our families are facing when it comes to making healthier choices
- There are crosscutting issues;

8. SMALL GROUP EXERCISE: SCHOOL AGE KIDS PRIORITY AREA (S)- Anna Sutton

HANDOUT:

- Everyone will work on it individually and we'll review it in September
- We took themes that kept repeating themselves for each of the developmental stages; in the 5-14 year old stage; the themes that kept coming up was, sex education, access to healthcare, homeless youth, TAY, outreach to undocumented groups, dental care, nutrition education, school climate, achievement assistances, school based healthcare, parenting classes, there was a lot of strategies and gaps that were highlighted that are problems but those are strategies that we want to discuss that then get to the issues, the big one that came up in this group was obesity
- Anna took two of the main indicators, which were obesity and school achievement, the group was asked to go through the exercise and write down factors and overarching issues, strengths, barriers, and challenges, and everyone's responses will be summarized and presented at September's meeting

ANNOUNCEMENTS

9. MEMBER ANNOUNCEMENTS/SHARING

- **Lizeth Betancourt:** August is National Breastfeeding Awareness Month; WIC hosted a celebration with community groups; the car seat program gave a presentation on how to buckle up and car seat safety, help me grow presented on developmental milestones, the US department of Labor also presented; WIC held it's latch on event at the Davis farmers market; they are preparing their Rock and Relax area with YCCA at the Yolo County Fair with a nursing area and changing table; WIC has farmers market checks available, this is an additional \$20.00 once a year, there are still a lot of Farmers Market checks available; this is in addition to what they get every month; Every Tuesday is walk in clinic for WIC, it's first come first serve from 10:00 AM – 4:30 PM, any client can come in if they missed their appointment or would like to be seen earlier; first and third Tuesday of the month WIC opens later and closes later, 10:00 AM – 6:00 PM; the schedule of times are posted online; USDA just released a new breastfeeding campaign, and they have a new

website, it is currently only available in English; the WIC breastfeeding Peer Counseling Program received the USDA golden award, two awards were given out in California

- **Nicole Mion:** Help Me Grow will be doing walk in screenings every month; next one will be held on August 23rd, 9:00 AM – 11:00 AM at 1301 College St; September 18th Help Me Grow will be holding an ACE’s training, on building community resilience (“Pair of ACES by Strategies), this is a free training; Screening events may be changing the name to “books, blocks, and balls”
- **Raquel Aguilar:** 3rd Annual baby shower event September 29th at the Yolo County Fair Grounds, Home Arts Hall from 10:00 AM – 2:00 PM
- **Monica Koenig:** The FIMR Committee will be hosting a remembrance ceremony on Sunday, October 7th from 1:00-4:00 PM; we would like families that have suffered a loss to RSVP so that they can receive a butterfly to release; Our Safe Sleep module is coming along, it is almost complete; this is a collaboration with First 5 Yolo and WIC; families will watch a 10 minute Safe Sleep Module and they will be eligible for a free pack and play
- **Anna Sutton:** November 29th and 30th, in Partnership with Dignity Health and Mental Services, there’s going to be a 1 and ½ day free training for 100 people on Maternal Mental Health. Gabrielle Kaufman is a nationally recognized trainer who will be coming in for this training, this is training for front line clinical staff, CEU’s are being offered for RN’s and Clinical Social worker, food will be provided; the flyer is being finalized, the training is limited to 100 people, Dignity is hosting it at their facility in Sacramento. On 11/29/18 Dignity is hosting a Physician’s CME training, there are only seats for 25; if you know of psychiatrist or physician that should be there, forward their name to Anna, she’ll try to save them a seat

ADJOURNMENT

10. NEXT MEETING: SEPTEMBER 19 , 2018

Proposed Topics

- Our next meeting will continue the conversation on priority areas for our school aged kids
- Immunization Coverage Rates from 2017-2018 and Flu Season 18-19
- CWS data for school aged kids

11:00 A.M. ADJOURNMENT

Respectfully submitted by:



Gaby Castaneda, Secretary
Yolo County MCAH Advisory Board